NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE P.O. BOX 192490 SAN FRANCISCO, CA 94119-2490

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COMMITTEE SCHEDULE 2024

July 28, 2024 October 27, 2024 January 26, 2025 April 27, 2025

Committee Meeting will be held at 11:00am on Zoom. In Person location will be communicated prior to each meeting. Contact *northcalhandipublisher@gmail.com* for questions.

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NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE P.O. BOX 192490 SAN FRANCISCO, CA 94119-2490



Northern California

Hospital & Institution Committee

P.O. Box 192490 * San Francisco, CA 94119-2490

Newsletter #3

PLEASE KEEP THE CONTENTS OF THIS NEWSLETTER CONFIDENTIAL

July 2024

NEXT COMMITTEE MEETING:

July 28, 2024 11:00 AM Pacific Time

In Person Location: North Solano County Intergroup Office. 413 William St., Vacaville CA 95688

> Join Meeting by ZOOM: Meeting ID: 828 7733 8114 Passcode: service

> Dial by your location +1 669 900 6833 US Meeting ID: 828 7733 8114

Contact northcalhandipublisher@gmail.com for questions.

In This Issue

- Cover Nor Cal Committee Meeting schedules
- Pg. 0 Address/Zoom Log In Info for the next Committee Meeting and Newsletter contents
- Pg. 1 Letter from the General Committee Chair
- Pg. 2 Letter of Gratitude for H&I
- Pg. 3 From the Archives
- Pg. 4 Open Positions on H&I Committee & Website Information
- Pg. 5 Committee Meeting Agenda 07/28/24
- Pg. 6 Attachment 1: Save the NorCal H&I Conference
- Pg. 7 Attachment 2: Northern California Hospitals and Institutions Conference Advisory Board Responsibilities
- Pg. 8 Map of Northern California H&I English Regions & Areas
- Pg. 9 Map of Northern California H&I Spanish Regions & Areas
- Pg. 10 Minutes from the last Committee Meeting
- Pg. 25 April 2024 Area and Region Written Reports
- Pg. 32 2024 Proposed Policy Manual Revisions (English/Spanish)
- Pg. 40 Committee Business Meeting Procedures Proposal (English/Spanish)
- Pg. 44 Financial Statements



Letter from the NorCal Committee Chair

Greetings! I hope you are all having a great summer. The NorCal H&I summer meeting is coming up in Vacaville on July 28 and we'd love to see you there in person. But, if you can't make it to Vacaville, you can still join us on Zoom. Why should you attend? Well.....

The NorCal H&I Committee is the final decision-making body of the Northern California Hospital and Institution Committee, and we are committed to being open and accountable to the AA fellowships that fund our activities. When they participate, Regional and Area Chairs are the direct links between this Committee and the AA groups of Northern California. When they don't participate, their local AA community is deprived of representation and a voice in the decisions made by this Committee.

I'm happy to report that we're continuing to see good news about our financial condition. Last year, literature expenses quickly piled up due to many facilities rapidly reopening after the pandemic. But contributions lagged far behind. Thanks to every one of you who helped get the message out and to everyone who has resumed making regular contributions. While still not back at pre-pandemic levels, we're beating our budgeted expectations by 37% in May!

It was great seeing many of you at the Conference in Bakersfield and mingling with our service colleagues from SoCal. The featured speakers were outstanding and inspiring and the whole event was good fun. This conference was unusual because it was produced jointly with SoCal H&I, something that hasn't been done in many years. My sincere thanks and congratulations to the Conference Committee for their many months of hard work creating this wonderful event. We will discuss the uncertain future of the Conference at our July meeting.

Last month I joined Area 71 for their business meeting in San Jose. Santa Clara County is home to a large, highly engaged and enthusiastic H&I committee. It was exciting to see them in action and talk with them. My thanks to Area Chair, Mike Stevens and the committee for their generous hospitality.

Part of my reason for attending Area meetings is to get the word out about critical vacancies on the NorCal Committee. Our Web Chair, Literature Chair, Publisher, and Audio-Media Chair perform critical functions that the committee relies upon to fulfill our mission. The incumbents are ready to rotate out but we need volunteers to replace them if we wish to continue providing uninterrupted service. In addition, filling the vacant Spanish Communications Chair will help us do a better job of coordinating with the Spanish Linguistic Regions to reach confined Spanish speaking alcoholics.

