

**NORTHERN CALIFORNIA  
HOSPITAL & INSTITUTION COMMITTEE  
P.O. BOX 192490  
SAN FRANCISCO, CA 94119-2490**

## **STEERING COMMITTEE SCHEDULE 2018**

May 12, 2018  
September 8, 2018  
January 12, 2019

Steering Committee Meetings are held at 11:00 at 924 San Juan Road in Sacramento

## **GENERAL COMMITTEE SCHEDULE 2018**

June 10, 2018 – Area 81 (Stanislaus)  
October 14, 2018 – Area 52 (Contra Costa)  
February 10, 2019 - Area 16 (Shasta)

All General Committee Meetings are held at 11:00 in Regions listed, with location announced prior to the meeting



# Northern California Hospital & Institution Committee

**P.O. Box 192490 \* San Francisco, CA 94119-2490**

**Newsletter #2**

**May 2018**

## **NEXT GENERAL COMMITTEE MEETING:**

**June 10, 2018**

**Stanislaus County Farm Bureau Building**

**1201 L Street**

**Modesto, CA 95354**

**11:00am (will include a lunch break) Hosted by Area 81**

**From Fresno:** Take CA-99 N – Head northwest on N Street toward Fresno Street, turn left onto E Stanislaus Street, turn right to merge onto CA-99 N. Follow Ca-99 N to 6<sup>th</sup> Street in Modesto. Take exit 226 toward CA-132/CA 108/Vernalis Central Modesto. Use the right lane to merge onto 6<sup>th</sup> Street, turn right onto G Street, turn left onto 13<sup>th</sup> Street, then turn left onto L Street, the destination will be on the right.

**From Redding:** Take Highway I-5 S toward Red Bluff/Sacramento. Follow I-5 S use the right 2 lanes to take exit 518 for US-[50 E/CA-99 S](#) toward Fresno, keep left and merge onto CA-99 S, use the right lane to take exit 6B, keep right at the fork, follow signs for CA-99 S. Take exit 226B for CA-99/Maze Blvd, continue straight onto 5<sup>th</sup> Street, turn left onto K Street, turn left onto 13<sup>th</sup> Street, turn left at the 1<sup>st</sup> cross street onto L Street, the destination will be on the right.

**From San Francisco:** Get on US-101 S. Head south on S Van Ness Ave. toward 12<sup>th</sup> Street, slight right to merge onto US-101 S. Use the left 2 lanes to take the Interstate 8 exit toward Bay Bridge/Oakland. Continue onto I-80 E, Use the right 3 lanes to take the Interstate 580 E exit toward CA-24/Hayward/Stockton, continue onto I-580 E, take I-205 E, follow signs for Interstate 205/Tracy/Stockton. Merge onto I-5 N, take exit 461 for CA-120 toward Manteca/Sonora. Continue on CA-120 E, take exit 6 to merge onto CA-99 S toward Modest/Fresno. Take exit 226B for CA-99/Maze Blvd, continue straight onto 5<sup>th</sup> Street, turn left onto K Street, turn left onto 13<sup>th</sup> Street, turn left at the 1<sup>st</sup> cross street onto L Street, the destination will be on the right.

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## A Letter from our H&I General Chair

Greetings Fellow Committee Members!

I hope that everyone's enjoying the spring – as a symbolic time of renewal and rebirth, it's also the time when we present the annual proposed revisions to our Policy Manual, thus keeping it vibrant and relevant. This is the primary item of business we'll be discussing at our next round of meetings (Steering Committee - 5/12/18 and General Committee – 6/10/18). A complete list of the proposed changes is included in this newsletter, printed on white stock for easy identification.

Of the many proposed changes - some minor tweaks and some more substantive - I'd like to address two in this letter. The first change is basically an issue of communication and the purpose is to spell out the importance of asking volunteers, especially officers, to do a thorough "pass it on" when they rotate out of their positions. While this may seem self-evident, I've heard from far too many new volunteers that they don't feel they got enough information when they started. So we've added some verbiage to the manual (Changes #2 and #16) to formalize this.

The second change involves an enhancement of the term "confined" (Change #10 on the attached sheets) and occurs in the CONFINEMENT CONSIDERATIONS section of the manual on p.14 of Section One. As the Hospital AND Institution Committee (at one time called the 'Institution and Hospital' Committee), we have the obligation to perform not only the services of General Service Corrections Committees through-out the country, but also the services of the Treatment Committees. When an Area declines to carry the message into facilities where alcoholics aren't confined in the traditional sense (i.e. in outpatient rehabs or homeless shelters) using a narrow definition of confinement as the reason, we're failing to serve those alcoholics who would normally be served by a Treatment Committee. We should ask ourselves whether we're in fact penalizing alcoholics who would receive help from a Treatment Committee if they lived in another part of the country. So we're suggesting changes to encourage a more open interpretation.

I urge you to read all the proposed changes, so you can give us your thoughts at either the Steering committee meeting if you're a member of that body, or at the General Committee meeting if you're an H&I volunteer/Group Representative. If you'd like an electronic copy of the proposed changes to share with your Area members, please contact me by email and I'll send it to you.

Also, remember that June is Elect a New Finance Committee Member month! My very first involvement with our committee at the NorCal level was as a Finance Committee member, and I loved it. The position description is in Section Two of our Policy Manual and it's an excellent way to begin service at the NorCal level as well as an opportunity to bring new members into our committee.

And finally, to follow up on the email I sent out on 3/12/18, **we are now accepting credit card contributions from the groups (and individuals) online at [www.handinorcal.org/contribute](http://www.handinorcal.org/contribute)**. As a frequent Group Treasurer, I can tell you this makes getting the Pink Can monies to the committee much easier than writing a check, mailing it, and waiting for the receipt. We're so grateful for the group contributions which make our work possible, and this will make that process a little easier. Please do what you can to get the word out in your Areas by informing your H&I Group Representatives, as well as your local Central Offices/Intergroups. We hope to eventually roll out other payment options like Android Pay, Apple Pay, or Venmo, so more will be revealed.

As always, I'm so very grateful to you for having trusted me to serve our committee.

Yours in service,

Karen C



## Gratitude in Action

I had been a member of Alcoholics Anonymous for about four years before I attended my first H&I group rep meeting, trying to find out more of what H&I was about. I actually went with a friend, who was the H&I rep for my home group. When her commitment was up, I volunteered to become the new rep. As I began to learn more about H&I and how it functioned within AA, it was the beginning of a new chapter in my sobriety.

I was hesitant to take an actual H&I commitment at first, because I did not think I had anything worthwhile to share with someone in that situation. I had never been to jail or any other type of institution. But I found out that many AA's who do H&I work also have never been to a jail or institution. That was not a requirement. So I decided to put my name in for a local detox and get on the waiting list. After about 2 months I got a call one day that it was my turn to go.

It was a great experience, and really opened my eyes to being of service in AA. I would go in with a group of volunteers, do the meeting, and after we would all go out for coffee and fellowship. This gave me an opportunity to learn from some of the people who had been doing H&I for a while. I learned about the Pink Pamphlet and how to conduct myself while in the institution. It was different than being at an outside meeting. It really helped me to understand how I was responsible for "carrying the message."

I have been doing H&I for about six years now. It has been a big part of my sobriety, and has allowed me to make some wonderful new friends. Thank you H&I!!!

Sheila R.

# OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open. If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair.*

## Regional Chairs

*Function as the elected representative of the areas to the Steering and General Committees...*

Region 01 - Far North Coastal - OPEN  
Region 10 - Far North Interior - OPEN  
Region 40 - Central Interior - OPEN  
Region 80 - Southern Interior - OPEN  
Region 90 - Far Southern Interior – OPEN

## Area Chairs

*Have overall responsibility for the H&I operations in the areas in which they serve...*

All Area Chairs are filled!

## Major Institutions Coordinators

*Have overall responsibility for all H&I meetings in the Major Facility which they serve...*

ASP Avenal – OPEN  
CCC Susanville – OPEN  
CMF Vacaville - OPEN

**The Web Site for the  
Northern California Hospital & Institution Committee is:  
[www.handinorcal.org](http://www.handinorcal.org)**

**Please visit our site and send us your suggestions or questions.**

## NEWSLETTER

To change your newsletter status or info, chose one of the following:

1. E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.
2. Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119
3. Come to any General Committee Meeting to give us your new info.

## Steering Committee Agenda

Saturday, May 12<sup>th</sup>, 2018

### **Meeting opens with the Serenity Prayer**

#### **Readings:**

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

### **Introductions / Welcome**

### **Approval of Minutes from last Steering Committee Meeting (1/13/18)**

#### **Committee Chair Reports**

General Chair	Karen C
General Co-Chair	Jeff L
Treasurer	Kelly B
Secretary	Melody T
Major Institution Chair	Bill D
Finance Committee Chair	Rich G
NCCAA Conf. Coordinator	H.E. N
Literature Chair	Lorraine M
Policy Chair	OPEN
Audio Chair	Joseph B
Archives Chair	Jeffrey N
Public Information Chair	Jim V
Grapevine Chair	Kathleen S
Publisher	Rich G
Website Chair	Thom H

#### **Committee Business**

- 2018 proposed revisions to Policy Manual
- New business from floor

### **Anniversaries / Pass The Basket**

#### **Regional Reports:**

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Mark M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Bob F
Region 40 - Central Interior	OPEN
Region 50 – East Bay, North	Cindy L
Region 50 - East Bay, South	Lisa B
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Robert R
Region 80 - Southern Interior	OPEN
Region 90 - Far Southern Interior	OPEN
Region 140 - Spanish North Interior	Rose Mary C
Region 160 - Spanish North Coastal	Roberto S /Juan T
Region 170 - Spanish South Coastal	Roberto S
Region 180 - Spanish Central Interior	Enrique R
Region 190 - Spanish South Interior	Jesus B

#### **Liaison Reports**

VATF	Bill D
H&I Liaison to CNCA	Karen B
H&I Liaison to CNIA	Vikki R
Bridging the Gap - Coastal	George X
Bridging the Gap - Interior	Cindy A
SoCal H&I Liaison	David B
H&I Conference	Lorraine M

Reminder: please send a written copy of your report to our Recording Secretary at [melody@musictherapywithmelody.org](mailto:melody@musictherapywithmelody.org)

Meeting closes with **Declaration of Responsibility**

**General Committee Agenda**  
**General Committee Meeting – Sunday, June 10, 2018**  
**Modesto, CA**

**Meeting opens with the Serenity Prayer**

**Readings:**

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

**Introductions / Welcome**

**Approval of Minutes from last General Committee Meeting (2/11/18)**

**Approval of Financial Statements (December 2017 – March 2017)**

**REPORTS** – Making regular reports is part of every Steering Committee member's job; this is how, as a Ninth Tradition service committee, we are "directly responsible to those we serve".

