NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE P.O. BOX 192490 SAN FRANCISCO, CA 94119-2490

# **STEERING COMMITTEE SCHEDULE 2021**

May 8, 2021 September 11, 2021 January 8, 2022

Next Steering Committee Meeting will be held at 11:00am on Zoom. Zoom ID and Password will be sent to committee members prior to meeting. Contact <u>northcalhandipublisher@gmail.com</u> for questions.

# **GENERAL COMMITTEE SCHEDULE 2021**

June 13, 2021 – Zoom October 10, 2021 – Area (TBD) February 13, 2022 – Area (TBD)

All General Committee Meetings are held at 11:00am in Regions (or Zoom) listed. Location announced prior to the meeting.



## NEXT GENERAL COMMITTEE MEETING: June 13, 2021

11:00 AM Pacific Time

Join Zoom Meeting by Internet:

Meeting ID: 837 0416 7727 Passcode: service

Dial by your location +1 669 900 6833 US Meeting ID: 837 0416 7727

Contact northcalhandipublisher@gmail.com for questions.

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# A Letter from our H&I General Chair

Greetings to all!

I truly hope this finds everyone happy and healthy!

The last two trips around the sun have been so fast, all I can do is try to catch my breath.

Whether it is despite all the challenges of the last year, or because of them. I can honestly say, that serving you has been the greatest honor in my life, second only to being a father, and grandfather.

I will make myself available for another two years, however I encourage others to consider doing the same. A robust election would be exciting, and I would love to see more people get involved with this Committee.

We will also be electing another finance committee member.

But, in order to have a robust election, we need to include as many members of the Hospital and Institutions Committee as can be gathered together.

I am asking in the strongest terms, to please, set the date, mark your calendar, please make the effort to be there and participate. With the meeting being conducted remotely, you can participate just about anywhere. I would remind the Regionals; it is listed under your responsibilities. And wouldn't it be great for more Area Chairs to be involved as well!

The Hospitals and Institutions Committee of Northern California was the first Committee in all of Alcoholics Anonymous. Be part of our ongoing history by showing up and participating. We are so blessed to be here, as members of the strongest committee in Alcoholics Anonymous.

God Bless,

Jeff L.

**General Chair** 



## **Gratitude in Action**

Hello friends! My name is Ken M. and I am alcoholic. My sobriety date is November 17, 1997. My home group in the Easy Does It group of Vacaville and we meet (currently on Zoom) at 5:00 pm on Sundays. I am honored to share with you in the "Gratitude in Action" section of the H&I newsletter.

I have so much to be grateful for nowadays that it blows my mind. When I came into AA I was at the "jumping off point" that's mentioned in the big book of Alcoholics Anonymous. I couldn't see much to be thankful for at that low point in my life. I had run out of my own "good ideas" and was beat down to a level of desperation. I was convinced that AA wouldn't work for me-I'm unique, don't you know! But I was willing to give it a try and actually take the suggestions offered to every newcomer. You know, things like get a big book, get a sponsor and, maybe most importantly, get a service commitment! Thus, my recovery journey began and it's continued for over 23 years.

In the beginning the progress was slow. Going through the 12 Steps with my sponsor, connecting with others in my home group and learning responsibility by showing up for my service commitments were not things that came naturally to me. Eventually the fog lifted, I connected with a Higher Power that made sense to me and I became a "part of" for the first time in a long time. Having those AA jobs made the biggest differences for me. When I was trying to be helpful to others I could not be in my head (the problem) at the same time. I learned the value of following through on commitments. I liked how I felt about myself when I did these things. I started to realize that I was the one benefiting the most from being of service. Every effort that I put in helping others came back to me times ten! So maybe there's a hint of selfishness still going on there.

My gratitude list today is extensive! The number one item on that list is the ability to have relationships today. Before coming into AA I had no clue how to do that. You guys taught me that any relationship takes work and I'm willing to do the work today. I have a relationship with a Higher Power that's done for me what I couldn't do for myself. I have a relationship with my wife (20 years of wedded bliss!) that's mutually loving and respectful. My children are an integral part of my life and vice-versa. I've rebuilt damaged relationships with my family-specifically my mother and sister. I am a respected and trusted employee today. I have a host of friends! I could go on and on!

I'm also very grateful to have been given a set of spiritual tools to help me deal with life's many challenges. I can never repay Alcoholics Anonymous for the amazing life I've been given, but I think I'll keep showing up and keep trying. Thanks for my sobriety!

Ken M.

# **OPEN POSITIONS - NORCAL H&I**

The following positions for our Northern California committee are currently open.

If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair*.

# **Steering Committee Chairs/Positions**

Execute the operations of the Committee.

# **Regional Chairs**

Function as the elected representative of the areas to the Steering and General Committees... Region 01 - Far North Coastal - OPEN Region 10 - Far North Interior – OPEN Region 170 – Spanish South Coast - OPEN

# **Area Chairs**

Have overall responsibility for the H&I operations in the areas in which they serve...

Area 44 Amador – OPEN Area 86 Merced – OPEN Area 95 Kings – OPEN

# **Major Institutions Coordinators**

Have overall responsibility for all H&I meetings in the Major Facility which they serve ...

FCI Herlong -- OPEN NCYC Stockton- OPEN

# Liasons

Serve as a liaison. H&I Liaison to CNIA - OPEN H&I Conference Chair - OPEN

# The Web Site for the

# Northern California Hospital & Institution Committee is:

# www.handinorcal.org

Please visit our site and send us your suggestions or questions.

# NEWSLETTER

To change your newsletter status or info, chose one of the following:

- 1. E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.
- 2. Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119
- 3. Come to any General Committee Meeting to give us your new info.

#### Meeting opens with the Serenity Prayer.

#### **Readings:**

Purpose of the Hospital & Institution Committee Twelve Traditions of AA

#### Introductions / Welcome

#### Approval of Minutes from last Steering Committee Meeting (1/10/2021)

#### **Committee Chair Reports**

General Chair	Je	eff L
General Co-Chair	R	ich G
Treasurer	K	aren C
Secretary	N	lartine A
Major Institution Cha	lir Ca	arl P
IVSS Chair	Ka	aren C
Finance Committee C	Chair W	Vendy S
NCCAA Conf. Coordir	nator Ka	aren B
Literature Chair	K	elly B
Pink Can Coordinator	· P	eter M
Policy Chair	W	Voody R
Audio Chair	Jc	oseph B
Archives Chair	Ju	ulio B
Public Information Ch	nair V	ikki R
Grapevine Chair	B	ob F
Publisher	Jo	be N
Website Chair	T	hom H

#### **Committee Business**

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- Reports ٠
  - **Proposed Policy Revisions**

#### Anniversaries / Pass the Basket

#### **Regional Reports:**

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Robin M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Marty G
Region 40 - Central Interior	Terry D
Region 50 – East Bay	Peter M
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Raymundo L
Region 80 - Southern Interior	Kevin W
Region 90 - Far Southern Interior	Joyce R
Region 140 - Spanish North Interior	Joe C
Region 160 - Spanish North Coastal	Jose Luis C
Region 170 - Spanish South Coastal	OPEN
Region 180 - Spanish Central Interior	Eduardo P
Region 190 - Spanish South Interior	Martin L

#### Liaison Reports

VATF

Carl P

Reminder: please send a written copy of your report to our Recording Secretary Martine at <northcalhandi@gmail.com>

#### Meeting closes with Declaration of Responsibility

## <u>General Committee Agenda</u> General Committee Meeting – Sunday June 13, 2021

## Meeting opens with the Serenity Prayer

## **Readings:**

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

## Introductions / Welcome

## Approval of Minutes from last General Committee Meeting (2/14/2021)

## **Approval of Financial Statements**

**REPORTS** – Making regular reports is part of every Steering Committee member's job; this is how, as a Ninth Tradition service committee, we are "directly responsible to those we serve".

## **Committee Chair Reports**

General Chair	Jeff L
General Co-Chair	Rich G
Treasurer	Karen C
Secretary	Martine A
Major Institutions Chair	Carl P
IVSS Chair	Karen C
Finance Committee Chair	Wendy S
NCCAA Conf. Coordinator	Karen B
Literature Chair	Kelly B
Pink Can Coordinator	Peter M
Policy Chair	Woody R
Tape Librarian	Joe B
Historian	Julio B
Public Information Chair	Vikki R
Grapevine Chair	Bob F
Publisher	Joe N
Website Chair	Thom H

## **Committee Business**

- Elections GENERAL CHAIR and FINANCE COMMITTEE MEMBER
- Proposed Policy Revisions
- Reports

## **Open Forum** - Questions, suggestions, or comments

## Anniversaries / Pass the Basket

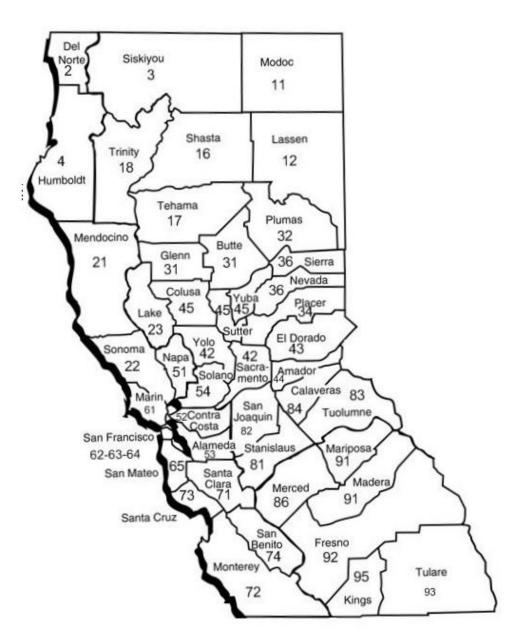
## **Regional Reports:** (limit 3 minutes)

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Robin M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Marty G
Region 40 - Central Interior	Terry D

Region 50 – East Bay	Peter M
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Raymundo L
Region 80 - Southern Interior	, Kevin W
Region 90 - Far Southern Interior	Joyce R
Region 140 – Spanish North Interior	Joe C
Region 160 – Spanish North Coastal	Jose Luis C / Roberto S
Region 170 – Spanish South Coastal	OPEN
Region 180 – Spanish Central Interior	Eduardo P
Region 190 – Spanish Central Interior Region 190 – Spanish South Interior	Martin L
Major Institution Coordinator Reports (3-minute limit)	
ASP Avenal	Montys
	Monty S
CCC Susanville	Raymond L
CCWF & VSP Chowchilla	Miki S
CHCF Stockton	Melody T
CMF Vacaville	Ken M
CTF Soledad	Leo A
DVI Tracy	Woody R
FCI Dublin (DUB)	Linda S
FCI Herlong	OPEN
FCI Mendota (MEN)	Rodney L
FSP Folsom	Andy B
HDSP Susanville	Raymond L
MCSP Mule Creek	Mike K
Napa State Hospital (NSH)	John G
NCYC Stockton	OPEN
Norcal Fire Camps	Peter S
PBSP Pelican Bay	Cindy B
PVSP Coalinga	Tommy R
SAC Sacramento	John C
SATF & COR	Bill H
SCC Jamestown	Jason C
SOL Solano	Lidya P
SQ San Quentin	Bob W
SVSP Soledad	Alison G
USP Atwater	Dawn T
OSP Atwater	Dawii i
IVSS Reports	
SQ San Quentin	Max V
Liaison & Service Committee Reports	
VATF	Carl P
H&I Liaison to CNCA	Karen B
H&I Liaison to CNIA	OPEN
Bridging the Gap - Coastal	Juan L
Bridging the Gap - Interior	Jason C
NCCAA (as requested by NCCAA Chair)	Shaun G
SoCal H&I Liaison	Naomi H

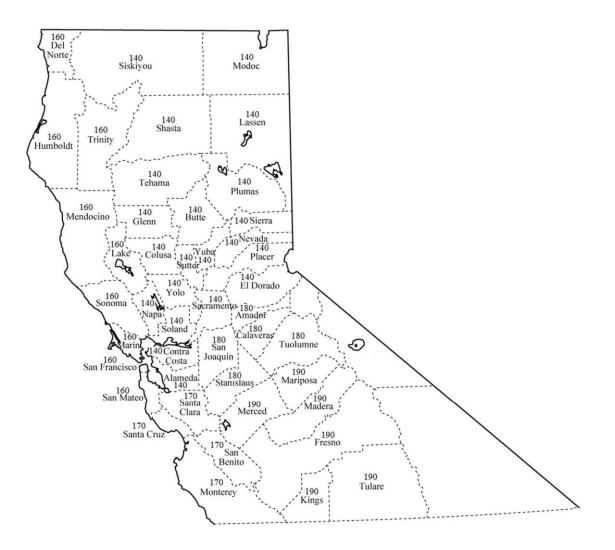
Please send a brief written copy to of your reports to our Recording Secretary Martine at <northcalhandi@gmail.com> Meeting closes with the **Declaration of Responsibility** 

# Northern California Hospital and Institution Committee Regions and Areas



Region 01 - Far North Coastal Areas: 2, 3, 4 Region 10 - Far North Interior Areas: 11, 12 Region 15 - Lower Far North Interior Areas: 16, 17, 18 Region 20 - Northern Coastal Areas: 021, 22, 23 Region 30 - Northern Interior Areas: 31, 32, 34, 36 Region 40 - Central Interior Areas: 42, 43, 44, 45 Region 50 - East Bay Areas: 51, 52, 53, 54 Region 60 – West Bay Areas: 61, 62, 65 Region 70 - Southern Coastal Areas: 71, 72, 73, 74 Region 80 - Southern Interior Areas: 81, 82, 83, 84, 86 Region 90 - Far Southern Interior Areas: 91, 92, 93, 95

## Comité de Hospitales e Instituciones del Norte de California



Region 140 - Spanish North Interior (Sacramento) 4th Thursday of the month 7:00 to 9:00pm 5251 Florin Rd. Suite 142, Sacramento, CA 95822 Region 160 - Spanish North Coastal (San Francisco) 2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm 3401 Cesar Chavez St. Suite C, San Francisco, CA 94110 Region 170 – Region 170 - Spanish South Coastal (Salinas) 3rd Wednesday of the month at 7:30 pm 216 Gavilan St. Suite 215, Salinas CA 93901 Region 180 - Spanish Central Interior (Modesto) 1st Tuesday of the month 7:00 to 8:30pm 1100 Carver Rd. Suite 7, Modesto, CA 95350-4787 Region 190 – Region 190 - Spanish South Interior (Fresno) 1st Monday of the month 7:00 to 8:30pm 520 N Fulton St, Fresno, CA 93728

# H&I POLICY MANUAL – 2021 PROPOSED REVISIONS

## TEXT IN RED IS PROPOSED ADDITIONS / CHANGES;

## TEXT IN BLACK IS EXISTING WORDING; BLACK TEXT WITH A STRIKETHROUGH IS A PROPOSED DELETION

## Text in Blue is rationale

### SECTION ONE CHANGES

• Page 3, Section One and Two, under Financial Policy change: "...reasonable operating expenses (equal to three months prior year's expense) plus our Prudent Reserve (equal to three months prior year's expense)". To: "...reasonable operating expenses (equal to the five-year average of three months operating expenses) plus our Prudent Reserve (equal to the five-year average of three months operating expenses) plus our Prudent Reserve (equal to the five-year average of three months operating expenses) plus our Prudent Reserve (equal to the five-year average of three months operating expenses) plus our Prudent Reserve (equal to the five-year average of three months operating expenses)"

Following our current policy on the calculation of the Prudent Reserve and reasonable operating expenses would leave us with \$86,613.27 each for a total of \$173,226.54. This is a result of the impact of the global pandemic. While just a few months into the 2021 fiscal year, it appears the impact of the pandemic is continuing. While the future is uncertain, it is hopeful that prior to years end our committee will return to normal operations. Committee normal operations, would most likely be impacted by adherence to our current policy. However, not adhering to our policy as has been noted leaves our committee open to questionable practices. If our policy is revised as suggested, our Prudent Reserve and reasonable operating expenses would be \$130,632.21 each for a total of \$261,264.42. This would leave our committee in a position to carry the message to the confined alcoholic and provide literature on a continual basis with little impact from fluctuating contributions.