At our meeting in April, we had an interesting discussion on the spirit of rotation. Early in our history, AA advocated rotation to avoid the dangers of an individual acquiring too much power and authority by becoming entrenched in a position. Our discussion landed on the notion that positions with fixed terms should rotate on schedule but positions lacking a fixed term should rotate at the discretion of the Area or Facility Chair. In these cases, the Chairs are responsible for ensuring that the trusted servants we do retain for extended periods of time act in the best interest of our group conscience and not the self-interest of an individual or a faction. As Bill W. wrote in the Grapevine in January, 1948:

"Do we experience through rotating leadership at all service levels, a kind of democracy rarely possible elsewhere or do we experience an authoritarian and fixed leadership interfering with our true ultimate authority?"

Our discussion topic in July is, The Aging of AA

According to membership surveys regularly conducted by the General Service Office, in 1989, 22% of AA members were under 31 years old and 23% were 51 or older. In 2022, less than 10% of AA members were under 31 years old and 55% were 51 or older. What should we do to attract and retain more young people to H&I service?

Thank you for allowing me to be of service,

Julio B, NorCal Committee Chair



Letter of Gratitude for H&I

I'm sitting in my men's stag meeting and I am full of gratitude. The deep resonance of the Serenity prayer brings me a feeling of belonging. I am safe and connected to the fellowship. My life has purpose today.

I started when I was very young, eleven years old. I'm the youngest of four and it was 1970. We lived in the Bay Area and it seemed like everyone was partying. There was that defiance and anger in me and getting high was my solution.

I drank myself through school and eventually quit and began my career in the grocery business. Everyone I hung out with drank like me, most of us had family and legal trouble. I decided that getting married and having kids would be nice. That only lasted five years.

I got married again and did a geographic to a big city four hours away. It only got worse, I was a wreck and I thought of suicide.

I was truly at my bottom and I opened the phone book and called AA Central Office.

Kind people welcomed me with open arms, I was filled with gratitude to have found the fellowship, to be wanted and needed. I know that you are my people, I belong. You have given me purpose and direction.

Gratitude is an action word, I have endless opportunities to show and to share this incredible way of life. Thank you AA.

Bruce A.

From the Archives

Warden Clinton Duffy is credited with bringing the first AA meeting inside a correctional institution at San Quentin in 1942. But it was Ricardo M., an inmate, and reporter for the San Quentin News who asked for the meetings. Ricardo's column, "Ricardo Reports" from June 25, 1942 features the poem Ricardo published after reading the Alcoholics Anonymous book in the prison library.



OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open.

If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and if you're interested or have any questions, please contact our General Chair.

Committee Chairs/Officers

Execute the operations of the Committee.

NorCal Co-Chair Audio Media Chair Spanish Communications Chair Literature Chair Publisher Web Chair

Regional Chairs

Acts in support capacity to Area Chairs within the region ... Region 01 - Far North Coastal – OPEN Region 30 - Northern Interior - OPEN Region 50 - East Bay - OPEN

Region 10 - Far North Interior – OPEN Region 70 - Southern Coastal - OPEN Region 90- Far East Interior - OPEN

Area Chairs

Have overall responsibility for the H&I operations in the areas in which they serve... Area 12 Lassen – OPEN Area 95 Kings - OPEN

Major Institutions Coordinators

Have overall responsibility for all H&I meetings in the Major Facility which they serve...

FCI Herlong – OPEN HDSP Susanville – OPEN CSP Sacramento - OPEN

FCI Mendota (MEN) - OPEN

SCC Jamestown – OPEN CCC Susanville- OPEN USP Atwater (ATW) - OPEN

IVSS Coordinators

If you'd like to support opening this service in an Institution near you, please contact the IVSS Chair

The Web Site for the

Northern California Hospital & Institution Committee is:

www.handinorcal.org

Please visit our site and send us your suggestions or questions.

To change your newsletter status or info, chose one of the following:

E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.

Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA

94119

Come to any General Committee Meeting to give us your new info.

NorCal Committee Agenda July 28, 2024

OPEN MEETING with the Serenity Prayer READINGS:

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

INTRODUCTIONS / WELCOME APPROVAL OF AGENDA APPROVAL OF MINUTES OF THE 4/28/2024 MEETING APPROVAL OF FINANCIAL STATEMENTS

OFFICER REPORTS

1.	NorCal Chair: Julio B	10. Pink Can Coordinator: Peter M
2.	NorCal Co-Chair: VACANT	11. Policy Chair: Penny C
3.	Treasurer: Joyce R	12. Audio Media Chair: VACANT
4.	Secretary: Lynn D	13. Archives Chair: Julio B
5.	Major Institutions Chair: Jeff L	14. Public Information Chair: Melody T
6.	IVSS Chair: Karen C	15. Grapevine Chair: Bob F
7.	Finance Committee Chair: Penny C	16. Publisher: Joe N
8.	NCCAA Conf. Coordinator: Karen B	17. Spanish Comm. Chair: VACANT
9.	Literature Chair: Kelly B	18. Website Chair: Thom H