**Committee Chair Reports**

General Chair	Karen C
General Co-Chair	Jeff L
Treasurer	Kelly B
Secretary	Melody T
Major Institutions Chair	Bill D
Finance Committee Chair	Rich G
NCCAA Conf. Coordinator	H.E. N
Literature Chair	Lorraine M
Policy Chair	OPEN
Tape Librarian	Joe B
Historian	Jeffrey N
Public Information Chair	Jim V
Grapevine Chair	Kathleen S
Publisher	Rich G
Website Chair	Thom H

**Committee Business**

- Housekeeping: new Committee Chairs/Coordinators
- Election of new Finance Committee member (term begins 11/1/2018)
- 2018 Policy Manual Revisions
- New business from floor

**Open Forum - Questions, suggestions or comments**

**Anniversaries / Pass the Basket**

**LUNCH BREAK**

**Regional Reports: (limit 3 minutes)**

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Mark M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Bob F
Region 40 - Central Interior	OPEN
Region 50 – East Bay, North	Cindy L
Region 50 - East Bay, South	Lisa B
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Robert R
Region 80 - Southern Interior	OPEN

Region 90 - Far Southern Interior  
 Region 140 – Spanish North Interior  
 Region 160 – Spanish North Coastal  
 Region 170 – Spanish South Coastal  
 Region 180 – Spanish Central Interior  
 Region 190 – Spanish South Interior

OPEN  
 Rose Mary C  
 Roberto S/Juan T  
 Robert S  
 Enrique R  
 Jesus B

**Major Institution Coordinator Reports (3-minute limit)**

ASP Avenal  
 CCC Susanville  
 CCWF & VSP Chowchilla  
 CHCF Stockton  
 CMF Vacaville  
 CTF Soledad  
 DVI Tracy  
 FCI Dublin (DUB)  
 FCI Mendota (MEN)  
 FSP Folsom  
 HDSP Susanville  
 MCSP Mule Creek  
 Napa State Hospital (NSH)  
 NCYC Stockton  
 Norcal Fire Camps  
 PBSP Pelican Bay  
 PVSP Coalinga  
 SAC Sacramento  
 SATF & COR  
 SCC Jamestown  
 SOL Solano  
 SQ San Quentin  
 SVSP Soledad  
 USP Atwater

OPEN  
 OPEN  
 Miki S  
 Melody T  
 OPEN  
 Peter O  
 Kevin W  
 Lisa B  
 Rodney L  
 Jim V  
 OPEN?  
 Bill H  
 John G  
 Tony T  
 Peter S  
 Lynne D  
 Tommy R  
 John C  
 Bill H  
 Thilo B  
 John D  
 Carl P  
 Alison G  
 Dale & Karen D

**Liaison Reports**

VATF  
 H&I Liaison to CNCA  
 H&I Liaison to CNIA  
 Bridging the Gap - Coastal  
 Bridging the Gap - Interior  
 SoCal H&I Liaison  
 H&I Conference

Bill D  
 Karen B  
 Vikki R  
 George X  
 Cindy A  
 David B  
 Lorraine M

Please send a brief written copy to of your reports to our Recording Secretary at

[melody@musictherapywithmelody.org](mailto:melody@musictherapywithmelody.org)

Meeting closes with the **Declaration of Responsibility**



# Northern California Hospital and Institution Committee

## Regions and Areas



Region 01 - Far North Coastal

Areas: 2, 3, 4

Region 10 - Far North Interior

Areas: 11, 12

Region 15 - Lower Far North Interior

Areas: 16, 17, 18

Region 20 - Northern Coastal

Areas: 021, 22, 23

Region 30 - Northern Interior

Areas: 31, 32, 34, 36

Region 40 - Central Interior

Areas: 42, 43, 44, 45

Region 50 - East Bay

Areas: 51, 52, 53, 54

Region 60 – West Bay

Areas: 61, 62, 65

Region 70 - Southern Coastal

Areas: 71, 72, 73, 74

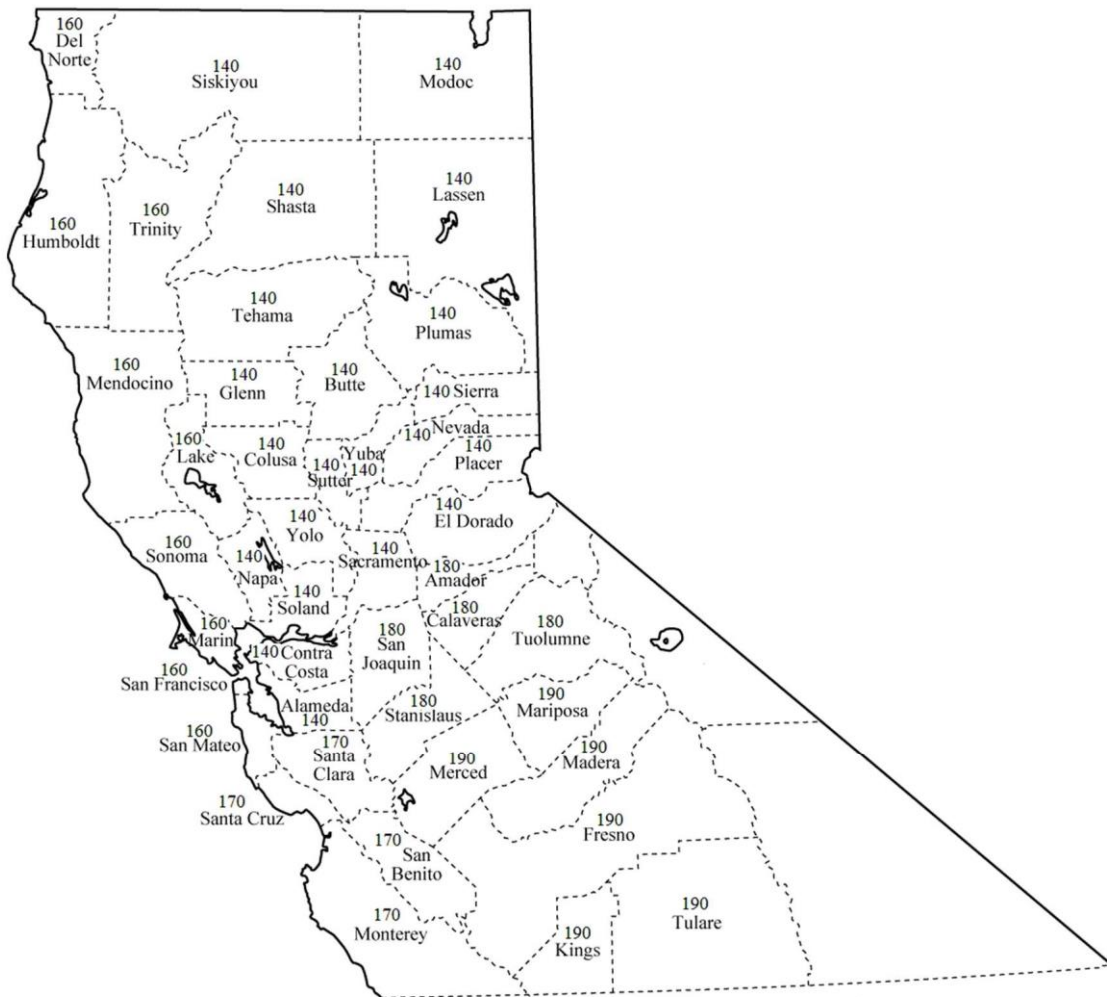
Region 80 - Southern Interior

Areas: 81, 82, 83, 84, 86

Region 90 - Far Southern Interior

Areas: 91, 92, 93, 95

## Comité de Hospitales e Instituciones del Norte de California



### Region 140 - Spanish North Interior (Sacramento)

4th Thursday of the month 7:00 to 9:00pm

5251 Florin Rd. Suite 142, Sacramento, CA 95822

### Region 160 - Spanish North Coastal (San Francisco)

2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm

3401 Cesar Chavez St. Suite C, San Francisco, CA 94110

### Region 170 - Spanish South Coastal (Salinas)

3rd Wednesday of the month at 7:30 pm

216 Gavilan St. Suite 215, Salinas CA 93901

### Region 180 - Spanish Central Interior (Modesto)

1st Tuesday of the month 7:00 to 8:30pm

1100 Carver Rd. Suite 7, Modesto, CA 95350-4787

### Region 190 - Spanish South Interior (Fresno)

1st Monday of the month 7:00 to 8:30pm

520 N Fulton St, Fresno, CA 93728

# SECTION ONE CHANGES

TEXT IN RED IS PROPOSED ADDITIONS / CHANGES;

TEXT IN BLACK IS EXISTING WORDING; BLACK TEXT WITH A STRIKETHROUGH IS A PROPOSED DELETION

## **CHANGE #1: current p.3 (to end of FUNDING section), ADD ALL WORDING BELOW**

To make a contribution to H&I:

- By mail: Make checks payable to 'NorCal H&I' and mail to PO Box 192490, San Francisco, CA 94119-2490. Please write your area number (or county) in the memo section of the check.
- For an e-receipt, please include your email address; anyone wishing a hard copy receipt, please include a self-addressed, stamped envelope.
- Online: To make an online contribution (or for any information on our finances), go to [www.handinorcal.org/Finances](http://www.handinorcal.org/Finances) and click on the 'Make an Online Contribution' link. You will be directed to simple instructions and will receive a receipt at the time of the transaction.

We gratefully thank the members of the Northern CA fellowship of Alcoholics Anonymous for making our work possible through your generous contributions to the Pink Can.

