



NORTHERN CALIFORNIA
HOSPITAL & INSTITUTION COMMITTEE
P.O. BOX 192490
SAN FRANCISCO, CA 94119-2490

COMMITTEE SCHEDULE 2026-2027

July 26, 2026
October 25, 2026
January 24, 2027
April 25, 2027

Committee Meeting will be held at 11:00am on Zoom.
In Person location will be communicated prior to each Hybrid meeting.
Contact northcalhandipublisher@gmail.com for questions.

Newsletter Delivery Update

As noted previously, this newsletter is now available digitally through our website or by email, and printed copies are only mailed to those who have confirmed they wish to continue receiving a hard copy. If you prefer to switch to electronic delivery and no longer receive a printed copy, contact the Chair at chairnorcalhandi@gmail.com to update your preference. We will continue to offer printed copies to those who need or wish to receive them.



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Northern California Hospital & Institution Committee



P.O. Box 192490 * San Francisco, CA 94119-2490

Newsletter #3

PLEASE KEEP THE CONTENTS OF THIS NEWSLETTER CONFIDENTIAL

July 26, 2026

NEXT COMMITTEE MEETING:

July 26, 2026

11:00 AM Pacific Time

Join Meeting by ZOOM:
Meeting ID: 828 7733 8114
Passcode: service

Dial by your location: Phone dial in US: +1 669 444 9171
Meeting ID: 828 7733 8114

Contact northcalhandipublisher@gmail.com for questions.

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From the NorCal Chair

Greetings Fellow Committee Members,

I hope everyone is having a great summer and finding time to enjoy it while continuing to carry the message into the hospitals and institutions we serve.

First, I want to thank everyone who attended our last committee meeting. It was great seeing so many members participate, both in person and online. It's encouraging to see the level of participation and the thoughtful discussions taking place. Thank you to everyone who continues to show up and be of service.

One thing that has really stood out this past month has been the number of emails we've received from A.A. members wanting to get involved in H&I. That is exciting to see. It reminds us that there are still plenty of members looking for a way to give back. A special thank you to our Area Chairs, Coordinators, and everyone who takes the time to respond and help get those members connected to service as quickly as possible. For many of us, someone did that for us, and today we have the opportunity to do the same for someone else.

I'll be giving an update on the Website Ad Hoc Committee at this month's meeting. Our first meeting didn't have the participation we had hoped for, so we decided it would be better to postpone rather than move forward without enough voices at the table. We have another meeting scheduled before the committee meeting, and I'm hopeful we'll have a stronger turnout. I look forward to sharing where we're at and the direction we're headed.

We'll also have two discussion topics this month that I think will benefit from hearing how different Areas approach them. The first is how we evaluate requests from facilities wanting to start H&I meetings. As requests continue to come from sober living environments, assisted living facilities, residential care homes, and other types of facilities, it'll be valuable to hear what criteria your Area uses when determining whether those requests fit within the purpose of H&I.

Our second discussion will focus on the Regional Chair position. Are we utilizing this role as effectively as we can? More importantly, how do we identify, encourage, and develop future Regional Chairs? Strong leadership doesn't happen overnight, and I think this is a great opportunity for us to share ideas and invest in the future of our committee.

I look forward to seeing everyone at our committee meeting.

In Love and Service,

Joe N.
Chair, Northern California H&I Committee



Letter of Gratitude for H&I

My first experience with H&I and AA came in a county jail in Northern California. I was 27 years old, a mother of 2 and facing 16 years for things I had done. 2 ladies came into the large max pod, sat around the steel picnic style tables and my bunkmate said, "come on its AA". I had never heard of AA. I remember sitting and listening to the ladies share their stories with us. I was blown away at the honesty. I remember being so surprised at what I was hearing. I didn't expect the experience I was having. I was in jail as a direct result of my drinking. I knew my drinking was the cause of everything happening from the moment of my arrest. The weight of this sat heavy with me. I was in a panic internally. I didn't know what to do. That night before I went to bed I got on my knees in front of my bunk and prayed ...I will do anything if you can get me sober. 2 weeks later I was released.

The path in front of me was family courts, criminal courts, a probation officer, and a list of requirements. AA meetings being a part of that. I pulled up a chair. Started tackling the list and was drinking within 3 months. I was devastated. I had no clue how it happened. I was doing everything in my mind. Yet I was doing nothing. I was able to muster the courage to tell a CPS worker; I think I have a problem. I drank. I was then funded for a co-ed treatment facility. I remember every Thursday night H&I came again. I was excited. People from the outside, the stories that captivated me. When they shared it was the hope that truly touched the depths of my heart. That first H&I night I recognized the speaker from home. His experience and journey was incredible. I thought man if that dude can get sober. I definitely can. I spoke with him after the meeting. His enthusiasm of sharing that I too could someday do this was what stood out to me. He told me that the moment I had six months I too could bring a meeting in. It blew me away and in that moment I truly did not understand. Why did he travel 2 hours to share with us? Why bring an AA meeting to us? He said things that sounded foreign. "I can't keep what I have without giving it away". I did not understand then; today I do.

Those two experiences sculpted my sobriety and changed my life. I could never truly express in words only tears. Those meetings I listened to, they opened my mind to a different perspective. I heard things like sponsorship, and willingness, fellowship, and I realized I was trying to get sober alone and had no clue how to stay sober. I returned home to those same meetings. I obtained a sponsor. The way she shared, you could tell she had been there; done that. She was admired, loved, respected, and everyone knew her. She announced H&I was always accepting volunteers and would love to have me. Little did I know she was an Area Chair. I was taught the spirit of service from her. I started at 6 months and still have multiple commitments today in H&I. I started rehabs for H&I, then rotated into a juvenile detention, then a women's prison, I'm still at the county jail. Over the years H&I and general service has gone hand in hand. From coordinating facilities, to Area Chair, to Regional Chair, PI/CPC to BTG, AA events you name it, what it has done has kept me in the middle of AA.

When I came to the rooms I was loud, aggressive, mean, and from the streets. You could hear it in my words and how I spoke. Today I am a different person. I am direct, assertive, professional, and appropriate in the way I communicate. That is a direct result of H&I. I learned to participate appropriately here. I remember when life started happening. My mom died from cancer 1 month after being diagnosed. I couldn't share in regular meetings, yet I spoke about the pain, my amends, our relationship before my sobriety and after in the walls of the jail with MY people. 9 months later the unexpected death of my dad in a vehicle accident. I spoke on the impact his absence had on my life. The commitments I have made have put me where I have always needed to be. To hear from those I've touched with my truths. To see people obtain and maintain sobriety truly is the joy of H&I. I could share so many "moments" that have changed me to the core. All from H&I. The gratitude I have is unmeasurable. The love I have for those that share themselves and this program is overwhelming. I have a beautiful life, and I will be forever grateful.

Nancy H.
Region 30 Chair



FROM THE ARCHIVES,

The following is a transcription of a paper in the archives. We couldn't reproduce the original document here because too much of the text is too faded to be legible without electronic image manipulation. There are still a few illegible words, indicated by the blank lines, but it's still a great story even with a few missing words. Last names of inmates were also anonymized for this presentation.

The Folsom Fellowship of Alcoholics Anonymous The History of Group Origination and Organizational Techniques January 1958

Long an admirer of the A.A. Program, Clinton T. Duffy, Warden of San Quentin Prison was the first prison warden to open prison doors to Alcoholics Anonymous. Realizing that 80% of all crime was the result of alcohol, Warden Duffy decided to do something to help the prisoners help themselves. From this decision of June 1942 came the prison A.A. Program as it is known today---a program now recognized to be the greatest power for rehabilitation ever to be unleashed in a penal institution.

In the following two years, 159 A.A. members were released on parole. Of these, 16, or 10% were returned for violations though not all of these were for drinking; as compared with an average of 20% for medical and psychiatric reasons. Having proved A.A. to be successful in prison, Folsom Prison inmates were soon asking for the A.A. Program to be brought to Folsom Prison. In this way, they were given full cooperation by prison and parole authorities; In June 1943, an inmate member of A.A. was transferred to the Folsom Prison for no other purpose than to organize an A.A. Group.

Organization proceeded swiftly, and on June 27, 1943, the Folsom Group held its first intra-group meeting with five members of the Sacramento Group. From this small beginning, group activities have broadened until the Folsom Group plays host to ten outside groups and they average five outside visitors per each intra-group meeting. These outside groups are as follows: Sacramento, San Francisco, Vallejo, Chico, North Sacramento, Richmond, East Contra Costa, Oakland and Roseville, California.

In addition, the group activities have included talks by such non-alcoholic speakers as Dalton G. Felstein; Father Dwyer; Dr Morning; Gert Geisreiter; Senator Moss and other prominent people.

It was felt that due to a rapid turnover of inmate personnel, greater success would be had with the Beginners Group in a wider range of participation. Beginners are now indoctrinated in the A.A. Program through attendance at beginners' meetings, upon completion of which they obtain membership cards in the standard group. Upon receipt of this card, membership starts for purposes of voting or holding an elective office.

The group now consists of 200 members, maintains an average attendance of 151 and five outside speakers, at all intragroup affairs.

Originally consisting of 5 members, the Policy Committee was increased to 13 members, and their tenure of office was increased to three months. Due to the steady growth of this group overall, it was felt that it was necessary to give greater representation to the group.

Desiring a medium of expression, the Folsom Group petitioned the prison authorities for permission to publish a small magazine dedicated to the principles of A.A.; permission was granted and the first publication was entitled the "Newsletter", and at this present time it is called the "*Folso-Mite*".

In accordance with A.A. policy, A program of social meetings were instituted whereby local group members meet with our outside guests for an occasional "Coffee Social", And the fellowship ____ these meetings offer are readily apparent to all. They _____ a regular annual affair.



We here in the Folsom Fellowship of Alcoholics Anonymous are very grateful for the constant participation and solid backing that is given to us all of the prison officials. We realize that such a program as we now have would be impossible without their help and approval.

The Folsom Fellowship has an office with four full-time volunteers to take care of group correspondence, maintain and prepare the building for intra-group meetings, publish the *Folso-Mite*, and the various and sundry other tasks which makes _____ of an A.A. member in or out of prison. At the present time the office staff consists of Jim S. Secretary, Tom T., clerk, and the editor of the Folso-Mite magazine, Duke W., assisted by co-editor, Trueman W.

On June 27, 1958, we observed our 15th anniversary. We cannot find a more appropriate time to wish each and every member of A.A. a full and happy life of sobriety through the maintenance of the twelve steps and traditions, and the Fellowship and warmth to be derived therefrom. Our best to everyone, we remain,
Sincerely yours, THE FOLSOM FELLOWSHIP

Julio B.
Archives Chair



OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open. If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair.*

Committee Chairs/Officers

Execute the operations of the Committee.

◇ H&I Conference Chair

◇ Finance Committee Chair

Regional Chairs

Acts in support capacity to Area Chairs within the region...

Region 01 - Far North Coastal – OPEN

Region 20 – Northern Coastal - OPEN

Region 70 – Southern Coastal – OPEN

Region 10 - Far North Interior – OPEN

Region 50 - East Bay – OPEN

Region 90 - Far Southern Interior - OPEN

Area Chairs

Have overall responsibility for the H&I operations in the areas in which they serve...

Area 12 Lassen – OPEN

Area 44 Amador - OPEN

Area 95 Kings - OPEN

Major Institutions Coordinators

Have overall responsibility for all H&I meetings in the Major Facility which they serve...

FCI Herlong (HER) – OPEN

SVSP Soledad - OPEN

FCI Mendota (MEN) – OPEN

USP Atwater (ATW)-OPEN

SCC Jamestown – OPEN

IVSS Coordinators

If you'd like to support opening this service in an Institution near you, please contact the IVSS Chair

**The Web Site for the
Northern California Hospital & Institution Committee is:**

www.handinorcal.org

Please visit our site and send us your suggestions or questions.

To change your newsletter status or info, chose one of the following:

E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.

Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119

Come to any General Committee Meeting to give us your new info.

**NORCAL COMMITTEE AGENDA – July 26, 2026****OPEN MEETING with the Serenity Prayer****READINGS:**

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

INTRODUCTIONS / WELCOME**APPROVAL OF THE AGENDA****APPROVAL OF MINUTES FROM LAST COMMITTEE MEETING****OFFICER REPORTS:**

1. General Chair: Joe N	10. Pink Can Coordinator: Peter M
2. General Co-Chair: Joyce R	11. Policy Chair: Penny C
3. Treasurer: Joyce R. • APPROVAL OF FINANCIAL STATEMENTS	12. Audio Media Chair: Jeremiah P
4. Secretary: Lynn D	13. Archives Chair: Julio B
5. Major Institutions Chair: Jeff L	14. Public Information Chair: Melody T
6. IVSS Chair: Karen C	15. Grapevine Chair: Bob F
7. Finance Committee Chair: Karen C	16. Publisher: Jude H
8. NCCAA Conf. Coordinator: Karen B	17. Spanish Comm. Chair: Martin L
9. Literature Chair: Peter M	18. Website Chair: Thom H

LIAISON & SERVICE COMMITTEE REPORTS:

1. VATF: Jeff L	4. SoCal H&I Liaison: James C
2. H&I Liaison to CNCA: James C	5. Guest Reports
3. H&I Liaison to CNIA: Vikki L.	6.

BREAK**COMMITTEE BUSINESS SCHEDULE**

- Open Committee Positions
 - Chair Appointment for Pink Can Coordinator
 - Finance Committee Member #3
- Website Ad hoc Committee Updates

DISCUSSION TOPIC FROM THE GENERAL CHAIR

- How do your areas evaluate requests from facilities that wish to start a meeting? Are there certain types of facilities—such as sober living environments (SLEs), assisted living facilities, or residential care homes—where you find yourself questioning whether the request qualifies? What criteria or process does your area use to review and respond to these requests?
- Regional Chair Role & Recruitment: Are we utilizing this position effectively, and what ideas do we have for developing and recruiting future Regional Chairs?