LIAISON & SERVICE COMMITTEE REPORTS

1.	VATF: Jeff L	<mark>4.</mark>	SoCal H&I Liaison : VACANT
<mark>2.</mark>	H&I Liaison to CNCA: VACANT	5.	Guest Reports:
3.	H&I Liaison to CNIA: Vikki R		

BREAK

COMMITTEE BUSINESS SCHEDULE

UNFINISHED BUSINESS

- •___Open Committee Positions:
 - o___NorCal Co-Chair Nominee: Bruce A.
 - o____SoCal Liaison Nominee: James C.
- Policy Revision Recommendations (2nd Reading)

NEW BUSINESS

•____H&I Conference Committee Update- Lorraine MacDonald (See attachments 1-2)

DISCUSSION TOPIC FROM THE GENERAL CHAIR:

- Region & Area Highlights
- The Aging of AA & what we can do to attract young people to H&I service.
- <u>OPEN FORUM:</u> HOW CAN WE HELP YOU? Questions, suggestions, or comments from the floor

ANNIVERSARIES

CLOSE MEETING with the Declaration of Responsibility

Please send a brief written copy of your report to our Recording Secretary: northcalhandi@gmail.com



Attachment: 1 Save the NorCal H&I Conference

I requested this letter be sent to all the members on the Northern California Hospital and Institution Committee email list because it is important we inform as many H&I members as possible with this important information.

The Hospital and Institutions Committee Policies & Procedures Manual (Pink Pamphlet), until a couple of years ago, had this statement regarding the conference:

THE RELATIONSHIP OF THIS COMMITTEE TO THE HOSPITAL AND INSTITUTION CONFERENCE

The Hospital and Institution Committee of the Northern California Council of Alcoholics Anonymous recognizes that the Hospital and Institutions Conference is an autonomous and self-supporting entity functioning within Northern California Alcoholics Anonymous.

Historically, our committee provided a loan of \$500 in seed money (which has since been repaid in full) to provide a starting base for the first H&I Conference which was held in Stockton in 1972.

We recognize that it is our responsibility to support this conference as a Committee and as individual members of Alcoholics Anonymous. Many of the members who serve on the conference committee are also members of this committee. It is also our responsibility to provide advice, experience, and constructive criticism when requested by the conference committee.

The conference is in danger of not being held again and becoming a part of history after 52 years. To continue holding the conference, we need to fill two or three positions on the Advisory Board, and we need help from Regions, Areas and Committee members willing to support future conferences. If no members are interested and willing to take these positions the Conference will be dissolved, and the bank funds donated to another non-profit.

I have attached "*The Purpose of the Conference"* from the Conference Policy Handbook and a description of the Advisory Board members responsibilities.

Please contact me at 530-521-6918 or loandmac@gmail.com with any questions or for more information.

Lorraine M Attachment(s)

The purpose of the Annual Hospital and Institution Conference of Northern California is threefold:

- 1. To improve mutual understanding and cooperation between AA and non-alcoholic professionals in an effort to help the confined alcoholic.
- 2. To improve understanding and cooperation between institutions and AA through workshops, panels, and general discussions.
- 3. "To be friendly with our friends," and in doing so, AA members experienced in such cooperation report three gratifying results:
 - a. It helps them stay sober.
 - b. It often attracts alcoholics to AA.
 - c. It helps non-alcoholics gain an understanding of, and respect for, our fellowship.

Attachment 2

Northern California Hospital & Institution Conference Advisory Board Responsibilities

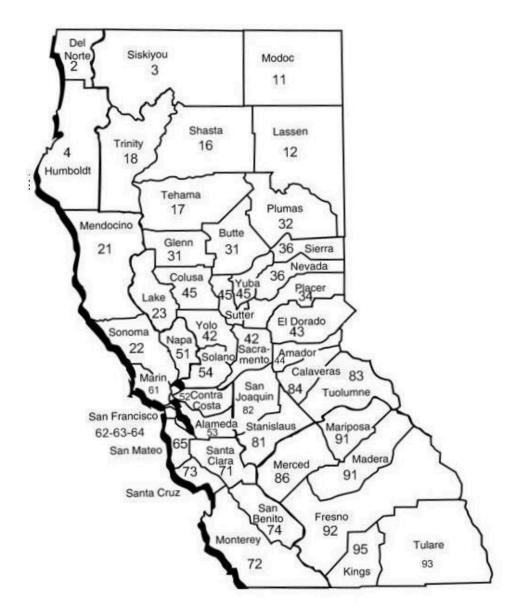
The Advisory Committee (A.C.) is to support and advise local AA/H&I members who want to host the conference. At least one member of the A.C. attends the local committee's planning meetings as they plan for the conference.