## **CHANGE #2: current p.4 (to end of COMMUNICATIONS) ADD AS SECOND SENTENCE TO LAST ¶**

We're all here to help each other and communicating effectively is a major part of every-one's responsibilities, as failure to do so can ultimately affect the alcoholic who is confined. **This is especially true when we rotate out of a position, as we ought to do all we can to ensure that we give the incoming Trusted Servant the benefits of our experience with a thorough "pass-it-on".**

## **CHANGE #3: current p.5 (to REGULATIONS & GUIDELINES), REMOVE and REPLACE**

**REMOVE:**

### **STIPULATION - PLEASE NOTE**

~~We wish to point out that if any member of this committee chooses to resume drinking or conduct themselves in a manner detrimental to the best interest of the committee and the fellowship of Alcoholics Anonymous as a whole, they automatically resign, and may be appointed only when they agree to comply with the committee's guidelines and have again qualified with the minimum sobriety requirements.~~

**REPLACE WITH:**

**ANY MEMBER OF THIS COMMITTEE WHO CHOOSES TO RESUME DRINKING AUTOMATICALLY RESIGNS THEIR POSITION, AND MAY BE RE-APPOINTED ONLY WHEN THEY HAVE AGAIN QUALIFIED WITH THE MINIMUM SOBRIETY REQUIREMENTS**

## **CHANGES #4: current pp.5 & 6 (to GENERAL GUIDELINES)**

### **#4A, p.5 INTRO ¶ 1, ADD:**

The following guidelines for briefing speakers and conducting meetings **are the policies and procedures of this committee based on that which experience has taught us - THEY ARE NOT PERSONAL OPINIONS.** Per the CA Department of Corrections and Rehabilitation, these guidelines apply to our relations with inmates after they have been released on parole as well as while they are confined

### **#4B, p.5, ITEM 1, REMOVE & REPLACE:**

1. ~~It is advisable that volunteers who have once been patients of State Hospitals NOT be taken back to the hospital from which they were released for at least six months. This preference is solely in consideration of the possible harm that might be done. Members will not return to any facility at which they were patients, clients or inmates for at least six months after their release from that facility.~~

### **#4C, p.5, ITEM 2, REMOVE & REPLACE:**

2. ~~The number of speaking visitors should be limited to two or three; this gives each speaker time to qualify and give constructive comments as to how the program works for them. "Drunkalogues" are not sufficient and might afford a source of material for rationalization for the patient or inmate. The number of speaking visitors should be limited to two or three. Drunkalogues are not sufficient, as the message of A.A. includes our common solution as well as our common problem.~~

### **#4D, pp.5 & 6, ITEMS 5 & 7, DELETE, ADD, MOVE:**

5. ~~We should avoid any promises, expressed or implied, that we cannot keep; We do not exchange personal information including last names, phone numbers or email addresses, nor do we engage in activities which could be perceived by the administration as overfamiliarity. Patients or inmates may approach visitors for support of their opinions of staff policy; this is NOT our business. We have no basis for criticism and should not express any opinion of treatment, nor should we voice criticism of any administration or staff. (sentence moved to item #7, where it more logically fits)~~
7. (moved from item #5) ~~Patients or inmates may approach visitors for support of their opinions of staff policy; this is NOT our business. We have no basis for criticism and should not express any opinion of treatment, nor should we voice criticism of any administration or staff. No member will interfere or use any influence in any institution, court, or hospital, nor with any judge, doctor, probation officer, or parole officer. Nor will we make any comments or promises regarding employment, parole, probation, or medical problems for any inmate, patient or resident. We~~

carry only the message of Alcoholics Anonymous.

**#4E, p.6, ITEM 12, ADD:**

12. Inappropriate mingling and overfamiliarity with the patients or inmates is not allowed.

**#4F, p.6, ITEM 14, CHANGE:**

14. The anonymity of members should always be maintained, both as ~~alcoholics~~ volunteers and as inmates or patients.

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**CHANGE #5, current p.9 (under MEETING VOLUNTEER POSITION DESCRIPTION, to Qualifications, ADD:**

**Qualifications:** For hospitals and rehab centers, it is suggested that one of the Meeting Volunteers have at least six months of current and continuous sobriety and that the other volunteer has at least one year. For correctional facilities, the suggested sobriety requirement is two years of current and continuous sobriety, plus previous H&I experience. For Major Institution volunteers, previous Corrections experience is recommended.

**CHANGE #6, current p.11 (to AREA CHAIR POSITION DESCRIPTION) ADD as item #11:**

11. Maintains adequate supply of Pink Cans for all meetings in Area; places orders through NorCal Pink Can Coordinator.

**CHANGE #7, current p.11 (to OTHER AREA POSITIONS, Literature Chair, ADD:**

**Literature Chair** – with approval of Area Chair, orders, stamps, stores and distributes literature in accordance with existing H&I Literature Policy in Section Two. Maintains Pink Can inventory, places orders through NorCal Pink Can Coordinator.

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**CHANGES #8, current pP.12-13, (to MAJOR INSTITUTION COORDINATOR):**

**#8A, p.12, “Term” CHANGE:**

**Term:** ~~Two years (may succeed self once).~~ No specific term limit.

**#8B, p.13, Item #4 CHANGE:**

4. ~~Where/when necessary, conducts Individual Orientations to train new volunteers to fill open positions.~~ Carefully screens and chooses applicants and conducts H&I Orientations to train new volunteers to fill open positions.

**#8C, p.13, Item #10 CORRECT AS NUMBERED ITEM:**

10. In conjunction with the Major Institutions Chair, maintains close communication with Warden, Associate Wardens, Community Resource/Partnership Managers and inside partners.

**#8D, p.13, ADD Item #11:**

11. Annually completes Form 2 (Major Institution Meeting Summary) and submits to Major Institution Chair in timely manner.

**#8E, p.13, ADD Item #12:**

12. Identifies and develops leadership within his/her roster. Does not assign a replacement upon completion of the commitment but makes recommendations for such to both Major Institution Chair and General Chair.
- 

**CHANGE #9, current p.13, (ADD NEW SECTION AFTER LAST POSITION DESCRIPTION):**

**REMOVAL / RECALL**

Per the *Twelve Concepts for World Service*, all committee appointments are at the discretion of the appointing or currently responsible officer through their delegated service authority. The selection of volunteers is a matter of serious concern, and serving is a privilege, not a right. Any appointed volunteer who, in the opinion of the appointing or currently responsible officer, fails to conduct themselves in accordance with the guidelines in our manuals, with the *Twelve Traditions of Alcoholics Anonymous*, or otherwise conducts themselves in a manner detrimental to this committee or the Fellowship of Alcoholics Anonymous as a whole, may be removed from their position.

Any elected officer may be recalled by substantial unanimity (two-thirds) vote of the electing body.

Per A.A.’s traditional Right of Appeal (Concept V), anyone may petition for the redress of a personal grievance to the H&I Steering Committee.

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**CHANGE #10, current p.14, (CONFINEMENT CONSIDERATIONS), ADD TO ¶ 1 & ¶ 2:**

(¶ 1): When the H&I Committee was first organized, the facilities we served were primarily correctional facilities, however our primary purpose is to carry the message of A.A. to the alcoholic who is confined, whether in correctional or treatment facilities. As such, we perform the function of both Correctional Committees and Treatment Committees.

(¶ 2): The proliferation in recent years of many other types of facilities (treatment centers and rehabs, detoxes, psych wards, shelters, senior centers, veteran’s programs, etc.) providing help to the alcoholic has been beneficial both to the suffering alcoholic (inpatient and outpatient), and to the H&I Committee volunteers. Often the only differentiating factor between an ‘inpatient’ resident and an ‘outpatient’ resident is their ability to pay, and we want the hand of A.A. always to be there, regardless of financial considerations.

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## **SECTION TWO CHANGES**

### **CHANGE #11: current p.2 (to end of FUNDING section), ADD ALL WORDING BELOW (same as Section One change)**

To make a contribution to H&I:

- By mail: Make checks payable to 'NorCal H&I' and mail to PO Box 192490, San Francisco, CA 94119-2490. Please write your area number (or county) in the memo section of the check.
- For an e-receipt, please include your email address; anyone wishing a hard copy receipt, please include a self-addressed, stamped envelope.
- Online: To make an online contribution (or for any information on our finances), go to [www.handinorcal.org/Finances](http://www.handinorcal.org/Finances) and click on the 'Make an Online Contribution' link. You will be directed to simple instructions and will receive a receipt at the time of the transaction.

We gratefully thank the members of the Northern CA fellowship of Alcoholics Anonymous for making our work possible through your generous contributions to the Pink Can.

### **CHANGE #12: current p.3 (to end of COMMUNICATIONS) ADD TO LAST ¶ AS SECOND SENTENCE (same as Sec One change)**

We're all here to help each other and communicating effectively is a major part of everyone's responsibilities, as failure to do so can ultimately affect the alcoholic who is confined. This is especially true when we rotate out of a position, as we ought to do all we can to ensure that we give the incoming Trusted Servant the benefits of our experience with a thorough "pass-it-on".

### **CHANGE #13: current p.3, REMOVE STIPULATION SEGMENT and REPLACE with new wording on p.14**

### **CHANGE #14: current p.8, 'STEERING COMMITTEE APPOINTMENTS, CHANGE WORDING**

Major Institutional ~~Chairs~~ Coordinators are appointed by the General Chair with the advice of the Major Institution Chair, and the Regional and Area Chairs ~~and serve a two-year term with the ability to succeed themselves once.~~

### **CHANGE #15: current p.8, 'LIST OF STEERING COMMITTEE POSITIONS, add 'Pink Can Coordinator' after Literature Chair**

### **CHANGE #16: current p.8, under heading 'NORCAL STEERING COMMITTEE POSITION DESCRIPTIONS', INSERT WORDING:**

NOTE: UPON ROTATION, EVERY EFFORT SHOULD BE MADE BY AN OUTGOING OFFICER TO **THOROUGHLY COMMUNICATE** THE DETAILS AND PROCEDURES OF THE POSITION, AS WELL AS THE BENEFITS OF THEIR EXPERIENCE TO THE INCOMING OFFICER ("pass it on").

### **CHANGE #17: current p.8, GENERAL CHAIR, DELETE from first line:**

**GENERAL CHAIR** — the General Chair is elected by the General Committee, using the Third Legacy procedure ~~and is subject to recall by a majority vote.~~

### **CHANGE #18: current p.10, after LITERATURE CHAIR description, add:**

**PINK CAN COORDINATOR** — the Pink Can Coordinator is appointed by the General Chair with the advice and concurrence of the General Committee.

**Term:** Serves during term of the appointing General Chair

**Qualifications:** it is suggested that the Pink Can Coordinator have a minimum of three years' current and continuous sobriety and one year of active committee experience in H&I.

**Responsibilities:** Oversees supply and distribution of H&I Pink Cans ("cans").

1. Stores and maintains adequate Pink Can inventory for the Fellowship of Northern CA.
2. Within budget guidelines, orders and 'slots' new cans.
3. Ships cans to Areas as requested.
4. Ensures a supply of cans is available at all committee meetings as well as to service committee members and liaisons.

### **CHANGES #19: current p.12, to MAJOR INSTITUTION COORDINATOR:**

#### **CHANGE #19A: CHANGE TERM:**

**Term:** ~~Two years (may succeed self once).~~ No specific term limit.

#### **CHANGE #19B, item #3, ADD:**

3. In conjunction with Major Institutions Chair, acts as primary contact with the institution.

#### **CHANGE #19C, item #4, DELETE & REPLACE:**

4. ~~Where/when necessary, conducts Individual Orientations to train new volunteers to fill open positions.~~ Carefully

screens and chooses applicants and conducts H&I Orientations to train new volunteers to fill open positions.

**CHANGE #19D, item #6, INSERT:**

6. Regularly provides up-to-date Institution Schedule Forms (rosters) to each volunteer, as well as to the Major Institution Chair, to the General Chair, and to the appropriate inside staff members.

**CHANGE #19E, item #7, INSERT:**

7. Informs Major Institutions Chair and General Chair of any problems - real or potential - in a timely fashion.

**CHANGE #19F, ADD items #11 & 12:**

11. Annually completes Form 2 (Major Institution Meeting Summary) and submits to Major Institution Chair in timely manner.
12. Identifies and develops leadership within his/her roster. Does not assign a replacement upon completion of the commitment but makes recommendations for such to both Major Institution Chair and General Chair.