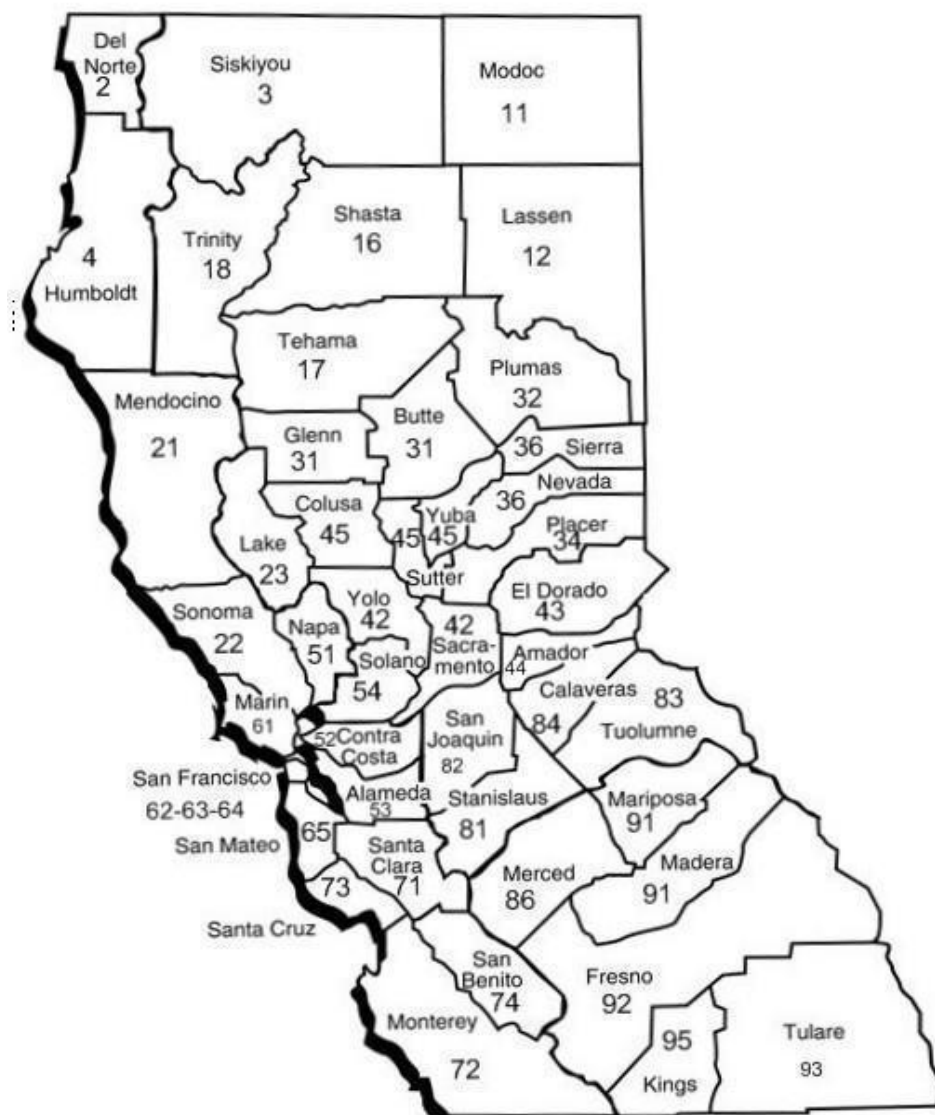
OPEN FORUM – HOW CAN WE HELP YOU? Questions, suggestions, or comments from the floor**ANNIVERSARIES****CLOSE MEETING with Declaration of Responsibility**

Please send a brief written copy of your report to our Recording Secretary





Northern California Hospital and Institution Committee Regions and Areas



Region 01 - Far North Coastal

Areas: 2, 3, 4

Region 10 - Far North Interior

Areas: 11, 12

Region 15 - Lower Far North Interior

Areas: 16, 17, 18

Region 20 - Northern Coastal

Areas: 21, 22, 23

Region 30 - Northern Interior

Areas: 31, 32, 34, 36

Region 40 - Central Interior

Areas: 42, 43, 44, 45

Region 50 - East Bay

Areas: 51, 52, 53, 54

Region 60 - West Bay

Areas: 61, 62, 65

Region 70 - Southern Coastal

Areas: 71, 72, 73, 74

Region 80 - Southern Interior

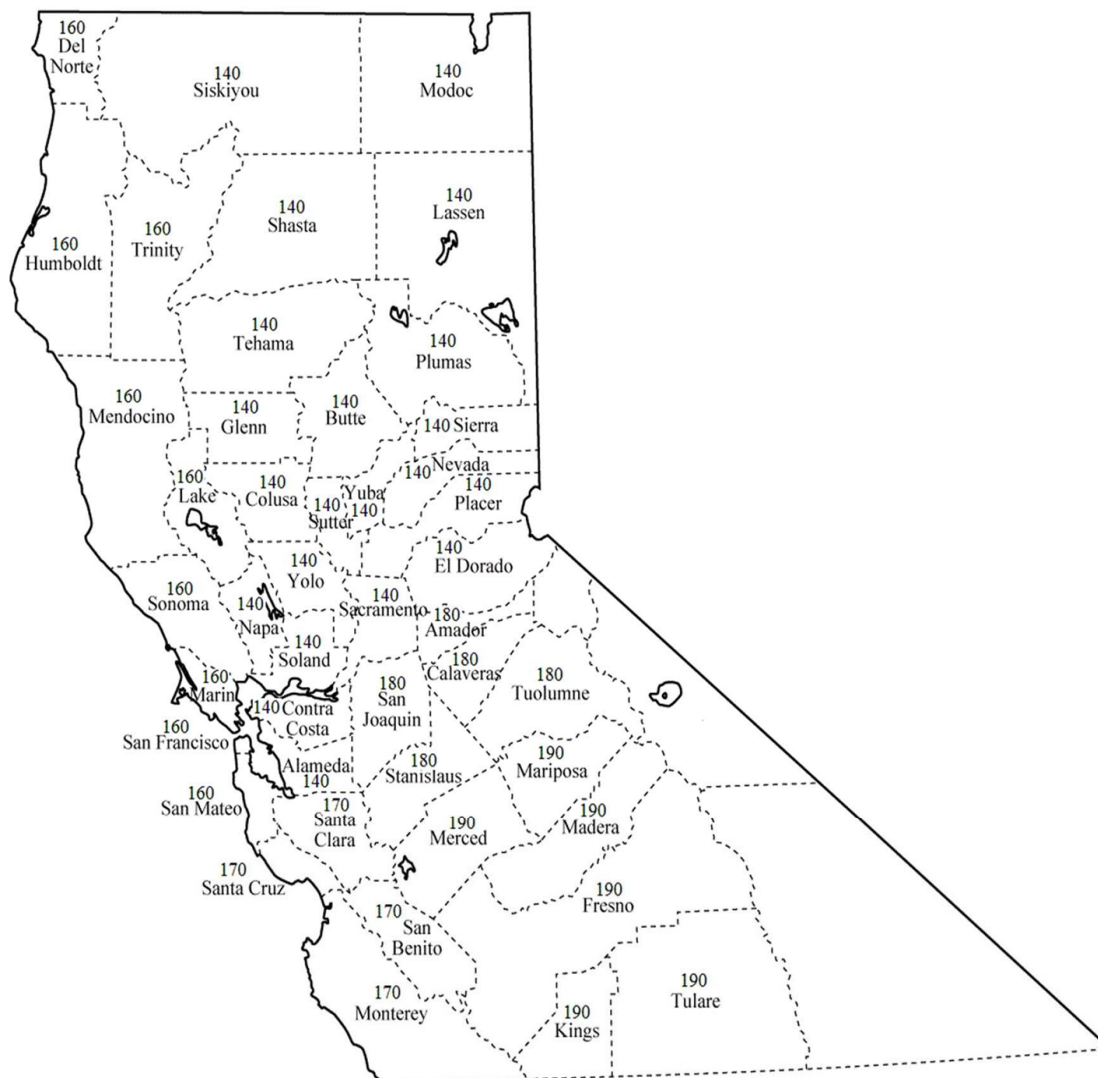
Areas: 81, 82, 83, 84, 86

Region 90 - Far Southern Interior

Areas: 91, 92, 93, 95



Comité de Hospitales e Instituciones del Norte de California



Región		Reunión de negocios
140	Spanish North Interior (Sacramento)	4th Thursday of the month 7:00 to 9:00pm 5625 24 th St., Sacramento, CA 95822
160	Spanish North Coastal (San Francisco)	2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm 3401 Cesar Chavez St. Suite C, San Francisco, CA 94110
160	Area 161 Sonoma	Last Friday of the month, 7:00 pm 5959 Commerce Blvd, Unit 18, Rohnert Park, CA 94928
170	Spanish South Coastal (Salinas)	3rd Wednesday of the month at 7:30 pm 216 Gavilan St. Suite 215, Salinas CA 93901
180	Spanish Central Interior (Modesto)	1st Tuesday of the month 7:00 to 8:30pm 100 Carver Rd. Suite 7, Modesto, CA 95350-4787
190	Spanish South Interior (Fresno)	1st Monday of the month 7:00 to 8:30pm 520 N Fulton St, Fresno, CA 93728

**NorCal H&I COMMITTEE MINUTES April 26, 2026**

Opening: **Joe N.** opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer. Also verified the meeting was being recorded (for the minutes) and that simultaneous Spanish translation is available and in use. If you need any help with any of the above, please let us know. For those joining on Zoom, you have the option to turn on closed captions using the tools that are available for you on there.

Purpose Statement: **Ken M.** read the H&I Purpose Statement and **Jude H.** read the short form of the 12 Traditions of Alcoholics Anonymous.

<u>In Person:</u>	<u>On Zoom:</u>
<i>Francisco Jen B. Karen B. James C. Penny C. Karen C. Annetta D. Lynn D. Nancy H. Jude H. Alfredo J. John K. Jim L. Jeff L. Martin L. Omar L. Peter M. Joe N. Jeremiah P. Michael P. Joyce R. Kelli S. Lou S.</i>	<i>Bruce A. Kelly B. Alley G. Victoria H. Bill H. Don H. Thom H. Andrew K. Leigh Ann M. Andrew M. Claudia N. Marian P. Vikki L. Miki S. Cecilia S. Melody T. Interpreter: Manuel G.</i>

Attendance at Committee Meetings:

2025	2026
01/26: 38 (6 in person)	01/25: 42 (ZOOM)
04/27: 39 (4 in person)	04/26: 22 in person / 16 Zoom
07/27: 28 (5 in person)	
10/26: 28 (0 in person)	



Joe N. shared voter eligibility: Area Chairs, Regional Chairs, NorCal Committee Chair, Co-Chair, Secretary, Registrar, Treasurer, Literature Chair, Pink Can Coordinator, Grapevine Chair, Policy Chair, Public Information Chair, Audio-Media Chair, Archives Chair, NCCAA Conference Coordinator, Publisher, Website Chair, Spanish Communications Chair, Major Institutions Chair and Coordinators, IVSS Chair and Coordinators, Finance Committee Chair.

The above Committee members are invited to comment on any new and unfinished business. Our Open Forum is available for anyone present to make comments, ask questions or bring up a topic.

AGENDA (preliminary draft published in April 2026 newsletter): Committee members are asked to request agenda topics in writing prior to the meeting so we can add it to the published new business agenda. A Committee member may also bring up a new topic in the open forum discussion portion of the meeting, but this will likely delay consideration and action.

- **Review and approve agenda** published in April 2026 newsletter (as revised):
 - Motion to approve: **Nancy H.**
 - 2nd: **Miki S.**
 - Approved= 100%
- **Review and approve January 2026 minutes** published in April 2026 newsletter:
 - Motion to approve: **Karen C.**
 - 2nd: **Annetta D.**
 - Approved = 100%

Officer Reports

General Chair, Joe N.

First, I want to thank Area 23 for hosting today, not just for the space, but for all the work that went into this.

I had a chance to attend the Soledad conference at the end of March on a Saturday and want to say how powerful that was. These guys are on fire with their sobriety; you can really see the impact of the IVSS program, as well as the H&I meetings being brought in there. What stood out to me most about this conference was how well they treated us as their guests. They were grateful, respectful, and truly hungry for the message. It was inspiring to be a part of the conference. Hats off to Alex for coordinating it. If you haven't been to one, I encourage you to check one out. I'm still a rookie when it comes to NorCal H&I history, but from what I understand, these events go back in time to the old ice cream socials at San Quentin.

As a Committee, we don't really have a clear connection with these conferences, as they are technically not affiliated with NorCal H&I Committee. That being said, with talking to Jeff and some of these coordinators, it is becoming more common and more wanted. I think it's probably time to look at this a little bit more formally. I will be digging into it and plan to bring it to the Policy Committee for discussion. In the meantime, if you have any experience or input about this, please reach out to me or Jeff. We want to gather as much perspective as possible.

As we get into today's business meeting, I want to offer a quick reminder that here we try to keep our discussions grounded in the principles, not personalities. For those who are out there doing H&I work - this part, the Committee meeting - is really the behind-the-scenes work. This is where we focus on the policies, procedures, and processes that support all of your efforts out there in the trenches.



So, if you're a newer Committee member, or just observing how this works, please keep in mind that this is a business meeting and not an AA meeting. We may not always agree, and that's okay; but everything we do here is guided by the same purpose, which is carrying the message to the alcoholic in institutions and treatment facilities throughout Northern California.

Today we'll cover the Website under Committee Business and get into Form 2's and Rotation of Service under Discussion Topics. I'm really looking forward to hearing everybody's input on all that. Thank you again, everybody for being here, and for all the service that you do.

General Co-Chair, Joyce R.

It's such an honor and a privilege to be here today, and to serve this Committee in the capacity of Co-Chair. I'm very grateful for the opportunity and enjoy learning from Joe, I am also hopeful that a little bit of his diplomacy wears off on me.