It is important the local committee realize that the Conference is not part of the Northern California Hospital and Institution Committee. We are separate Nonprofit 501c committees and have different purposes (see page 1 of the Conference Policy and Page 1 in the Committee Policies & Procedures).

Responsibilities:

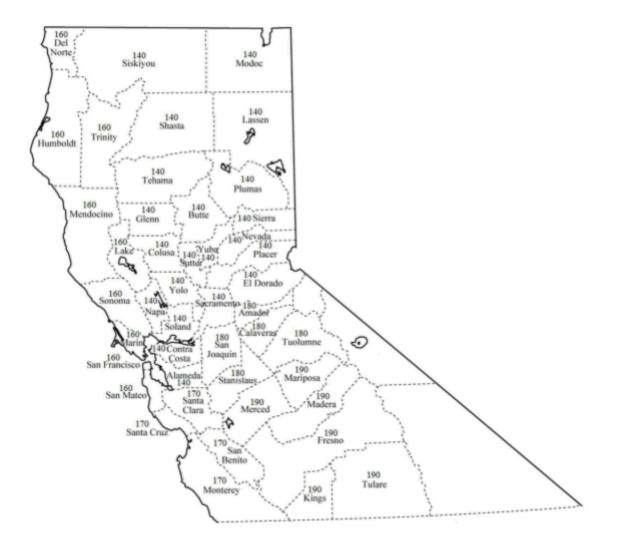
- We have an accountant who will assist us in filing all the documents required with the IRS and the State of California. The three members of the A.C. are listed with the IRS as the Conference President, Treasurer and Secretary. There is no personal or financial risk to any of the members.
- Annually an A.C. member gets the Local Conference Committee's Final Treasurers report to the accountant by December for tax filing. We send a check for \$25 to the California Attorney General for Non-Profit.
- The A.C. maintains the checking account at Wells Fargo, adding two local conference members and removing past conference signers. There needs to be activity on the account within a year so if a conference isn't held in a year a one dollar (\$1:00) deposit must be made.
- A member of the A.C. stores the Conference Archives, currently 1 bin 15"x20"x30."
- We proofread the flyer and any newsletters to confirm that somewhere it states that the conference is not funded by the Pink Can monies. Our positions are not to control or dictate to the local committee but only to offer our experiences and suggestions from past conferences and that the Policy Handbook is passed on to each local committee.
- We spend approximately 25 hours a year in this position

Northern California Hospital and Institution Committee Regions and Areas



Region 01 - Far North Coastal Areas: 2, 3, 4 Region 10 - Far North Interior Areas: 11, 12 Region 15 - Lower Far North Interior Areas: 16, 17, 18 Region 20 - Northern Coastal Areas: 021, 22, 23 Region 30 - Northern Interior Areas: 31, 32, 34, 36 Region 40 - Central Interior Areas: 42, 43, 44, 45 Region 50 - East Bay Areas: 51, 52, 53, 54 Region 60 – West Bay Areas: 61, 62, 65 Region 70 - Southern Coastal Areas: 71, 72, 73, 74 Region 80 - Southern Interior Areas: 81, 82, 83, 84, 86 Region 90 - Far Southern Interior Areas: 91, 92, 93, 95

Comité de Hospitales e Instituciones del Norte de California



Region 140 - Spanish North Interior (Sacramento) 4th Thursday of the month 7:00 to 9:00pm 5251 Florin Rd. Suite 142, Sacramento, CA 95822 Region 160 - Spanish North Coastal (San Francisco) 2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm 3401 Cesar Chavez St. Suite C, San Francisco, CA 94110 Region 170 – Region 170 - Spanish South Coastal (Salinas) 3rd Wednesday of the month at 7:30 pm 216 Gavilan St. Suite 215, Salinas CA 93901 Region 180 - Spanish Central Interior (Modesto) 1st Tuesday of the month 7:00 to 8:30pm 1100 Carver Rd. Suite 7, Modesto, CA 95350-4787 Region 190 – Region 190 - Spanish South Interior (Fresno) 1st Monday of the month 7:00 to 8:30pm 520 N Fulton St, Fresno, CA 93728

Norcal H&I COMMITTEE MINUTES April 28, 2024

Introduction and Welcome

Opening: Julio B. opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Victoria H_read the H&I Purpose Statement and Kelly B read the 12 Traditions of Alcoholics Anonymous.