**CHANGE #20: current p.14, to 'POLICIES AND PROCEDURES' REMOVE & REPLACE:**

**RECALL**

Any H&I Committee member who accepts a position of responsibility ought to consider his or her job very seriously. When we are lax or neglect our responsibilities, the confined alcoholic ultimately suffers, and we may have failed in our primary purpose. If for these or other serious reasons it is warranted, the committee member may be asked to step aside or be recalled for cause and replaced.

**REMOVAL / RECALL**

***ANY MEMBER OF THIS COMMITTEE WHO CHOOSES TO RESUME DRINKING AUTOMATICALLY RESIGNS THEIR POSITION, AND MAY BE RE-APPOINTED ONLY WHEN THEY HAVE AGAIN QUALIFIED WITH THE MINIMUM SOBRIETY REQUIREMENTS.***

Per the *Twelve Concepts for World Service*, all committee appointments are at the discretion of the appointing or currently responsible officer through their delegated service authority. The selection of volunteers is a matter of serious concern, and serving is a privilege, not a right. Any appointed volunteer who, in the opinion of the appointing or currently responsible officer, fails to conduct themselves in accordance with the guidelines in our manuals, with the *Twelve Traditions of Alcoholics Anonymous* or otherwise conducts themselves in a manner detrimental to this committee or the Fellowship of Alcoholics Anonymous as a whole, may be removed from their position.

Any elected officer may be recalled by substantial unanimity (two-thirds) vote of the electing body.

Per A.A.'s traditional Right of Appeal (Concept V), anyone may petition for the redress of a personal grievance to the H&I Steering Committee.

**CHANGE #21, current p.14, CONTRIBUTION COLLECTION PROCEDURES, CHANGE:**

1. All H&I contributions may be made online at [www.handinorcal.org/contribute](http://www.handinorcal.org/contribute) or may be mailed to the post office box in San Francisco.

**CHANGES #22: current pp.15-16, to 'TRAVEL EXPENSE REIMBURSEMENT POLICY':**

**CHANGE #22A: GUIDELINES, item #1 CHANGE:**

**1. Mileage and Tolls**

The Committee will reimburse mileage at the rate of ~~\$ .15~~ **\$ .25** per mile (~~27.3% of the IRS deductible rate of \$.55 per mile~~). Bridge and other road tolls will be reimbursed. The Finance Committee will review IRS rates annually by August 31<sup>st</sup> to determine rates for the upcoming year.

**CHANGE #22B: GUIDELINES, item #2 ADD & CHANGE:**

**2. Lodging and Meals**

- If travel is greater than 125 miles or two (2) hours travel time one way, the Committee will reimburse up to ~~\$75~~ **\$100** per night for lodging.
- One dinner and one breakfast per day (if necessary) will be reimbursed up to \$10.00 each. Receipts are necessary for the reimbursement.

~

**Northern California Hospital and Institution Committee**  
**Steering Committee Meeting Minutes**  
January 13, 2018    Sacramento, CA

**Opening:** Karen C opened the meeting at 11:04a.m. with a moment of silence followed by the Serenity Prayer.

**Purpose Statement:** Renée P read the H&I Purpose Statement.

**Twelve Traditions:** John A read the Twelve Traditions.

**Introductions:** Present:

Karen C	Melody T	Kelly B	Laurie C	Tom A
Vikki	Karen B	Rich G	Jeff L	Peter O
Renée P	Andy C	Mark M	Julio B	Lorraine M
Jeffrey N	Terry H	Jim V	Bill D	Theresa V
John A	Richard A	Carl P	Thom H	Lisa B
Robert E	Phil S	Joseph B		

**Approval of the Sept 9, 2017 Steering Committee Meeting Minutes:** Jeff L moved and Rich G seconded a motion *to approve the minutes of the September 9, 2017 Steering Committee Meeting as submitted.* Vote: Unanimous

### Committee Chair Reports

**General Chair, Karen C:** Karen C reported the following:

- 2017 Financial Review:
  - a. Deviations from Budget: Accounting for a 2016 Area contribution of \$18,000 which was deposited in 2017, the NorCal Committee actually finished 2017 almost \$100K below budgeted contributions. At the end of September, the Committee was almost at 100% of budgeted expense in AAWS books. Had the Committee not reduced purchases in October and November, operating expenses would have exceeded income. As literature is the Committee's largest expense category, literature purchases will be increased or decreased according to budget in contributions. Hopefully, this will avert severe cutbacks in literature distribution. Grapevine expense overages have been corrected for the current fiscal year. Other expense overages include the printing of the revised *Policy Manuals* and the new Pink Can labels.
  - b. 2017 Fiscal Year Report: Total Literature Expense is almost 94% of total expenses, whereas there is no other budget category which exceeds 2.5% of expenses. This is where the financial control lies.
  - c. 2017 Area Contributions through December (January –December 2017) By comparing contributions of this period with the same period in 2016, and noting December of 2017, it is possible to see in which Areas there might be issues, and what a trend might be going into the new fiscal year. While one month is hardly indicative of a trend, Areas with significant drops from the previous year have exceeded contributions for December. Hopefully this is a result of better communication with the local groups and Central Offices about the NorCal Committee's financial situation. Groups that currently do not pass the Pink Cans are encouraged to consider making Pink Cans available to Group members.
- Literature Usage Report: This report indicates the cost of literature per meeting in each Area. The Committee has budgeted overall average literature usage of about \$15 for each H&I meeting for 2018. Areas can compare their own literature usage and consider any over-or under-usage.
- Corrections Conference, Missouri: Bill D, Jeff L and Karen C attended the National Corrections Conference in Missouri in November to share the NorCal Committee's 70 plus years of experience with Corrections Committees from the U.S. & Canada. Karen presented the Committee's Video Conferencing Proposal, and now there is a national committee working on this concept. There is an article in *Box 459* (Vol. 63, No. 4/Winter 2017). Bill D shared his experience in establishing relationships with institution administrations, and Jeff L networked with other committees on committee operations. Karen expressed her gratitude for our committee's longevity and how it has been able to develop uniform and compliant procedures to guide its efforts while maintaining the spiritual principles of AA as a whole. The 2018 and 2019 Conferences will be in Maine and Texas respectively; the Committee may want to consider sending representatives every other year because of the distances.
- Compliance with CDCR: Last year a clearance was stopped due to an H&I volunteer sponsoring a person in the facility. Since the H&I guidelines were in part developed to help volunteers conform to the requirements of the California Department of Corrections, the Committee has developed an informational sheet citing the sources from the CDCR *Operations Manual* and Title 15 regarding over-familiarity with inmates. Major Institution Coordinators should make volunteers aware of the regulations.
- Ad Hoc Committee on Online Contributions: An ad hoc committee has been formed to outline some possibilities for the NorCal Committee to accept online contributions like GSO and many Central Offices do. The ad hoc committee currently consists of the Finance

Committee Chair, Website Chair, Treasurer, and the General Committee Chair and Co-Chair. The Website Chair will present more information.

- **Incorporation:** The Northern CA H&I Committee is not incorporated, even though the H&I Conference Committee is. While the NorCal Committee maintains a 501(c)3 tax status, most 9<sup>th</sup> Tradition service committees of the same size are legally incorporated for the protection of the officers, and it only costs a few hundred dollars. If anyone has knowledge of how to do this, or knows of a contact with some legal expertise, please contact Karen C.
- **Upcoming General Committee Meetings:**
  - a. February 11, 2018: Area 54, Solano. Information is now online.
  - b. June 10, 2018 in conjunction with the NCCAA Conference in Modesto: A81, Stanislaus.
  - c. October, 14 2018: Area 52, Contra Costa, location to be announced.
  - d. February 10, 2019: Area 16, Shasta. (Redding)
  - e. June, 2019 in conjunction with NCCAA in Rocklin.

**General Co-chair, Jeff L:** Jeff reported that he is available for assistance. He thanked the group for the trip to St. Louis where there was a lot of sharing from the General Service Board Trustees, GSO staff, and professionals on various topics. He developed an even greater appreciation for the NorCal Committee's *Policy Manual* and its depth of experience. Bill and Karen did a great job representing the Committee.

**Treasurer, Kelly B:** Kelly reported the following for December, 2018:

Contributions:	\$34,825.05.
Literature Expenses:	\$20,595.41
Total Expenses:	\$21,149.79
Cash at the end of the Period:	\$143,487.06

We are close to the 3-month prudent reserve, which is an improvement over the last report to the Committee. She has just received a large number of contributions to be recorded in January.

**Secretary, Melody T:** Melody thanked everyone who sent in their report electronically. The roster has been updated as of January 12, 2018. She reported that two simple rosters were emailed to members of the Steering Committee in the past two months. If any member of the Steering Committee has not received an e-mail please contact her as there is a problem with the records. Rosters will be mailed to those members of the Steering Committee who are not using e-mail.

**Major Institution Chair, Bill D:**

- **Volunteer Advisory Task Force (VATF):** Bill reported that the next VATF meeting would be March 22. VATF has new members of the committee. Scott Kernan has named Natalie Fransham, (Office of Policy Standardization) as the liaison to the H&I Committee. Problems which cannot be resolved at the local major institution level can be referred to her at 916-323-4104. There is also a new manager of the VATF Committee, Janelle Campbell, who can be reached at 916-324-5487.
- **Major Institution Reports:** Bill reported the following for the Major Institutions:
  - **ASP Avenal:** Daniel Y will rotating out of the Coordinator position. Bill will work with the Regional Chairs to find a replacement.
  - **CHCF Stockton:** All is going well; there are some prospective volunteers.
  - **CMF Vacaville:** Richard A will rotate out in April.
  - **CTF Soledad:** Issues with getting literature to the inmates are being resolved.
  - **DVI Tracy:** Rick D has rotated out. Bill will contact the CRM to learn status. .
  - **FCI Dublin (DUB):** All is going well, with meetings resuming.
  - **FCI Herlong (HER):** Meetings are covered by volunteers from Reno.
  - **FCI Mendota (MEN):** The Coordinator has had major surgery but reports volunteers are needed for the Camp. Meetings continue in the main facility.
  - **FSP Folsom:** Several sobriety celebrations are being held at the facility. To organize a sobriety celebration, it is necessary to contact the Warden.
  - **Napa State Hospital (NSH):** All is going well,
  - **NorCal Fire Camps:** (absent, no report)
  - **SQ San Quentin:** Everything is going well.
  - **SVSP Soledad:** Issues at the facility could not be resolved locally. The Institution Coordinator will contact the new liaisons at State level to resolve problems.
  - **CCC Susanville:** Calls and emails to the Coordinator and the CRM have not been returned.
  - **HDSP Susanville:** No report.
  - **CCWF and VSP Chowchilla:** Everything is going well.
  - **MCSP Mule Creek:** There is a problem with getting literature into the facility and the Coordinator is working with the facility to resolve the problem.
  - **NCYC Stockton:** The meetings are being covered.
  - **PBSP Pelican Bay:** Volunteers are needed. Bill has appealed to the surrounding Areas for help.
  - **PVSP Coalinga:** Meetings are going well, but more volunteers are needed.
  - **SAC Sacramento:** Inmates were on lock-down due to a stabbing at the facility.