Attachment below provides accounting of above numbers as reviewed from past years financial statements. We had thought 3 years would be a sufficient average, but in light of the uncertain future felt 5 years safer. Both financial pictures are shown.

- Page 3, Section One and Two, under Financial Policy change the paragraph to read: Per A.A.'s policy of corporate poverty and in accordance with the A.A. Traditions which govern us, in the event that our committee accumulates ongoing funds in excess of reasonable operating expenses(equal to three months prior year's expense) plus our Prudent Reserve(equal to three months prior year's expense), the committee will distribute the excess funds in a manner <sup>1</sup>to be determined by the NorCal Committee. The amount to be distributed must exceed the limits during two consecutive years of normal operating circumstances; anomalous financial conditions will not be factored into the calculations to avoid distortions of necessary operating funds. similar to that used by the groups of Northern CA. The amount <sup>2</sup>and manner of the funds to be distributed and the specific percentages to each service entity will be recommended by the Finance Committee (with the concurrence of the Treasurer and the General Chair) at their annual meeting in August and will be voted on at the September Steering Committee meeting. If approved by the General Committee, the disbursement will require a vote of 2/3 (substantial unanimity) for approval by the General Committee at its October. Rationale: <sup>1</sup> This gives the Finance Committee other options to distribute the funds (i.e. to the NorCal Area Committee, to NorCal Central Offices only, to GSO only, etc) which can be submitted for a NorCal Committee group conscience. <sup>2</sup> Avoids possibility that needed funds will be distributed prematurely due to atypical conditions.
- Page 5, Item #5, modify and add: We do not exchange personal information including last names, phone numbers or email addresses with patients or inmates, nor do we engage in activities which could be perceived by the administration as overfamiliarity. We define overfamiliarity as the exchange of any information which could be used as leverage over a person's behavior.
- Page 5, Item #6 modify to read: Any H&I member who is currently employed at, volunteers at, mentors at, ... shall not serve as an H&I volunteer for that institution...
- Page 7, under Volunteer Privileges, insert "Volunteers are not permitted to give anything to, other than authorized committee literature, or receive anything from an inmate or patient while volunteering."
- Page 10, under meeting volunteer qualifications insert the following at the end of the paragraph: All Meeting Volunteers must attend an Orientation as conducted by the Area Committee or the appropriate Facility Coordinator.
- Page 11, under H&I Group Representative Sobriety Requirement, change "six months" to "1 year"
- Page 11, under H&I Group Representative Responsibilities, #1, change "Attends the H&I monthly business meeting..." to "Attends the Area H&I Business meeting..."
- Page 12, under Area Chair responsibilities add the following to #5: conducts or delegates to be conducted workshops and/or orientations for all new volunteers.

• Consider adding the following sample orientation script for new member orientations after the Sample Meeting Formats 1 and 2:

#### H&I COMMITTEE NEW VOLUNTEER ORIENTATION

#### **SECTION 1**

Hello, everyone, welcome to the monthly H&I Orientation of the \_\_\_\_\_ Hospitals and Institution Committee. I am an alcoholic, my name is \_\_\_\_\_\_ and I serve as your Area Chair. Let's open the meeting with a moment of silence in gratitude for service followed by the Serenity Prayer.

#### Today we will:

- give you a brief history of our Committee
- describe the various service positions available
- review some guidelines for H&I service,
- answer any questions you might have AND
- GET YOU SET UP WITH A COMMITTMENT

First, \_\_\_\_\_\_ will read the Statement of Purpose of H&I from page 1, Section One of the H&I Policy and Procedures Manual.

The *Policy Manual* (sections One and Two) is the operating manual for H&I and outlines H&I as an organized service committee of AA, charged with the responsibility of carrying the message to those who are confined in prisons, hospitals, and other facilities, and who have no other way of attending AA meetings.

**SIGN-IN**: In H&I, as with other service committees, we use both first and last names at Committee level in order to avoid confusion (we do <u>not</u>, however, use our last names when carrying the message into facilities). We are now passing a sign-in sheet - please write as clearly as possible so we have the correct information to contact you. While we're passing the sign-in sheet, let's go around the room and introduce ourselves by our first and last names.

#### **HISTORY**

The Hospital and Institution Committee of Northern California, is a service committee of Alcoholics Anonymous, governed by our 9th Tradition, which states:

#### "AA may create service boards or committees directly responsible to those they serve."

H&I is governed by the 12 Traditions and operates in accordance with the 12 Concepts for World Service. We are directly responsible to the Fellowship of Northern California which funds us and answer to no authority other than God as expressed by those group consciences.

The spark of hospital work was set in motion in 1935 when Bill and Dr. Bob first found a way to help others, but it wasn't until 1942 when the warden of San Quentin Prison, seeing that many inmates were there for reasons involving alcoholism, first invited AA into a prison, and the first correctional institution meeting of Alcoholics Anonymous was established. NorCal H&I is one of the oldest service committees in AA, predating even our General Service structure, and it was started right here in Northern California.

#### TYPES OF SERVICE COMMITMENTS AVAILABLE

Now please refer to your Policy Manual, which contains the position descriptions we're reviewing.

1. The first commitment, on p.10, is the position most of you are probably interested in: The **Meeting Secretary/Volunteer**. Two regular volunteers go into a meeting as a team once a month. They go on the same day of the same week every month; for example, the first Wednesday of every month, or the third Thursday of every month. The person serving as Secretary leads the meeting & the person serving as the Meeting Volunteer does the main 'share' (this person should have completed all 12 steps of the AA program with a sponsor) ... often the team will take turns alternating these functions if both are qualified. Some meetings are set up to bring in a Guest Speaker, but you can discuss this with the Meeting Coordinator if the commitment you choose is structured that way. For your first H&I position, you will be paired with a more experienced volunteer.

#### **SOBRIETY REQUIREMENTS** ~

The sobriety requirement for hospitals, rehabs & community facilities is at least SIX months of continuous sobriety. Meetings in correctional facilities require TWO YEARS of continuous sobriety, previous H&I experience, and the ability to obtain a security clearance.

#### LITERATURE ~

You are responsible for ensuring AAWS literature is available at the meeting. In some cases you will bring in a supply of Literature yourself every month, and in some cases the Literature is kept at the facility. If you are to bring in Literature each month, it will be provided to you by the Meeting Coordinator; if the Literature is kept at the facility, you're responsible for informing the Meeting Coordinator when supplies get low. By the way, this is where the money from the Pink Cans goes – we purchase literature to bring to the members who attend our meetings, we don't simply give literature to a facility.

#### **SCHEDULING** ~

You will receive a roster of all the Monthly Volunteers for your particular meeting from the Meeting Coordinator. If you cannot make your commitment on a certain date, you can switch days with someone else from the meeting roster or get a substitute from the alternates list. Alternates are volunteers who don't have a permanent monthly commitment, but rather act as substitutes when a regular meeting volunteer can't attend.

#### **THE MEETING FORMAT** ~

Each facility should have a binder, which is kept with the literature, with a meeting format for that facility. Most H&I Meetings are Speaker Discussion format with a couple of readings such as How It Works and the Promises; one or two speakers who share for 15 minutes each; then Q&A or general sharing.

# Toward the end of the meeting, we'll go over the list of meetings with openings, so you can sign up for a meeting commitment today.

#### **STOP & ASK FOR QUESTIONS.**

2: The second commitment, also on p.10, is as a <u>Facility/Meeting Coordinator</u>. While the coordinator's duties are largely administrative, this position is essentially the glue that holds the meetings together. Since the purpose of this meeting is to orient new meeting volunteers, we'll skip further discussion, except to say we hope that you'll consider becoming a Coordinator once you've gotten your feet wet, as we almost always need Meeting Coordinators.

3: The last commitment is as an H&I Group Representative.

As we mentioned before, you can hold this position in addition to your regular meeting volunteer position – in fact, we encourage it. The basic concept is for the position to function in much the same way as the General Service or InterGroup Rep. The sobriety requirement is one year, and the responsibilities include:

- a) Attending <u>our</u> H&I bi-Monthly Business meeting to bring your group conscience and questions to the Committee.
- b) Attending <u>your group's</u> monthly business meeting as the H&I Representative, reporting on H&I activities and issues, presenting the H&I financial statements and gathering questions and concerns to bring back to this Committee at our regular meetings.

c) Making brief weekly announcements to your group regarding the vital need for H&I volunteers, announcing any upcoming H&I activities and generally being available as an H&I resource point for your group members.

As with General Service, the recommended <u>term of service</u> (not the sobriety requirement) for this position is two years. The sign-up sheet that's going around has a box for you to check if you're interested.

#### **STOP & ASK FOR QUESTIONS.**

<u>SOME GENERAL INFORMATION FOR TAKING MEETINGS INTO THESE FACILITIES (from the General Guidelines on pp.5 & 6)</u>. Please note that these are not merely personal opinions, they are guidelines approved by this Committee and based on "that which experience has taught us".

- In keeping with AA's primary purpose, and to avoid confusion with other 12-step programs that might go into the same facilities, we refer to ourselves only as alcoholics (for example, not as "alcoholic/addicts") and discuss our problems in terms related only to alcoholism, both at our Committee meetings and at the facilities we serve.
- We dress appropriately clean, neat, and casual, no holes in our clothes, no revealing or sexy clothes, no logos. Remember, you are representing AA.
- We avoid the usage of profanity and offensive language; our purpose is to carry the spiritual message of A.A.: no-one has ever been offended by *not swearing*.
- We do not take messages for inmates into or out of the facilities, as this can result in getting the meeting banned.
- To protect the safety and anonymity of our volunteers, we do not offer to sponsor attendees, or give them our phone number or contact information. If they want to meet with you <u>after</u> their release, you may refer them to the printed meeting schedule to note the meetings you regularly attend.
- If you're feeling unsafe, IMMEDIATELY contact the staff of the hosting facility; rather than leaving one volunteer in the meeting, both volunteers should leave until the situation is resolved. Our First Tradition reminds us that our common welfare comes first if someone is disruptive or creating an unsafe environment, we owe it to the members who want recovery, as well as to our volunteers, to have that person temporarily removed.
- Remember that visiting these facilities is a privilege extended to us. We are there at the invitation of the facility. If anyone, at any time, violates the rules or regulations set by the facility administration, our privileges can be, and have been, revoked. This applies especially in serving as a go-between for someone who is on the inside and someone who is on the outside.
- If you are to bring a <u>guest speaker</u> into the meeting, please note that ALL guest speakers must have either attended an H&I Orientation or been THOROUGHLY briefed on the H&I guidelines covered at this meeting.
- And, finally, since the message we carry is recovery from alcoholism as achieved through the 12 Steps of the AA program, we request that <u>main speakers</u> at an H&I meeting have completed all of AA's Steps with their sponsors.

#### **QUESTIONS?**

Remember, if for any reason you aren't able to make it to your commitment:

- 1. It is your responsibility to try and find your own replacement. You should contact the people on your meetings roster, including the alternates, and see if they can fill in for you. If you can't find someone to go in your place, call your **Meeting Coordinator**, since we do this work in pairs.
- 2. If you don't show up, your partner can't go in alone, and there will be no meeting. In most of these facilities, this is the only AA meeting the attendees will get during the week. If you don't show, they get no meeting, which not only creates a hardship for them, but also reflects unfavorably on AA as a whole.
- 3. No matter what, call the facility if the meeting is NOT going to take place.

We're hoping you will commit to take one hour-long meeting a month into the facility of your choice. Of course, if you're so inclined, you can take more than one commitment, or add another later.

#### Wrap-Up

- Read the Policy Manual before going to your H&I commitment and ask questions.
- Do not use profanity and dress appropriately
- ALWAYS introduce yourself as an alcoholic to avoid confusion with other service programs that do institutional work (e.g., NA)
- Keep your shares to a reasonable length, focusing on the solution, not the problem; prolonged drunkologues, and glamorizing our drinking experiences are discouraged.
- Familiarize Guest speakers with all H&I guidelines reviewed at this meeting.
- Get a substitute to replace you if you cannot attend a meeting.
- Notify your Meeting Coordinator at once if there are any problems in your facility.
- And finally, HAVE FUN! Many people report this to be one of the most rewarding and satisfying forms of service they have done.

#### SECTION TWO CHANGES

- Page 16, under Finance Chair, #4, change "Directs the Finance Committee in the yearly preparation of the new budget and arranges the annual financial audit". To: Directs the Finance Committee in the yearly preparation of the new budget.
- Page 16, under Finance Chair add the following:
  - o 6. Periodically reviews online bank accounts for conformity to Financial Statements
  - 7. Weekly receives checks for second signature and sends out within 48 hours; notifies Treasurer *in advance* if unable to sign upcoming checks in timely manner.
- Page 18, under Expense Policy Expense Reports item #1, change: "Expense reports must be submitted within <del>90 days of receipt of order</del>." To: "Expense reports should be submitted within 90 days of incurring expense."
- Page 19, under Procedure, change "...expense reports can be submitted within thirty (30) days and must be accompanied by third party documentation, ...." To: ...expense reports can be submitted with 90 days of incurring expense and must be accompanied by third party documentation, ...."

## MANUAL DE POLÍTICA DE H&I – 2021 REVISIÓNES PROPUESTAS

#### <u>TEXTO EN ROJO SON LAS ADICIONES /CAMBIOS PROPUESTOS;</u> <u>TEXTO EN NEGRO SON LAS PALABRAS EXISTENTES; TEXTO EN NEGRO <del>CRUZADO</del> ES LA ELIMINACIÓN PROPUESTA <u>TEXTO EN AZUL ES RACIONAL</u></u>

## **CAMBIOS SECCIÓN UNO**

Página 3, Sección Uno y Dos, bajo Cambio de Política Financiera: "... gastos operativos razonables (igual a los gastos de tres meses del año anterior) más nuestra Reserva Prudente (igual a los gastos de tres meses del año anterior)". Para: "... gastos operativos razonables (igual al promedio de cinco años de gastos operativos de tres meses) más nuestra Reserva Prudente (igual al promedio de cinco años de gastos operativos de tres meses)" Siguiendo nuestra política actual sobre el cálculo de la Reserva Prudente y los gastos operativos razonables nos dejaría con \$86,613.27 cada uno para un total de \$173,226.54. Este es el resultado del impacto de la pandemia mundial. Aunque apenas han transcurrido unos meses del año fiscal 2021, parece que el impacto de la pandemia continúa. Si bien el futuro es incierto, es de esperar que antes de que finalice el año nuestro comité regresará a sus operaciones normales. Las operaciones normales del Comité probablemente se verían afectadas por el cumplimiento de nuestra política actual. Sin embargo, no adherirse a nuestra política como se ha señalado deja a nuestro comité abierto a prácticas cuestionables. Si nuestra política se revisa como se sugiere, nuestra Reserva Prudente y los gastos operativos razonables serían de \$130,632.21 cada uno para un total de \$261,264.42. Esto dejaría a nuestro comité en condiciones de llevar el mensaje al alcohólico confinado y proporcionar literatura de manera continua con poco impacto de las contribuciones fluctuantes. El adjunto a continuación proporciona la contabilidad de los números anteriores según se revisaron de los estados financieros de años anteriores. Habíamos pensado que 3 años sería un promedio suficiente, pero a la luz del futuro incierto nos sentimos 5 años más seguros. Se muestran ambas imágenes financieras.