Zoom: -Penny C -Interpreter Marichuy -Melody T -Miki S -Karen C -Joyce R -Jude H -Terry D -Sheila W -Diane -Lynn D -Ryan Y -Rich C	-Thom H -David R -Mike S -Nancy H -Paula A -Peter M -Steven H -Linda S -James C -Renee P -Terry M -Mike K -Bruce A -Jim L	In Person -Julio B -Joe N -Ken M -Jeff L -Kelly B -Victoria H	
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Attendance at Committee Meetings for last 18 months:

2023-2024	2022
01/23: 53 (All Zoom)	02/22: 34 (General) (Zoom)
04/23: 50 (All Zoom)	05/22: 27 (Steering) (Zoom)
07/23: 43 (7=in-person/40=Zoom)	06/22: 42 (General) (Zoom)
10/23: 33 (7=in-person/26=Zoom)	09/22: 34 (Steering) (Zoom)
01/28: 38 (8=in person/30=Zoom	10/22: 88 (General) (Zoom)
April 2024: 34 (6=in person)	

• Review and approve agenda published in April 2024 newsletter (100% approve)

Committee Meeting 01/28/23 Minutes Approval

- Motion to approve: Miki S
- Approved= 96%; Not approved=0; Abstained=4%
- Financial Statement (Jan, Feb, March) published in April 2024 newsletter:
 - Motion to approve: Miki S.
 - Approved=96%; Not approved=0; Abstained=4%

Officer Reports

General Chair, Julio B.

It really does appear that we are continuing to recover from Covid 19. Contributions are increasing, and almost every area is reporting that they are working through requests for new meetings. The bottleneck pretty much

universally is a shortage of volunteers, and many of us feel that pinch. Some areas are beginning to see an increase in participation in their business meetings and orientations; hopefully this trend will sweep over all the areas.

As mentioned in the newsletter, I spent some time on the H&I road this past quarter. I visited Bruce A and other Area 83 TuolomneTuolumne folks with Regional Chair Melody T. We had a lovely time; they were gracious, and it was great to meet everyone. In February, I attended the 8th annual CTF Soledad Conference, which was a truly humbling and inspiring experience to see the incredible work being done by the NorCal H&I committee members and the Sick Puppies group on the inside there.

Last month I asked for suggestions on improving our ability to reach for Spanish-speaking volunteers, and I got some really good feedback. I've been working with Area 62 in San Francisco and Region 160, with invaluable help from Jose C from Region 140 to help develop a Spanish-speaking volunteer pool, which is needed in SF County jails. To achieve that, some of these groups are meeting and working together, and are making considerable progress. To facilitate this, and assist other areas to learn about H&I service, how to get involved, conduct orientations and run meetings, several Spanish-language procedural documents have been posted on the website, along with a newly translated, editable H&I information brochure, so that local Spanish-speaking meetings can set up their own H&I orientation with the same format we use in English language orientations. It was suggested that I reach out to Nevada area 42, and I contacted their DCMC in District 22 Reno, Carlos R – so we have a good connection going there now. That district is not serving any correctional institutions at the moment, but they are also confronted with the same issues that we are seeing universally with the California Dept of Corrections and Rehabilitation (CDRC) CVRC and San Francisco, in that applications, clearance materials, and orientations are all in English. They do expect the English-speaking district people to notify them when they learn of the need for Spanish-speaking volunteers. We hope this is going on here with Norcal as well. We hope that individuals who learn about a need for Spanish language meetings will contact the Spanish regional chair that coincides with the area, to get them in the loop and help bring in people to meet the need.

CNCA Area 06 Interdistrict Spanish language meeting is going on right at this moment, and Miguel (our usual translator) is attending. I asked him to put some feelers out for people I might contact after this meeting.

Kat S in the Fresno area volunteered to help people who need assistance filling out CDCRCVRC applications and forms. It was a general suggestion that we should perhaps create a voluntary list of English-speaking and bilingual members who can help Spanish-speaking members complete these applications and forms. We'll put a request out to see if there are people interested in volunteering in that capacity.