- SATF and COR Corcoran: There are about 10 new volunteers going in now, and volunteer participation in the AA meetings is slowly building up.
- SCC Jamestown: No report
- SOL Solano: There is a new CRM at the facility and meetings are doing well.
- USP Atwater: The facility was on lockdown for almost two months. Meetings have resumed on Wednesday nights.

Jim V referred to the Literature Usage Report. He stated he needed literature, and was well under the optimum usage threshold, but was concerned because of the funding issue. Karen C responded that he should continue to order the needed literature. Melody T reported that the Fire Camps Coordinator sent a map of the Fire Camps so Areas can determine if there is a Fire Camp in their Area. She can email them to anyone who needs one, and will have them available at the General Committee Meeting in February. Thom stated it could be available on the website.

**Finance Committee Chair, Rich G:** Rich reported that rotation from the previous chair went smoothly. The New Pink Can Letter is out for 2017.

**Literature Chair, Lorraine M:** Lorraine reported that for the last three months she was not always able to place complete literature orders that she received because Committee funds were down. She thanked the Area Literature Chairs that worked with her to pare down the orders when necessary. There are lots of pamphlets in inventory which she would like to distribute. She mailed the 2017 Revised Pink Pamphlets to all the Areas. Please contact Lorraine for additional pamphlets. Please note that there is a typo on page one, third paragraph, second line. The words "This is a service committee" is duplicated in the following sentence. Please black out these words before distributing. This error will be corrected in the next printing. A lot of inventory came back from Area 62, most of which has been redistributed. She brought Newsletters for the PI/CPC Chair and the Area Liaisons.

**NCCAA Conference Committee Coordinator, H.E. N: (absent, electronic report submitted.)** H.E. reported that the San Ramon panel is set. He will continue as the NCCAA Conference Committee Coordinator until June, 2019.

**Policy Chair, Dan B:** Dan reported that at the last General Committee meeting in October the current policy amendments passed and are now adopted. He thanked everyone for their participation and input. He also thanked the ad hoc committee as well for all their work. The next round of amendments will be in progress soon.

**Audio Media Chair, Joseph B:** Joseph reported that he is changing over to wireless as the microphone cords are deteriorating.

**Historian, Jeffrey N:** Jeffrey reported that all is going well. He was able to provide some historical material from the NorCal Committee's Archives, which the committee members brought with them to display at the Corrections Conference held in St. Louis. The materials were well-received. On December 3 he participated in a presentation for the Intergroup Archives Committee in San Francisco. He provided a PowerPoint on Early Alcoholics Anonymous in San Quentin and Folsom Prisons. A former inmate of San Quentin also spoke at the event. If anyone would like any information or has any suggestions please contact him at any time.

**Public Information Chair, Jim V:** Jim reported that he attended functions sponsored by PI/CPC, BTG, CNCA, and CNIA, in Marysville, Petaluma, Monterey, West Sacramento, and Santa Rosa over the last few months. Liaison positions for CNCA and CNIA have been filled by Karen B and Vikki R respectively. He will attend PRAASA in Reno, March 2-4. He has been invited to attend and speak at a SoCal H&I luncheon in Ventura County in April.

**Grapevine Chair, Karen D:** (absent; electronic report submitted) Karen reported that Grapevines and La Viñas are running smoothly. Her count balances to that of the Grapevine distributor. Currently the Committee has 2,277 Grapevine and 977 La Viña subscriptions.

She thanked the Committee for the opportunity to continue in the position, but will be rotating due to her husband's illness. She will continue in the position until a replacement is found.

**Publisher, Rich G:** Rich reported that everything is going well. He expressed concern over the amount of costly paper copies of the newsletter. He encouraged Committee members to switch to email delivery. This will be a matter for future discussion.

**Website Chair, Thom H:** Thom reported that things are going fine with the website. The source code for the site is held in his personal account; the Committee should obtain a shared account. Thom also reported that taking electronic payments is relatively simple. Users could use a credit card in a secure account. The platform the website uses is integrated with Stripe, a common, robust and secure payment platform. Credit card numbers would not be known to the H&I website, nor stored in any way on any of the Committee's systems. In order to create the account the Committee would

- Sign up with Stripe
- Create an account
- Link it to the H&I bank account
- Receive deposits every two days
- Pay the 2.9% plus .30 per transaction which would be taken off the top

Thom recommended that to proceed, the Committee secure the website. While the Stripe transaction is done between the customer's browser and the Stripe payment gateway without coming to the H&I website, users might still shy away without the lock symbol on the website. There may be some charges to obtain the SSL certificate. Thom noted that Stripe takes all major credit and debit cards, and has Apple Pay and Android Pay integration. After Stripe implementation, the Committee may wish to move to Venmo, another payment app which allows free transactions.

## Committee Business:

Reports having been completed, the Committee considered the matter of accepting contributions electronically. Thom moved and Rich G seconded a motion

***That the Northern California Hospital and Institution do the work to prepare the website for taking electronic contributions, work with Treasurer to get the account, secure the website, and integrate with Stripe with vote on implementation.***

This was discussed extensively. Kelly B stated that it was very important that the Treasurer know from what Area the contribution was coming, so that it could be credited properly. Thom responded that he would investigate the possibility of adding a “comment” field for the contributor to supply this information. Kelly also inquired concerning the procedure for linking the transactions with the bank account. Karen C stated that this would be worked out between the Treasurer and the Website Chair. Thom stated that Stripe was actually the merchant account, and Stripe then transfers the money to the account holder. The motion was then amended as follows:

***That we do the work to prepare the website for taking electronic contributions, work with Treasurer to get the account, secure the website, and integrate with Stripe with vote on implementation contingent on a way to attach a comment field to the transaction.***

Vote: Unanimous. Thom was thanked for his work with the H&I website.

**7<sup>th</sup> Tradition:** The baskets were passed to pay rent on the facility.

## Birthdays:

Jim V	6	Julio B	13
Mark M	34	Lisa B	22

## Regional Reports

**Region 01 – Far North Coastal, OPEN:** (no report)

**Region 10 – Far North Interior, OPEN:** (no report)

**Region 15 – Lower Far North Interior, Mark M:** Mark reported that Area 16 Redding, Shasta County holds meetings in seven facilities. All meetings are being covered. The Area Committee meeting is well-attended. Matters discussed: applications for Sugar Pine Fire Camp, Regional Chair term of office, literature distribution in the Women’s Jail, hosting of the General Committee meeting in January 2019, and supporting Area 18’s request for support at Trinity River Fire Camp. Area 17 Red Bluff, Tehama County holds meetings in three facilities. The CNIA District BTG Chair made a presentation and was well received. Matters discussed: starting a meeting at Restpadd Psychiatric Health Facility and communications with Juvenile Hall. Area 18, Weaverville, Trinity County holds meetings in two facilities. All meetings are covered. The Area has requested help for Trinity River Fire Camp.

**Region 20 – Northern Coastal, Jess Y:** (absent, electronic report submitted) Area 21 is working on establishing some sort of regular business meeting. Areas 22 and 23 have no new business.

**Region 30 – Northern Interior, Bob F:** (absent) Lorraine reported that in Area 31, four new women and two men have been cleared for the Butte County Jail, with more volunteers in process. The Area also serves Enloe Behavioral Health where there are three weeks with regularly scheduled meeting facilitators. John A is the new Area 34 chair. Thanks to Sam C for his many years of dedicated service to this committee. Rick J is the new Area 36 chair. He has reached out to the sheriff to try to improve the situation at the jail. The Area has begun serving a new recovery home. Thanks to the outgoing chair, Bill G for his service.

**Region 40 – Central Interior, OPEN:** (no report)

**Region 50 – East Bay, South, Lisa B:** Lisa reported that in Area 53 contributions have rebounded in January. Efforts are continuing to get the message that H&I still needs Pink Can monies. The Area has implemented a literature sign out sheet to better manage and plan literature expenses. There is a new meeting at Jay Mahler, a dual-diagnosis mental health facility. Area 52 is ready to host the General Committee meeting in 2018. The Area had an information table at the Contra Costa Unity Day in November. Contributions have improved slightly, still down 28% to last year; she will continue to keep the focus on passing the Pink Can at all meetings. She will recommend a literature sign-out sheet for Area 52 as well.

**Region 50 – East Bay, North, Cindy L:** Cindy reported that Area 51 is seeking a new chair as the current chair has served two terms and is ready to rotate. Talks of doing a workshop in the Area may be able to help. Area 54 is looking forward to hosting next month’s committee meeting in Vacaville. She continues to spread the word that H&I still needs contributions to bring literature into facilities.

**Region 60 – West Bay, Julio B:** Julio reported that in Area 61 over the past year, Marin County has seen a steady increase in participation. The Area is working to fill open positions in several treatment facilities and the Marin County Jail, both men’s and women’s. The Area supports 14 weekly meetings in 9 different facilities. Volunteers in San Francisco, Area 62, are currently supporting 63 weekly meetings. The Area is looking closely at literature distribution as they try to better understand how literature flows in each facility. Largest needs are in correctional institutions. The Area is hoping to work with Area 65 to cover the volunteer needs in San Francisco County Jails. Veronica S is the new Area 65 Chair. The Area 65 H&I Committee currently supports 33 weekly meetings.

**Region 70 – Southern Coastal, Robert R:** (Absent) Kelly reported that San Benito County is doing well. They are still doing the main jail only twice per month. Monterey County is growing well. Santa Clara County is going well; they are relocating to a new room in hopes of gaining more support for H&I. There is good discussion on contributions and Pink Can use. The Area has also addressed the issue of H&I volunteers sponsoring meeting attendees.

**Region 80 – Southern Interior, (OPEN)** no report

**Region 90 – Far Southern Interior, (OPEN)** no report

**Region 140 – Spanish Northern Interior, Rose Mary C:** (absent, electronic report submitted) The Region meets on the fourth Thursday of each month at the Oficina Latina Central in Sacramento. The Region has discussed the future of Region 140 meetings and how to create more interest in this type of 12<sup>th</sup> Step work. They would like to set up a workshop or attend one that is already scheduled and see if the Committee would allow the Regional Committee to use the translation equipment. Applications for CMF have been turned over to Jose C. She is still in the process of finding a new Regional Coordinator or closing the Region.