I've had the opportunity to participate over the last couple months on the Website Committee. As they know, I really like having an opinion, so thank you for listening to mine. I also got to participate in the meetings behind this event, and it's so exciting to be here with everybody and to meet Lou and Kelli in person.

In June Joe or I will participate in a sharing session on self-support in AA hosted by Area 06. The Treasurer of GSO will be one of the panelists. This will be focused around the fact that GSO has continued to operate in their prudent reserve since COVID. One of the topics being addressed is if the growing number of online meetings might be affecting contributions due to cashless collections. From our Committee standpoint, this hasn't affected us. We are still getting over 65% of our contributions on check, with only 35% coming in online.

I having been working on assisting our Spanish Regions in getting literature. As our Spanish Regions hold their meetings inside Areas or Major Institutions, it is up to Area Chairs or Major Institution Coordinators to include the Spanish meetings on their form 2's and ensure that they are getting literature. Martin L., Spanish Communication Chair, and I met with Area 92 Chair, Andrew M., who's here online today. Andrew mentioned that he was aware that Region 190 was holding Spanish H&I meetings in Fresno, but wasn't aware of how they were getting literature, Area 92 has updated their Form 2 and ordered Region 190 literature. Thank you both very much for your willingness to get this accomplished.

I'm in conference with Omar L. from Region 140. Omar has shared a list of their meetings with me and will forward a list of the books they would like to use. Many of Region 140 meetings are in Major Institutions, so once I get the list of books, Jeff L. with coordinate with the Major Institution Coordinators and I will reach out to the Area Chairs involved to add Region 140's meetings to the Form 2's and get literature for them ordered.

I see that our Region 170 chair is here, so we will talk before the end of today. We hope to iron all of this out within the next couple months, and more unity to our Committee.

Treasurer, Joyce R.

We ended March in Neutral financial position. At the end of March, we were negative \$22,342.05 for the month and negative \$48,883.55 year to date. This put us \$5,170.80 below our recommended 6-month prior year expenses prudent reserve and cash on hand. We calculate our numbers by dividing our prior year expenses by 12 and using 6 months of it.

For 2026 our 1-month prior year expense average is \$51,284.74, making the 6-month recommendation \$307,708.44. Based on this, we consider ourselves in Sound financial position when we are \$25,642.37 (1/2 of 1-month prior year average) above that number; Poor financial position when we drop \$51,284.74 (1-month prior year average) below that number; and Neutral financial position is anywhere in between.



We did have an extremely large month of literature orders in March which was anticipated as literature is becoming more readily available from AAWS. However, in comparison to last year at this time, we were 5.0% below last year in literature expense while our contributions were nearly identical to last year's number in March. That makes it difficult to tell if the large literature orders in March are due to the past delay in shipment of literature or an actual trend.

If the contribution trends from the past couple of years continues, we will see contributions rise in April as many groups make quarterly contributions. This will be welcome, as in March we paid \$100 per month more in freights costs for our Grapevine and La Viña Subscriptions. Grapevine has also been in contact with Bob F. and will be sending over a cost per issue increase. For several years, we have continued to be charged \$1.75 per issue of the Grapevine and La Viña, while the current cost per issue to the fellowship is nearly double.

It is important to continue to encourage all AA meetings to pass the pink cans and have treasurers send in the money on a continual basis. The continual income will allow our Committee to adjust to these rising costs while continuing to live within our means. It is important that all Areas have a supply of Pink Cans available for groups that want one.

Area Chairs please share our financial report monthly with your Area's volunteers. This is a great way to get our financial information out to the AA Fellowship. Having the NorCal Financial Facts on hand is helpful if you are asked "Does H&I Have Too Much Money". This question seems to be surfacing once again since the 5% checks have gone out. We send the 5% checks yearly to help Areas meet their financial needs in doing the work of the Committee. Our volunteers participate in H&I to carry the message of AA. To expect our valuable volunteers to also financially support the Area business meetings and efforts to attract more volunteers goes against AA principals. This is why the 5% checks are sent yearly and represent a yearly expense our Committee includes in our budget. It is not an indication that H&I has too much money. It is important that this money be used for H&I expenses in your Area. As outlined in the letter that accompanies the checks, some ways that Areas are using these funds:

- not taking a collection at their Area business meeting
- purchasing supplies like shelving or outside storage for H&I literature
- renting space to put on workshops
- sponsoring events like picnics to inform local members about H&I services and gather new volunteers

These are just a few ideas; Areas are free to collectively decide how to use this money for the work of this Committee. This money is not meant to be used to purchase literature, as literature orders need to go through our Literature Chair. Nor is it to be used for distribution between local AA meetings, etc. Please remember that using the money for anything other than to support the work of this Committee could jeopardize our Committee's financial future. Area Chairs, if you have not cashed these checks, please do so in the near future.

If at any time any questions or concerns arise, please feel free to contact me at

treasurernorcalhandi@gmail.com.

January, February, March 2026 Finance Statement(s) Approval (in April newsletter)

- Motion to approve: **Jeff L.**
- 2nd: **Miki S.**
- Approved = 100%

Recording Secretary, Lynn D.

Thank you to everyone for sending in reports and allowing me to be of service.

**Major Institutions Chair, Jeff L.**

When I took this position, I had high hopes of getting coordinators for all the prisons, but we might have less now than before. I went to Area 54's last meeting to try to find someone for Solano Prison. I'm going to try to attend some men's meetings there. Coordinators are needed for New Folsom, Jamestown, Pelican Bay, and Susanville, which has not had a coordinator since 2008 when I joined this Committee. Salinas Valley is not returning emails. If you know anyone who might be a good candidate, please contact me so I can reach out to them. It's tough to find people when you don't live in those Areas. I will be going to the Fairfield Men's group and will talk to Nancy H. about Susanville. I will also make a trip to Crescent City.

Meanwhile, all Northern California prisons need help. Even San Quentin is low on volunteers, which never used to be the case. There's a new administration who is not very responsive. The CDCR is in tatters right now. Joe talked about the Soledad conference, where there were 240 guys on the inside and 40 outside volunteers for a 3-day event. It is powerful. You really do see the effects of sponsorship, and the level of sobriety of inside members is amazing. Everybody is working the steps and a program, probably at greater percentages than meetings on the street.

Bill H. had a speaker jam at Avenal Prison April 11, 18 & 25. They do it in various stages at the request of the prison administration. We are preparing to take one into CHCF next weekend. Mule Creek is also interested in a conference, but there is conflicting information from them (i.e., they don't want more volunteers but want a conference). There are a lot of challenges, and I appreciate all the help I can get from the remote Areas. I'm easy to get ahold of, will travel to you and talk to people. It's hard to do this without the assistance of someone who is local.

IVSS Chair, Karen C.

I'm privileged to serve as the Inside Visiting Sponsorship Service Chair for this Committee. I want to start out by welcoming the people who may be new to H&I and are new at this meeting. I want to tell you I got my first H&I commitment in the fall of 1987; and it is the one service commitment I have had continuously, in one place or another throughout my sobriety. And I am absolutely sure it is one of the main reasons that I'm sober today. I love this Committee.

Today, I'm here to talk about the Inside Visiting Sponsorship Service (IVSS). For those of you who haven't heard about it, IVSS is the H&I service that provides one-on-one outside sponsorship to confined alcoholics, primarily in state prisons. We pioneered the service in 2018; had our first match on the inside in 2019; and we're currently engaged with 8 prisons in Northern California (although two of them are currently on hold). Two of our coordinators are here today: Leigh Ann M. and Bill H.

IVSS serves as the model for providing sponsorship across the country. We have presented this service at national corrections conferences across the country. I get calls all the time from people in different prisons across the country asking how they can implement this program in their facility.

When I first got sober, I was told 3 things primarily and consistently: go to meetings, get a big book, and find a sponsor to help you work the steps.

For over 80 years, this Committee has been bringing in AA meetings and providing literature, but because of the CDC (CA Department of Corrections) rules and guidelines, we have not been able to effectively provide sponsorship, the third vital element of getting and staying sober.

So, we figured out how to do that, and it's been groundbreaking for us. I was talking to somebody across the country, and they said, you know, we've been trying to figure this out for decades - trust NorCal, H&I to figure out how to do it, right?



So, we're now officially included in the corrections workbook out of GSO. We've been blessed to have many, articles published about this program in the Grapevine. Peter kindly brought a bunch of copies of those Grapevines; they're on the back table. If you're interested, pick one up, the article explains the IVSS program as well.

Because this is our big in-person meeting this year, I'm not going to go into all the data that I usually do, but it will be in the newsletter. Today there are two things I want to tell you about:

1. **The IVSS video training project.** Training coordinators is a very labor-intensive job; it involves a lot of coordination and timing, both on my part and on the part of the coordinators for the institutions. Last year, this Committee approved a budget to create videos to train the coordinators. It's been tremendously helpful, not only to the coordinators but also to me. More importantly, it makes my position sustainable by making it easier to replace me. No service position should be so dependent on any individual that it can't be readily rotated. Having these training videos ensures consistency and the effective transfer of information - the same vital information is getting out on a consistent basis. It also makes this training available to Committees across the country and the world, allowing easy implementation of this life-saving service at their convenience. That project was completed on time and within budget, thanks to Rich Y., our incredible videographer. It is now posted on YouTube, where anybody can access it. The Channel was pulled up on the screen for viewing. [IVSS-FreeOnTheInside](#)

As you can see, there are two playlists. The first playlist is about setting up anonymous communications to protect anonymity. The sponsor receives an anonymous Gmail at Google address and an anonymous voicemail service. Following this, you download an application from the prison. No one will ever know your name, phone or email address - your anonymity is protected.

The second playlist contains 7 training modules for coordinators, with all the documentation. A new coordinator goes through a training module, we follow up if there are questions, etc. By the time they get through all seven modules, they are ready to start training. I invite you to check it out.

Guys, this could be much bigger than it sounds right now... Eventually, I think we might want to get a YouTube channel for H&I with information-only videos on it. As you know, General Service and Grapevine each has an information-only presence on YouTube (without comment-posting, so not discussion forums).

So, we could have videos on people's experience about taking meetings into jails and prisons and rehabs. We could provide other training videos on there, including H&I orientation videos. It opens up a whole new world of possibilities for visibility, not only for the members of our Committee, but across the country.

When IVSS first started (pre-COVID), sponsors had to physically go into the prison. We communicated by letter (snail mail!) and once a month, the sponsor went into the prison and visited the sponsee. Since COVID, the various Corrections Departments across the country have been working on implementing electronic communications – something we could never have imagined. However now members on the inside have access to cell phones and tablets...

Now - if something happens on the yard, the sponsee can text their sponsor and say, "Hey, I need to talk to you tonight." Sponsor texts back, "I'm available at 7, I'll wait for your call." Immediate sponsorship, just like we have on the outside. I mean, how many people in this room got sober with the help of a sponsor? It's so exciting to be able to bring this to inside members.



2. We need **two types of volunteers**: (1) sponsor volunteers; and (2) coordinator volunteers.

Sponsorship volunteers. Requirements are 5 years of continuous sobriety, plus knowledge and practice of the steps and the traditions. **We are constantly putting our common welfare first on this.** One cannot sponsor at a facility where you bring in a meeting, because it goes against the Department of Corrections rules and regulations. So, given that, sponsors can do it anonymously from the comfort of your own home.

There are 235 inside members who have requested a sponsor and to date we have been able to match 192. The rest remain on a waiting list. I know that there are some people here in this room who are able to get in there and sponsor somebody on the inside electronically.

Here is a copy of the flyer that we hand out. The QR code will take you directly to a brief online questionnaire, which comes to me. I then forward it to the appropriate coordinator to get you set up with an orientation. We can do it for men, and we can do it for women (men with men only and women with women – these are the sponsorship guidelines we follow). So, if you're at all interested, if you know anybody who is interested, who might be interested, please take the flyer to your home group, post it and announce it, etc. because we need volunteers desperately.

Coordinator volunteers. Now that we have the training project completed, we can add any prison in Northern California as soon as we get a volunteer to coordinate it. And Melody is here on Zoom. She's been working with the administration at CHCF on behalf of IVSS. Major institution coordinators and/or Area members with a prison in their Area, this is the time to identify coordinators and to contact me.

I'm going to read you a quick testimonial from Jamie W., who is the institution coordinator at Folsom. CHCF [California Healthcare Facility], a correctional hospital. We just implemented Folsom 6 months ago. She writes: "I wanted to share something with you. Monday night, when I was in the prison, I was in a meeting, and there's this guy, Vince, that's been coming to the meeting for, I don't know, 3 or 4 years, who never talks, just sits in the corner. Well, this past Monday night, he was talking, smiling, just acting completely different. He said he had just finished his fifth step with his sponsor. It just brings me to tears whenever I think about how powerful this is."

So that tells you what it means on the inside, and how quickly it starts working. We've only been in Folsom for 6 months, and now here's a guy who got a sponsor, and he's done his fifth step with him.

I'll end with a little philosophical commentary. We can talk about how awful things are going in this world, in the country. But one of the worst things always has been, and always will be, alcoholics behaving badly. Right? Alcoholics behaving badly is one of the causes of a lot of problems in this world. So, maybe consider doing what you can, changing what you can - and volunteer to take the steps of Alcoholics Anonymous to a person who's on the inside, so that when they get out, perhaps they will not get out and behave badly. Thank you.

Finance Committee Chair, Heidi O. n/a



NCCAA Conference Coordinator & NCCAA Liaison, Karen B.

For those who do not know what NCCAA stands for, it's Northern California Council of Alcoholics Anonymous. The NCCAA is the only thing in this Area that is as old as H&I. NCCAA puts on a service conference twice a year which included H&I panels, General Service panels and Intergroups panels. The most recent conference was held in San Ramon and was a huge success with over 600 attendees. H&I had a table which Annetta Dahme graciously staffed with volunteers. Thanks to Melody T., there was an H&I panel with great speakers (Chris D., Vikki L. Matthew L. and Karen C.).