- Página 3, sección uno y dos, bajo Política Financiera, cambie el párrafo para que diga: Según la política de A.A. de pobreza corporativa y de acuerdo con las Tradiciones de A.A. que nos gobiernan, en el caso de que nuestro comité acumule fondos continuos en exceso de los gastos operativos razonables (igual a los gastos de tres meses del año anterior) más nuestra Reserva Prudente (igual a los gastos de tres meses del año anterior), el comité distribuirá los fondos excedentes de una manera que será determinada <sup>1</sup> por el Comité NorCal. La cantidad para distribuir debe exceder los límites durante dos años consecutivos de circunstancias operativas normales; las condiciones financieras anómalas no se tendrán en cuenta en los cálculos para evitar distorsiones de los fondos operativos necesarios. similar a la utilizada por los grupos del Norte de CA. La cantidad <sup>2</sup> y la forma de los fondos que se distribuirán y los porcentajes específicos para cada entidad de servicio serán recomendados por el Comité de Finanzas (con el consentimiento del Tesorero y el Coordinador General) en su reunión anual en agosto y serán votados en la Reunión del Comité Directivo de septiembre. Si es aprobado por el Comité de Finanzas (con el consentimiento de servicion por parte del Comité General en Octubre. Racional: <sup>1</sup>Esto le da al Comité de Finanzas otras opciones para distribuir los fondos (es decir, al Comité del Área de NorCal, solo a las Oficinas Centrales de NorCal, solo a la OSG, etc.) que pueden presentarse para una conciencia de grupo del Comité de NorCal. <sup>2</sup> Evita la posibilidad de que los fondos necesarios se distribuyan prematuramente debido a condiciones típicas.
- Página 5, punto # 5, modificar y agregar: No intercambiamos información personal, incluidos apellidos, números de teléfono o direcciones de correo electrónico con pacientes o reclusos, ni participamos en actividades que la administración pueda percibir como excesiva familiaridad. Definimos el exceso de familiaridad como el intercambio de cualquier información que pueda utilizarse como palanca sobre el comportamiento de una persona.
- Página 5, punto # 6, modifíquese para que diga: Cualquier miembro de H&I que esté empleado actualmente en, sea voluntario en, mentora en ... no deberá servir como voluntario de H&I para esa institución...
- Página 7, bajo de voluntario, inserte "Los voluntarios no pueden dar nada a, que no sea literatura autorizada del comité, ni recibir nada de un preso o paciente mientras se ofrecen como voluntarios".
- Página 10, debajo de cumplir con las calificaciones de los voluntarios, inserte lo siguiente al final del párrafo: Todos los voluntarios de la reunión deben asistir a una Orientación realizada por el Comité de Área o el Coordinador de Instalaciones correspondiente.
- Página 11, bajo Representante del Grupo de H&I Requisito de sobriedad, cambie "seis meses" a "1 año"
- Página 11, bajo Representante del Grupo de H&I Responsabilidades, # 1, cambie "Asiste a la reunión de negocios mensual de H&I ... por "Asiste a la Reunión de Negocios de H&I del Área ..."
- Página 12, bajo las responsabilidades del Coordinador de Área, agregue lo siguiente al # 5: dirige o delega para que se realicen talleres y / u orientaciones para todos los nuevos voluntarios.

• Considere agregar el siguiente guion de orientación de muestra para las orientaciones de nuevos miembros después de los formatos de reunión de muestra 1 y 2:

#### COMITÉ DE H&I NUEVA ORIENTACIÓN PARA VOLUNTARIOS

#### **SECCION 1**

Hola a todos, bienvenidos a la Orientación mensual de H&I del Comité de Hospitales e Instituciones de \_\_\_\_\_. Soy alcohólico, mi nombre es \_\_\_\_\_\_ y sirvo como su Coordinador de Área. Iniciemos la reunión con un momento de silencio en agradecimiento por el servicio seguido de la Oración de la Serenidad.

#### Hoy vamos a:

- darle una breve historia de nuestro Comité
- describir los distintos puestos de servicio disponibles
- revisar algunas pautas para el servicio de H&I,
- responder cualquier pregunta que pueda tener Y
- PREPÁRTE CON UN COMPROMISO

Primero, \_\_\_\_\_\_ leerá la Declaración de propósito de H&I de la página 1, Sección Uno del Manual de Políticas y Procedimientos de H&I.

El *Manual de políticas* (secciones uno y dos) es el manual operativo de H&I y describe a H&I como un comité de servicio organizado de AA, encargado de llevar el mensaje a quienes están confinados en prisiones, hospitales y otras instalaciones, y que no tengo otra forma de asistir a las reuniones de AA.

**INICIO DE SESIÓN:** En H&I, al igual que con otros comités de servicio, usamos tanto el nombre como el apellido a nivel de Comité para evitar confusiones (sin embargo, no usamos nuestros apellidos cuando llevamos el mensaje a las instalaciones). Ahora estamos pasando una hoja de registración, por favor escriba lo más claramente posible para que tengamos la información correcta para comunicarnos con usted. Mientras pasamos la hoja de registro, recorramos la sala y nos presentemos por nuestro nombre y apellido.

#### **HISTORIA**

El Comité de Hospitales e Instituciones del Norte de California, es un comité de servicio de Alcohólicos Anónimos, guiado por nuestra 9na Tradición, que establece:

#### "AA puede crear juntas o comités de servicio directamente responsables ante aquellos a quienes sirven".

H&I se guía por las 12 Tradiciones y opera de acuerdo con los 12 Conceptos para el Servicio Mundial. Somos directamente responsables ante la Comunidad del Norte de California, que nos financia y no respondemos a ninguna otra autoridad que no sea Dios, según lo expresan las conciencias de ese grupo.

La chispa del trabajo hospitalario se puso en marcha en 1935 cuando Bill y el Dr. Bob encontraron por primera vez una manera de ayudar a los demás, pero no fue hasta 1942 cuando el director de la prisión de San Quentin, al ver que muchos reclusos estaban allí por razones relacionadas con el alcoholismo, primero invitó a AA a una prisión, y se estableció la primera reunión de la institución correccional de Alcohólicos Anónimos. NorCal H&I es uno de los comités de servicio más antiguos de AA, incluso antes de nuestra Estructura de Servicios Generales, y se inició aquí en el norte de California.

#### TIPOS DE COMPROMISOS DE SERVICIO DISPONIBLES TYPES OF SERVICE COMMITMENTS AVAILABLE

Ahora, consulte su Manual de Políticas, que contiene las descripciones de los puestos que estamos revisando.

1. El primer compromiso, en la p.9, es el puesto en el que la mayoría de ustedes probablemente estén interesados: **El secretario /** voluntario de la reunión. Dos voluntarios regulares asisten a una reunión como equipo una vez al mes. Van el mismo día de la misma semana todos los meses; por ejemplo, el primer miércoles de cada mes o el tercer jueves de cada mes. La persona que actúa como Secretario dirige la reunión y la persona que actúa como Voluntario de la reunión hace el 'compartimiento' principal (esta persona debería haber completado los 12 pasos del programa de AA con un padrino) ... a menudo, el equipo se turnará para alternar estas funciones si ambos están calificados. Algunas reuniones están configuradas para traer un orador invitado, pero puede discutir esto con el coordinador de reuniones si el compromiso que elige está estructurado de esa manera. Para su primer puesto en H&I, lo emparejarán con un voluntario con más experiencia.

#### **REQUISITOS DE SOBRIEDAD** ~

El requisito de sobriedad para hospitales, centros de rehabilitación e instalaciones comunitarias es de al menos SEIS meses de sobriedad continua. Las reuniones en las instalaciones correccionales requieren DOS AÑOS de sobriedad continua, experiencia previa en H&I y la capacidad de obtener una autorización de seguridad.

#### LITERATURA ~

Usted es responsable de asegurarse de que la literatura de AAWS esté disponible en la reunión. En algunos casos, usted mismo traerá un suministro de literatura todos los meses y, en algunos casos, la literatura se mantendrá en la instalación. Si va a traer literatura todos los meses, se la proporcionará el Coordinador de la reunión; Si la literatura se mantiene en la instalación, usted es responsable de informar al Coordinador de la reunión cuando los suministros se agoten. Por cierto, aquí es donde va el dinero de los Botes Rosa: compramos literatura para llevarla a los miembros que asisten a nuestras reuniones, no simplemente damos literatura a una instalación.

#### PROGRAMACIÓN ~

Recibirá una lista de todos los voluntarios mensuales para su reunión particular del Coordinador de reuniones. Si no puede comprometerse en una fecha determinada, puede cambiar de día con otra persona de la lista de reuniones u obtener un sustituto de la lista de alternos. Los alternos son voluntarios que no tienen un compromiso mensual permanente, sino que actúan como alternos cuando un voluntario de una reunión regular no puede asistir.

#### EL FORMATO DE LA REUNIÓN ~

Cada instalación debe tener una carpeta, que se mantiene con la literatura, con un formato de reunión para esa instalación. La mayoría de las reuniones de H&I tienen un formato de discusión de oradores con un par de lecturas como Cómo funciona y las Promesas; uno o dos oradores que comparten durante 15 minutos cada uno; luego Preguntas y Respuestas o compartimiento general.

Hacia el final de la reunión, repasaremos la lista de reuniones vacantes, para que pueda inscribirse para un compromiso de reunión hoy.

#### **DETÉNGASE Y SOLICITE PREGUNTAS.**

2: El segundo compromiso, también en la p. 10, es como Coordinador de instalaciones / reuniones. Si bien las funciones del coordinador son en gran parte administrativas, este puesto es esencialmente el pegamento que mantiene unidas las reuniones. Dado que el propósito de esta reunión es orientar a los nuevos voluntarios de la reunión, nos saltaremos más discusiones, excepto para decir que esperamos que considere convertirse en Coordinador una vez que se haya mojado los pies, ya que casi siempre necesitamos Coordinadores de reuniones.

#### 3: El último compromiso es como Representante del Grupo H&I.

Como mencionamos anteriormente, puede ocupar este puesto además de su puesto de voluntario de reunión habitual; de hecho, lo animamos. El concepto básico es que el puesto funcione de la misma manera que el Representante de Servicios Generales o Intergrupal. El requisito de sobriedad es de un año y las responsabilidades incluyen:

d) Asistir a nuestra reunión de negocios bimensual de H&I para llevar su conciencia de grupo y sus preguntas al Comité.

- e) Asistir a la reunión de negocios mensual de su grupo como Representante de H&I, informar sobre las actividades y problemas de H&I, presentar los estados financieros de H&I y recopilar preguntas e inquietudes para traer de vuelta a este Comité en nuestras reuniones regulares.
- f) Hacer breves anuncios semanales a su grupo sobre la necesidad vital de voluntarios de H&I, anunciar las próximas actividades de H&I y, en general, estar disponible como un punto de recursos de H&I para los miembros de su grupo.

Al igual que Servicios Generales, el período de servicio recomendado (no el requisito de sobriedad) para este puesto es de dos años. La hoja de registro que está disponible tiene una casilla para que la revise si está interesado.

#### DETÉNGASE Y HAGA PREGUNTAS.

ALGUNA INFORMACIÓN GENERAL PARA REALIZAR REUNIONES EN ESTAS INSTALACIONES (de las Guias Generales en las páginas pp.5, 6 & 7). Tenga en cuenta que estas no son más que opiniones personales, son guías aprobadas por este Comité y basadas en "lo que la experiencia nos ha enseñado".

- De acuerdo con el propósito principal de AA, y para evitar confusiones con otros programas de 12 pasos que podrían ir a las mismas instalaciones, nos referimos a nosotros mismos solo como alcohólicos (por ejemplo, no como "alcohólicos / adictos") y discutimos nuestros problemas en términos relacionados únicamente con el alcoholismo, tanto en las reuniones de nuestro Comité como en las instalaciones que atendemos.
- Nos vestimos apropiadamente limpio, ordenado y casual, sin agujeros en nuestra ropa, sin ropa reveladora o sexy, sin logotipos. Recuerde, usted representa a AA.
- Evitamos el uso de lenguaje obsceno y ofensivo; Nuestro propósito es llevar el mensaje espiritual de A.A.: nadie se ha sentido ofendido por no jurar.
- No llevamos mensajes para los reclusos dentro o fuera de las instalaciones, ya que esto puede resultar en la prohibición de la reunión.
- Para proteger la seguridad y el anonimato de nuestros voluntarios, no ofrecemos apadrinamiento a los asistentes ni darles nuestro número de teléfono o información de contacto. Si quieren reunirse con usted después de su liberación, puede remitirlos al calendario de reuniones impreso para anotar las reuniones a las que asiste regularmente.
- Si no se siente seguro, comuníquese INMEDIATAMENTE con el personal de la instalación de hospedaje; en lugar de dejar a un voluntario en la reunión, ambos voluntarios deben irse hasta que se resuelva la situación. Nuestra Primera Tradición nos recuerda que nuestro bienestar común es lo primero: si alguien interrumpe o crea un entorno inseguro, se lo debemos a los miembros que desean recuperarse, así como a nuestros voluntarios, que se retire temporalmente a esa persona.
- Recuerde que visitar estas instalaciones es un privilegio que se nos concede. Estamos allí por invitación de la instalación. Si alguien, en cualquier momento, viola las reglas o regulaciones establecidas por la administración de la instalación, nuestros privilegios pueden ser y han sido revocados. Esto se aplica especialmente al servir como intermediario entre alguien que está adentro y alguien que está afuera.
- Si va a traer un orador invitado a la reunión, tenga en cuenta que TODOS los oradores invitados deben haber asistido a una Orientación de H&I o haber sido informados COMPLETAMENTE sobre las pautas de H&I que se cubrieron en esta reunión.
- Y, finalmente, dado que el mensaje que llevamos es la recuperación del alcoholismo logrado a través de los 12 Pasos del programa de AA, solicitamos que los principales oradores de una reunión de H&I hayan completado todos los Pasos de AA con sus padrinos.

#### ¿PREGUNTAS?

Recuerde, si por alguna razón no puede cumplir con su compromiso:

- 4. Es su responsabilidad intentar encontrar su propio reemplazo. Debe comunicarse con las personas en su lista de reuniones, incluidos los suplentes, y ver si pueden reemplazarlo. Si no puede encontrar a alguien que vaya en su lugar, llame a su Coordinador de Reuniones, ya que hacemos este trabajo por parejas.
- 5. Si no se presenta, su pareja no puede entrar solo y no habrá reunión. En la mayoría de estas instalaciones, esta es la única reunión de AA que los asistentes tendrán durante la semana. Si no se presenta, no se reunirán, lo que no solo les crea dificultades, sino que también se refleja desfavorablemente en AA como un todo.
- 6. Pase lo que pase, llame a la instalación si la reunión NO se llevará a cabo.

Esperamos que se comprometa a tener una reunión de una hora al mes en la instalación de su elección. Por supuesto, si lo desea, puede tomar más de un compromiso o agregar otro más adelante.

#### Wrap-Up

- •
- Lea el Manual de Políticas antes de acudir a su compromiso de H&I y haga preguntas.
- No use blasfemias ni vista adecuadamente.
- SIEMPRE preséntese como un alcohólico para evitar confusiones con otros programas de servicio que hacen trabajo institucional (por ejemplo, NA)
- Mantenga sus acciones a una extensión razonable, enfocándose en la solución, no en el problema; Se desalientan los borrachos prolongados y el glamour de nuestras experiencias con la bebida.
- Familiarizar a los oradores invitados con todas las pautas de H&I revisadas en esta reunión...
- Consiga un sustituto que lo reemplace si no puede asistir a una reunión.
- Notifique a su coordinador de reuniones de inmediato si hay algún problema en su instalación...
- Y finalmente, ¡DIVIÉRTETE! Muchas personas informan que esta es una de las formas de servicio más gratificantes y satisfactorias que han prestado.

#### CAMBIOS SECCION DOS

- Página 16, bajo la Coordinador de Finanzas, # 4, cambio "Dirige al Comité de Finanzas en la preparación anual del nuevo presupuesto y organiza la auditoría financiera anual". Para: Dirige al Comité de Finanzas en la preparación anual del nuevo presupuesto.
- Página 16, debajo del Coordinador de Finanzas, agregue lo siguiente:
  - 6. Revisa periódicamente las cuentas bancarias en línea para verificar su conformidad con los estados financieros.
  - 7. Semanalmente recibe cheques para una segunda firma y los envía dentro de las 48 horas; notifica al Tesorero **con anticipación** si no puede firmar los próximos cheques de manera oportuna.
- Página 18, bajo Política de Gastos Informes de Gastos, punto # 1, cambie: "Los informes de gastos deben enviarse dentro de los 90 días posteriores a la recepción del pedido". Para: "Los informes de gastos deben enviarse dentro de los 90 días posteriores a la realización del gasto".
- Página 19, en Procedimiento, cambie "... los informes de gastos se pueden presentar dentro de los treinta (30) días y deben ir acompañados de documentación de terceros, ..." Para: ... "los informes de gastos se pueden presentar con 90 días de incurrir en gastos y deben ir acompañados de documentación de terceros, ..."