**Region 160 – Spanish Northern Coastal, Roberto S:** (absent, no report)

**Region 180 – Spanish Central Interior, Enrique R:** (absent, report submitted electronically subsequent to meeting, will be reported at February GC meeting)

**Region 190 – Spanish Southern Interior, Jesus B:** (absent, no report)

## **Liaison Reports**

**CNIA, Vikki R:** Vikki reported that new officers were elected in November. Michael K is the new Area Delegate. He will serve on the Policy and Admissions Committee at the General Service Conference. The CNIA Winter Assembly will be held the weekend of January 20<sup>th</sup> in Roseville. The final agenda items will be available mid-February.

**CNCA, Karen B:** Karen reported that she attended the CNCA meetings. She shared about H&I finances. There was discussion about coordination between CNCA, PI/CPC and the H&I Committee. The delegate reported favorably on the National Corrections Conference and the article in *Box 4-5-9*. She will set up the H&I table at the Monterey Pre-Conference.

**BTG, Coastal, George X:** (absent, no report)

**BTG CNIA, Ken M:** (absent, no report)

**NorCal H&I Conference, Lorraine M.** Lorraine reported that there will not be a conference in the East Bay after all because of facility availability. An alternative is to bring a workshop to each Region. This might be more pertinent to the local need. She is considering attending Area 42's committee meeting to galvanize the interest there. If any Area is interested in hosting a conference, there is separate funding for expenses. No NorCal Committee funds are used. Contact her if any Area is interested.

**SoCal H&I Conference, Pete P:** (absent) Jeff L reported that the SoCal H&I Conference will be held April 6, 7, 8 in Ventura; information on their website. The SoCal Committee holds an excellent conference. The Saturday night speaker is Scott Kernan, Secretary of CDCR. A group of NorCal volunteers will attend.

## **Closing**

Thom reported that he researched the matter of all contingencies enumerated in the motion concerning receiving contributions electronically. He stated that all contingencies are met and there will be a description field for the contributor to put in his or her Area, so this information will be in the transaction. Thom will proceed with the instructions in the motion.

Karen reminded everyone to send a written report to Recording Secretary. The General Committee Meeting will be February 11 in Vallejo. The meeting adjourned at 12:58 with the Responsibility Declaration followed by the Serenity Prayer.

In love and service,

Melody T, Recording Secretary

**Northern California Hospital and Institution Committee**  
**General Committee Meeting Minutes**  
**February 11, 2018 Vacaville, CA**

**Opening:** Karen C opened the meeting at 11: a.m. with a moment of silence followed by the Serenity Prayer.

**Purpose Statement:** Robert S read the H&I Purpose Statement.

**Twelve Traditions:** Melanie G read the Twelve Traditions.

**Introductions:**

Karen C	Melody T	Kelly B	Joann L	Melanie G
Alison G	Jeff L	Rich G	Mitch H	Robert S
Robert R	Mark M	Peter O	David B	Cindy L
Karen B	Jess Y	Dave E	Donna H	Kathleen S
Ann G	Lisa D	Eduardo P	Patricia C	Vikki Ray
Paul	Jim V	Daniel	Richard K	Terry H
Laurie C	Bob F	Mike H	Ken M	Peter M
Carl P	Julio B	Richard A	Dan G	Richard W
Michael W	Bill D	Margaret D	Tim N	Roger
John A	John D	Theresa A	Lorraine M	Joseph B
Gene	Regina P	Amanda C		

Karen welcomed all in attendance, especially those new to H&I. She thanked Area 54 for hosting the meeting.

**Approval of the October 8, 2017 General Committee Meeting Minutes:**

Jeff L moved and Laurie C seconded a motion *to approve the minutes of the October 8, 2017 General Committee meeting as submitted.* Vote: Unanimous.

**Approval of Financial Statements**

It was moved and seconded a motion *to approve the financial statements from August-November 2017 as submitted.* Vote: Unanimous.

**General Committee Reports**

**General Chair, Karen C:** Karen reported the following:

- **Finances:** The Committee finished last year of adjusted contributions \$80,000 below the prior year. This was probably due to a reaction to the Seventh Tradition funds distribution. The current fiscal year's budget has been adjusted accordingly, and year-to-date the committee is about 97% to budget in contributions. While behind last year's contributions to date, finances appear to be turning a corner to the positive as a result of better communication to the Areas. The message is "H&I does not have too much money. It operates in accordance with the AA Traditions, and it asks the Groups to pass the Pink Cans to benefit the alcoholic who is confined.
- **Literature Usage Review:** The Committee has normalized literature usage over past few years and has achieved a more balanced distribution of literature. The current budget averages about \$15.00 per meeting for literature, but this will vary depending on the type of meeting served and the size of the Area. All Areas should let volunteers know to bring literature into the facilities.
- **National Corrections Conference:** Karen expressed gratitude to the Committee for having gone to the first annual Corrections Conference in St. Louis in November – Jeff will give report.
- **On-line Contributions:** Efforts are underway to implement on-line contributions – (see Website Chair report).
- **General Committee Meeting Schedule:**

June 10, 2018	Area 81 Stanislaus (Modesto) in conjunction with NCCAA, location to be announced
October 14, 2018	Area 52, Contra Costa, location to be announced
February 10, 2019	Area 16, Shasta (Redding), location to be announced
June, 2019	In conjunction with NCCAA in Rocklin, location to be announced

Karen asked that if anyone attends a Group without an H&I rep, please encourage the group to get one or volunteer yourself. This insures communication with the Groups and complies with the structure of responsibility and delegation as in the *A.A. Service Manual*.

**General Co-Chair, Jeff L:** Jeff reported that he is very grateful for the opportunity to attend the National Corrections Conference. He came away with a deeper appreciation for the NorCal service structure and organization. He reported that Karen C presented the development of the NorCal video meeting proposal, and Bill D presented the process for starting meetings in institutions. These were well-received.

Attendees were free to interact with current Class A Trustees, a past Class B Trustee and the Corrections Desk from GSO. There was much discussion about the video meeting proposal. Jeff stated that it is very important for the Committee to have a presence at these types of events, since the NorCal Committee is the oldest corrections committee in Alcoholics Anonymous. It has a responsibility to pass on what it has learned to other committees. Jeff added that he is always available to be of assistance to any Area needing help.

**Treasurer, Kelly B:** Kelly reported the following for January, 2018:

Area Contributions	\$58,065.56
Literature expenses	\$35,516.15
Total Expenses	\$38,048.17

Cash at the end of January	\$163,511.17
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Kelly noted that the January contributions were up from the \$31,825.05 recorded for the month of December. She also noted that at the end of each month, the budget for literature is being adjusted according to available contribution funding. She provided the Premium Forward schedule, and noted that if an Area wished an immediate receipt, they should provide her with an e-mail address. This would also save the Committee money. Going forward, the online contributions receipt program will provide an immediate receipt. This will be launched soon.

**Secretary, Melody T:** Melody thanked everyone who sent in an electronic report. She asked that anyone who will be absent submit their report prior to 8:30 the morning of the meeting (cc the General Chair) to insure it is available to be read into the minutes. Reports submitted later than that will not be read, nor included in the minutes as an addendum. Please submit contact information changes to her for the general roster.

**Major Institutions Chair and VATF Report, Bill D:** Bill reported that the next Volunteer Advisory Task Force (VATF) meeting would be held on Thursday, March 22 in Sacramento. Coordinators are needed for Avenal State Prison, and DVI in Tracy. He and Jim V. will visit the facility and meet Martina Virrey, the CRM. AA is invited to bring meetings into the Reception Center there, starting twice per month until the volunteer pool can serve weekly meetings. Cardboard sobriety chips are available; inmates are not allowed metal or plastic.

**Finance Committee Chair, Rich G:** Rich provided the duties of the Finance Committee from the *Policy Manual*, Section 2. Karen added that this is the one committee that consists of elected members, providing a check-and-balance for finances.

**NCCAA Conf. Coordinator, H.E. N:** (absent, electronic report submitted.) H.E. reported that the panel for the next NCCAA Conference is complete and is working with Area 52 to staff the H&I table. At the Area 53 business meeting there was much support for volunteers. He will also be sharing with Contra Costa. He hopes the H&I General Committee will have good participation in San Ramon on March 30, 31, and April 1. The H&I panel will be on Saturday, March 31 at 1:00p.m.

**Literature Chair, Lorraine M:** Lorraine reported that all books should be stamped with the H&I donation stamp. She has stamps available in English and Spanish. She brought new *Policy Manuals*. The English Section 1 has a typo: on page one, the third paragraph, please delete the sentence "This is a service committee" at the beginning of the second line. Newsletters, Pink Cans and Pink Can labels are available, as well as The DVD *Carrying the Message Inside the Walls*. This AAWS video is helpful for dispelling some of the myths about carrying the message inside correctional facilities.

**Policy Chair, OPEN:** Karen reported that the Policy Chair has rotated out, and a nominee will be approved at the next General Committee meeting. The Policy Committee will continue to meet and discuss the next round of amendments to the *Policy Manual*.

**Audio-Media Coordinator, Joseph t:** Joseph reported that CD's of individual stories are available. This allows AA to have a presence even when outside volunteers are not physically present. The identifying information is light-scribed into the CD, so there are no problems with facility protocols. There are thousands of these recordings available; contact Joseph for available CD's in the library. David B asked that with CD's becoming outdated technology, will it be possible to have the stories available in .mp3 format on a flash drive. Joseph responded that currently, flash drives are not allowed in prisons, but all the files in the library are being converted from cassette tape to .mp3 format and then burned to the CD's.

**Historian, Jeffrey N:** Jeffrey reported that all is going very well. He provided some historical material from the Northern California Hospital and Institution archives, which the Committee members brought with them to display at the First Annual Corrections Conference held in St. Louis, Missouri this past November. The Conference attendees enjoyed seeing and reading the material about NorCal history and growth over the past 75 years. On December 3<sup>rd</sup> he and Jackie B. participated in an event sponsored by the Intergroup Archives Committee in San Francisco where they presented a PowerPoint presentation of Early Alcoholics Anonymous in San Quentin & Folsom Prisons.

**Public Information Chair, Jim V:** Jim reported that he attended a meeting of representatives from H&I, BTG, PI/CPC, CNIA, & CNCA in Sacramento on January 13. It was great exchange of information and regular meetings of these groups will be scheduled in the future. PRAASA will be held in Sparks, Nevada, March 2<sup>nd</sup>-4<sup>th</sup> at the Nugget. He will be attending; registration is available at the PRAASA website. He will attend the Southern California H&I Conference in Ventura CA April 6<sup>th</sup> -8<sup>th</sup>. He hopes to establish contacts that will enhance communication between NorCal H&I and SoCal H&I that will ultimately help spread the message to confined alcoholics in both areas. Both General Service Area Liaison positions have been filled.

**Grapevine Chair, Karen D:** (absent, electronic report submitted) *Grapevine* and *La Viña* subscriptions are running smoothly. There have been a few changes and her count balances to the Grapevine, Inc. distributor. The Committee currently has 2,277 *Grapevine* and 977 *La Viña* subscriptions. Due to health concerns for her husband and herself, she will rotate from the position of Grapevine Chair. She stated that it has been an honor and a privilege to be on the H&I Committee. She and Dale are blessed to have H&I, AA, family, friends and God, and she thanked the Committee for all it has done for them. Karen C asked everyone to keep Karen and Dale in their prayers.