We elected a new NCCAA Conference Chair – James W. from Manteca – will take over from Mary M., who was Chair for four years and basically breathed the life back into NCCAA conferences. NCCAA does need a lot of participation, so if you are interested, please contact me.

At their next Steering Committee meeting on July 26, they will discuss the possibility of a Northern California-wide inventory of all services at an upcoming conference. In addition, the development of sliding-scale pricing due to disparity in costs in different Areas.

The next conference is at the DoubleTree in Fresno CA on **October 9, 10 & 11**. Registration is already available online. Visit [NCCAA Website](#) for more information, including how to be of Service to NCCAA.

Literature Chair, Peter M. / Co-Chair Kelly B.

Peter: I'm in awe of what Kelly B. does. I've met with her 6-7 times and am learning about the position from her. I moved everything from San Jose into my Area in Concord. What I found was over 3,750 Grapevines in storage, which amounts to about half of the literature on hand and need to figure out what to do with all these Grapevines, which were ordered during COVID times. Now they are just sitting in storage.

Kelly: Thank you Peter for your patience during this transition. We do currently have a large backorder of Big Books. To date for April, we are at \$22,994 books sold. \$937.93 extra came out of storage – so Peter has been sending stuff out from storage. The Grapevine books were basically ordered for the IVSS program; we wanted to give some to the Chairs and Coordinators to bring into the prisons. As an example, what we have in storage now and what Peter has been getting out are Big Books that we paid \$10.34 each the last time we placed an order and stored them. They are now up to \$14.00 per book now, which is a major increase. The Twelve & Twelves were \$8.80 before and now are \$13.00 each. Daily Reflections were \$10.25 each before, and now they are \$15.50 each.

So, when Area Chairs get the monthly recap from NorCal H&I Treasurer, it's really important that you look at your Area's literature costs. If you don't have the new literature order form, please let us know at norcallit@gmail.com and I'll send it to you.

I also want to thank Joyce very much for sorting things out with the Spanish Region Areas and Major Institutions. We really do need to get Form 2's filled out properly with Spanish language meetings so they can get literature to those meetings. For my Area 71 we do provide Spanish language literature to some meetings, but I'm sure there are more out there and glad that Region 170 is there as a resource.

Pink Can Coordinator, Peter M.

As of this morning, we have 185 pink cans and 73 lid stickers for old cans. I would like to turn over this commitment. There are two main responsibilities:

- (1) Put lid stickers on new cans and cut slits on the lids;
- (2) send pink cans to those who request them;

Please contact Joe N. if you are interested in this commitment.



Policy Chair, Penny C.

I serve on the Policy Committee with Joyce, Jeff, Joe and Julio on updating the policy manuals every year. We changed the policy timeline, so will present changes for the first vote in January 2027. If you have ideas or updates, please email me at penelopestew60@gmail.com.

Archivist/Historian Chair Julio B. (not present)

My apologies for missing this Committee meeting. I met with Joe N. earlier this month and provided him with several items for display at the meeting. All are digital duplicates of items from the NorCal Archives.

This month's Newsletter article from the Archives looks back at an aspect of the long-standing relationship between the NorCal H&I Committee and the Northern California Council of Alcoholics Anonymous. Long before NorCal H&I published our own newsletter, our main channel of print communication was our regular articles in the NCCAA Good News publication. A page from the Feb. 1951 Good News is reproduced in the Newsletter providing a fascinating view of AA activities in Napa State and other hospitals in these early days of NorCal H&I.

Public Information Chair Melody T.

Once again, thanks to the wonderful panel of speakers for the H&I panel at the NCCAA conference in San Ramon. They were fantastic. Chris D, Vicki L, Karen C, Matthew L. It was well attended and we had a lot of visitors to the H&I table, along with a diligent crew from Area 52 stamping literature. We had a lot of fun and made many new friends. We're already planning the speakers for the next NCCAA conference in Fresno in October 9th, 10th, and 11th.

My next project is to create a binder and/or electronic file of examples of H&I Area's informational giveaways, beginning with meeting rosters. It's amazing to me how many Areas do not have some kind of a flyer or promotional material for prospective volunteers attending district picnics, Intergroup picnics, New Year's functions, etc. If you need help, let me know. I would like to put together a binder or electronic file of all the examples; try to keep them as updated as possible, so that if an Area Committee doesn't have such a document, it's easy to make one. Please send along flyers and/or other promotional materials to me at info.norcalhandi@gmail.com

There was also an H&I table display at the Resource Fair at the California Healthcare Facility in March, and I'm available to help if any of the prisons in your Areas are having such an event. Prospective Inside members attend these, and there are prospective newcomers who we can help connect with AA meetings and the CRMs table, etc. and gave away a lot of literature. The Bridging the Gap Committee and the Delta Intergroup PI Committee also had a presence there.

It helps if Area Chairs do have communication with the facility coordinators for our Major Institutions. So, I hope Major Institutions are connecting with their Areas, even though they don't have to report there. Phone or email me at tolmie.melandjoe@gmail.com if you need help with materials about volunteering for H&I service or help with generating enthusiasm about H&I.

Grapevine Chair, Bob F. n/a

See Treasurer's Report about the Increase in Grapevine subscription cost. Joyce, Bob and I have been in communication about that.



Publisher Chair Jude H.

I am floating an idea with our secretary and with Joe about the possibility of publishing the April reports in the April newsletter (instead of reports from the previous quarter). It's really just a matter of timing. If Area and Regional Chairs could get reports in when Lynn asks for them and we get them in a timely manner, I can include more current information in the current newsletter.

Spanish Communications Chair, Martin L.

There are five Spanish language regions: Regions 140, 160 & 161, 170, 180 and 190. We really have considered ourselves as one Committee. Today both Region 170 Chair and Region 190 Chair are here.

Currently two Spanish Regions are on board with the literature process, and I want to thank you, Joyce, for your help. The Spanish community has had issues getting on board and actually being part-of. That's not because of you, it's because we've been lagging behind.

Our five Regions meet regularly – we call it an Inter-Regional meeting. The last meeting was on March 8, 2026, at which we discussed the literature process and the IVSS service tool.

The most important thing is to let you know that we are working on clarifying the process with our Committee members who would like to work in unity with NorCal H&I.

Our next Inter-Regional meeting will be on July 19, which is the third Saturday, and will be in Fresno. I'll send Joe the information, as we would like to invite you and Co-Chair Joyce as well to our meeting. Thank you very much.

Website/Audio Chair, Thom H.

We will talk a lot about the website after the break, so I'll just report now on the basics.

- Everything's good. I am behind on some updates and will post the recent financials today.
- We have been meeting about migrating the website away from where it is currently. For those who may not know, I've been in this position for 10 years and originally hand-coded the website according to Committee specifications at the time. In order for me to rotate out of this position, we want to move the site to a format whereby someone new can easily make updates and manage changes.
- The current site does carry a lifetime warranty, and I will be available to do whatever the Committee needs me to do, but in the spirit of rotation we will migrate to a new format. If anyone has questions, you can contact me through the website.

Registrar, Bruce A. n/a

Liaison Reports:

VATF, Sacramento Jeff L.: I attended a VATF meeting with Cecilia S.. They said a lot of nice things, but actions speak louder than words. I will follow up and to help Cecilia as well.



H&I Liaison To CNCA, James C.

- The focus is currently on Agenda Topics, and many Areas are holding workshops to better acquaint GSRs with the process of gathering information.
- There's continued discussion on how to implement the results of the inventories to better serve the members in respective Areas.
- Inclusion and safety are two topics mentioned in almost all reports, with sharing sessions at monthly meetings.
- It was noted that the Grapevine continues to struggle financially, and though improved over the last year, is one of the Agenda Topics for this year.
- Continued discussion about implementing QR code that links to a simple and consistent message about AA's primary purpose.
- I continue to have inquiries about the possibility of a Spanish translation of the PLBB.
- I reported to CNCA that our IVSS program is going very well and we are actively seeking sponsors, with an emphasis on needing Spanish-speaking volunteers. I invited comments and suggestions.

I learned yesterday that there is a self-support sharing session on June 11 online and our Chair Joe N. will be one of the speakers.

H&I Liaison to CNIA (California Northern Interior Area), **Vikki L.** Last weekend we had our pre-conference assembly where GSR's convened with our delegate, who is now in New York at the conference. The post-conference assembly is on May 16 & 17, and I'll report back to you about that.

H&I Liaison to SoCal, James C.

- There's been turnover in some commitments; there are still openings.
- There continues to be discussion of ways to better serve the Spanish-speaking community.
- They continue to discuss the need for better communication with administrations of jails, prisons and some other institutions.
- They are making progress on finding ways to offer something like our IVSS program.
- They continue to discuss ways to place QR codes on H&I literature that directs people to their website, or to a specific program on their website.
- They discussed the proposed 2026 conference and discussed the combined SoCal/NorCal H&I Conference scheduled for next year.

My report to SoCal H&I included:

- a general statement about our current financial status
- a pitch for the IVSS program, stating it is going very well, and we are actively seeking those who would sponsor someone in prison, with an emphasis on needing Spanish-speaking volunteers.
- I invite comments and suggestions.

Liaison from SoCal to NorCal, Nikki J. n/a



Claudia N. Alt delegate CNCA & PICPC Chair

James C. covered all the information above. You can contact me at picpc@cnca06.org.

Committee Business

1. **Website.** We want to clarify what's been done so far and what next steps look like. In the July 2025 meeting the Committee approved migrating the NorCal H&I website to WordPress, thereby creating a more rotation-friendly platform and an ad hoc Committee to explore that. What was not clearly defined at the time was whether that meant simply migrating the site as-is, or whether it would include a broader update and improvements. The ad hoc Committee worked on digging into that concept and what the move actually involves. Today we confirmed that the website can be successfully moved into WordPress and preserve all the existing content. We also built out a sample model that will show you what is possible within the platform as a whole. I just want to be clear that what we will show you today on slides is NOT the final website, but rather a working example to illustrate the capability of WordPress itself and bringing that content over. Also, as we go through these slides I want to let you know that I've set time aside after the slide presentation to individually ask questions and/or make comments.

Michael P. presented slides. I got H&I SF website up and implemented data management tools for them. The ad hoc Committee, who consists of Julio B., Joe N. and Thom H., produced a couple of surveys. One survey is on the website and the other was emailed to all of you. There were approximately 100 responses. We started by identifying who the users are and found that approximately 80% are group treasurers. Other users include those seeking information about volunteering locally or in a major institution; H&I policies, history, IVSS, business meetings, financial reports, and/or how to contact us.

These slides do not represent the final design at all, but we want to show what's possible to move the current site onto WordPress, which is a different platform. Many things are easier to do now than 10 years ago. There's about 50% more mobile traffic now. H&I SF is approximately 65% mobile and SF Intergroup is about 75% mobile. Scrolling through the home page from a cell phone is easier to navigate in WordPress, and it's easier to manage updates. WordPress is one of the most common website development programs, so those with technical access can more easily make updates, edit and upload documents.

Joe: One of the biggest takeaways from the process is that the website does have to change. Our main goal is to make the site rotation-friendly, and we are confident that WordPress is the right long-term solution to support that. However, the new website cannot be an exact duplicate of the current site, given that lift-and-shift and/or copy-and-paste is not possible given that they're two different platforms. Even if we try to keep things visually as close as possible, some level of change will be unavoidable in order to meet the goal of making it easier to maintain for future rotating members. The good news is that no matter what direction we take, all the existing content will still be there. What changes is how the content is structured, managed and potentially presented. So, where this leaves us now is our next decision point, and this is where guidance from the Committee is needed for next steps. There are options available. If the Committee would like to keep the site looking very similar to what we have today, we can aim for that – knowing that some changes will need to happen behind the scenes and potentially in the layout. On the other hand, if there's interest in taking advantage of the new platform, there are opportunities to explore a different overall appearance, along with alternative layouts and navigation options.



The next step is to form a Website Advisory Committee to help guide that direction. This group would help determine whether or not we keep the new WordPress site as close as possible to the current format, making only the changes absolutely necessary -or- explore it for layout, structure and overall look and feel. Either way, again, the content remains intact. We are really deciding how we want the content to live and be experienced moving forward.

Thom: Because I think there's a lot of people who really like the site as is, I think the only way to accomplish this would be to actually do a lot of WordPress customizations by coding it, right? So, it technically could be done, but it's not advisable since it gets us right back to a situation where we need a programmer to make changes to the next website. There's also the look and feel, so expect some changes. The content can be preserved. We could also take this opportunity to do what was done 10 years ago, when Karen and Jeff came to me. There was a subcommittee that laid out everything. The site, as it is today, is very much what the last subcommittee brought to me. They did the work of saying how the menus should be laid out; they gave me a mock-up of the homepage, which is basically more or less what you have today.

I believe I chose the font and the banner. Also, if I remember correctly, the San Quentin image was given to me. The next Committee can be very prescriptive, very detailed and specific about what it wants, which is what I did before, then made it happen. I will say that maybe part of the reason why I chose to hand-code it was so that I could hit that target. So, as we form this next Committee, I think it might actually be better to think in more general terms and not specifically about exactly the site we want. It might make it harder for the next website chair, whoever that is, if it's Michael. I just want to reiterate that it will be very hard to keep the site as is, so that's something we're all going to have to prepare for. It will look very different, and maybe that wasn't communicated last time. We all apologize if that wasn't the case, but that's where we are today, and I think, you know, other than that, Joe gave a great update. That's all I have. Thanks.

Michael: As this new Committee is forming, I want to emphasize that you don't need to be technical, you just need to have an opinion. So please think ahead. In a few months from now, when they show the final website, will you say, "oh, I wish they had done something different"- ? So please - if you like having an opinion, please join the Committee!