## NOR CAL H&I STEERING COMMITTEE MEETING MINUTES 01/07/21

## Introduction and Welcome

**Opening:** Jeff L. opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Kelly B read the H&I Purpose Statement

**12 Traditions:** Joyce R read the 12 Traditions of Alcoholics Anonymous.

## **Introductions**

## Present:

Alison G	Bill H	Bob F	Bob W
Carl P	Cindy B	Jeff L	Joe N
Jose C	Joyce R	Julio B	Karen B
Karen C	Karen D	Kelly B	Ken M
Linda S	Manuel G	Martin L	Martine A
Marty G	Peter M	Peter S	Rich G
Robin M	Terry D	Vikki R	Wendy S
Woody R			

Approval of Prior Steering Committee Meeting on September, 12, 2020. Karen C. moved to approve, Carl P seconded the motion. No one opposed.

## **Committee Chair Reports**

**General Chair, Jeff L.** Recap of on Committee's Accomplishments: Changed literature policy, reimburse for travel, new officer positions, revised website, 100% transparent of finance, redistributed excess funds, no longer rely on our volunteers to foot the bill for our committee and revised policy manual. Virtual meetings are changing the landscape due to COVID and some virtual meetings are being introduced where never before. And most importantly, the IVSS is a huge accomplishment and is getting bigger and bigger. It is really taking off.

IMPORTANT: We should all be using zoom accounts when holding any H&I meeting. Please do not use a personal account or a shared account. This maintains and ensures that we are separate.

I would like to acknowledge Karen and Dave D and their service to H&I through the years. Karen and Dale were an inspiration to me. [Jeff read a letter from Karen B and her gratitude for her opportunity to serve].. The Committee thanks them for their service.

General Co-Chair, Rich G. Nothing to report at this time. Rich also wanted to thank Karen and Dale D.

**Treasurer**, **Karen C.** As noted on the 12/20 Financial Statement in your packet:

Dec Net Contributions = \$14,702.83 Dec Literature Expense = \$1,584.88, shipping & supplies exp only, we did not place any orders Dec Total Expense = \$3055.38, giving us positive cash flow for the month of \$11,650.94 Prudent Reserve as of 12/31/20 = \$154,945.36 Cash on Hand on 12/31/20 = \$255,794.40

Since we had no reasonable projections on the duration or impact of COVID, we decided not to factor it into our 2021 budget, so comparisons to budget will continue to have large deviations. Thus far, the drops in income and expense

have relatively balanced out, so our financial condition remains sound. NOTE: Regionals are requested to review both the Online Meeting Expense Reimbursement Form and the Annual Area Reimbursement Form-3 with each of their Areas to ensure that those expenses are being submitted.

**Secretary**, **Martine A**. Reminder: send any changes in positions or contact information and include the following: Your position, phone, email, and mailing address by emailing to: <u>northcalhandi@gmail.com</u>

**Major Institution Chair, Carl P.** The COVID 19 virus has risen, as has the number of deaths in California prisons. Nationwide the incidence rate of COVID 19 is about 20% among jail and prison inmates and about 4-5% in the general population. In CA., 144 state prison inmates have died and 11 staff members have died.

As of 12/25/20, CDCR is allowing for video visiting so our IVSS program can have in person (online) visiting sessions.

The Dept has cleaned up some glitches in accessing the training modules for VIC (brown/beige card) training. I'm encouraging all Major Facility Coordinators to remind their volunteers to keep their annual renewals up to date.

A court ordered San Quentin to reduce its population by half to protect older and infirmed inmates but on Dec 31, the decision was vacated by the State Supreme Court and sent back to be reheard.

Vaccines: California Health Care Facility (CHCF) received the first shipment of vaccines on December 21<sup>st</sup> and started vaccinating staff and patients housed in skilled nursing housing less than 24 hours later. Initial clinics started at CHCF, California Medical Facility (CMF) and Central California Women's Facility (CCWF) as part of Phase 1A based on the level of care provided at these institutions. Vaccination of front line workers at other institutions quickly followed. CCHCS/CDCR are currently finalizing an internal vaccine registry and will be posting more information about vaccine administration to our website in the coming days. For more information, please visit the <u>COVID-19 vaccine webpage</u>. Phase 2: Visits will be restricted to one visitor with no physical contact. Biggest factor in moving to this phase will be the lack of COVID cases.

- ASP Avenal, Monte S. Avenal is included in the report under SATF, Corcoran and Avenal as submitted jointly by Monte S and Bill H.
- **CCC Susanville, Raymond L.** Meetings at Antelope Fire Camp are still being held but nothing inside the walls.
- CCWF & VSP Chowchilla, Miki S. The only activity we have had with the Institutions have been to provide GrapeVines and to participate with the Volunteer Advisory Committee meetings. There is no date projected to resume programming, but I continue to keep in contact with the CRMs to stay current and "in the loop."
- CHCF Stockton, Melody T. Vaccinations have begun and movement towards e moving from "limited mobility" status and at least being able to have their own internal AA meetings again. There is a protocol for outside volunteers to enter the facility, but we are a long way from seeing it implemented. Meanwhile, we have had literature and Grapevines delivered, and continue to inform the facility about the availability of AA videos, the AA and Grapevine YouTube channels, and the willingness of H&I to bring in virtual meetings. Due to COVID, in-person services to CCTRP in Stockton have not resumed. The new director is investigating the possibility of virtual AA meetings, but there has been no progress thus far. AA literature was delivered to the facility.
- **CMF Vacaville, Ken M.** We have had no "in person" meetings at CMF. I participated in my first VAC meeting on 11/20: 1. CMF has had only 7 Covid cases among inmates 2. Inmates are being allowed to conduct their own AA and NA as long as they follow safety protocols. 3. Inmate population has decreased from 2400 to just over 2000, primarily due to inmate release. 4. No updates on when visitors can return. 5. Not processing applications until we have a return date. 6. We will continue to provide literature to them.
- **CTF Soledad, Leo A.** I reached out to Robin R, CRM Assistant and she informs me that the Institution is having a COVID outbreak and that she doesn't see us able to come in person for some time. I have also reached out to many of the volunteers to introduce myself and start a communication stream. I'm going to see if I can get a

Zoom meeting with all the volunteers after the Holidays to meet, to exchange ways to stay connected to the Men inside.

- DVI: Woody R. I attended an Advisory Board teleconference with the DVI Warden and staff on 11/18/20. The process of moving inmates to other facilities has begun. The warden stated that the remaining 1,400 inmates will be moved over the coming months, of which about 400 will either be discharged or paroled. I invited our local PI/CPC Chair, Melody T to explain and offer this committee's services, which include bridging the gap, BTG, virtual PI presentations, beginners' meetings, and BTG contacts. Melody was provided the prison contact for follow-up. I placed an order for Grapevine books that the inmates requested with our DVI volunteers are ready to resume attending meetings if that opportunity arises.
- FCI Dublin, Linda S. Recent news reports of outbreak at both medium- and minimum-security facilities. Bureau of Prisons still not permitting any volunteers to enter. Inmates are receiving monthly Grapevines and offers for additional literature donation have been declined. I offered to lend AA videos and CDs if inmates have the ability to use them, but I have not heard back about that. The FCI volunteer coordinator did send out a request to volunteers to let her know whether or not they intend to resume their volunteer service once we are allowed back in, which indicates they are at least beginning to think in that direction.
- **FCI Herlong** (currently covered by Reno)
- FCI Mendota, Rodney L. Prison has a workshop and personal training for volunteers involved in any recovery classes, work at group level or 1-on-1 with the inmates. After training, volunteers must sign paperwork in front of Federal Prison employees. FCI Mendota will not accept outside paperwork except H&I letter that they approve of said person to carry the message of AA. Victor M indicated that he will contact me when they are clear of COVID and allowing outsiders back to either yard.
- FSP Folsom State Prison, Andrew B. Still no meetings being held. Grapevine subscriptions have been halted until volunteer programs resume. 200 copies of the prison issue were distributed through the CRM office. The CRM office has pushed out TB test renewals for clearance, and all new clearance applications are effectively on hold as no Live Scans are being processed at this time. CRM provided a Population COVID 19 Tracking link <a href="https://www.cdcr.ca.gov/covid19/population-status-tracking/">https://www.cdcr.ca.gov/covid19/population-status-tracking/</a> which shows FSP cumulative cases peaking in 09/20r and dramatically reduced since then as they put their containment processes in place.
- HDSP Susanville, Raymond L. HDSP is still locked down
- MCSP Mule Creek, Mike K. No meetings to date. MCSP has the dubious distinction of having the most Covid-19 cases in CDCR major institutions as of 12/30/2020! I spoke with the CRM at MCSP today and feels that the resumption of AA meetings won't happen much before the Summer of 2021. He (CRM) spoke with the inmate population last week and found that the inmates were deeply appreciative of the Grapevine subscriptions. The CRM also noted that he was not aware of any requests for additional literature! However, I intend on following up with some of the other MCSP staff in regards to any inmate requests for AA literature! Stay safe everyone!
- Napa State Hospital, John G. We are holding a meeting every Wednesday, but there are no others due to COVID. We are still sending Grapevines to patients and we reach out to our contacts every 2 months. Service work is still provided by sending patients GV.
- NCYC Stockton (Position is OPEN, no report)
- NorCal Fire Camps, Peter S. Northern California Fire Camps (14)

This is my report for 09/20 - 01/21 covering the current status of H&I Volunteers attending meetings in the 14 remaining Nor Cal camps administered by CCC Susanville:

**NO** New Clearance or Renewal has been granted since 15 JUN 2020 that I know of. We currently have **8** cleared volunteers, listed for 6 camps and 1 of these is for 4 camps and 2 are for 2 camps (that we can't get into at this time) and all of these clearances will expire by 01/21.

CDCR has closed 8 camps in the state, 4 each in the Northern region and 4 in the Southern region. The 4 in the North are Chamberlain Creek (Region, 20 Area 21), Devil's Garden (10, 11), High Rock (01,04) and Valley View (30,31). In the South Baseline at Jamestown (80,83) is the only camp we deal with affected by these closures, all of which were finalized by 31 DEC 2020 with relocation of Inmates and staff to other camps or vacant positions for CDCR & Cal Fire employees. For information see www.cdcr.ca.gov.

I received the current Gate Clearance list and training system password information (Password etc. attached). CCC Susanville recommends that volunteers continue to renew or apply for clearances so that when programs do resume the volunteers will be approved and ready to go. Training sessions are on the "Edge" browser by Microsoft which is now available for the Apple Operating System. Final clearance includes a TB test and "Live Scan" fingerprinting at a state prison facility. CDCR will process up to the point of "Live Scan", and if needed volunteers will be called when COVID-19 is over.

Region and Area Chairs, please be sure the camps in your areas are staffed when camps reopen. The following camps have **NO cleared volunteers**: Alder, Antelope, Ben Lomond, Deadwood, Intermountain, Konocti, Parlin Fork and Washington Ridge. Delta, Eel River, Ishi, Salt Creek and Trinity River will have none in March and the last clearance at Sugar Pine will expire on 15 JUN 2021.

I would like to acknowledge the following H&I Volunteers for their tireless work over the years at the following closed camps: Lloyd G. for working hard to keep Chamberlain Creek open in the face of daunting odds; Ryan H & Geno S for opening Devil's Garden; Sam F & Kent T at High Rock; and Lorraine M for taking the bull by the horns to assist Valley View get going. Also whoever may have been going into Baseline at Jamestown that I never knew of.

Chairs for all Nor Cal Areas/Regions please work with Carl P, Major Facilities Chair and VATF Liaison and camp staff to increase volunteer participation once CDCR reopens the remaining 14 camps.

- **PBSP Pelican Bay, Cindy B.** Still no contact with the prison. I continue to check in and leave messages with my contact at the prison with no response. We are still in a purple tier in Del Norte county so there are too many restrictions at this time to try to get A.A. back up and running. My last conversation with Liz S (program director) she was going to contact me about two weeks before they can resume meetings and renew all clearances at that time as it does not take very long to get that done. It will help in the long run due to having to renew every 3 months for volunteers. The prison will be able to do them in 1 batch every 3 months after that.
- **PVSP Coalinga, Tommy R.** We emailed contact at prison to see if any literature or other items were needed and did not receive a response back. The facility is still not receiving support groups.
- CSP Sacramento, John C. There continues to be no meetings held due to COVID.

## • SATF, Corcoran and Avenal: Monte S and Bill H

Monte and Bill are reporting out on SATF, Corcoran and Avenal. Highlights: 1. Consistent with Committee guidelines, all visits would be suspended until further notice due to the COVID-19 pandemic. No visits have taken place since that date. 2. On 07/20, we delivered the "COVID" literature order to COR to help the inmates while they are not meeting, and we are unable to visit. 3. Efforts to provide similar "COVID" literature orders for SATF and ASP have been in process for months. The CRM at SATF advised me on 11/20, that the warden had recently retired so he needed to work with Sacramento to get the 922 form approved. We've made similar efforts with the CRM at ASP to process literature donations. Despite our efforts, staff at both SATF and ASP have not responded to our most recent inquiries.4. We continue to work with our volunteers and the staff at these institutions to keep our clearances up to date. We have continued to meet requests to new PREA and training forms and are providing TB test results as they are available. Nevertheless, the number of our cleared volunteers

continues to erode due to the COVID closures. We hear much interest within our local fellowship to engage in in-person AA activities and service and hold great hope that we will have good success in recruiting volunteers as soon as we are able to resume our service to these institutions. 5. Volunteer Advisory Committee meetings have not been held in Corcoran since 03/2019. We are unaware presently of any VAC activity at ASP.

- We continue to enjoy very good relations with the CRM staff at COR, SATF and ASP.
- SCC Jamestown, Jason C. Due to COVID, there is nothing new to report.
- **SOL Solano: Lidya P.** The prison has reverted back to Phase 1, which indicates no program provided whatsoever. Volunteers will only be allowed back once returned to Phase 4.
- SQ San Quintin, Bob W: No big changes at SQ. CRM Carlton seems to be doing other duties and the day to day is being handled by their office staff. They have essentially renewed all 2021 expiring beige cards already-we have at least 7 that have had their cards processed. Some of us have even gone to the prison to get our pictures taken. Working with prison to ensure I have appropriate training months for all BC holders, but with 40 some-odd cards, it's been a struggle, Fortunately, it hasn't impacted our ability to bring meetings in. Covid seems stable at SQ but they have minor surges which prevent any group activity at all at the prison. The men are still confined to their cells much of the day. I have made 2 Grapevine deliveries to the prison. We are down to 260 English speaking rostered A A members, and 35 Spanish speakers. Each member gets a GV or LV, as appropriate.
- **SVSP Soledad, Alison G.** The prison is still tightly locked down so there is no visitation by any groups. There are internal quarantines on certain yards due to the severity of outbreaks, sadly. I take GV to our CRM each month to keep the relationship going and keep AA 'front and center'. She has had some great suggestions. One was to have our AA members record a Zoom meeting, keeping anonymity intact and share with those inside.

I take Grapevines down personally to our CRM each month so I can touch base with her and keep AA front and center with her. Last visit she suggested we have our AA Volunteers record a Zoom meeting, keeping our anonymity intact, and she will burn on a DVD. I will send Jeff and Carl a copy to review before providing to anyone.

Please let me know if any progress is being made on Zoom calls into the CDCR as many of my volunteers would gladly participate. I am holding off on any renewals as the coronavirus clock would just chew them up. Once it appears, we can see an opening all of the volunteers will immediately jump on renewals.

• USP Atwater, Dawn T. I had no response to my emails to the reentry affairs coordinator or our escort about sending books early in the shutdown. I will try to find out who the new warden is to make contact just so the facility remembers us.