**Publisher, Rich G:** Rich reported that he sent Thom a redacted version of the January newsletter for the website. If anyone is not receiving the newsletter and wishes to be on the e-mail distribution list, please contact him.

**Website Chair, Thom H:** Thom reported that the site is now secure via https. This is a big step toward being able to receive contributions online via Stripe. He has set up the Stripe account and is working to integrate it into the site. He hopes to have the account ready within the week. The site will have a “description” field for each transaction, and will be used to record Area numbers. He has also taken steps to making the site code and login information, once held only by himself, known to appropriate members of the Committee including the General Chair and Co-Chair.

## Committee Business

**Grapevine Chair:** Karen C nominated Kathleen S for the position of Grapevine Chair. Kathleen provided her service résumé, and stated she was accountant by profession. The nomination was approved unanimously.

## New Business

There was no new business from the floor.

## Open Forum

Lorraine M observed that in the last 30 years, there have only been three Literature Chairs, all retirees. In 2007 a literature policy was created that would best serve not only the Areas and facilities but also the members who provide financial support with donations in the Pink Cans. This policy resulted in over \$20,000 in savings annually, but also made the position of Literature Chair easier to rotate. This was accomplished in large degree by using a rented storage unit and not storing inventory on personal property. However, more could be done to make the position more easily rotatable. Despite Committee dedication in amending the *Policy Manual*, the current description of the Literature Chair position does not include the duties regarding maintaining the supply of Pink Cans. This duty includes the slotting of the Pink Can lids, a time-consuming and labor-intensive responsibility. Cans are ordered in quantities of 1,000. Lorraine demonstrated the procedure for slotting the lids, one at a time, with the special tool used. She stated that in addition to being time-consuming, the procedure is very hard on the hands and creates messy plastic shavings. The entire procedure may make rotation difficult. She was looking for an easier, cleaner method to slot the cans. To date, she has not been able to find a company to slot them economically, as slotting would almost double the cost of the Pink Cans over the current approximately \$3.00 per can. She asked anyone with information regarding a cost-effective solution to please contact her. Hopefully, this could be done prior to amending the *Policy Manual*. Another possibility is to create a new “Pink Can Chair” position, although the position would require storage area for the huge boxes of Pink Cans. Karen Co stated that the Policy Committee could discuss an amendment to include the slotting of the Pink Cans in the job description of the Literature Chair. A new round of *Policy Manual* amendments would come before the May Steering Committee, with possible first vote at the General Committee in June. She encouraged members of the Committee to ask in the Areas for someone willing to slot the can lids.

## 7<sup>th</sup> Tradition

The baskets were passed in observance of the 7<sup>th</sup> Tradition. Karen C stated that monies collected would reimburse H&I Area 54 for expenses incurred for hosting the meeting and providing lunch.

## Anniversaries

Kelly B	9	Jim V	6	Donna H	29	Julio B	13
Bill D	2	Robert R	22	Kathleen S	24	Cindy L	10
	4						

## Regional Reports

**Region 01 – Far North Coastal, OPEN:** (no report)

**Region 10 – Far North Interior, OPEN** (no report)

**Region 15 – Lower Far North Interior, Mark M:** Mark reported that in Area 16-Shasta all meetings in the seven facilities served are covered. Intergroup requested a liaison and the position was filled. They discussed hosting the General Committee Meeting in February 2019. In Area 17-Tehama, meetings in the three facilities served are covered. The Ishi Fire Camp completed the new mess hall and the AA meetings are moving in there. The Red Bluff Roundup will be held June 2; there will be an H&I panel. In Area 18-Trinity the Juvenile Hall will now have two meetings per week.

**Region 20 – Northern Coastal, Jess Y:** Jess reported that in Area 22-Sonoma all meetings served are covered. New clearances for correctional facilities are slow and the core of cleared volunteers is small. In Area 23-Lake the Konocti Conservation Fire Camp has requested AA meetings every week. In Area 21-Mendocino Larry R is new chair. He is working on establishing greater cooperation with the facilities in the Area.

**Region 30 – Northern Interior, Bob F:** Bob reported that Area 36 Nevada and Sierra, has a new chair who is working on establishing cooperation with the Sheriff and General Service District 20. The Committee is serving a new facility in Grass Valley. Meetings may discontinue in the Juvenile Hall due to a dwindling number of recipients. Area 34 is running smoothly, with renewed enthusiasm for the meetings in the Placer County Jail. Area 31 has a strong active chair. More volunteers are interested in serving in the Jail, although both Area 36 and Area 31 are having difficulty with getting County clearances processed. Bob also stressed the importance of the Group Reps.

**Region 40 – Central Interior, OPEN:** (no report)

**Region 50 – East Bay, South, Lisa B:** (absent, electronic report submitted) Lisa reported that Area 53 is doing well. Area 52 is ready and excited to host the General Committee meeting in 2018. They are discussing the budget and advance funding for the event. Karen C explained the General Committee has a form for requests for advance monies to host, and this will be sent to them.

**Region 50 – East Bay, North, Cindy L:** Cindy reported that Area 54 welcomes everyone to the General Committee Meeting. An ad hoc committee has been formed to address disposition of the local Area 7<sup>th</sup> Traditions monies collected at the monthly meetings, and the establishment of a prudent reserve. Meetings in all facilities are going well. Area 51 has elected a new chair, Grady S.

**Region 60 – West Bay, Julio B:** Julio reported that in Area 61 over the past year, Marin County has seen a steady increase in participation. Currently, they are working to fill open secretary positions in several facilities. The Area supports 14 weekly meetings in 9 different facilities. Marin is actively working with various local meetings to change their meeting script to eliminate the request for “spare change” in the Pink Cans. Area 62-San Francisco, supports 63 weekly meetings. The biggest need is for volunteers in the San Francisco County Jails. Since the largest San Francisco jail facility is in San Mateo County, San Francisco is inviting San Mateo H&I volunteers to bring meetings into San Francisco’s San Bruno jail facility. The Area is looking closely at their literature distribution, and meeting coordinators are being asked to fill out literature request forms. These forms are helping pinpoint where literature is being distributed. Area 65-San Mateo has elected a new chair, Veronica S, and co-chair Joey D. The Area serves 33 weekly meetings.

**Region 70 – Southern Coastal, Robert R:** Robert reported that Area 71-Santa Clara is doing well. In the Juvenile Hall, recipients are no longer required to attend meetings and attendance has dropped. However, the Area continues to service the facility and thus keep the time slot for the AA meetings. Area 72-Monterey has increased enthusiasm. All is well. Area 73-Santa Cruz has relocated their business meeting to a new facility in the downtown area in hopes of generating more support. Robert is encouraging Facility Coordinators to attend meetings to provide information to the Group Reps. Area 74-San Benito is doing well.

**Region 80 – Southern Interior, OPEN:** (No report)

**Region 90 – OPEN:** (No report)

**Region 140 – Spanish Northern Interior, Rose Mary C:** (Absent, no report)

**Region 160 – Spanish Northern Coastal, Roberto S:** (Absent, no report)

**Region 170 – Spanish Southern Coastal, Roberto S:** (Absent, no report)

**Region 180 – Spanish Central Interior, Enrique R:** (Absent, electronic report submitted) Enrique reported that the Region meets every first Tuesday of the month at 7:00 pm., in Modesto. He provided the days and times of the meetings the Region serves. Regional volunteers visit the A.A. Groups to inform them about the H&I Committee activities and to motivate new volunteers. Eduardo P reported that the Inter-Regional meeting was held on February 10 in Fresno. There was discussion on the participation by the linguistic Regions in General Committee meetings. He stated that it would help if the Regional Chairs could participate. The next Inter-Regional meeting will be in August, in Salinas or Monterey (proposed). Jeff L stated that the Committee has purchased translation equipment and would welcome participation. David B expressed appreciation for the work of the NorCal Committee. He stated that in the SoCal H&I Committee, there is good cooperation between the English- and Spanish-speaking H&I efforts.

**Region 190 – Spanish Southern Interior, Jesus B:** (Absent, no report)

## Major Institution Coordinator Reports

**ASP Avenal, Daniel Y:** (OPEN) Bill D reported that Daniel Y has rotated out and the position is now open.

**CCC Susanville, Raymond L:** (Absent, no report)

**CCWF and VSP Chowchilla, Miki S** (Absent) Bill D reported that everything is going fine at Chowchilla.

**CHCF Stockton, Melody T:** Melody reported that all is going well at CHCF, although more volunteers are needed. A problem the inmates taking the H&I stamped literature back to their cells has been resolved. She will be ordering more large print literature in Spanish and English.

**CMF Vacaville, Richard A:** (Absent, electronic report submitted) Richard reported that there are 11 volunteers currently. He will be rotating out of the position. Karen C reminded Institutions Coordinators to use their lists of current volunteers to suggest possible candidates for appointment to the position at rotation.

**CTF Soledad, Peter O:** Peter reported that 34 volunteers serve 28 meetings at three facilities, Level 1 South Soledad, Middle and North. He needs Spanish-speaking volunteers. He is working to resolve problems with getting literature in.

**DVI Tracy, (OPEN):** Bill D reported that Rick D has rotated.

**FCI Dublin (DUB), Lisa B** (absent). Bill D reported that there have been no uncovered meetings at the Low Security Facility or the Camp. Volunteers move between the facilities based on availability to facilitate coverage. The volunteer pool is low, and the facility is not permitting clearances for new volunteers at this time.

**FCI Herlong (HER), (Currently served by Reno)**

**FCI Mendota (MEN), Rodney L:** (absent) Bill reported that Rodney had major surgery and there is no current report.

**FSP Folsom, Jim V:** Jim reported that the Committee serves 36 to 40 meetings per month. Celebration banquets are scheduled for February 10 and March 3. Volunteers are always needed. Clearance applications are taking longer to process. The facility has a new warden. Jim reminded H&I volunteers to refer questions about Prop 57 to the correctional counselor or the inside sponsor.

**HDSP Susanville, Raymond L:** (absent, no report)

**MCSP Mule Creek, Bill H:** (absent, no report)

**Napa State Hospital (NSH), John G:** (absent, electronic report submitted.) Bill D reported that all is well and all meetings were covered.

**NCYC Stockton, Tony T:** (absent.) Bill D reported that all is going well.

**Norcal Fire Camps, Peter S:** (Absent, electronic report submitted) Bill D reported that there have been 13 to 18 applications that have been missing for clearance since October. There has been a change at CCC Susanville, with the CRM, Stephanie Morgan, taking over processing of clearance requests. This may result in more time required to process requests until the backlog has been cleared out.

**PBSP Pelican Bay, Lynne D:** (absent) Bill D reported that meetings at Pelican Bay have been well attended. There are a few new volunteers.