Joe: So, I will go ahead and start forming the Website Advisory Committee between now and the next general Committee meeting. The goal will be for the group to come back with an update and their findings and recommendations, which includes:

- A summary of what was reviewed
- Clear options for direction
- Pros and cons
- A recommended path forward

To keep things moving, the Advisory Committee would also bring forward a proposed motion aligned with their recommendation, so we can have a focused discussion and make an informed decision at the next general Committee meeting. With that, I'll open it up with a call to action. I'm willing to step in and help lead the Advisory Committee and I invite any interested General Committee member to please let me know. Even if you are just involved at the Area level and have interest, we welcome your participation. If



you happen to have a background or experience in building websites (not required however), your perspective would be especially helpful. It's also a good opportunity for us to start getting a better sense of who has experience and interest in this Area, as we think long-term about supporting rotation of service for roles like the Website Chair. Again, if you're interested, feel free to talk to me today at lunch or afterwards. I might also reach out and tap you on the shoulder about being on this Committee.

To conclude:

- To meet our goal of being rotation-friendly, the website will need to change, and WordPress is the right path forward;
- The new site cannot be an exact duplicate of the present site, and even minimal change approaches may require some adjustments;
- Content will remain intact, regardless of whatever direction we go;
- We need guidance and participation to help develop and finalize the new website.

I want to thank you all, and especially the ad hoc Committee, for your work in the last 6 months. Kudos to Julio as well, who's not here today. This feels like the right direction.

Discussion Topics Joe N.

- (1) **Form 2's.** This portion is geared towards voting Committee members. If you're not a Committee member, we ask that you please listen in, and if you have any input, we'd love to hear from you during the open forum. Also, this is a discussion only. There are no motions or resolutions, just time set aside to share experience and hopefully walk away with something useful.

We'll keep comments to about 2 minutes per person, so everyone has a chance to share, and we'll make sure everyone has an opportunity to speak before anyone goes a second time. If you're joining us in person and would like to speak, please raise your hand with your pink card that was given out earlier, and for those joining virtually, use the raise your hand feature.

The topic I want to start with is Form 2s and literature, both English and Spanish, and how those tie together. This stuff does matter, as this is how we stay transparent and accountable to the fellowship. It shows how many meetings we're actually supporting with Pink Can contributions, and that is a big deal. It also drives a lot behind the scenes, literature planning, budgeting, tracking expenses, and all that comes from this information. More importantly, it helps us to understand our cost per meeting. We're trying to stay around \$25 per range, and without solid Form 2 data, we're kind of just guessing.

You may have noticed that we started including literature recaps in monthly financials. That is intentional, so that Area Chairs can actually see what's being spent and adjust as needed. And again, that all ties back to how accurate the Form 2 is.

Before I go further, I want to say thank you to everyone who submitted their Form 2s. I appreciate the effort that goes into getting those completed and turned in. And as I said at the last Committee meeting, I am amazed at how many ways and formats a Form 2 can be pulled in. It's important data and we're trying to fine-tune that data.



There still seem to be gaps, particularly when it comes to the Spanish meetings either not being included or not clearly designated. So, as we continue to update Form 2s, I ask that we all be mindful of the fact that we're trying to capture a complete and more accurate picture across the entire Committee.

This really is a full Committee effort, including our Spanish regions. The more complete the information, the better we can support everyone. It also helps strengthen communication between our English-speaking Areas and Spanish-speaking Regions.

One of our goals this year is to make the Form 2 more user-friendly, because we know it's not perfect right now. I've consistently heard that it doesn't always capture things clearly (i.e., weekly versus every other week meetings versus monthly meetings).

At the end of the day, if we're getting the information, we can work with it. Though we always request these by the end of the year, you can send updated Form 2s throughout the year so that we have the most up-to-date information.

And so, with that, I do want to open it up and ask, what's working well? What's not working? What are the pain points? How can we make this tool work better for you, instead of it being just another thing to fill out?

Annetta: So, we all know we can't do our Form 2s until we get Form 1s. All my coordinators know is that I need their Form 1s. I won't let them take literature without a Form 1. But more importantly, if something happens to a coordinator, we now have all their contact information, so somebody can pick up where you left off. Also, if a coordinator wants to rotate out without any regrets, they've given us all the information we need. We then have all volunteer and facility info.

Lynn: I've been the recording secretary for this Committee for two years but never been an Area Chair. I would like to know what a Form 2 – or what a Form 1 – is. What are these?

Joe: For those of you who need to find these forms, go to the website under Resources.

Form 1: Information on each facility, volunteers scheduled, their clearance, etc.

Form 2: Area Chair puts in information that is essentially summary of data from all Form 1s. This information is sent to us at NorCal so we can have a record of all the meetings that are happening within Northern California. This is the information we use to figure out literature expenses. When we publish the pink can letter, we are reporting back to the fellowship what is being done with the money in the pink can?

Marian P. Chair Area 36: I'm new as Area Chair, so I don't know the last time it was sent in. [Kelly confirmed Area 36 Form 2 was completed for 2025].

Joe: Typically, we start asking for these at the October Committee meeting, and they're due by November 30th. We want data on the prior year. Sometimes communication gets lost between the previous chair and new Area Chair. This data is vital for reporting back to the Fellowship. Having a system also favors the spirit of rotation. The topic of automating Form 1 and Form 2 data did come up at a Web Advisory Committee meeting.



- (2) **Rotation of Service.** This one of those things that keeps our Committee healthy. It's not about replacing people, it's about bringing in new energy, new ideas, and making sure that we're not burning ourselves out. Our policies speak to rotation, especially for elected positions, but we also know it's not always one-size-fits-all. Some Areas have more positions and volunteers than others. Some Areas have more positions than volunteers, others have more volunteers than positions.

One thing that I've seen work well is when we start thinking about rotation ahead of time; start mentoring, having someone shadow, prepare the next person to step in. It makes the transition a lot smoother.

If you or someone on your Area Committee has been in a position for too long, please reach out to me. I'm happy to help think it through with you, whether it's finding someone, talking through challenges, or figuring out what's getting in the way of the rotation. We do not want to push anyone out, but to support each Area to keep moving in a healthy way.

When roles don't rotate, even unintentionally, it can make it harder for new people to step in and get involved.

I'd love to hear from the Committee, especially from our Area and Region chairs, since you really are the ones that are seeing this play-out day-to-day in your Committees. What challenges are you seeing with rotation of service, and what's worked well for bringing in and developing volunteers who are ready to step into these roles?

Marian P: We've been trying to invigorate the Grass Valley, Nevada City Area 36, in the Foothills Gold Country in California. When we received the 5% check from NorCal, we decided to use the money to rent a room to return to meeting in person. We meet after our District 20 meeting on the last Saturday of the month. Yesterday we hosted a pizza party, put out flyers, and the count was 26 people at the meeting. We did an orientation, provided information about H&I, and a good time was had by all. Nancy H. attended.

Lou S.: When we first came onto the new panel in our Area, some individuals had been taking up to five commitments and facility commitments because nobody else was stepping up. These guys were stepping up because they knew that there was a need. Unfortunately, when that happens, it creates a long-term problem for the new panel. Now there are 5 positions to fill. Sometimes it's best to just step down and let God take care of it. People need to get uncomfortable with that. We want to make sure the message is carried to everyone, but at the same time we're not doing anyone any favors on the next Committee if we've taken on too much, then get sick or move out of the Area. It can put the Committee in a tough spot.

Open Forum

Annetta: Is there a reason why all those Grapevines in storage cannot be sent to the Areas?

Joe: That would be a simple solution. Between Kelly, me and Peter, let's get an inventory of exactly what is in storage. Then Peter can send an email to Area Chairs.

Kelly: These particular Grapevines were originally ordered for the IVSS program, they were for the IVSS. I think there are 5 separate ones that have IVSS and prison-related stories. We use them at corrections conferences, etc.



Joe: Let's take that offline. We can make sure we understand exactly what is in inventory and connect with IVSS as well. We may have doubled up orders during COVID because we couldn't bring meetings in, and ended up with an abundance of them.

Andrew M: I serve as the Area 92 chair and am relatively new to the position My predecessor called me 15 minutes before a business meeting and said, "I'm done. And you're it, because no one else will want to do it." I was a facility coordinator and a meeting coordinator at two different facilities for a year or two. I didn't even hear about any forms, so I'm out of the Form 1 and Form 2 loop.

My Area major institution and facility coordinators sent me Form 1's, so that was helpful. But I just passed those on to our secretary, who I assume got them to whoever needed them on this Committee. But I never really filled out a Form 2 prior to a few months ago. I got together with Joyce, who helped me with it. The Form 2 was confusing to me. I've also been working with Martin to tidy up the Spanish language meetings going on in our Area.

I have a gap between volunteers and people willing or available or qualified to take on Facility or Meeting Coordinator positions. We have over 370 volunteers in Area 92, so we operate on rotation. Meeting Coordinators are encouraged to rotate through the list to get as many people involved as possible. 30% of these Facility and Meeting Coordinators dropped out last year, so we are trying to catch up with that.

Last year we took the kickback check and did H&I Outreach and Volunteer Appreciation Day. We booked it at the Alano Club, did a hot dog and hamburger BBQ, had three H&I speakers, a FAQ talk, then opened it up for questions. We went through the volunteer descriptions and talked extensively about positions available. We will do it again this year, and are going through the list for people who have been active for a while and are qualified. We are proactively pursuing Meeting and Facility Coordinators, really encouraging people to step up. We had 125 people at the BBQ last year.

AA Anniversaries:

Karen B. 19 years March 24

Karen C. 39 years March 20

Penny C. 31 years February 15

Annetta D. 29 years April 13

Alley G. 8 years April 24

Bill H. 21 years April 11

Andrew M. 24 years January 21

Jennifer (Seattle WA, Area 72) 11 years March 27

Ruben 1 year April 9

End Meeting with Responsibility Declaration



H&I Regional & Area Reports APRIL 2026

Region 01 Far North Coastal

Area 02 Del Norte, Maria B.

Area 03 Siskiyou, Penny C. H&I is going well in Siskiyou County. I'm honored to become the new Area Chair here. Our committee has decided to meet quarterly instead of monthly. We are serving:

- County jail in Yreka. We finally have a full roster, meeting is going well.
- Convalescent home in Weed. It's a new facility for us and we are challenged with enough volunteers.
- Intermountain fire camp. We are having difficulties getting volunteers cleared. Meeting is going well.

Area 04 Humboldt, Timothy L. These are the facilities we currently serve:

- Humboldt County Jail, men's and women's, both weekly.
- Humboldt County Juvenile Detention, bi-weekly.
- Waterfront Recovery Center, weekly.
- Semper Virens Psychiatric Care, weekly.
- Crestwood Behavioral Health Center, weekly.
- Hyperion House Crisis Residential Treatment, weekly.

There is a coordinator for each facility who arranges secretary commitments and acts as liaison for the facility. Secretaries recruit chairpersons for each meeting they take in. All coordinator and secretary commitments are filled at this time.

We hold our business meeting monthly on the third Monday live and via Zoom at 7pm. This is the announcement that is posted continually on our [website](#):

H&I also has new login information for the Zoom Hybrid (also in-person) business meeting.
<https://us02web.zoom.us/j/89350754244?pwd=9nQB7iuE2p7ie5qpma54iB5heOi9Kv.1>

Zoom Meeting ID: 893 5075 4244

Passcode: service

CLICK HERE to attend the H&I Business meeting

Our Business meeting is also in-person at

Eureka Center for Spiritual Living
239 Buhne St, Eureka, CA 95501
Every third Monday at 7:00 p.m.

The only problem I can think of is that we have someone who has been trying to reestablish a meeting at a county fire camp in Southern Humboldt. She seems to have run into some trouble with getting clearance through the Sheriff's Department. I'm not sure if this is something we should pursue.

Region 10 Far North Interior

Area 11 Modoc, Ryan H. Three regular H&I volunteers bring 4 meetings per month into Modoc County Jail (Men and Women each). One or two times monthly, the facility requests an H&I meeting for those in Protective Custody. H&I also provides literature and meetings in two Missions every other month in Area 11.

Area 12 Lassen, Open Position



Region 15 Lower Far North Interior, Renee P.

Area 16, Shasta Jude H.

Overall, things are going well. We bring meetings into 7 facilities including:

- Crestwood (psychiatric)
- Empire Recovery (detox and residential treatment)
- Juvenile Hall
- Restpadd (psychiatric)
- Shasta County Jail (men and women, behind the glass)
- Sugar Pine Fire Camp
- Visions of the Cross (residential treatment - men and women)

There has been no change in activity in H&I since the last quarter. Things are running smoothly. We continue to attract new volunteers at our monthly orientation. Area 16 will be hosting a workshop July 11th and will also be involved in Unity Day in October.

Jude H. brought up an agenda item for our April meeting regarding an update to our policy manual, Page 10, #2 under Responsibilities, proposing the following:

If a volunteer is unable to attend their scheduled meeting, that volunteer is responsible for finding a substitute volunteer from the meeting roster. If you cannot find someone to go in your place, call your Meeting Coordinator, since we do this work in pairs. If you don't show up, your partner cannot go in alone, and there will be no meeting.

The County Jail is understaffed, and are also in the middle of construction/remodeling of the facility, so we continue to do meetings "behind the glass." There is still no movement on clearances for the Fire Camp either with Jamestown or with Sugar Pine directly. We have one person who has been waiting since February 2025 for a response.

Area 17, Tehama Mike D.

There have been no changes since our last committee meeting. However, there is a very strong possibility that their jail will be re-opening. We have several volunteers ready to go into the jail. They will be attending our orientation which is held monthly before our regular committee business meeting on the 1st Tuesday of every month.

Area 18, Trinity, Diane C.

No changes in Trinity County. The Trinity River Fire Camp is more than ready to receive volunteers. We are patiently waiting for three fire camp applications from Trinity County to be located and processed. We have received some assistance in this matter from the acting Trinity County Fire Camp Commander, Alex Hayes, but to no avail.