**IVSS Chair, Karen C.** Program provides outside one-on-one in-person sponsorship to prisoners. Max V has taken over coordinating San Quentin is capable & is solidly performing his responsibilities. Currently have 58 inside members and volunteers matched at SQ. The number has dropped a bit due to transfers & releases during CV, and not being able to bring brochures to the prisoners at H&I meetings. Kathleen A, new head of CDCR, began a pilot program to allow *cleared visitors* to have video visits at a handful of CA prisons, including SQ. Because our program was in place and we're already established as authorized visitors, prisoners at SQ have virtual access to outside A.A. contact during the duration of the pandemic. Probably ONLY place in the country this is happening, huge, unexpected result. Video Visit: Conducted one video visit without a hitch, both sponsor & sponsee very enthused. Five more video visits scheduled. Letters continue.

Gave a sponsorship presentation to the International Corrections meeting last week & got a lot of interest, especially from British Columbia, which requested some of our documents.

Another one of our articles is scheduled to appear in the 02/21 Grapevine: written by Joe S from Oakland. Looking to branch out to another Institution (in spite of CV) during 1<sup>st</sup> half of 2021. Members and interested volunteers can contact me through our website.

**Finance Committee Chair, Wendy S.** I am now reviewing at our WFB account and have been receiving checks to sign and sending out. The Pink Can Letter for 2020 was submitted.

**NCCAA Conf. Coordinator**, **Karen B.** Currently per the website there are no conferences scheduled due to COVID. If anyone knows who is on the committee since the website does not have a lot of information, please let me know.

**Literature Chair, Kelly B.** I just mailed out the New 2020 Policy & Procedure Manual before the end of 2020. I was unable to Distribute the "Cover Letter". Please discard all prior Manual so we are all on the same page and our volunteers are current with H&I Policies & Procedures. It's also highly suggested that Areas ask their Group Representatives to do the same with all prior manuals. If you have NOT received a package, let Kelly know and make sure that Martine has your information, so the roster is up-to-date.

Literature on hand is high because we received some large returns in 09/20/-10/20. That had been previously sitting elsewhere.

It is highly suggested that Area Chairs update their Form II's and any changes with Literature Chairs. No Literature can be ordered until Form II has been received. And, we have had some literature requests from random people that are not on my list. I need to make sure these individuals are indeed the new Literature Chair or Area Chairs.

Pink Can Coordinator, Peter M. No requests or distribution since 03/20. 969 can on hand and 375 lids stickers on hand.

**Policy Chair, Woody R.** Final drafts of the 2020 policy manuals, English and Spanish were sent to the publisher and webmaster. I sent a printing request to the General Chair for approval to ensure that the cost of the printing would occur prior to the close of the fiscal year. I participated in meeting with members of the GV Board and staff on December 15, regarding digital packaging of GV materials for tablets. A follow-up meeting will be scheduled sometime in January 2021.

Audio Chair, Joseph B. Due to COVID-19 the Audio chair has had little to do. All equipment is safe and sound and will be ready when we go back to in-person meetings.

## Archives Chair, **OPEN**

**Public Information Chair, Vikki R.** Attended CA Northern Interior planning meeting and plan for 2022. Also, attended the US/Canada forum, Winter Assembly on 1/16/21. And, I will continue to speak about H&I and what we are doing (things like IVSS). There is the upcoming Pacific Regional of AA Service Assembly in March 2021.

**Grapevine Chair, Bob F.** Current subscriptions are 3025 Grapevines monthly and 1144 La Vina bi-monthly. Grapevines have increased 150 since the last report and 320 since last year. LaVina totals have declined 55 since last year. Annual cost at this rate, not including shipping, is ~\$75,500 compared to ~\$69,400 this time last year. Increased subscription rates in major institutions have offset and outpaced local area cancellations. The largest increases by institution in the last year are San Quentin, VSP, CCWF and CSP Solano.

Most of the COVID related changes seem to have settled down. Grapevine doesn't want to hold subscriptions so we need to cancel them and will re-establish as necessary. We encourage sending directly to the facilities whenever possible. If you know of institutions not receiving Grapevines that should be, let's see if we can make arrangements to get them in. This is especially important considering the lack of face to face meetings. All back issues and Grapevine Inc publications are available from our Literature Chair

**Publisher, Joe N.** No other updates, but Newsletter is in the mail. Any Publisher related questions/concerns, email: northcalhandipublisher@gmail.com

Website Chair, Thom H. (absent, no report)

### **Committee Business**

### New Business

Electronic Literature Package: We have created a sub-committee to put together an electronic literature package for institutional tablets. We are working with the publisher of the Grapevine out of NY. Included is Bob, Woody, Karen and Kelly are part of that committee.

### Anniversaries: 126 years

Robin M: 37 years	Ken M: 23 years	Julio B: 16 years
Marty G: 21 years	Linda S: 29 years	

7th Tradition: Virtual basket, Can use Zelle by addressing it using Karen's C's email or phone #.

### **Regional Reports**

**Region 01: Far North Coastal. OPEN** No activity in the region at this time. **Area 02:** Del Norte (no report) **Area 03** Siskiyou (no report).

Region 10: Far North Interior. OPEN Area 11 Modoc (no report). Area 12 Lassen (no report). No activity in this area.

**Region 15:** Lower Far North Interior, Robin M. Area 16: Reports weekly 'Zoom' meetings continue being held at the Empire Recovery Center. Crestwood Behavioral Health had to stop Zoom Meetings as a COVID outbreak prevented residents from congregating in the meeting room. Juvenile Rehab Center has a new H&I Coordinator and she has not gotten any response to phone or e-mail messages from the facility contact person, though she will continue her efforts. There are no current jail or fire camp meetings due to covid lock-out. Area 17 and 18: Continues to be locked out due to COVID.

Region 20: Northern Coastal, Jess Y. Area 21 (Lynn S). Area 22 (no report) but we did receive a reimburse Zoom request. Area 23 (no report)

## Region 30: Northern Interior, Marty G. Area 31-Butte/Glenn-Jim L.

Delivering literature to Recovery Home & County Jail. No meetings at this time. **Area 32-** Plumas (no report). **Area 34-** Placer-John O. Delivering literature to jail, juvenile hall. Both facilities use online meetings with some success. Recovery houses not requesting literature or support. **Area 36-** Nevada/Sierra-John T. Recovery homes requesting literature, not the jail or Juvenile Hall.

**Region 40: Central Interior, Terry D. Area 42:** Zoom monthly meetings, attendance is strongly reduced. Continuing to give out literature. Only 3 facilities are supported in the Sacramento area, but are giving out literature. Election scheduled possibly for next month. **Area 43:** Election postponed already 1 time. They may have a candidate identified Pending. **Area 44:** Out of touch, there is no contact. Need to find someone to get updates. **Area 45:** Nancy H is doing her best. Everything stopped when there was a big COVID outbreak. She will be having a meeting about contact chairs to get them re-engaged. To date: No one will be submitting Zoom expenses. But need to work on everyone getting their own H&I account.

**Region 50:** East Bay South, Peter M. Area 51- Napa: No Zoom H&I meetings. They did not hold a business meeting in Nov - Jan. Area 52- Contra Costa: No Zoom H&I meetings. They have held monthly business meetings on the 2nd Sunday of each month. Area 53- Alameda. 7 weekly Zoom H&I meetings and they have been holding monthly business meetings every first Wednesday of the month. They are currently not using a separate zoom account. Peter will work in having them open up an account. Area 54- Solano: No Zoom H&I meetings and they did not have a business meeting on 12/20, however, they will be having a meeting on the 2nd Wednesday in January. We are doing our best to get GVs into facilities.

**Region 60: West Bay, Julio B.** Area 61-Marin. Facilitating 5 conference calls and 4 zoom meetings (1 more zoom will be returning once the temporary facility is ready, permanent facility is going through a remodel) per week. In person meetings at the county jail are suspended. Orientations have been rescheduled from once a month before the business Mtg to a sign up and schedule when about 5 volunteers have signed up. Chris A. completed his 2nd consecutive term as the Area 61 Chair. Randalyn R, formerly the area roster coordinator, was unanimously elected to follow Chris as Area Chair. **Area 62**-SF is conducting 14 weekly meetings. All meetings in San Francisco are online currently including steering committee meetings every other week and business meetings every other month. Orientations are being conducted 1:1 on zoom as needed. Area Chair Penny C. asked me to convey her thanks for financial assistance with rent for their literature storage and meeting location. They submitted an expense request for Zoom. **Area 65**- San Mateo. Area 65 reported no changes since their last report with 3 online meetings at Hope House, Women's Probation Center, and the recovery program Our Common Ground in East Palo Alto. Orientations and business meetings continue on hold since the pandemic began. In San Francisco and Marin, literature is being offered and delivered to facilities that ask for it.

**Region 70:** Southern Coastal, Raymundo L. No major changes in this area. Area 71 (Troy J) We have 9 facilities utilizing virtual zoom meetings and 1 is having in person twice a week. All is well. We got storage for all the books and pamphlets. Some facilities are not interested or have stopped intake all together. There is one facility that has invited us back in, so we are currently having two in person meetings a week there. We are preparing for the invitations to restart in-person meetings, so gathering intel on who is still interested in coordinating/or secretary will be under way as we get closer to this reopening. All County and State Facilities are closed to us, but we are still having volunteers apply. Books are being distributed to all facilities that are requesting them. Area 72, (Michael R): Very much the same, no activity at this time but providing literature. Area 73 (David R) Meetings being held via Zoom. Contributions at group level remain favorable... Only one local facility is allowing weekly in person meetings with an average attendance of 28...Continuing to keep our desire to return to the remaining facilities known to the necessary facility contact(s)...Created packages for delivery to the main four local institutions that will enable inmate led meetings inside and are being well received by the Inmate Programs Coordinators...We are coordinating a zoom meeting format and there is a possibility that we can implement before the end of this month (still being discussed at the Institution's level)... Area 74 (Nen D). We offer Zoom meetings in the San Benito County Jail, however, there has been a lack of interest, so we have suspended meetings. We continue to provide literature. A big thank you for Peggy R's service in our area.

Region 80: Southern Interior, Kevin W. Area 81 Stanislaus. Area 82 OPEN There are business meetings, but no current Area Chair. Some facilities are being provided with literature. Area 83 (Bruce A). Area 84 Calaveras (no report). Area 86 OPEN

**Region 90: Far Southern Interior, Joyce R.** Area 91 facilities continue to remain closed. Miki continues to join other Area meetings sharing with us her experience which is valued. Miki has also agreed to participate in Area 93 Zoom H&I panels as available. Area 92 continues to meet monthly while their facilities remain closed to volunteers. They have been contacted by First Steps Recovery, requesting Zoom H&I meetings. Area 92 is working on facilitating that request. Area 92 participated in the Fresno County's 46<sup>th</sup> Annual Christmas Alcathon. Kat C, Area Chair, is attending the Fresno Intergroup Meetings to encourage further participation in H&I as they seek to fill some outstanding positions. Volunteers from Area 92 are attending Area 93 H&I orientation and participating in Area 93 Zoom H&I panels. Area 93 Meet on odd months and hold monthly H&I orientations via Zoom. At their 11/20 meeting, Stephanie "Boo" M, was elected as the new Area Chair. Jason C., the CNIA Bridging-The-Gap Chair gave an informative presentation on Bridging-The-Gap. In December, the Spanish Region 190 rotated officers, and Rafael F agreed to join Area 93 as the Spanish Speaking Chair. We are hopeful this will encourage more Spanish Speaking volunteers diversifying our ability to carry the message to the confined alcoholic. Area 93 is continuing Zoom H&I meetings at three of their facilities, and literature is being provided as requested. Since Covid has stopped the in-person meetings, they are inviting other area volunteers to join their zoom panels to provide residents exposure to the vast A.A. Unity. Tulare County Jail has notified the Area that due to Covid, their volunteer program is being revamped. Literature continues to be provided to the Mental Health Facility which cannot accommodate Zoom. **Area 95 Kings. OPEN** Currently this Area is dark.

**Region 140: Spanish Northern Interior, Joe C.** All activities have been cancelled until we hear from the following Institutions like Folsom Prison, Vacaville C.M.F., Solano State Prison in Vacaville and Napa State Hospital. Possibly resume in-person after 03/21.

Region 160: Spanish North Coast, Jose C. (absent, no report)

Region 170: Spanish South Coast, Rogelio B. (absent, no report).

**Region 180: Spanish Central Interior, Eduardo P.** San Joaquin County, CHCF, Sierra Conservation Center, DVI and Atwater Federal Prison closed all meetings. In view of the present condition of Covid19, meetings in our H&I Spanish committee of Region 180, and institutional meetings were stopped on 03/20. Most communication between committee members has been by telephone. We have tried to have a meeting in June and again in October, but situations have not permitted it. Therefore, fellowship meetings of Spanish AA members have been minimized to few small gatherings or none at all. Still some fellowships have Zoom meetings in a few locations, but not everyone in our Spanish community knows how to utilize this program, so few locations have small group gatherings.

Our committee members have reviewed institutional requirements and updated them before we are called to visit. Also, with the acknowledgement that DVI will be closing sometime in September 2021, we reviewed our volunteers' status to shuffle volunteers at the remaining institutions. Spanish Translation committee members: Region 180 Coordinator, San Joaquin County Jail and Honor Farm Coordinator English, Calif Health Care Facility- Spanish, Coordinator Sierra Conservation Camp Spanish

**Region 190: Spanish South Interior, Martin L.** I was elected as new Region 190 chair. Thank you to outgoing Chair, Rafael F for his service. We continue to meet with our group delegates once per month (1st Monday of the month) plus our committee visits our fellowships once per week, we also meet internally as a committee once per month. Sadly, as we all know due to these difficult times (pandemic) the facilities that our region covers continue to be closed. I would like to thank the committee's literature chair Kelly for being so awesome and getting the policies and procedures manuals to us. Plus, the secretary, Marti for her service as well. For now, this is my report.

## **Closing:**

Reminder to everyone, the next General Committee Meeting (via Zoom) on 2/14/21.

## NOR CAL H&I GENERAL COMMITTEE MEETING MINUTES 02.14.21

**Opening:** Jeff L opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Steven H read the H&I Purpose Statement

12 Traditions: Julio B read the 12 Traditions of Alcoholics Anonymous.

### Introductions/Welcome: 42

#### Present: Alison G Andrew K Bill H Bob F Carl P Cindy B Chase C Dave R Fred F Jeff L Jennifer B loe N John T Jolene E Joseph B Jose C Juan L Julio B Karen C Joyce R Ken M Leo A Linda S Kelly B Magdaleno O. Manuel G Lorraine M Martine A Miki S Peter M Peter S Melody T Raymundo L Rich G Robin M Roxanne H. Stephanie M Vikki R Steven H Terry D Wendy S Woody R

**Approval of Prior General Committee Meeting on 10/11/20.** Motion to approve: Karen C. Moved to approve; Kelly B seconded motion. All approved. We need to make sure that last names are removed when posting on the website.

Approval of Financial Statements (01/2021). Karen C moved to approve; Carl P seconded the motion. All approved.

## **Committee Chair Reports**

**General Chair, Jeff L**. Finances through 01/21, our contributions down 78.7%. Literature expense is down 95.3%. Our total expenses are down 92.5%. YTD comparison is down 72.2%. Literature expense is -93.5. Our total YTD comparison expense is -91.3. Our overall financial condition is sound. Reach out to your facilities and make sure that the literature is not sitting there but getting into the hands of the inmates. Another IVSS story was published in recent Grapevine.

I have asked Rich G, Carl P, Woody R, Karen C, Kelly B and Bob F, to work together with Ralph J, who is policy standardization officer at the CDCR, Crystal, his assistant, David R, Jane B, Nancy M and Kathy F. to work on creating digital literature packages. We are looking for a software engineer to assist us with an app, if we have any volunteers, contact Jeff L.

The Policy Committee is active and will be having discussions at our next General Committee meeting in June 2021. If there are any suggestions, contact Woody R.

Jennifer B, new delegate representing CNCA, replacing Teddy and Lorraine M. is here regarding information on H&I conference. I would like to propose Julio B as our new Historian.

We will be holding Elections in June. Jeff's 2 year commitment as General Chair will conclude and we will be electing a new finance committee member and looking for a new Audio Chair.