I wrote to the CDRCCVRC Ombudsman, letting them know we have a pool of potential volunteers across Northern California who speak Spanish and are willing to bring AA meetings into facilities with Spanish-speaking in their facilities. With more than 47% of incarcerated population being Hispanic, the language barrier is preventing many of them from participating. The California Bilingual Services Act appears to provide a pathway for removing linguistic barriers to accessing services. We hope this might provide the authority to make our community volunteer participation acceptable accessible for Spanish speakers. I have received acknowledgment of my request from the Ombudsman, and it was forwarded to the person who directs resource people throughout the CDRCCVRC and they said they would get back to me. It sounds like the California Bilingual Services Act does require them to provide materials and translation services in populations who speak languages other than English.

Last month, we heard a proposal from a member in Area 71 that we develop capability to replace or supplement Pink Cans with QR codes. We have received similar requests from a few other Areas as well. The proposal was published in the Newsletter. The Finance Committee met prior to this meeting to discuss the proposal, and we asked them to provide a recommendation. Today we will hear that recommendation.

Finally, for a discussion topic, I would like to discuss the spirit of rotation within H&I. The service manual defines rotation as "the spiritual principle of sharing the responsibility for AA through changing leadership." I would like to hear an open discussion of how we are doing with this on all levels: volunteers, coordinators, chairs. When we do NOT rotate, are we achieving what we hope? Are we suffering negative consequences from not rotating?

The Norcal Committee Co-Chair position is vacant, so we will move on with the Treasurer's report.

General Co-Chair, VACANT

<u> Treasurer, Joyce R</u>

04/28/24 H&I Financial Statement:

We ended the first quarter of 2024 in a sound financial position. Currently our year-to-date position shows \$6,543.59 income over expenses. We currently are approximately \$30,000 above our recommended 6-month average expense cash on hand. In March, we noted an increase in literature expenses indicating that facilities continue to open and Areas are actively increasing H&I meetings. Based on the increase in literature expenses, the loss of income in March and our year end number from 2023 in which literature expenses alone exceeded our 2023 income, it is my belief that having our \$30,000 cushion at this point will serve us well throughout the year.

We have had an issue with some checks that have been received as some groups are making the checks payable to names such as AA Literature H&I Fund; Area ## Treasurer H&I or NorCal H&I Area XX. I have been advised by the bank that they will no longer take checks in which the "Pay to the Order" name does not match our Committee Name. Therefore, I have been returning checks as needed.

Area Chairs, please share with your local AA groups that checks should be made to either **NorCal H&I** or **Northern California Hospital and Institution Committee**. **Area information** or **group names** should be put in the memo section.

Area Chairs please share with Group Reps the need to encourage AA Group Treasurers to send in the Pink Can money regularly and share with them that the address to send the money is on the Pink Cans. Occasionally it comes up that groups have full Pink Cans as they are not aware of where to send it. If a group would prefer, please have them contact me and I will send self-addressed envelopes for them to use.

Recording Secretary, Lynn D

I inadvertently neglected to send a summary of H&I Norcal Regional and Area reports for Committee members to review ahead of the quarterly meeting. My apologies – next time I will send these out according to schedule before the meeting.

Major Institutions Chair, Jeff L.

There are at least 36 meetings every month at CMF, of which H&I is attending an average of about 24. We currently have a total of 9 AA volunteers cleared.
We now have one Spanish speaking member going in every week to the Spanish language meeting on Saturday afternoon. This is the first Spanish speaking outside member going into CMF since at least 2016, when I started as a volunteer there.
We have recently restocked the Spanish language literature supply.

• We have increased our monthly Grapevine subscription from 25 to 50 and restarted the LaVina subscription, which had somehow lapsed.

• The new meeting format continues to increase participation from the "inside members."

• I attended the Volunteer Advisory Committee (VAC) meeting in April. This meeting

usually lasts 20-30 minutes, and the warden has never attended, while I've been going. At this meeting the warden, deputy warden, and the CRM where all in attendance.

o The meeting lasted an hour and 20 minutes, due largely to the exuberance and very talkative warden. Of the many things I learned at that meeting was: the warden grew up a punk rocking skater boy!

o The more relevant thing I learned is: CDCR is now able to share volunteer applications and clearance from one prison to another. I put the theory to the test immediately by submitting a name of a cleared volunteer at CSP Solano to be cleared at CMF. Boom! The same day I was sent a couple of documents to be signed by the volunteer, we are now waiting on the volunteer to complete and return them. We were told today by the Regional Director that Dublin will indefinitely suspend all classes, visits etc. effective immediately. Check your local news station or Google FCI Dublin News for further updates / information. Effective immediately, all programs and visits at FCI Dublin are discontinued, as the facility prepares to close operations. Inmates at this institution, the only federal women's prison west of the Rockies will be transferred to other prisons. Please remove FCI Dublin from the list of Major Institutions.