Region 20 Northern Coastal

Area 21 Mendocino, Ryan Y.

Men's jail: The Friday evening AA meetings are going great. There are plenty of volunteers that are taking in 4 meetings a month. Attendance is good and literature is up to date.

Women's jail: We are waiting on a few volunteers to do paperwork. Right now, we have 2 women that are going in once a month, we need support here more than any other facility. We are announcing the available positions at meetings and hopefully people will step up.



Juvenile Hall: Meetings are every other Sunday at 3pm. There are 4 people who are cleared with 2 more wanting to do paperwork. I am hopeful that sometime soon we will be going in every weekend. Attendance has been full and they are engaging well. Literature is up to date.

Ukiah Recovery Center: As usual these meetings are doing great! Full capacity, plenty of volunteers and literature is good.

Ft Bragg Hospitality Center: This meeting has a new coordinator who is doing very well. The meetings are on Tuesday mornings and the attendance is anywhere from 2-10 people.

Area 22 Sonoma, Liz W.

Sonoma County H&I continues to flourish. We currently have 23 weekly meetings at different facilities throughout the county. We also help coordinate 1 monthly meeting for Napa State Hospital and 3-4 meetings monthly for the men's side of Mendocino County Jail. We are gearing up for our annual Appreciation BBQ this summer. This is a great time to thank our fellowship for all their support while also letting people know how they can also get involved in this line of service.

Area 23 Lake, Kelli S.

Area 23 serves six different facilities, and all rosters are currently covered. We are excited to welcome a new facility liaison for the jail, who communicates with jail staff and coordinates clearances. Concurrent with the regular H&I meeting at the Fire Camp, we started a sponsorship meeting in an adjacent room. Six men started working on the steps and the three men who completed all 12 steps are now talking about sponsoring one another.

Area 23 will host the quarterly NorCal H&I business meeting "event" this weekend; we hope this will stir up more interest in H&I among our local fellowship.

Region 30 Northern Interior

Area 31 Glenn & Butte Counties, Jim L. Overall, things are going well in our area. We continue to encourage all those interested in being of service to attend our monthly committee meeting or a new volunteer orientation. Our last orientation was successful in bringing in new folks and we will continue to hold more on a regular basis.

Butte Co. Jail Men's/Women's: Volunteers continue to take in meetings, and we are waiting for the jail to announce the date of their next new volunteer orientation.

Butte Co. Juvenile Hall: The facility has put the clearance process for volunteers on pause until September. We hope they will renew their interest in H&I by then.

Glenn Co. Jail: H&I meetings continue on 3 of 5 nights. We are down to five volunteers and hope to add more volunteers to the roster.

Skyway House: H&I meetings are covered on all nights. Volunteers continue to supply literature as needed.

Belle Vida: There's a new facility coordinator and we had a successful volunteer orientation for that facility.

Jesus Center: There's a new facility coordinator; we've been able to cover all scheduled meetings and continue to monitor literature.

Area 32 Plumas, Michael B.



Area 34 Placer, Chris D. (Chair), Katie V (Co-Chair)

- Overall, our area is doing ok, but we always have room for improvement!
- We had a very large change with our correctional facilities meeting days & times. Meetings changed to Sundays 2-3pm, which some H&I volunteers can continue; but many are now unable. Hopefully this will open up opportunities to others.
- I am excited to report we now have a Workshop Coordinator with LOTS of EXPERIENCE & ENERGY. This will help us a lot.
- I'm also excited to report 2 "New!" meetings at some Recovery Programs that recently opened in Area 34.
- We are always looking for new/more volunteers and feel that over the coming months will have more interest. Between Workshops, New H&I Meeting Reps (to get the word out), we are headed in the right direction.

Area 36 Nevada Sierra, Marian P.

- Area 36 H&I meets at Sierra Presbyterian Church Hatcher Hall from 11-12:30, following the District 20 Meeting. Our meeting provides orientation for new volunteers, and we go over reports from the chair people for each facility we service.
- We take weekly AA meetings to three local residential facilities: Hope House (women); Serenity House, (Men) and Lovette House (co-ed).
- We also take weekly meetings to Wayne Brown for men and women and a weekly meeting to Hospitality House, a center for the unhoused.
- On April 25 at our 11am meeting in Hatcher Hall, we will celebrate our H&I volunteers and welcome new H&I volunteers with a "Pizza Party". Our goal is to encourage new people from our community to volunteer for H&I.

Region 40 Central Interior, Terry D.

Area 42 Yolo Sacramento, Ashley S.

Area 43 El Dorado, Todd Dean All is going well, including the two new meetings added last year at Mother Theresa's Maternity on Tuesdays and Pines of Placerville on Wednesday nights.

Area 44 Amador, OPEN

Area 45 Colusa Sutter Yuba, Alley G. Overall things in our area are progressing. I am preparing to rotate out of my position and will be hosting an election/appreciation picnic on June 6th at 1PM. I am compiling current rosters from all coordinators as well as compiling a list of all facility contact points to give to the next Area Chair. This will also include all clearance procedures for various facilities. I will inform the Registrar once I have the new contact information.

We are preparing to open another treatment facility in our area next month as well as expanding the number of meetings we are bringing into a remoter facility in the foothills. We do have another facility interested in us bringing in a meeting and I will be informing our new chair of their needs.

We are still having issues getting clearances for our Yuba Co Jail and will inform next chair of these ongoing issues. We have been steadily filling open positions in our other county jails, with women bringing a meeting into Colusa County for the first time in around 10 years. We are hoping to bring in some Spanish speakers in our Sutter Co facility, with the clearances out to the volunteers.

It has been a privilege to serve this committee for the last four years and I am forever grateful for everything this position has taught me. Thank you!



Region 50 East Bay

Area 51 Napa, John K. We are adding 2 new facilities-Inn at Napa Valley and Napa Valley Care Center. These are both residential senior care communities. Working to connect with Bridging the Gap for GS Districts 09 and 11 (Area 51 serves both). All existing meetings are being served, and we continue recruiting efforts for volunteers. There have been several requests by members for H&I presence at Duffy's (a 30-day residential program) but as the new administration Acadia Health does not welcome our "outside influence" we have to be content with making contact and wait for a change of heart with the powers-that-be.

Area 52 Contra Costa, Annetta D.

Overall, Area 52 H&I is doing very well. Business meetings are well attended. Most of our recovery facilities have plenty of volunteers and alternates. We still struggle with a couple facilities that require clearance but are working on getting folks to step up. We had the opportunity to assist with the H&I table at the NCCAA Conference. It is always a blessing to be able to inform folks about H&I and how it has enhanced our sobriety. We will be discussing how best to utilize the funds we received from Nor Cal H&I at our next business meeting.

Area 53 Alameda, Amy S.

Area 53 meetings and committee operations continued strongly last quarter. We saw 6-15 new volunteers at each monthly orientation, with several staying for the business meeting afterward. There is an ongoing trend of multiple new AA Group Reps attending orientation each month, indicating that local meetings remain connected with H&I and prioritize keeping that position filled. We continue to provide resources to Reps for communication to their groups and to encourage pink can donations.

The committee recently passed our annual budget, which includes funding for a few new projects that we hope will expand outreach/recruitment, modernize communications, and provide additional volunteer training. We had an uptick the last 3-6 months in hospitals and institutions asking to start new meetings, or in some cases restart ones that have been dormant for several years. We currently are gathering volunteers for five facilities to launch, four of which have a dual diagnosis/mental health focus. This presents an exciting opportunity to expand the meetings we offer, and also a challenge in finding multiple experienced volunteers at once. We are working on ways to effectively tap into our base of over 700 volunteers, and the situation is a motivator to think creatively about practices and tools we can implement to expand volunteer engagement.

Area 54 Solano, Jen B. Area 54 has been making slow progress on getting connected with a CRM at CSP Solano. We are still looking for someone to fill the position as CSP Solano Prison Coordinator but have had no luck so far. We do have several people stepping up to help volunteer but without a CRM to connect with we can't go any further. Jeff Little attended our last area meeting and is helping with that as well. We will be having an H&I workshop on July 25 and hopefully we will have the CSP applications process ready to go by then. Other than that, everything is good. We are always looking for more volunteers as well.

Region 60 West Bay San Francisco, Chair, James C. Areas 61, 62, 65

Much is unchanged from last quarter. There continues to be good turnout for new volunteers at the monthly orientations for each area, and we are seeing more coordinators and meeting representatives attending business meetings. Each area is pushing for Coordinators and Secretaries to use the new member list to involve new members in H&I service right away. The issues with access to those in jails continues to be challenging, but new meetings are being added to the existing rosters in addition to existing meetings.

All areas have robust programs that are working to increase participation in their respective areas. All areas are seeking to fill their literature inventories before the price-hike in cost.

Area 62 (SF) continues to hold monthly online meetings for those seeking information about H&I, and to hold online orientations for those unable to attend monthly in-person orientations.



Topics I bring up at each business meeting:

- H&I finances, and the need for attention to the pink can donations. Some suggestions made were to invite H&I reps to find ways to reach consistency in donation schedules and perhaps remind groups that a dollar doesn't go as far as it used to.
- I make a pitch for the IVSS program, stating it is going very well and that we are actively seeking those who would sponsor someone in prison, with an emphasis on needing Spanish-speaking volunteers. IVSS fliers are made available.
- I invite comments and suggestions.

Area 61 Marin Hilary D.

- We are continuing a new process at our Orientation: One Coordinator brings their roster openings and facility description. They also hand out a printed copy of H&I Facility Coordinators with contact info so New Members can make themselves available to speak. This way we are engaging New Members who must leave before the H&I Business Meeting.
- We've centralized H&I Literature at the Alano Club so Coordinators and Secretaries can easily access needed Literature.
- We are bringing one monthly meeting to Rosebay Behavioral Health and Bi-Monthly meetings to Casa Canal on a trial basis. Attendance is small but there is always at least one resident who really needs an AA meeting.
- We've expanded H&I meetings at Marin Behavioral Health to 2 per week. In addition to Sunday at 11am we are now going in on Wednesday evening at 7pm.
- Helen Vine is opening an additional site in San Rafael Joseph St. We are gathering volunteers to cover meetings 5 days/per week. The grand opening is April 23rd.
- Regarding openings for secretaries & alternates at facilities, we are doing follow-up emails with everyone who attends H&I Orientation to facilitate engagement.
- We also emailed every H&I volunteer who has joined in the last 2 years which filled 19 secretary and alternate openings.
- The New Rep Coordinator sends out an email to share openings and needs for speakers, and IVSS opportunities. Two facilities have openings for coordinators. I am acting as coordinator for them.
- We serve 13 facilities with a total of 23 meetings per week.

Area 62 San Francisco Gareth M.

- We feel H&I is more active in our area at the moment.
- The recently launched women's jail meeting in CJ2 is being well attended.
- A new meeting was started at Walden House at request of facility and volunteers.
- We still find it challenging to get H&I reps to attend bi-monthly business meetings, but they do receive a recap of current business and suggestions for announcements.
- We find it hard sometimes getting some long-term volunteers to pass on their commitments, so created a spirit of rotation document to pass on to those who find it hard to move on.
- In SF there are approximately 330 volunteers serving 33 meetings per week.
- The new website and app handisf.org are going smoothly. Volunteers sign up for a commitment at the orientation through our website, and meeting coordinators receive an email straight away to take it from there. It's very efficient, and information is consolidated in one place.
- New business discussion item (upcoming): Make the business meeting mandatory for coordinators.

Area 65 San Mateo Mike G. (Co-Chair) & Dylan H. (Co-Chair)

- Things are going well. We just finally got a replacement for our Lit chair. She's great and stepped up to the plate when we needed it the most.
- We're very active in the new quarter. We have a couple of new places we're going into now.
- Mostly there are enough volunteers to fill commitments, but we are having trouble getting Spanish speaking members to go into the men's jail.



- *Is there anything the Committee can help you with?* We would like to have a look into how other H&I groups across the states operate.

Region 70 Southern Coastal

Area 71 Santa Clara, Michelle D.R.

Area 72 Monterey, Mark F.

- Overall things are staying level.
- We are working hard to get more people cleared for both men's and women's jails. The women have all meetings covered, but could take more meetings to other dorms and the men have 3 meetings a month going in.
- We could use more volunteers at pretty much all the facilities.
- The 5% check was sent to the previous chair's address, so I didn't get it until earlier this month. When I tried to deposit it, it was kicked back because they said they couldn't find the account. Not sure if the account changed or the check was canceled because it was written in January.

Area 73 Santa Cruz, Victoria H.

- Overall, things are smooth.
- We currently bring meetings into 3 jail facilities, a juvenile hall, and 10 treatment facilities.
- Our volunteers for jails are flush, with a couple openings.
- We've been struggling to get volunteers for a couple treatment facilities.
- We recently added a "Spanish communications" Chair position to our committee and that has helped us bridge the gap with our Spanish language community.
- We have a good number of people attending our monthly business meetings and all our committee positions are always filled.

Area 74 San Benito, Doug S.

Region 80 Chair, Melody T.

- Our Region is doing well. Areas 81 Stanislaus and 82 San Joaquin are the only two H&I areas that hold regular meetings, and I attend both. Area 81 serves a couple of large treatment facilities, the County Safety Center (Jail) and several SLE's.
- The Jail issues passes to volunteers – only 5 to AA.
- Area 82 serves several long-standing recovery centers and the County Jail. There are problems at the Jail as they now require volunteers to submit copies of their CA Drivers' License, Social Security card, and certified birth certificate.
- The other Areas continue service with no reported problems or issues.

Area 81 Stanislaus, Pete D. – see Region 80 Melody Tolmie report above.

Area 82 San Joaquin, Paula A.

Area 82 H&I remains active and engaged in carrying the message. We are seeing growth with new facilities opening and opportunities to bring meetings into those spaces, while also continuing to navigate challenges with some existing facilities.