**General Co-Chair, Rich G.** Nothing new to report but offer my services to assist anyone that has concerns or questions. I am happy to work on a Committee with CDCR and getting literature to the confined alcoholic. The people on the Committee will certainly carry this forward.

### Treasurer, Karen C. January 2021 Recap

Jan Net Contributions = \$16,466.27 Jan Literature Expense = \$4261.94 Jan Total Expense = \$6692.85 Positive cash flow for January of \$9776.95 Prudent Reserve as of 1/31/21 = \$154,946.67 Cash on Hand on 1/31/21 = \$265,570.04.

YTD, expenses have dropped by a greater percent than income, but that will change for February when we increase our payment to AAWS and get our bi-monthly GV bill. AAWS month-to-date, orders are almost equal to last month's total income, and we're only halfway through the month. Anticipate a negative cash flow on 02/21. and possibly even a negative cash flow YTD. Literature for 01/21 was very low.

NOTE: We discussed that last year's financials are an anomaly. We decided to base the budget on 'normal' operations because trying to predict or make decisions based on this very unusual year may cause more confusion.

Regionals are requested to review both the Online Meeting Expense Reimbursement Form and the Annual Area Reimbursement Form-3 with each of their Areas to ensure that those expenses are being submitted. These are COSTS OF DOING THE BUSINESS OF THE COMMITTEE and need to be reported.

**Secretary, Martine A.** Committee members please remember to contact me with <u>any changes</u> in your respective areas. And please send me your reports prior to any Steering or General Committee meetings. Email: <u>northcalhandi@gmail.com</u>. When you receive a roster, please email me ONLY if there are any changes.

**Major Institution Chair, Carl P.** The CDCR website has daily updates on testing and other developments. Cdcr.ca.gov. No plans to open institutions to volunteers at this time.

Total Pop. – 94,317...Active Covid Cases: Population - 1836 Staff: 836. As of 2/14: 207 dead...Staff – 25 Dead. **Vaccinations:** As of 2/7/21, 48,437 have received round 1 vaccines. **Literature:** CRMS are cooperating with MICs in getting Grapevines, La Vinas and other literature into their institutions. The Committee has provided thousands of extra June Grape Vines and La Vinas. Clearances: Important to keep clearance applications up to date so we **Reopening Plan** in 4 phases. **Phase 1:** Institution has a current outbreak – 3 or more COVID-19 positive patients; Movement and programming access severely restricted within the individual facility or institution. **Phase 2:** The institution has outbreak contained; Movement and program-area access within the facility or institution eased based on location and COVID status of the inmate population. **Phase 3:** No current positive inmates; Increased movement and program access. **Phase 4:** Resumption of pre-COVID-19 programming. This may include continuing precautionary measures such as face coverings, more frequent cleanings, etc.

**Inmate Programs:** Institutions shall adapt to their local, changing needs. To that end, the roadmap conceptualizes many potential programming options as a "menu" from which institutions may select the program delivery methods which meet current operational and safety needs within the phased guidelines. These options include reduced group sizes, staggered schedules, outdoor, or programming in other non-traditional spaces to allow for physical distancing, tents, canopies, or modified hours. Best practices and solutions will be collected and shared with all institutions to add to the operations menu. The Division of Rehabilitative Programs (DRP) will work with the In-Prison DRP CCIII to collect data on the conditions, and rationale leading to each institutional program decision and modification for historical and reporting purposes.

IVSS Chair, Karen C. PROGRAM to provide outside one-on-one in-person sponsorship to prisoners.

Max V has done an excellent job of assuming the coordination of the IVSS at San Quentin. The number of matches has dropped a bit due to transfers & releases during CV, and not being able to bring brochures to the prisoners at H&I meetings. **Video Visits:** Kathleen A, new head of CDCR, began a pilot program to allow *cleared visitors* to have video visits at a handful of CA prisons, including SQ; this has now been rolled out to all 35 Ca State Prisons. Because our volunteers were already established as authorized visitors, prisoners at SQ have virtual access to outside A.A. contact during the duration of the pandemic. **Presentation**: Gave a program presentation to the International Corrections

meeting last month & got lots of interest, especially from British Columbia, which requested some of our documents. We've forwarded a program outline to the Chair of the General Service Corrections Committee at GSO for possible inclusion in the Corrections Workbook. This would be a major step forward in making the service readily available across the country. **Article:** Another one of our articles appeared in the 02/21 Grapevine (sponsorship issue); written by Joe S from Oakland. **Expand Program:** Looking to branch out to another Institution (in spite of CV) during 1<sup>st</sup> half of 2021. Members and interested volunteers can contact me through our website or at <u>handi.ivss@gmail.com</u>.

**Finance Committee Chair, Wendy S.** Not much to report other than to say we mailed out multiple expense/reimbursement checks, including a \$4,000 check to AA World Services. Please get your expense forms filled out and send in.

## NCCAA Conf. Coordinator, Karen B. (no report).

**Literature Chair, Kelly B.** The 2020 Policy & Procedure Manual mailed out. I was unable to Distribute the "Cover Letter". Please discard all prior Manual so we are all on the same page and our volunteers are current with H&I Policies & Procedures. It's also highly suggested that Areas ask their Group Representatives to do the same with all prior Manuals.

Roster: Make sure that the roster is up-to-date with Martine (Email, address, phone number).

Area Chairs to update their Form 2's and any changes with Literature Chairs. No Literature can be ordered until Form 2 has been received. And, we have had some literature requests from random people that are not on my list. Literature: We still have lots of literature, such as Grapevines from 2006 and the issue has some great stories, as well as the July 2020 GV (with IVSS article).

**Pink Can Coordinator, Peter M**. There have been no pink can requests and/or distributions since March 2020.We have 969 pink cans and 375 lid stickers on hand.

**Policy Chair, Woody R.** Final drafts of the 2020 policy manuals, English and Spanish were sent to the publisher and webmaster. Printing request sent to the General Chair for approval to ensure that the cost of the printing would occur prior to the close of the fiscal year.

I, along with other members of the Steering Committee, attended a zoom meeting with members of the GV Board and staff on 12/15/20, regarding digital packaging of GV materials for tablets. A follow-up meeting was held on 1/15/21. A meeting with CDCR, was held on 01/26/21, regarding the issue of digital packaging. More meetings to follow. Any corrections, additions or deletions to be submitted no later than the end of 2/28/21.

Audio Chair, Joseph B. Due to work demands, I will need to step down from this position. Position entails 1. Storing of the audio equipment (speakers, amp and microphones) 2. Setting up recording for any in-person H&I Committee meetings 3. Maintain equipment in working order; 4. Keep all audio recordings of other meetings and speakers that can be given to those in H&I. I will train new people on the equipment so that they will be prepared.

Historian/Archives Chair, OPEN. Refer to new Committee business.

**Public Information Chair, Vikki R.** I have been assisting in COVID vaccination sites and may have missed a couple of meetings but am attending as many as possible. We had CA Northern Interior Committee meeting on Feb 20th. I talk about H&I whenever I can and make sure that they know that H&I is part of AA. The Pacific Region AA Service Assembly in March and Area Committee meeting in March as well.

**Grapevine Chair, Bob F.** Current subscriptions are 2963 Grapevines monthly and 1136 La Vina bi-monthly. Grapevines have increased about 150 since the last report and 320 since last year. LaVina totals have declined 55 since last year. Annual subscription cost at this rate, not including shipping, is ~\$72,000 compared to ~\$69,400 this time last year. Shipping adds about 10%. Actual cost YTD has been \$14,018 including shipping. That extrapolates to \$84,108 annually. Increased subscription rates in Major Institutions have offset and outpaced local area cancellations. The largest increases by institution in the last year are San Quentin, VSP, CCWF and CSP Solano. Grapevine doesn't want to hold subscriptions so we need to cancel them and will re-establish as necessary. We encourage sending directly to the

facilities whenever possible. If there are institutions not receiving GV, we need to make arrangements to get them to those institutions. All back issues and Grapevine Inc publications are available from Literature Chair.

**Publisher, Joe N.** For any publisher-related emails: <u>northcalhandipublisher@gmail.com</u> for all correspondence.

Website Chair, Thom H. No report. Jeff Little provided a report that the website is in the process of including Spanish content.

## **Committee Business**

**Historian/Archivist:** We have been having issues with our archives. There has been little to no cataloging of the items for a long time. All items are transferred to a storage site. Letters from Bill W, prior Wardens. Julio B is interested in the position. **Vote taken:** All in favor.

**Panel 71 Delegate, Jennifer B.** Serving as the Panel 71 Delegate for California Northern Coastal Area. The theme for this year's General Service Conference, which is normally in NY but will be held virtually again, is "AA in a Time of Change." Each of the 93 Area

delegates to the Conference are assigned to a specific committee and I will be serving on the Trustees committee. In addition to helping with regional trustee elections and reviewing the slates of trustees and directors for our corporate boards before they are presented to the Conference, my committee will have some interesting items on our agenda this year, such as a motion to censure the General Service Board. Because last year's Conference was toward the beginning of the pandemic and we weren't sure how well it would work in a virtual environment, many of the items on the 2020 agenda got forwarded to this year. This year we are tackling it all. There is a lot on the agenda—close to 100 items and 29 topics related to literature alone. I'm happy to share a list with anyone who would like to see it. Some topic items: Possible 5th Edition; A request for a review of all corrections related literature to replace terms such as "inmate" and "offender" with less stigmatizing terms—one I've heard is "member behind the walls"; A discussion on innovative ways of carrying the message to alcoholics in correctional facilities/programs;

Requests regarding participation of online groups in the General Service Structure.

## **Open Forum/Questions**

- Prudent reserves: Provide more transparency and to adjust for fluctuations in expenses, consider an average of a few years instead of just using past year's figures. However, COVID caused a very unusual situation that would not have been predicted, it was an anomaly. If we are going to consider averaging based on the last few years, this would be addressed by proposing a change to our H&I Policy. Our policy says that we do base it on prior years. We may want to take an average over the past couple of years to lend a little more transparency. This would account for fluctuations. This should be brought up when we are doing Policy revision.
- Grapevines: We have plenty of back issues of Grapevine. 422 of 2006 issue and over 2000 of July 2020 issue

## Anniversaries/7th Tradition

Ken M: 23 years	Woody R: 31 years
Kelly B: 12 years	John T: 17 years

7th Tradition: Virtual basket information provided. Venmo: zombies8me. Zelle: norcal.handi.treas@gmail.com

## **Regional Reports**

**Region 01:** Far North Coastal, OPEN. (no report, position OPEN). Area 02, Del Norte: Annie K: We will resume H&I meeting on 3/1/21 via Zoom, the 1st Monday of the month. I spoke with the Coordinator for Women's jail- they are still just book-and-release, but we have a zoom meeting list, Grapevine and La Vina available at the police station that are

available to inmates before they leave. Violent felonies are not being released at this time, but no visitors are allowed due to COVID.

## Region 10: Far North Interior, OPEN. Area 11 (Ryan H). No report.

**Region 15:** Lower Far North Interior, Robin M. Area 16 reports weekly 'Zoom' meetings continue being held at the Empire Recovery Center. Crestwood Behavioral Health had to stop Zoom Meetings due to COVID. Juvenile Rehab Center has a new H&I Coordinator, Ashley, and she continues her efforts to resume Zoom meetings at that facility. There are no current jail or fire camp meetings. Area 17 and Area 18 continue to be locked out of facilities due to covid pandemic.

**Region 20:** Northern Coastal, Jess Y. (absent) Area 21 (Mendocino) no report. Area 22: Steven H. Currently bringing Zoom meetings into 8 facilities weekly. One of these facilities is getting 2 meetings/week. We are also talking with another one of our pre-COVID facilities interested in starting up Zoom meetings. We have been in contact with the Sonoma County Jail and have arranged to start bringing a bi-weekly Zoom meeting into a Men's mod starting 03/04/21. Possibly adding more meetings. We continue to provide literature to facilities as needed. Area 23: Lake County has been on hold for all H&I meetings.

**Region 30:** Northern Interior, Marty G. Areas 31,34,36 have met monthly online consistently since last March. Area Chairs are aware of Expense Reimbursement Pilot.

Area 31/Glenn/Butte - Jim L- Delivered Lit. to Glenn Co. Jail. Recovery houses are still dark/quiet. Area 32/Plumas -Michael B - No Report. Area 34/Placer. John A. County Jail is holding weekly H&I meetings online with ipads & Facetime. Two recovery houses are requesting facility coordinators to start online meetings this month. Delivered Lit. to Jail & recovery house. Area 36/Nevada/Sierra - John T - Delivered Lit. to recovery house.

**Region 40: Central Interior, Terry D.** Considering holding a Regional Zoom meeting to reach out to people. Area 42: They are meeting regularly. Attendance gone down at Area meetings (from 50-75 down to 7). Area 43: Not a lot of information coming out of the area. They did have 1 Zoom meeting. The facility there thinks that they can hold H&I meetings. Terry will address this. Area 44: still OPEN. They had a lot of activity, but not much info coming out of that area. Area 45: They are not meeting regularly, so little to report. 1 facility closed to volunteers.

**Region 50:** East Bay South, Peter M. No Zoom meetings being held In Area 51 (Napa) and Area 52 (Contra Costa). Area 53 (Alameda), Chase C: there are 5 weekly Zoom meetings and the 1 in-person meeting cancelled due to a COVID case until further notice. Literature is getting into several facilities in all counties on a regular basis. Area is currently having open discussion on adding a Pro Zoom Account Users to one Business Zoom Account to manage the accessibility of the meetings. Traditionally Speaking, being self-supportive declining outside contributions and, additionally, to maintain the safety and sustainability while using a virtual platform. The Sub-Committee Chairs are assisting me with getting the Coordinators of their sub-committee on board in providing their information to submit the Online Reimbursement Expense Form to NORCAL Treasury by the end of 02/21. Area 54 (Solano). Ken M. We have been meeting monthly. Solano Jail is asking us to keep clearances up. They have been releasing a lot of inmates. Brought a lot of literature to jails.

**Region 60: West Bay, Julio B. Area 61 (Marin):** Randalyn R: We have 5 facilities meeting a total of 10 x/per week. We use area 61's zoom at 3 facilities, the hospital's HIPAA compliant zoom at their facility and a conference call at one facility. **Area 62 (SF)** Penny C. 14 weekly meetings. All meetings in San Francisco are online, including steering committee meetings every other week and business meetings every other month. Orientations are being conducted 1:1 on zoom as needed. Area Chair Penny Cooke asked that me to convey her thanks to the General Committee for financial assistance with rent for their literature storage, and orientation and meeting location. **Area 65 (San Mateo).** Mark W. No change since last report. Continue to have 3 online meetings at Hope House, Women's Probation Center, and the recovery program 'Our Common Ground' in East Palo Alto. Orientations and business meetings continue on hold since 3/2020. New forms have been passed onto them.

**Region 70:** Southern Coastal, Raymundo L. Area 71, (Troy J.) No report. Per Jeff L. They are taking meetings to 7-8 facilities. Area 72 (Michael R). No report. Alison is part of this Area and we are not having monthly meetings in order to engage people. Request that Committee members perform outreach in this area. Area 73 (Dave R). We keep our hand

outstretched as best as possible and have been sending literature at all of the local institutions and refill when needed. At least one inmate held a meeting still active at the main jail. Attempting to drop literature at the local recovery centers; Held yearly officer elections for our area and filled all but one commitment. Updated website for a clearer presentation and to attempt to strengthen attraction. **Area 74** (Nen D) No report.