CHCF Stockton

After a very long four years, we finally have some good news from CHCF. The three remaining volunteers from 2020 were invited back to the facility and asked to complete online applications. I have submitted mine, with my current TB test documentation. On Wednesday, May 1, I will be in a meeting with the CRM and hopefully the Warden. We have many items to cover: Review of expectations of volunteers, the status and format of the AA meetings, AA literature needs, application procedure and process time for new volunteers and the IVSS. We may be joined in the meeting by the Delta Intergroup PI/CPC Committee which at one time were scheduled to have presentations about AA at the facility, and a representative of BTG, to explain that service and provide the applications. We are very excited about our return to CHCF.

Corcoran, SATF, Avenal

H&I activities at the Avenal, Corcoran and SATF state prisons on behalf of Monte and I:

- ASP- 6 Volunteers cleared (3 English and 3 Spanish speaking). A small number of cleared volunteers, work schedules, and transportation limitations will likely continue to contribute to relatively few visits to this facility. 6 English and 6 Spanish Speaking groups meet are held weekly. All AA groups meet on Tuesdays (2 from 3-5 PM and 4 from 5-7 PM) and are comprised of up to 150 AA Members.
- COR- 5 Volunteers cleared (2 English and 3 Spanish speaking). Renewal for 1 English speaker is pending VIC pickup. 2 volunteers visit weekly (between rotations with SATF). 1 of the 3 Spanish speakers has been visiting more often, all 3 visit as their availability allows. 7 English and 1 Spanish speaking meetings are held weekly. Our first 5 Year VIC was approved Jan 2024.
- SATF- 7 Volunteers cleared- (4 English and 3 Spanish Speakers). Application/Renewal for 2 English speakers are pending approval. We will continue our recruiting efforts and remain hopeful. 26 English and 12 Spanish speaking meetings are held monthly (meetings not held on 5th week).

These three institutions pull from a shared base of volunteers. Inquiries from potential volunteers continue to be made, and efforts are taken to assist with the app process. We continue to have substantially more opportunities to serve than our supply of cleared volunteers can support.

While we remain encouraged to learn that AB 581 (effective Jan 1, 2024) seeks to implement a standard process and timeline for volunteer application processing and appeals, we continue to see unique processes and interpretations in each institution. The promise to limit Livescan requirements to one facility for those who serve at multiple institutions has not yet been realized at these 3. The legislation appears to encourage formerly incarcerated individuals to participate in inmate programs, but we have not seen significant challenges in this area.

COVID Requirements- Groups are back to full size. Masks and COVID vaccinations are no longer required.

Lit orders- continue at COR, SATF and ASP. Efforts to restock the supply of books at ASP that the incarcerated alcoholics can request as a personal item via the Form 22 process remains slow- matching our limited activity there. The CRM has limited space available to store this literature despite the growing success of this process.

San Quentin

Only one dark night was recorded (due to last minute illness of a Beige Card holder). A steady supply of Grapevines and literature have been provided to the facility. I will be placing another order for more Big Books soon. Just had two new Gate Clearances added. Would really like to see the Spanish-speaking AA members step up, there is a big need for our

Saturday afternoon meetings. We currently have 31 cleared volunteers covering six meetings per week. I will be attending the SQ Volunteer Training session on Wednesday, April 24th.

CCWF and VSP

Here we are in April, giving our reports before the Big Event—The Northern California and Southern California H&I Committees Conference in Bakersfield! Wahoo!!! Our H&I participation at CCWF is adjusting to communicating with our acting Community Resource Manager, Heather B, who comes to CCWF from her experience in the CRM Department at VSP! So she is a familiar face in a new location! Our activities remain the same—participation in B, C, and D yards for our English speaking general population community and the Visiting Facility for our Spanish speaking general population communities from all 3 yards combined, SNF (skilled nursing facility), EOP (enhanced outpatient program), and the Fire House. There are also several meetings in the individual units, including a Sponsorship Meeting focused on inmates sponsoring other inmates. I am anxious to have IVSS available here at CCWF as well! We are able to have literature available at all meetings and to all participants as requested.

We are also happy to be able to participate at VSP in many levels with several meetings available, in English and Spanish, to all yards combined in our main meetings, and in the individual units in each yard. I am currently in communication with the CRM Department to get an accurate updated account of the number of meetings, and their locations, and the number of participants. It was presented to me that we have an inmate requesting literature in his primary language of Punjabi, which is the only language he can read. With Kelly's magnificent assistance, we are able to provide a Big Book and 12&12 in Punjabi! SUCCESS!!!