We are actively communicating and reinforcing the literature memo that was recently distributed throughout our area. At this time, I am preparing to step down after two years of service and we are seeking a replacement for this position. Additionally, we are still in need of a Recording Secretary, as our most recent volunteer found the role to be too demanding. On a positive note, participation remains strong, with many members stepping up to stay involved and support our efforts.



83 Tuolumne, Nathan C. / Bruce A.

- We are happy to report that everything is well, and we are working on getting more volunteers clearance for H&I work with the local Sonora juvenile hall.
- The consensus for the extra 5% rebate money was to buy additional AA approved literature for the treatment centers and institutions we service.
- As always, we are grateful to be in service and look forward to meeting with you all this Sunday.

Area 84 Calaveras Andrew K. / Don H. (Co-Chair)

We now have a Co-Chair for Area 84: Don Hiatt. We also had one new volunteer for the Calaveras County Jail women's facility cleared. Apr 26 will be a day of thanks for the H&I volunteers with a breakfast party.

Area 86 Merced, Paul C. – see Region 80 Melody Tolmie report above.

Region 90 Far Southern Interior

Area 91 Madera Mariposa, Miki S.

Area 92 Fresno, Andrew M.

Overall, things are going well. All facilities are busy right now and seem to be picking up more clients than the last couple of quarters. Facility and meeting coordinators are all dialed in after turning over 35-40 percent of the positions in 2025. No major issues with most meetings.

I have had a little trouble getting in sync with the Spanish-speaking meetings and their coordinators, but think we're slowly getting on the same page. Area 92 has no English-speaking volunteer shortage with over 350 volunteers on the list. We added around 90 in 2025. We are currently making a concerted effort to attract additional Spanish-speaking volunteers.

Three facilities have requested new H&I meetings. At issue is a lack of qualified and/or willing meeting/facility coordinators, though our committee is working on an outreach plan to generate interest and commitments.

Area 93 Tulare, Joyce R.

We continue to hold 14 H&I meetings in 8 different treatment facilities monthly. In addition, we bring English and Spanish H&I meetings into Tulare County Jail monthly. At our March business meeting, new volunteers attended the orientation and volunteers stepped up to take on leadership roles and elected a Co-Chair. The new Co-Chair is also interested in learning the aspects of the Area Chair position to rotate into at the end of this year.

We continue to provide an H&I Report monthly at our District meeting along with our Central Office meeting to ensure that we get H&I information out to our different AA meetings locally. Area 93 orientations are held on the 2nd Saturday of odd months at 9:00am in person, followed by our Business Meeting at 10:00 am.

Area 95 Kings, Open Position

Region 140 Spanish North Interior, Omar L.

COMMITTEE OF H&I REGION 140 SPANISH SPEAKERS

2251 FLORIN RD. SUITE #142 SACRAMENTO CA, 95822 – 4th THURSDAYS at 7pm

COORDINATOR: Omar L. 916-389-4291. Email gomar1630@gmail.com

SECRETARY: Lety A. 916-417-7453. (VACANCY)

TREASURER: Lety A. 916-417-7453.

LINK TO THE RICHMOND EAST BAY AREA INTERGRUP OFFICE: FIDEL P. 925-432-8924 / GERMAN A. 510-978-2346.

PINK CANS EAST BAY AREA: LUPE M. 510-685-5629.



LINK TO THE SACRAMENTO LATIN CENTRAL OFFICE: Lety A. 916-417-7453 / Omar L. 916-389-4291.
LINK TO SACRAMENTO DISTRICT 54 OFFICE: Celestino S. 209-696-0872.
LINK TO THE GRIDLEY DISTRICT 57: Pablo S. 530-933-8919:

REPORTS

TREASURER: Beginning balance \$ 217.00 Revenue \$47.00 Expenses \$25.00 Prudent Reserve Total \$ 0
Ending balance \$ 239.00

Correctional Medical Facility (C.M.F.) State Prison in Vacaville.

COORDINATOR: Fidel P. 925-432-8924: 65 to 85 inmates are arriving for the AA meeting on Saturday from 12:30 to 2:00 pm. And Yes, We Need Volunteers!!!

Solano State Prison in Vacaville:

COORDINATOR: Fidel P. 925-432-8924.

40 inmates are arriving for the meeting. AA meetings are on Wednesdays from 6:00 to 8:30 pm. We have 4 servers carrying the AA message. But we need more servers!!!

Napa State Hospital.

COORDINATOR: Manuel A. 707-318-2184

AA Meetings are on Mondays from 9:20 to 11:20 am. An average of 15 residents are arriving. We have 4 servers, and we need volunteers!!

Marsh Creek Detention Facility in Clayton.

COORDINATOR: Fidel P. 925-432-8924

AA meetings have been suspended due to lack of attendance by Spanish-speaking inmates.

El Chante Recovery House in Oakland.

COORDINATOR: German A. 510-978-2346.

AA Meetings are on Tuesdays from 7:00 to 8:30 pm. 10 to 20 residents are arriving. We need Volunteers!!!

San Quentin Rehabilitation Center State Prison.

COORDINATOR: Lupe M. 510-685-5629.

AA meetings are on Saturday at 1:00 to 12:30 pm. An average of 120 to 150 inmates are arriving. We need Volunteers!!!

Monroe Detention Center (Woodland Jail).

COORDINATOR: Ramiro 415-408-8957

IVSS coordinator in San Quintin Ramiro completed all the applications, approximately 10 applicants by month. They request volunteers to open AA meetings in Spanish (just men for the moment). AA meeting will be on Saturday from 7:00 to 8:30 pm. There are many Latinos. We'll start the meetings ASAP.

1. We established contact with Jamie coordinator from Folsom State Prison and two colleagues applied to open a new Spanish meeting, but we don't have follow up information. The same thing was happening at Monroe Prison, in Woodland, CA with another coordinator.
2. Region 140 H&I committee Spanish speakers have not received H&I literature for 9 months.
3. Region 140 committee is preparing elections for March 26, 2026, to elect a new chairperson or ratification of the actual.



Region 160 Spanish North Coast, Jose Luis C.
Region 170, Spanish, Roberto S.
Region 180 Spanish Central Interior, Jesus V.
Region 190 Spanish South Interior, Martin L.

Major Institutions Reports April 2026

ASP Avenal, Monte S. & Corcoran and SATF, Bill H.

In preparation for our April 26, 2026, Committee Meeting, please find an updated report of H&I activities at **Avenal State Prison**, **Corcoran State Prison**, and the **Substance Abuse Treatment Facility (SATF)** on behalf of Monte and me. I plan to attend the meeting remotely.

Visiting Volunteer Activity

Avenal State Prison (ASP)

- **Volunteers Cleared:** 11 (7 English, 4 Spanish)
- **Meetings Held Monthly:** 48 total (24 English, 24 Spanish)
- **Meetings Attended by Volunteers:** ~2 per month (average)
- **Attendance:** Approx. 150 per yard × 6 yards = 900 total weekly
- **Notes:**
 - English and Spanish meetings are held separately but in the same large room.
 - Volunteer availability, work schedules, and transportation continue to restrict visits.
 - We provide printed literature for all groups, complementing materials available on tablets.

Corcoran State Prison (COR)

- **Volunteers Cleared:** 11 (6 English, 4 Spanish) Not shown in these numbers: 2 pending renewals due to personal delays
- **Meetings Held Monthly:** 40 total (36 English, 4 Spanish)
- **Meetings Attended by Volunteers:** ~6 per month (average)
- **Attendance:** 15–25 per meeting, ~800 total weekly
- **Notes:**
 - Two English volunteers visit weekly (rotating with SATF), and others visit as schedules permit.
 - Spanish volunteers rotate between COR and ASP.
 - We provide printed literature for all groups, complementing materials available on tablets.

Substance Abuse Treatment Facility (SATF)

- **Volunteers Cleared:** 10 (7 English, 3 Spanish); Not shown in these numbers: 1 pending renewal due to health delay, 2 New Apps pending approval
- **Meetings Held Monthly:** 46 total (34 English, 12 Spanish; no meetings on 5th week)
- **Meetings Attended by Volunteers:** ~6 per month (average)
- **Attendance:** 25 per meeting, ~1,150 total weekly
- **Notes:**
 - We provide printed literature for all groups, complementing materials available on tablets.
 - Meetings skip the 5th week each month by facility rule.

Shared Volunteer Pool:

The Volunteers who serve these 3 institutions come from a shared pool— with nearly all participating in two or all three institutions.



Literature Orders

- Ongoing at all three institutions.
- Avenal's CRM encourages digital use, limiting printed copies but allowing small restocks in meeting rooms, No such restrictions at COR or SATF.
- **Most requested titles:**
 - *Big Book*
 - *Twelve Steps and Twelve Traditions*
 - *Our Twelve Steps*
 - *Free on the Inside*
 - *Making Amends*
 - *Plain Language Big Book*

IVSS (Inmate Volunteer Sponsorship Service)

- Electronic Option successfully launched at **Corcoran** (Oct 2024) and **Avenal** (Nov 2024). **40 incarcerated AAs** currently assigned outside sponsors. **25 incarcerated AAs** currently on waiting list.
- **SATF** approval granted January 2025; launch delayed pending available sponsors.
- Monthly progress reports are being submitted.
- AA members have been recruited from California, Oregon, Nevada, New York, Connecticut, Colorado, Texas, Georgia and South Carolina to participate as Outside Sponsors!

2nd Annual AA Speaker Jam – Avenal State Prison

Dates: Saturday, April 11, 18 and 25, 2026

- One-day Speaker Jam across all three compounds at ASP where AA groups meet.
- **35 visiting AA members** (half Spanish-speaking) cleared to attend.
- **7 VIC holders confirmed**, 4 English, 3 Spanish speaking.

Bill H., Jr

Email for life: bhatzman98@gsm.uci.edu

Phone: 559-740-8613

CCWF & VSP Chowchilla, Miki S.

CHCF Stockton, Melody T.

California Health Care Report to the NorCal Committee

Positive news from CHCF: The Spring Resource Fair was a great success. H&I gave away a lot of literature, met some professional friends of AA, and connected a few newer inmates with the AA meetings at the facility.

We were able to meet the new Warden, Dao Vang. He was interested in the Inside Visitation Sponsorship Service and asked that a proposal be submitted through the Community Resource Manager. We have already notified the NorCal IVSS Chair. We have started looking for a prospective IVSS Coordinator for the facility to assemble a team of men who want to sponsor. CHCF will hold its first ever "Speaker Jam" in which members of the NorCal H&I Committee provide speakers and workshop facilitators for a two or three-day mini conference at the facility. It will be held May 1, 2, and 3. We also have some local volunteers for the event. We hope it will be well-attended by our friends inside.



Applications seem to be moving smoothly at CHCF right now. AA meetings are held during the week at 6:15 and on weekends at 11:15 in FSS and 1:15 in E Facility. So, we need lots of volunteers! Things are looking up for CHCF!

CMF Vacaville, Danny K.

CTF Soledad, Alex S.

FCI Herlong, OPEN

FCI Mendota, OPEN

FSP Folsom, Jamie W.

MCSP Mule Creek, Cecilia S.

Napa State Hospital, Mark B.

January-March report: Nine out of twelve scheduled meetings were held. Three meetings were cancelled by hospital staff. The patients are very thankful for the Grapevines and La Viñas. No other literature is needed at this time.

PBSP Pelican Bay, David R.

PVSP Pleasant Valley Coalinga, Jeff S.

CSP Sacramento, Michael L.

SATF & COR Corcoran, Bill H.

SCC Jamestown, OPEN

SOL Solano, John D.

SQ San Quentin, Curtis C.

USP Atwater, OPEN

IVSS Program Report for April 26, 2026

As of the end of March 2026, we are working with 235 inside members requesting sponsorship in 6 NorCal prisons, of whom 81.7% have been assigned with sponsors. The numbers are:

San Quentin (Max V., Coordinator): 103 requested, 101 matched with a sponsor

CTF Soledad (Dave R., Coordinator): 19 requested, 17 matched with a sponsor

Avenal SP and Corcoran SP (Bill H., Coordinator): 66 requested, 40 matched

Central CA Women's Facility (Leigh Ann M., Coordinator): 34 requested, 28 matched

Folsom SP (Joe A., Coordinator): 13 requested, 6 assigned

Additionally, **Salinas Valley SP** is on hold due to no AA meetings being conducted and the rollout at **Substance Abuse Training Facility (SATF)** is delayed until more volunteers are available.

IVSS continues to increase the number of inside members being served, but as you can see from the numbers, the demand for sponsors far outweighs the supply. **We desperately need volunteers**, so if you're interested or



know someone who might be, please contact me directly at ivss.handi@gmail.com. You can do this anonymously from the convenience of your own home.

Finally, our IVSS Coordinator Training Program is now available both in print and on video, and all we need to get the service rolled out to other institutions is willing volunteers to Coordinate. The position description is in our Policy Manual, and please feel free to contact me with any questions or interest.

In fellowship & service,
Karen C., IVSS Chair

Liaison Reports April 26, 2026

Public Information Melody T.

Thank you to our wonderful panel of speakers for the H&I Panel at the NCCAA Conference in San Ramon: Chris D., Vikki L., Karen C., and Matthew L. The panel was well attended, and we got a lot of visitors at the H&I table. Thank you to the diligent crew of Area 52 and our liaison Karen B for all their help. We had a lot of fun and made many new friends. We are already planning speakers for the next NCCAA Conference in Fresno, October 9, 10 and 11.

I want to create a file for examples of all the H&I Area informational giveaways, beginning with the Area meeting rosters. I'm still amazed that many Areas do not have a list of facilities they serve, the times of the meetings and how a volunteer might get in touch to get started going in. People can't volunteer for something they don't know about. These informational pieces can be available at Intergroup and District events, General Service Assemblies, and the tables at NCCAA. If your Area has materials, please email them to me at info.norcalhandi@gmail.com.