**Region 80: Southern Interior, Kevin W.** Area 81: no report. Area 82: Melody T. has been meeting monthly since 04/20. We have been delivering literature to all facilities since they remain closed and to date, no interest in setting up Zoom meetings. We set up our own bank acct and opened a Zoom account. Possibly adding a virtual meeting at a local family shelter "New Hope". A prison is closing in San Joaquin County, so lots of changes. Area 83: No report. Area 84: No Report Area 86: OPEN

**Region 90: Far Southern Interior, Joyce R. Area 91** facilities continue to remain closed. Miki continues to join the other Area meetings and has agreed to participate in Area 93 Zoom panels. **Area 92:** The volunteers are attending Area 93 H&I Orientation & Area 93 Zoom H&I Panels. They meet monthly while their facilities remain closed to volunteers. First Steps Recovery is requesting Zoom H&I meetings and working on facilitating that request. They participated in the Fresno County's 46<sup>th</sup> Annual Christmas Alcathon. Kat, Area Chair, has begun attending the Fresno Intergroup Meetings to encourage further participation in H&I to fill some outstanding positions. **Area 93** continues to meet on odd months and hold H&I orientations monthly via Zoom. At their 11/28/20 meeting, Stephanie "Boo" M, was elected as the new Area Chair. Jason C., the CNIA Bridging-The-Gap Chair gave an informative presentation on BTG. In 12/20, the Spanish Region 190 rotated officers, and Rafael F agreed to join Area 93 as their Spanish Speaking Chair. We are hopeful this will encourage more Spanish Speaking volunteers diversifying our ability to carry the message to the confined alcoholic. Continuing Zoom H&I meetings at 3 of their facilities, and literature is being provided as requested. Since there are no in-person meetings, inviting volunteers to join their zoom panels to provide residents exposure to a wider variety of volunteers. Tulare County Jail has notified the Area that due to Covid, their volunteer program is being revamped. Literature continues to be provided to the Mental Health Facility which cannot accommodate Zoom. Area Reimbursements were discussed with all Areas.

**Region 140: Spanish Northern Interior, Joe C.** All activities are still cancelled until we hear from the following Institutions: Folsom Prison, Vacaville CMF, Solano State Prison in Vacaville and Napa State Hospital. Per Napa State Hospital contact, service won't resume until after 3/21. We are looking forward to getting back into service

Region 160: Spanish North Coast, Jose C. Facilities are closed due to COVID.

## Region 170: Spanish South Coast, OPEN

**Region 180: Spanish Central Interior, Eduardo P**. San Joaquin County, CHCF, Sierra Conservation Center, DVI and Atwater Federal Prison closed all meetings. Meetings in our H&I Spanish committee of Region 180 stopped on 3/13/20. Most communication is via telephone.

Fellowship meetings of Spanish AA members have been minimized to few small gatherings or none at all. Still some fellowships have Zoom meetings in a few locations, but not everyone in our Spanish community knows how to utilize this program, so few locations have small group gatherings. Our committee members have reviewed institutional requirements and updated before we are called to visit. Also, with the acknowledgement that DVI will be closing sometime on 09/21, we have reviewed volunteers' status to shuffle volunteers for the remaining institutions.

**Region 190: Spanish South Interior, Martin L.** We continue to meet in-person every 1st Monday of the month and wait to resume our service to facilities we serve. Continuing to visit our fellowships on a weekly basis to encourage the importance of the Pink Can monies, and the contributions have slowly increased.

## **Major Institution Coordinator Reports**

• **ASP Avenal**, Monte S. For updates, please see the joint report under Corcoran and SATF. All three are combined (SATF, Corcoran and Avenal).

- CCC Susanville, Raymond L. (no report)
- **CCWF & VSP Chowchilla**, Miki S. Still unable to participate in meetings with the inmates. It is with hopes that this will soon end, and we will once again be allowed to participate. The program continues to be strong and valid through zoom for us, but it seems to suffer to be able to continue behind the walls. We also had problems with our VAC meeting at VSP, technical difficulties, so it had to be postponed. CCWF has its VAC meeting next month (03/21).
- CHCF Stockton, Melody T. We are in a new period of change at CHCF. Our CRM, Kim P, has been promoted to Assistant Warden and we are temporarily without a CRM. Currently, communications are being handled through Jasmin G, SSA RAC Programs. Vaccinations: Continue to be provided to inmates and personnel, but no word of re-opening. Updates when re-opened: Email forwarded to CRM with questions about reopening as we assemble volunteers that have been vaccinated and who might be able to return once we have permission. Also, trying to ascertain whether the cleared volunteers of DVI will be able to join the CHCF team without reapplying once DVI has closed.
- **CMF Vacaville,** Ken M. We have had no "in person" meetings at CMF since 3/15/20. I participated in my first VAC meeting on 11/20. Inmates were being allowed to conduct their own AA and NA meetings, however, due to a recent Covid outbreak all meetings were cancelled. Inmate population has decreased from 2,400 to just over 2,000, mainly due to inmate release. No timeline for allowing visitors to return, not processing applications until the return date is set. We are continuing to carry the AA message into the prison by the only method available to us, sending AA literature, Grapevine, LaVina magazines and AA DVD's.
- **CTF Soledad,** Leo A. Soledad is still dark, but I have reached out to CRM. We did have our first volunteer zoom meeting attended by about 20 of the volunteers. Next one set for the 21st. We have had a training zoom call in hopes to get as many of the volunteers ready for an opening at some time. Our goal is to be prepared as soon as everything re-opens.
- **DVI Tracy**, Woody R. Attended the Advisory Board teleconference with the DVI Warden and staff on 11/18/20. The process of moving inmates to other facilities has begun and Warden indicated the remaining 1,400 inmates will be moved over the coming months, of which about 400 will either be discharged or paroled. I invited our local PI/CPC Chair, Melody T to explain and offer this committee's services, which include BTG, virtual PI presentations, beginners' meetings, and BTG contacts. Melody was provided the prison contact for follow-up. I placed an order for Grapevine books that the inmates requested with our literature chair. These Grapevine books were received last month and I received confirmation from the CRM that they were delivered to the requesting inside member. Volunteers are ready to resume attending meetings if that opportunity arises.
- FCI Dublin, Linda S. FCI/Dublin (Minimum and Medium security federal prison for women). Bureau of Prisons still not permitting any volunteers to enter. Inmates are receiving monthly Grapevines and continue to offer additional literature when it is needed so far, offer has been declined. I offered to lend AA videos and CDs if inmates have the ability to use them, but I have not heard back about that. The FCI staff did send out a request to volunteers, asking to let her know whether or not they intend to resume their volunteer service once we are allowed back in, which indicates they are at least beginning to think in that direction.
- FCI Herlong (Currently covered by Reno)
- FCI Mendota, Rodney L. Per the prison, the facility guards have an active lawsuit against the government and having to work with inmates that have an infectious disease. Therefore, no one is allowed on the yard at this time but they will contact me prior to any reopening.
- **FSP Folsom**, Andrew B. The last AA meeting attended by H&I volunteers was on 3/20 and all volunteer programs. Grapevine subscriptions have been halted until volunteer programs resume. 200 copies of the prison issue were distributed through the CRM office. The CRM office has pushed out TB test renewals for clearance, and all new clearance applications are effectively on hold as no Live Scans are being processed at this time. CRM

provided a Population COVID – 19 Tracking link <u>https://www.cdcr.ca.gov/covid19/population-status-tracking/</u> which shows FSP cumulative cases peaked in 09/20, and dramatically reduced since then.

- HDSP Susanville, Raymond L. No report. Per Carl, little to no activity until we open up.
- MCSP Mule Creek, Mike K. The status for volunteers is still suspended. I have spoken to the CRM staff recently and made it clear that H&I will provide AA literature upon request and that I am available to facilitate the same. Grapevine issues continue to be delivered and the CRM office has some Big Books on hand. Some applications and renewals for clearance have been submitted and will be following up.
- Napa State Hospital, John G. Continue to distributing Grapevines to the patients. No volunteers not allowed in still.
- NCYC Stockton (Position is OPEN, no report). Carl is trying to get this going again.
- NorCal Fire Camps, Peter S. 4 New Renewals have been granted since 06/20.Cl&l Clearance Report from CCC Susanville: 10 cleared volunteers, listed for 11 camps and 1 of these is for 4 camps and 2 are for 2 camps (that we can't get into at this time) and all but 2 of these clearances will expire by 06/21. CDCR has closed 8 camps in the state, 4 each in the Northern region and 4 in the Southern region. The 4 in the North are Chamberlain Creek (Region, 20 Area 21), Devil's Garden (10, 11), High Rock (01,04) and Valley View (30,31). In the South Baseline at Jamestown (80,83) is the only camp we deal with affected by these closures, all of which were finalized by 12/20 with relocation of Inmates and staff to other camps or vacant positions for CDCR & Cal Fire employees. For information see www.cdcr.ca.gov and click on "Facility Locator" then on the left scroll down to "Conservation (Fire) Camps" and click for information.

I just received the Training system password information for February. CCC Susanville recommends that volunteers continue to renew or apply for clearances so when programs do resume the volunteers will be approved and ready to go. Training sessions are on the "Edge" browser by Microsoft which is now available for the Apple Operating System. Final clearance includes a TB test and "Live Scan" fingerprinting at a state prison facility. CDCR will process up to the point of "Live Scan", and if needed volunteers will be called when COVID-19 is over.

Region and Area Chairs, please be sure the camps in your areas are staffed when camps reopen. The following camps have **NO cleared volunteers**: Alder, Ben Lomond, and Washington Ridge. Delta, Eel River, Ishi, Salt Creek and Trinity River will have none in March and the last clearance at Sugar Pine will expire on 06/21.

I would like to acknowledge the following H&I Volunteers for their tireless work over the years at the following closed camps: Lloyd G for working hard to keep Chamberlain Creek open in the face of daunting odds; Ryan H & Geno S for opening Devil's Garden; Sam F & Kent T at High Rock; and Lorraine M for taking the bull by the horns to assist Valley View get going. Also whoever may have been going into Baseline at Jamestown that I never knew.

Chairs for all Nor Cal Areas/Regions please work with Carl P, Major Facilities Chair and VATF Liaison and camp staff to increase volunteer participation once CDCR reopens the remaining 14 camps. We need to be proactive to have cleared volunteers.

NOTE: Every fire camp falls under Susanville and has for about a year ago.

- **PBSP Pelican Bay**, Cindy B. I have been calling our contact to check in but have not reached a real person. I will continue to try to contact the prison. I am hoping with the roll out of the vaccine that the staff, inmates and the H&I volunteers will be going back to meetings at the prison some time in 2021. It takes 2 weeks for the clearance process, so once we get a day, we will clear all the volunteers at one time instead of clearing now and then having it expire again.
- **PVSP Coalinga**, Tommy R. Visitations are still closed to AA volunteers and have not had communications with the prison in several months. No change since last year.

- CSP Sacramento, John C. (no report)
- **SATF & Corcoran**, Bill H. Monte S and Bill collaborated covering 3 of the institutions they serve (SATF, Corcoran and Avenal). Per Form 2's for all these areas, not much has changed since 09/20.

All visits are suspended to the 3 institutions until further notice due to COVID. On 07/20, we delivered a significant amount of literature to COR to help inmates since in-person was stopped. Efforts to provide similar "COVID" literature orders for SATF and ASP have been installed for months. The CRM at SATF advised us that the warden had retired. We've made similar efforts with the CRM at ASP to process literature donations. Despite our efforts, staff at both SATF and ASP have not responded to our most recent inquiries.

We continue to work with our volunteers and the staff at these institutions to keep our clearances up to date. We have continued to meet requests to new PREA and training forms and are providing TB test results as they are available. The number of our cleared volunteers continues to erode due to the COVID closures. We hear much interest within our local fellowship to engage in in-person AA activities and service. Volunteer Advisory Committee meetings have not been held in Corcoran since 03/19. We are unaware presently of any VAC activity at ASP. Relationships with facilities are good.

- SCC Jamestown, Jason C. (no report)
- SOL Solano, Lidya P. (no report)
- SQ San Quintin, Bob W. CRM Carlton has retired, and the new interim CRM is Lt. Armand A. I have reached out to Lt. A to introduce myself but have yet to hear back. Office staff are doing a great job, they have renewed all 2021 expiring beige cards. I am working with the prison to ensure I have appropriate training months for all BC holders, but with 40 some-odd cards, it's been a struggle, Fortunately, it hasn't impacted our ability to bring meetings in. Covid seems stable at SQ but they have minor surges which prevent any group activity at all at the prison. The men are still confined to their cells much of the day. Literature: 3 GV deliveries have been made. We are down to 260 English speaking rostered AA members and 35 Spanish speakers. Each member gets a GV and LV, as appropriate.
- SVSP Soledad, Alison G. I visited my CRM to deliver Grapevines and LaVina and continue our dialogue regarding getting Zoom meetings to inmates. I have had several back-and-forth emails with the IT Director at SVSP and how we can make this bridge for Zoom meetings happen. The good news is that the IT Director is engaged and willing to help me make this work. I'm sticking with our desire for Zoom meetings for AA Meetings with the inmates and trust we'll figure this out soon.

Vaccinations: The staff at the Prison is vaccinated and they think the Prison will open up soon. May be issues for volunteers wanting to go, but we will see. It has been close to a year since we've gone into the prison.

• **USP Atwater**, Dawn T. We have had no communication with USP Atwater but contacting the new warden has been on my to do list for several months.

#### **IVSS Reports**

**San Quentin, IVSS Coordinator,** Max V. This program has greatly deepened my gratitude and that of the 67 other volunteers. Volunteers have contacted me for various issues with their sponsees, and all of these have been clearly

seeking the best action for helping their sponsees. I have become very aware of our Tradition 1, UNITY, and I thank all the volunteers, inmates and the Norcal H&I servants for their sober actions.

The changes, actions, and issues of January 2021 are as follows. **21 letters** from inmates were received on 01/21, down from 27 on 12/20. **No New volunteers** were oriented. There is one potential volunteer who has not yet responded. **Volunteers without sponsees** remain the same at 7. **Video Visits:** 4 visits have been completed, 11 were scheduled and 7 were cancelled by San Quentin. Many volunteers have asked if the reasons for cancellations can be determined, and the answer is no, except the reasons that your sponsee can explain (they were sick, SQ reasons, etc.). **Face to face visits** will resume when the vaccine provides sufficient protection. **Sponsor Capacity** to meet new inmate requests is 17. There are 5 newly oriented and 12 who are willing to sponsor additional sponsees. **Phone calls from sponsees:** We received approval from new Lt. A to proceed with a 1-3 month trial program using 3-5 volunteers who have been approved to visit the inmates. Calls are expected to start the week of 2/15/21. **New Lt. Armand A** was very, very fast to get approval from the warden. He encouraged me to be less formal with him in future communications. This new relationship looks very encouraging.

## Liaison Reports

VATF: Carl P. Nothing scheduled in the near future. Last meeting held in late 2019.

**H&I Liaison to CNCA, Karen B.** I have been representing us at the CNCA meetings via Zoom. It is Agenda Topics time. The area officers will soon be busy writing condensed versions, to help the GSRs present the information to their groups and take informed group consciences. The Pre-Conference Assembly is scheduled for April 3rd on Zoom. I will be representing us that day, answering questions during breaks etc.

H&I Liaison to CNIA: Vikki R provided in Public Informations Report.

**Bridging the Gap: CNCA Coastal, Juan L.** I've served on the BTG Committee for 3 years in various roles at both district and area levels. I look forward to supporting all the NorCal H & I in CNCA06 through Panel 71. Our BTG Committee currently meets via Zoom on the 4th Thursday of every month. Some treatment facilities are allowing for in-person BTG presentations, while others are using Zoom to bring BTG presentations. As AA enters the digital age, it's my hope to continue to explore and identify new ways. BTG Literature - White Card BTG Information Card, Blue Card Contact Requests are filled out by patients or inmates at the completion BTG presentation & Pre-Releases Contact (F-163) A.A. Corrections Pre-Release Contact information (Inside)

Bridging the Gap: Interior, Jason C. (no report)

NCCAA: Shaun G. (no report)

SoCal H&I Liaison. They are looking for a replacement to replace Naomi H.

## Closing:

Reminder to everyone the next Steering Committee Meeting is May 8<sup>th</sup>.