**PVSP Coalinga, Tommy R:** (absent) Bill D reported that things are going well. Volunteers are needed.

**SAC Sacramento, John C:** (absent) Bill D that he goes in and everything is going well.

**SATF and COR, Bill H:** (absent, electronic report submitted) Bill D reported that there are 11 volunteers now and more in process. He explained that this is CDCR’s training facility for substance abuse, one of the largest of its kind in the country. More volunteers are needed, and he encouraged any members from the surrounding Areas to volunteer.

**SCC Jamestown, Thilo B:** (absent) Eduardo P reported that the administration has changed over. Orientation was cancelled as the new administration is trying to adapt.

**SOL Solano, John D:** John reported that the CRM has left and the facility has an interim CRM. Volunteers are needed, but he is pleased that more volunteers have applied. The Committee serves 22 meetings per month with 12 volunteers. Inmate attendance is very good.

**SQ San Quentin, Carl P:** Carl reported that meetings are well-attended. There were a few weather-related lock-outs. There is an adequate number of volunteers, including several who are Spanish-speaking. The staff continues to emphasize the “legal” status of sign in sheets and inmate secretaries are responsible for verifying SOMS status and recording attendance. H&I volunteers refer questions about the SOMS sheet to staff. An incident occurred and one of the units was locked down. It has not been open to volunteers since and programming on the unit is “indefinitely suspended.”

**SVSP Soledad, Alison G:** Allison reported that there are two prisons, the older prison, CTF, and a newer prison. AA has not become well-established in the prison. The inmates attend the meetings, but have not taken ownership of them. She has helped the volunteers encourage the inmates to continue with their own meetings and have the AA program inside the walls. AA activity can continue even when AA from the outside does not go in. The inmates now know they can take the books back to their cells. There was a two-week lockdown due to false reports of possession of a gun by an inmate.

**USP Atwater, Dale & Karen D:** (Absent, electronic report submitted) Karen reported that the facility was on lockdown for about five months. AA was permitted back in two weeks ago. The attendance has been great. Clearances have become a problem. She has emailed and telephoned the inside facilitator and the Warden with no response. Several applicants have given up. Two volunteers have had badges pulled and she is attempting to find out why; the facilitator has lost some of the documentation.

## **Liaison Reports**

**H&I Liaison to CNCA – Karen B:** Karen reported that she is attempting to dispel misinformation about H&I finances. She will have a table at the CNCA Pre-Conference Assembly. Joann L reported that final agenda topics are out for this year’s General Service Conference scheduled in New York City April 22<sup>nd</sup> - 28<sup>th</sup>. The background material for these topics will be released on February 15<sup>th</sup> and the Area Officers will have the Agenda topics summaries completed by the first weekend in March [CNCA]. The CNCA Pre-Conference Assembly will be April 7th to the 8th at the Santa Clara Fairgrounds. Joann also reported one of the outcomes of the first National Corrections Conference was sharing at the Trustees’ Corrections Committee about the enormous potential that electronic literature has for aiding in Twelfth Step work in correctional facilities. One of the Conference agenda items of interest to H&I is a proposed pamphlet for long-term inmates being released.

**H&I Liaison to CNIA – Vikki R:** Vikki reported that she attended the Winter Assembly in Roseville. She will have an H&I table at the CNIA Pre-Conference Assembly. PRAASA will be held in Sparks, Nevada March 2<sup>nd</sup> - 4<sup>th</sup>.

**Bridging the Gap - CNIA – Cindy A:** (absent, no report).

**Bridging the Gap – CNCA , George X:** (absent, no report)

**SoCal H&I Liaison – David B:** David reported he has SoCal Conference flyers April 6<sup>th</sup> -8<sup>th</sup> in Ventura. Meetings are on the fourth Sunday of the month, with the next one in Carlsbad. The Spanish-speaking meeting is third Sunday of the month. To get literature, some of the Groups contribute by making their own cans. The conference raises some funds. The SoCal structure is that H&I committees are autonomous, and raise their own funds. For example, Long Beach has a chili cook-off. There are biking-for-books events.

**NorCal Conference:** Lorraine reported that there is a standing committee for the NorCal Conference. Cindy L reported that the Area is still planning to host the 2019 H&I Conference perhaps at the Vallejo Fair Grounds in March 2019. Areas 51 and 54 will participate.

## **Adjournment**

Karen reminded everyone that the next General Committee Meeting would be held June 10, 2018 hosted by Area 81 in Modesto. She thanked Area 54 again for hosting. The meeting adjourned at 2:07 with a moment of silence followed by the Responsibility Declaration.

In love and service,  
Melody T, Recording Secretary



## **Comité de Hospitales & Instituciones del Norte de California**

**Región 140** Sacramento~Rosemary C. y Jose C. por cartas electrónicas, reportaron que las juntas sesionan el 4 jueves del mes de 7a9pm en la oficina Latina Central suite 142, 2251 Florin Rd., Sacramento, Ca. 95822. El punto de interés es en revisar todas aplicaciones para la Facultad Correccional Medica-CMF Vacaville, Folsom, y Chowchilla con visitas a Folsom los lunes y viernes de 6:30pm hasta las 7:30pm, y en el Hospital de Napa los martes a las 1030 am.

Prisión Estatal-Folsom; Jose C. reporto por carta electrónica, que hay dos juntas por semana, lunes y viernes y que los voluntarios deben estar en el portón a las 5:30 para entrar. El nombre de este grupo se llama Un Día a La Vez. Siempre se necesitan servidores para estas juntas y al momento tenemos el problema de archivar datos de los servidores por la prisión.

Cárcel del Condado-Santa Rita; Gustavo T. ausente.

Facilidad Correccional Médica-Vacaville; Rose Mary C. reporto por correo electrónico, que se les venció los permisos y tenían que reorganizar con nuevas solicitudes con inventario de literatura, y que la entrada es al Centro Médico y no a la prisión.

Hospital Estatal-Napa; Reporto José C. por correo electrónico, que con 2 servidores llevando el mensaje de AA es constante visita de 10 internos. Las juntas son los martes inmediatos a 10:30 am, con requisitos al mínimo para la entrada, ay carecía de servidores.

Cárcel del Condado-Martínez; Hugo M ausente

**Región 160** San Francisco ~Roberto S; ausente pero un reporte escrito se presento por Horacio B. de esta región. . Nuestra Coordinadora Rosa R. nos representa con los de habla inglesa el primer miércoles del mes y no reunimos cada último jueves del mes en la oficina intergrupar de Santa Rosa a las 7pm. Se visitan a 3 grupos al mes en presentación de H&I en llevar el mensaje de AA. Se visita a la cárcel del condado de Sonoma. Y se lleva el mensaje con 5 servidores, cara en cara, a la cárcel Principal de Dentición en Santa Rosa.

Facilidad Correccional-Redwood City; José Luis C. ausente, no reporte

Prisión de San Quintín-San Francisco; Francisco R. ausente, no reporte

Cárcel del Condado Santa Rosa; vacante

Detención Central del Condado Norte-Windsor; reporto Horacio B. que los 2 servidores Isidoro y Horacio participan con el grupo llamado Paso A Paso, visitan los lunes de 7 a 8pm

Facilidad Principal de Detención Adulta-Santa Rosa; Juan T. ausente, reporte por Horacio con 3 servidores Juan, Jorge, y Rosa cada que otro viernes de visita.

**Región 170** Salinas ~Roberto S ausente ningún reporte

Cárcel del Condado-Monterey; Cárcel del Condado-Santa Cruz; Cárcel del Condado-Watsonville;

Prisión Estatal-Soledad;

**Región 180** Modesto~Enrique R, nos reunimos el primer martes del mes a las 7pm en la Oficina Intergrupar del Valle Central 1100 Carver Rd. Suite 7 en Modesto, CA. Llevamos el mensaje de Alcohólicos Anónimos a DVI en Tracy, a Sierra Conservación Camp en Jamestown, a la Prisión del Condado de San Joaquín, y la Prisión Federal de Atwater. Además de nuestras visitas a los reclusos, también visitamos un grupo cada mes para informar de las actividades de este comité. El comité mantiene comunicación con la Oficina Intergrupar y solicita e invita a nuevos servidores para este servicio de llevar el mensaje de AA.

Deul Vocational Institute-Tracy~Javier O. ausente pero reporto Enrique R. de 7 voluntarios, que las juntas son los miércoles a las 6:30 con aproximadamente 25 participantes y va todo bien, especialmente que un preso de 33 anos por asistir a las juntas de AA finalmente tuvo libertad.

Sierra Conservation Camp-Jamestown~Eduardo P. reporto que al momento cambio de administración judicial, se necesita renovar la orientación anual por los 5 servidores. Y que las juntas son los miércoles 2 veces al mes, a las 6pm con 30 participantes y mucho entusiasmo. Todo va bien y apreciados por los servidores, y internos.

Carcel del Condado San Joaquin-Stockton~Macrino D reporto de 2 voluntarios las juntas son a las 7:30 2 veces al mes y que se ve no más que 1 o 2 asistiendo.

Prisión Federal-Atwater~Jose C. por correo electrónico reporto que este grupo de la prisión, 10 de Junio, se reúnen registrándose cada miércoles a las 5:45 actualmente carecemos de servidores. Actualmente tenemos dificultades con los voluntarios registrados y por mantenimiento de las, Brown Cards. La situación es interna de un crimen a un oficial, y se cerró por 3 meses sin entradas. Al momento se está reorganizando con 5 servidores, Pedro, Gerónimo, Sergio, Leonel, y Enrique.

**Región 190** Fresno~Juan B coordinador presento a Rafael F. tesorero y Leonardo F. secretario como la mesa directiva de esta región. Y se reúnen en la oficina intergrupar 520 N. Fulton St. Fresno. También explico que no más 4 voluntarios entraban a las instituciones aunque se les hace difícil porque Jesús tiene tratamiento de salud.

Carcel Condado-Fresno; Rafael y Jesús

Programa West Care; Rafael Y Jesús

Prision Estatal-Chowchilla; Guillermo

Nuestra Casa de Rehabilitación; Rafael y Jesús

Prision Estatal-Avenal; vacante

**Reportes de las Regiones de H&I**; *Estos reportes se pueden leer en participación en el boletín (Newsletter) de H&I del Norte de California, en Ingles y Español con ánimo, agradecimiento y anonimato confidencial.*

La junta se termina con Yo Soy Responsable y el Padre Nuestro, seguido con comida de agradecimiento y unidad de los esfuerzos de los participantes.

**Gastos y Séptima**; Pan \$21, Comida \$200, Séptima \$43

Preparado por secretario Eduardo P

## PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at [www.handinorcal.org](http://www.handinorcal.org) (or your local Area Chair) to get one.

~

You can also now make your group's contribution by credit or debit card directly on our website at [www.handinorcal.org/contribute](http://www.handinorcal.org/contribute); you will receive an immediate email receipt documenting the transaction.