We provided the H&I table display for the Resource Fair at the California Health Care Facility in March. Areas, I am available to help if any of the prisons in your Areas have such an event. Prospective inside members do attend these Resource Fairs and having a good relationship with the CRM helps in connecting newcomers with how to sign up for AA meetings and get AA literature. It also helps if the major institutions coordinators have good communications with the Areas their prisons are in.

Please contact me if you need help with materials to get the word out about volunteering for H&I service.

SoCal H&I liaison James C.

- There's been turnover in some commitments; there are still openings.
- There continues to be discussion of ways to better serve the Spanish-speaking community.
- They continue to discuss the need for better communication with administrations of jails, prisons and some other institutions.
- They are making progress on finding ways to offer something like our IVSS program.
- They continue to discuss ways to place QR codes on H&I literature that directs people to their website, or to a specific program on their website.
- They discussed the proposed 2026 conference and discussed the combined SoCal/NorCal H&I Conference scheduled for next year.

My report to SoCal H&I included:

- a general statement about our current financial status
- a pitch for the IVSS program, stating it is going very well, and we are actively seeking those who would sponsor someone in prison, with an emphasis on needing Spanish-speaking volunteers.
- I invite comments and suggestions.



CNCA liaison report James C.

The focus is currently on Agenda Topics, and many areas are holding workshops to better acquaint GSRs with the process of gathering information. There is continued discussion on how to implement the results of the inventories to better serve the members in respective areas. Inclusion and safety are two topics mentioned in almost all reports, with sharing sessions at monthly meetings.

It was noted that the Grapevine continues to struggle financially, and though improved over the last year, is one of the Agenda Topics for this year.

They continue to discuss implementing QR code that links to a simple and consistent message about AA's primary purpose.

My reports to CNCA mentioned: Our IVSS program, stating it is going very well, and we are actively seeking those who would sponsor someone in prisons, with an emphasis on needing Spanish-speaking volunteers. I invited comments and suggestions.

Concerns submitted by CNCA area members: I continue to have enquiries about the possibility of a Spanish translation of the PLBB.



**NorCal H&I Committee
Financial Report
June, 2026**

INCOME AND EXPENSE BREAKDOWN		
	Jun 26	Jan - Jun 26
Income		
Area Contributions		
Check Contribution	34,735.88	221,902.09
Online Contributions	18,404.22	125,223.42
Total Income	53,140.10	347,125.51
Literature Expense		
AAWS	33,000.00	298,727.24
Grapevine & La Vina	14,205.48	52,132.58
Meeting Directories	0.00	411.09
Storage Unit Rent Expense	0.00	1,946.20
Total Literature Expense	47,205.48	353,217.11
Other Expense		
Accounting	1,000.00	1,100.00
Area Expenses - 5% PY Cont.	-295.53	33,108.15
Bank Charges	3.12	50.80
Insurance	0.00	1,525.00
NorCal Committee	122.86	3,958.19
NorCal IVSS Program	0.00	659.02
Office Supplies	0.00	21.93
Postage	0.00	652.58
Printing Costs	0.00	5,469.83
Processor Fees	590.53	3,967.29
Virtual Meeting Expense	67.96	324.80
Total Other Expense	1,488.74	50,837.59
Total Literature and Other Expense	48,694.22	404,054.70
Income Less Total Expense	4,445.88	(56,929.19)
Beginning Cash Balance	290,046.12	351,421.19
Ending Cash Balance	294,492.00	294,492.00
**Recommended Cash on Hand	307,708.44	
Cash in Bank	294,492.00	
Above or Below Recommendation	(13,216.44)	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	87.4%	
Value of Lit on Hand =	6,104.48	

CONTRIBUTIONS BY AREA		
	Jun 26	Jan - Jun 26
02, Del Norte	272.18	720.63
03, Siskiyou	12.00	735.96
04, Humboldt	616.12	3,623.11
11/12, Modoc/Lassen	0.00	328.82
140, Spanish North Int	287.46	1,049.64
16, Shasta	1,983.50	12,322.25
160, Spanish N Coast	0.00	389.50
161, Spanish (Area) Santa Rosa	0.00	0.00
17, Tehama	129.00	813.18
170, Spanish S Coast	286.70	614.20
18, Trinity	0.00	0.00
180, Spanish Central Int	91.38	392.40
190, Spanish South Int	390.44	1,683.11
21, Mendocino	91.15	1,043.73
22, Sonoma	4,842.02	30,969.24
23, Lake	429.85	2,412.81
31, Butte/Glenn	911.86	8,336.35
32, Plumas	0.00	0.00
34, Placer	2,937.16	15,870.16
36, Sierra/Nevada	960.56	5,721.17
42, Sacramento/Yolo	5,355.75	25,396.17
43, El Dorado	776.33	4,925.61
44, Amador	140.52	1,188.98
45, Sutter/Colusa/Yuba	1,016.15	3,691.33
51, Napa	436.50	6,918.71
52, Contra Costa	3,855.00	23,471.28
53, Alameda	4,854.83	37,615.42
54, Solano	1,019.52	6,929.62
61, Marin	3,239.51	21,248.80
62, San Francisco	2,511.23	24,079.96
65, San Mateo	881.23	18,112.88
71, Santa Clara	7,154.15	28,292.55
72, Monterey	836.77	4,892.16
73, Santa Cruz	244.00	13,749.16
74, San Benito	352.27	1,279.65
81, Stanislaus	743.07	5,141.85
82, San Joaquin	986.67	4,177.37
83, Tuolumne	117.62	3,048.73
84, Calaveras	105.72	899.79
86, Merced	292.55	750.78
91, Mariposa/Madera	247.23	2,041.72
92, Fresno	2,257.81	16,271.26
93, Tulare	1,344.93	5,151.01
95, Kings	90.55	366.84
Out of the Area Contribution	0.00	336.00
Unidentified Contributor	38.81	145.82
Total	53,140.10	347,125.51

Please direct questions to the Treasurer at treasurernorcalhandi@gmail.com



**NorCal H&I Committee
Financial Report
May, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>May 26</u>	<u>Jan - May 26</u>
Income		
Area Contributions		
Check Contribution	34,125.02	187,166.21
Online Contributions	16,048.07	106,819.20
Total Income	<u>50,173.09</u>	<u>293,985.41</u>
Literature Expense		
AAWS	60,200.53	265,727.24
Grapevine & La Vina	0.00	37,927.10
Meeting Directories	0.00	411.09
Storage Unit Rent Expense	898.00	1,946.20
Total Literature Expense	<u>61,098.53</u>	<u>306,011.63</u>
Other Expense		
Accounting	100.00	100.00
Area Expenses - 5% PY Cont.	0.00	33,403.68
Bank Charges	1.66	47.68
Insurance	1,525.00	1,525.00
NorCal Committee	116.93	3,835.53
NorCal IVSS Program	0.00	659.02
Office Supplies	21.93	21.93
Postage	544.70	652.58
Printing Costs	0.00	5,469.83
Processor Fees	506.08	3,376.76
Virtual Meeting Expense	0.00	256.84
Total Other Expense	<u>2,818.30</u>	<u>49,348.85</u>
Total Literature and Other Expense	<u>63,916.83</u>	<u>355,360.48</u>
Income Less Total Expense	(13,743.74)	(61,375.07)
Beginning Cash Balance	<u>303,789.86</u>	<u>351,421.19</u>
Ending Cash Balance	<u>290,046.12</u>	<u>290,046.12</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>290,046.12</u>	
Above or Below Recommendation	<u>(17,662.32)</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	86.1%	
Value of Lit on Hand =	7,210.20	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>May 26</u>	<u>Jan - May 26</u>
02, Del Norte	0.00	448.45
03, Siskiyou	192.76	723.96
04, Humboldt	164.92	3,006.99
11/12, Modoc/Lassen	0.00	326.82
140, Spanish North Int	268.62	762.18
16, Shasta	1,881.16	10,338.75
160, Spanish N Coast	0.00	369.50
161, Spanish (Area) Santa Rosa	0.00	0.00
17, Tehama	100.92	684.18
170, Spanish S Coast	131.00	327.50
18, Trinity	0.00	0.00
180, Spanish Central Int	172.98	301.02
190, Spanish South Int	457.19	1,292.67
21, Mendocino	48.23	952.58
22, Sonoma	4,488.33	26,127.22
23, Lake	299.63	1,982.96
31, Butte/Glenn	1,819.61	7,424.49
32, Plumas	0.00	0.00
34, Placer	2,745.60	12,933.00
36, Sierra/Nevada	437.37	4,760.61
42, Sacramento/Yolo	3,173.57	20,040.42
43, El Dorado	645.43	4,149.28
44, Amador	171.92	1,048.46
45, Sutter/Colusa/Yuba	908.12	2,675.18
51, Napa	485.96	6,482.21
52, Contra Costa	3,080.54	19,616.28
53, Alameda	7,365.43	32,760.59
54, Solano	1,351.32	5,910.10
61, Marin	2,814.84	18,009.29
62, San Francisco	2,484.39	21,568.73
65, San Mateo	2,344.35	17,231.65
71, Santa Clara	3,743.28	21,138.40
72, Monterey	899.16	4,055.39
73, Santa Cruz	23.00	13,505.16
74, San Benito	400.42	927.38
81, Stanislaus	624.23	4,398.58
82, San Joaquin	801.74	3,190.70
83, Tuolumne	1,473.74	2,929.11
84, Calaveras	23.84	794.07
86, Merced	82.89	458.23
91, Mariposa/Madera	356.21	1,794.49
92, Fresno	3,496.62	14,013.45
93, Tulare	335.99	3,806.08
95, Kings	77.78	276.29
Out of the Area Contribution	0.00	336.00
Unidentified Contributor	0.00	107.01
Total	<u>50,173.09</u>	<u>293,985.41</u>

Please direct questions to the Treasurer at treasurernorcalhandi@gmail.com



**NorCal H&I Committee
Financial Report
April, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Apr 26</u>	<u>Jan - Apr 26</u>
Income		
Area Contributions		
Check Contribution	36,607.27	153,041.19
Online Contributions	23,362.23	90,771.13
Total Income	<u>59,969.50</u>	<u>243,812.32</u>
Literature Expense		
AAWS	42,511.08	205,526.71
Grapevine & La Vina	12,179.50	37,927.10
Meeting Directories	287.06	411.09
Storage Unit Rent Expense	85.20	1,048.20
Total Literature Expense	<u>55,062.84</u>	<u>244,913.10</u>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	0.00	33,403.68
Bank Charges	0.00	46.02
Insurance		
NorCal Committee	1,777.65	3,718.60
NorCal IVSS Program	310.02	659.02
Office Supplies		
Postage	0.00	107.88
Printing Costs	821.72	5,489.83
Processor Fees	745.05	2,868.68
Virtual Meeting Expense	0.00	256.84
Total Other Expense	<u>3,654.44</u>	<u>46,530.55</u>
Total Literature and Other Expense	<u>58,717.28</u>	<u>291,443.65</u>
Income Less Total Expense	1,252.22	(47,631.33)
Beginning Cash Balance	<u>302,537.64</u>	<u>351,421.19</u>
Ending Cash Balance	<u>303,789.86</u>	<u>303,789.86</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>303,789.86</u>	
Above or Below Recommendation	<u>(3,918.58)</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	84.03%	
Value of Lit on Hand =	7,219.80	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Apr 26</u>	<u>Jan - Apr 26</u>
02, Del Norte	125.84	448.45
03, Siskiyou	168.85	531.20
04, Humboldt	814.52	2,842.07
11/12, Modoc/Lassen	55.81	326.82
140, Spanish North Int	0.00	493.56
16, Shasta	3,541.37	8,657.59
160, Spanish N Coast	60.00	369.50
161, Spanish (Area) Santa Rosa	0.00	0.00
17, Tehama	64.00	583.26
170, Spanish S Coast	100.00	196.50
18, Trinity	0.00	0.00
180, Spanish Central Int	19.50	128.04
190, Spanish South Int	159.43	835.48
21, Mendocino	114.88	904.35
22, Sonoma	6,019.82	21,638.89
23, Lake	254.31	1,683.33
31, Butte/Glenn	1,269.18	5,604.88
32, Plumas	0.00	0.00
34, Placer	1,912.29	10,187.40
36, Sierra/Nevada	1,629.51	4,323.24
42, Sacramento/Yolo	3,042.13	16,866.85
43, El Dorado	1,226.12	3,503.85
44, Amador	167.08	876.54
45, Sutter/Colusa/Yuba	281.21	1,767.06
51, Napa	929.27	5,996.25
52, Contra Costa	4,056.70	16,535.74
53, Alameda	4,147.46	25,395.16
54, Solano	803.47	4,558.78
61, Marin	3,936.14	15,194.45
62, San Francisco	4,341.51	19,084.34
65, San Mateo	4,022.25	14,887.30
71, Santa Clara	3,125.96	17,395.12
72, Monterey	609.48	3,158.23
73, Santa Cruz	6,240.40	13,482.16
74, San Benito	159.15	526.96
81, Stanislaus	986.04	3,774.35
82, San Joaquin	427.84	2,388.96
83, Tuolumne	122.66	1,455.37
84, Calaveras	258.79	770.23
86, Merced	177.37	375.34
91, Mariposa/Madera	339.36	1,438.28
92, Fresno	2,876.64	10,516.83
93, Tulare	940.15	3,470.09
95, Kings	0.00	198.51
Out of the Area Contribution	336.00	336.00
Unidentified Contributor	107.01	107.01
Total	<u>59,969.50</u>	<u>243,812.32</u>

Please direct questions to the Treasurer at treasurernorcalhandi@gmail.com



PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at www.handinorcal.org (or your local Area Chair) to get one.

~

You can also now make your group's contribution by credit or debit card directly on our website at www.handinorcal.org/contribute; you will receive an immediate email receipt documenting the transaction.

H&I Roster

The NorCal Committee Roster is now available by request.

To request a copy, please email either

Joe N. at chairnorcalhandi@gmail.com or Jude H. at norcalhanipublisher@gmail.com.



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