# NorCal H&I Committee

Financial Statement

December 2020

	Dec 20	Dec 20
Income		
Area Contributions	14,895.06	14,895.06
Processor Fees	-192.23	-192.23
Total Income	14,702.83	14,702.83
Expense		
LITERATURE EXPENSE		
AAWS	1,584.88	1,584.88
Total LITERATURE EXPENSE	1,584.88	1,584.88
NorCal Committee	594.50	594.50
Region/Area Supplies	876.00	876.00
Total Expense	3,055.38	3,055.38
Net Ordinary Income	11,647.45	11,647.45
Other Income/Expense		
Other Income		
Interest Income	3.49	3.49
Total Other Income	3.49	3.49
Net Other Income	3.49	3.49
Net Income	11,650.94	11,650.94
OPERATING ACTIVITIES	11,650.94	11,650.94
FINANCING ACTIVITIES		
Prudent Reserve Account	-1.32	-1.32
Net cash provided by Financing Activities	-1.32	-1.32
Net cash increase for period	11,649.62	11,649.62
Cash at beginning of period	244,144.78	244,144.78
Cash at end of period	255,794.40	255,794.40
Prudent Reserve = \$154,945.36		
Value of Literature = \$39,901.85		

CONTRIBUTIONS BY AREA					
Dec 20 Dec 20					
04, Humboldt	40.00	40.00			
11/12, Modoc/Lassen	37.72	37.72			
16, Shasta	204.58	204.58			
160, Spanish N Coast	257.00	257.00			
17/18, Tehama/Trinity	100.00	100.00			
170, Spanish S Coast	78.00	78.00			
18, Trinity	29.00	29.00			
21, Mendocino	12.91	12.91			
22, Sonoma	595.69	595.69			
23, Lake	58.45	58.45			
31, Butte/Glenn	285.00	285.00			
32, Plumas	66.50	66.50			
34, Placer	918.45	918.45			
36, Sierra/Nevada	118.83	118.83			
42, Sacramento/Yolo	803.80	803.80			
43, El Dorado	607.35	607.35			
44, Amador	198.14	198.14			
45, Sutter/Colusa/Yuba	114.15	114.15			
51, Napa	29.55	29.55			
52, Contra Costa	892.26	892.26			
53, Alameda	368.18	368.18			
54, Solano	183.86	183.86			
61, Marin	1,074.22	1,074.22			
62, San Francisco	1,395.05	1,395.05			
65, San Mateo	1,432.56	1,432.56			
71, Santa Clara	3,294.97	3,294.97			
72, Monterey	15.00	15.00			
73, Santa Cruz	63.00	63.00			
74, San Benito	75.00	75.00			
81, Stanislaus	241.99	241.99			
82, San Joaquin	208.60	208.60			
84, Calaveras	36.68	36.68			
91, Mariposa/Madera	56.35	56.35			
92, Fresno	783.11	783.11			
93, Tulare	179.11	179.11			
Unidentified Contribute	40.00	40.00			
	14,895.06	14,895.06			
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INCOME/EXPENSE BREAKD	OWN		CONTRIBUTIO	ONS BY ARE	A
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	-	Dec 20 - Jan			Dec 20 - Jan
	Jan 21	21		Jan 21	21
Income			02, Del Norte	25.00	25.00
Area Contributions	16,652.10	31,547.16	04, Humboldt	0.00	40.00
Processor Fees	-185.83	-378.06	11/12, Modoc/Lassen	0.00	37.72
Total Income	16,466.27	31,169.10	16, Shasta	100.57	305.15
			160, Spanish N Coast	0.00	257.00
Expense			17/18, Tehama/Trinity	22.38	122.38
LITERATURE EXPENSE			170, Spanish S Coast	0.00	78.00
AAWS	4,261.94	5,846.82	18, Trinity	25.00	54.00
Total LITERATURE EXPENSE	4,261.94	5,846.82	180, Spanish Central Int	25.26	25.26
NorCal Committee	463.56	1,058.06	190, Spanish South Int	364.11	364.11
Printing Costs	1,832.44	1,832.44	21, Mendocino	80.11	93.02
Region/Area Supplies	0.00	876.00	22, Sonoma	685.57	1,281.26
Virtual Meeting Expense - CV-19	134.91	134.91	23, Lake	0.00	58.45
Total Expense	6,692.85	9,748.23	31, Butte/Glenn	36.50	321.50
Net Ordinary Income	9,773.42	21,420.87	32, Plumas	0.00	66.50
Other Income/Expense			34, Placer	816.05	1,734.50
Other Income			36, Sierra/Nevada	55.00	173.83
Interest Income	3.53	7.02	42, Sacramento/Yolo	1,631.10	2,434.90
Total Other Income	3.53	7.02	43, El Dorado	40.20	647.55
Net Other Income	3.53	7.02	44, Amador	168.09	366.23
Net Income	9,776.95	21,427.89	45, Sutter/Colusa/Yuba	59.00	173.15
			51, Napa	25.00	54.55
OPERATING ACTIVITIES	9,776.95	21,427.89	52, Contra Costa	1,114.04	2,006.30
FINANCING ACTIVITIES			53, Alameda	1,292.69	1,660.87
Prudent Reserve Account	-1.31	-2.63	54, Solano	102.10	285.96
Net cash provided by Financing Activities	-1.31	-2.63	61, Marin	1,575.40	2,649.62
Net cash increase for period	9,775.64	21,425.26	62, San Francisco	3,338.95	4,734.00
Cash at beginning of period	255,794.40	244,144.78	65, San Mateo	1,179.80	2,612.36
Cash at end of period	265,570.04	265,570.04	71, Santa Clara	1,097.23	4,392.20
			72, Monterey	731.25	746.25
Prudent Reserve = \$154,946.67			73, Santa Cruz	87.00	150.00
Value of Lit Inventory on hand = \$38,084.31			74, San Benito	0.00	75.00
			81, Stanislaus	897.81	1,139.80
			82, San Joaquin	118.92	327.52
			83, Tuolumne	177.28	177.28
			84, Calaveras	35.00	71.68
			86, Merced	20.00	20.00
			91, Mariposa/Madera	67.01	123.36
			92, Fresno	422.68	1,205.79
			93, Tulare	161.00	340.11
			Basket Collection at Mtgs	75.00	75.00
			Unidentified Contributor	0.00	40.00
				16,652.10	31,547.16

INCOME & EXPENSE BREAKDOWN		AREA CONTRIBUTIONS			
	Feb 21	20 - Feb 21	Dec 20 - F Feb 21 21		
Income			02, Del Norte	0.00	25.00
Area Contributions	13,753.78	45,300.94	04, Humboldt	2,000.00	2,040.00
Processor Fees	-163.77	-541.83	11/12, Modoc/Lassen	0.00	37.72
Total Income	13,590.01	44,759.11	16, Shasta	38.82	343.97
			160, Spanish N Coast	0.00	257.00
Expense			17/18, Tehama/Trinity	29.34	151.72
Accounting	685.00	685.00	170, Spanish S Coast	200.00	278.00
LITERATURE EXPENSE			18, Trinity	0.00	54.00
AAWS	20,253.15	26,099.97	180, Spanish Central Int	91.55	116.81
GRAPEVINE & LA VINA	14,008.00	14,008.00	190, Spanish South Int	119.89	484.00
misc/other	71.98		21, Mendocino	17.30	110.32
Total LITERATURE EXPENSE	34,333.13	40,179.95	22, Sonoma	309.22	1,590.48
NorCal Committee	180.00	1,238.06		0.00	58.45
Printing Costs	0.00		31, Butte/Glenn	151.84	473.34
Region/Area Supplies	0.00		32, Plumas	0.00	66.50
Virtual Meeting Expense - CV-19	192.94	327.85	34, Placer	735.36	2,469.86
Total Expense	35,391.07	45,139.30	36, Sierra/Nevada	94.42	268.25
Net Ordinary Income	-21,801.06	-380.19	42, Sacramento/Yolo	626.17	3,061.07
Other Income/Expense			43, El Dorado	75.00	722.55
Other Income			44, Amador	29.71	395.94
Interest Income	3.31	10.33	45, Sutter/Colusa/Yuba	31.96	205.11
Total Other Income	3.31	10.33	51, Napa	0.00	54.55
Net Other Income	3.31	10.33	52, Contra Costa	1,123.39	3,129.69
Net Income	-21,797.75	-369.86	53, Alameda	1,502.71	3,163.58
			54, Solano	148.61	434.57
OPERATING ACTIVITIES	04 707 75	200.00	61, Marin	730.28	3,379.90
Net Income	-21,797.75	-369.86	62, San Francisco	1,815.37	6,549.37
Net cash provided by Operating Activities	-21,797.75	-369.86	65, San Mateo	386.78	2,999.14
Net cash increase for period	-21,797.75 420,516.71	-369.86 399.088.82	71, Santa Clara 72, Monterey	790.01 60.00	5,182.21 806.25
Cash at beginning of period	-	398,718.96	73. Santa Cruz	37.65	187.65
Cash at end of period	398,718.96	356,716.56			
Value of Literature on hand = \$39,514.63			74, San Benito 81, Stanislaus	0.00 175.34	75.00 1,315.14
Prudent Reserve balance = \$154.947.86					_
Flugent Reserve balance - \$154,547.00			82, San Joaquin 83, Tuolumne	165.88 91.00	493.40 268.28
			84. Calaveras	100.00	171.68
			86. Merced	0.00	20.00
			91, Mariposa/Madera	25.00	148.36
			92, Fresno	1,279.35	2,485.14
			93, Tulare	223.83	2,465.14
			Basket Collection at Meeting	477.00	552.00
			Unidentified Contributor	71.00	111.00
				13,753.78	45,300.94
			-		

## NorCal H&I Committee Financial Report March 2021

INCOME & EXPENSE BREAKDOWN			CONTRIBUTIONS BY AREA		
	Mar 21	Dec '20 - Mar 21		Mar 21	Dec '20 - Mar 21
Income			02, Del Norte	37.50	62.50
Area Contributions	17,408.86	62,709.80	04, Humboldt	30.00	2,070.00
Processor Fees	-210.56	-752.39	11/12, Modoc/Lassen	0.00	37.72
Total Income	17,198.30	61,957.41	16, Shasta	100.05	444.02
			160, Spanish N Coast	35.00	292.00
Expense			17/18, Tehama/Trinity	0.00	151.72
Accounting	-10.00	675.00	170, Spanish S Coast	144.11	422.11
LITERATURE EXPENSE			18, Trinity	0.00	54.00
AAWS	10,052.62	36,152.59	180, Spanish Central Int	0.00	116.81
GRAPEVINE & LA VINA	630.00	14,638.00	190, Spanish South Int	184.00	668.00
misc/other	0.00	71.98	21, Mendocino	34.63	144.95
Total LITERATURE EXPENSE	10,682.62	50,862.57	22, Sonoma	744.42	2,334.90
NorCal Committee	935.78	2,173.84	23, Lake	105.00	163.45
Office Supplies	24.40	24.40	31, Butte/Glenn	50.00	523.34
Postage	7.20	7.20	32, Plumas	0.00	66.50
Printing Costs	0.00	1,832.44	34, Placer	606.75	3,076.61
Region/Area Supplies	212.60	1,088.60	36, Sierra/Nevada	183.32	451.57
Virtual Meeting Expense - CV-19	482.71	810.56	42, Sacramento/Yolo	137.05	3,198.12
Total Expense	12,335.31	57,474.61	43, El Dorado	83.96	806.51
Net Ordinary Income	4,862.99	4,482.80	44, Amador	297.92	693.86
Other Income/Expense			45, Sutter/Colusa/Yuba	558.37	763.48
Other Income			51, Napa	0.00	54.55
Interest Income	3.65	13.98	52, Contra Costa	850.51	3,980.20
Total Other Income	3.65	13.98	53, Alameda	962.97	4,126.55
Net Other Income	3.65	13.98	54, Solano	203.29	637.86
Net Income	4,866.64	4,496.78	61, Marin	2,390.85	5,770.75
			62, San Francisco	2,988.26	9,537.63
			65, San Mateo	400.00	3,399.14
OPERATING ACTIVITIES	4,866.64	4,496.78	71, Santa Clara	1,927.91	7,110.12
Net cash increase for period	4,866.64	4,496.78	72, Monterey	477.00	1,283.25
Cash at beginning of period	398,718.96	399,088.82	73, Santa Cruz	29.00	216.65
Cash at end of period	403,585.60	403,585.60	74, San Benito	0.00	75.00
Prudent Reserve = \$154,949.18			81, Stanislaus	493.30	1,808.44
Value of Lit on hand = \$39,464.01			82, San Joaquin	304.52	797.92
			83, Tuolumne	195.00	463.28
			84, Calaveras	0.00	171.68
			86, Merced	75.00	
			91, Mariposa/Madera	69.87	218.23
			92, Fresno	953.81	3,438.95
			93, Tulare	494.02	1,057.96
			95, Kings	1,261.47	1,261.47
			Basket Collection at Meetings	0.00	552.00
			Unidentified Contributor	0.00	111.00
			-	17,408.86	62,709.80
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## NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE Annual Pink Can Collection Report – FYE 2020

The Hospital & Institution Committee of Northern California is a Ninth Tradition service committee of Alcoholics Anonymous with the purpose of carrying the message of A.A. to those who are confined in prisons, hospitals, treatment facilities, and other institutions. Nor Cal H&I has been carrying the A.A. message of recovery to confined alcoholics for over 75 years, dating to its origins in 1942 at San Quentin State Prison, and is one of the oldest independent service committees of Alcoholics Anonymous.

In the fiscal year ending November 2020 NorCal H&I spent \$315,531.16 on literature for the use of the alcoholic who is confined - down about 46% from the previous year due to Covid. Fortunately, we were still able to distribute literature to many of our facilities, including AAWS books, Grapevines/LaVinas, meeting schedules and CD's. These necessary categories comprise over 91.1% of the total NorCal H&I 2020 expenses and **amounts to the cost of giving away just one Big Book, one Twelve and Twelve and a small handful of pamphlets and schedules per meeting**. Additionally, we pay for neither an office nor for salaries for service committee workers, thus enabling us to dedicate such a large portion of our contributions to literature for the confined alcoholic. We publish our Financial Report online monthly in order to be accountable to our Fellowship for these and all other expenses.

Under normal circumstances, Northern California H&I supports over 33,000 meetings *each year*, serving approximately 25 major state and federal institutions plus hundreds of local jails, hospitals, rehabs and other community facilities. Those who are confined have no money to buy the AA literature brought in by the H&I volunteers, so the Pink Can, with your donations, covers this cost. Unlike other areas of the country which don't have separately funded H&I committees, in Northern CA the use of the Pink Cans allows us to purchase literature necessary to our service without placing the burden of this expense on the local groups or Central Committees.

The Northern California Hospital & Institution Committee has for many years been one of the largest purchasers of literature from AAWS contributing significantly to the support of our General Service Office in New York. No H&I members are ever paid for their Twelfth Step service, nor are they reimbursed for expenses incurred carrying the message into these institutions, regardless of the distance. It's not unusual for an H&I volunteer to drive well over 200 miles for a weekly or monthly institution meeting - these travel expenses are a personal contribution of the individual.

The H&I Committee is adamant that the contributions so generously made to our Pink Cans in no way detract from the Seventh Tradition collections of the groups. We therefore ask that the Pink Cans be passed separately from and after the baskets to avoid subtracting from support of the 7th Tradition, and we encourage all members to remove the cans from the baskets if they are being passed together. Many groups have had success in passing the collections at different times, for example passing the basket at the regular time and passing the Pink Cans at the end of the meetings. In 2018, we also made contributing to H&I easier by adding an online payment option from our website at https://www.handinorcal.org/contribute.

We are humbly grateful for the generous contributions, both financial and in service, of the AA members of Northern CA who make our mission possible, and especially for the cooperation of our fellow service committees through-out the area. Without this loving support tens of thousands of confined alcoholics simply would not have access to the lifesaving message of A.A.

For additional information, please visit our website at www.handinorcal.org or write to the Northern California Hospital & Institution Committee. P.O. Box 192490, San Francisco, CA. 94119-2490.

# **PINK CANS**

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at <u>www.handinorcal.org</u> (or your local Area Chair) to get one.

You can also now make your group's contribution by credit or debit card directly on our website at <u>www.handinorcal.org/contribute</u>; you will receive an immediate email receipt documenting the transaction.

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