At both institutions, I am happy to be able to share that it is more and more apparent that these inmates, these people, these fellow members are participating in carrying the message outside the actual meetings—practicing the principles, and finding a more successful and meaningful life experience!

Mule Creek State Prison

There have been changes in the application process at MCSP which have resulted in long wait times. This has resulted in black nights. Also volunteer Lifescan files have been purged causing further delays. Mike is working with the CRM to resolve these issues.

Old Folsom FSP

Old Folsom Prison report: This commitment continues to humble me as I go in every week. To see men recover who are never getting out of prison is inspiring. I look forward to seeing everyone at the conference in May. We still need volunteers for the Friday night meetings as well as the Sunday Morning meetings.

Salinas Valley State Prison SVSP

So not a whole lot to report. My clearance has been cleared after several month, We a clearly not the priority. Dave and Brady are in the process of getting renewed. Hopefully in the foreseeable future. So we can get more coverage on other yards . There has bin several institutional lockdowns last week was the first I was able to get in. And the first Wednesday's of the month will be training day for new staff. Hopefully we can get the new coordinator up and running going.

Pleasant Valley State Prison

New Coordinator is Jeff S

Note: Please be aware and generally take care in all Institutions. A recent article noted that prisons are adopting the Norway model, reducing various security measures. Assault and battery incidents on correctional officers and non-inmates have risen steadily from 2021 to 2023, increasing 35% over 2023. In the same period, assaults on inmates rose 29%. Use of force increased by 46%. Sexual assaults jumped by 62%. Incidents mentioned were in San Quentin, Mule Creek, Folsom, Ironwood, and Sierra Conservation Camp where a

correctional officer was sexually assaulted this past January. I have not heard of it happening to an H&I volunteer in prison, but just be aware because your safety is #1 priority.

IVSS Chair, Karen C.

Inside Visiting Sponsorship Service: the H&I program to provide outside one-on-one sponsorship to confined alcoholics, primarily those confined in state prisons.

Actively serving San Quentin SP (Max V), Salinas Valley SP (Dave R), CTF Soledad and in process of opening the CA Women's Facility in Chowchilla (Dawn T). Sadly we've been stalled at Folsom due to lack of admin response, but we're going to try to work around that with the new Electronic Option process. Just appointed new Coordinator for CTF Soledad: **Brady S**, grateful to him for taking this on!

As of end March we had total of 111 confined alcoholics on our prison sponsee rosters. Our overall match rate was 77%, meaning we have 25 inside members STILL AWAITING SPONSORS, some of whom have been on waitlist for almost a year.

As I reported in January, we're implementing our electronic option service. This means that a volunteer can sponsor an inside member anonymously by text, phone & video visits from **anywhere** in NorCal, b/c they're no longer required to visit in person (however that option is always going to be available). This is a fantastic opportunity for anyone who meets the sponsor's requirements & wants to sign up to help some of the guys who've been on the waitlists for months - and for women, it's an opportunity to get on the roster to sponsor at Chowchilla, which is the only women's facility in NorCal.

So anybody at this meeting can be involved in the inside sponsorship service! I will paste the QR code (below) & a <u>link to the flyer</u> in the chat box. Scan the QR code if you want to sign up to volunteer & click the link is so you can download the flyer to pass out at your meetings. And please save those links so you can send them to your friends – they can fill out the form online & it will come straight to me & I will get it to the appropriate Coordinator.

This is so much more agile than the old way of doing it; we can assign sponsees much faster, they can communicate immediately with their sponsors without waiting for the 6-week mail turnaround like we used to have to do.

Per Max IVSS Coordinator at San Quentin – his sponsee Ralph was telling him how much guys love getting texts & having contact w/ sponsors – generates tremendous enthusiasm inside & brings whole new level of AA participation to them.

Finally, hope to see all of you in person at the H&I Conference next weekend, where we'll be giving full-on presentation of the service.

As always, if you have any questions or an institution in your Area where you'd like to get IVSS started, please contact me so we can expand sponsorship behind the walls in NorCal. Especially, please click on the link to the questionnaire so we can get some of our prisoners off the waitlists.



Finance Committee Chair, Penny C. (see BELOW)

NCCAA Conference Coordinator, Karen B.

The March NCCAA Conference in San Jose was a great success. Our panel went really well and the table was great. Thank you to Mike and Melody for all their help. Mary Mason was elected the Chair for her second two-year term. The next conference is October 4, 5 & 6 in Modesto. Registration is on the website.

Literature Chair, Kelly B. Literature request have risen this past quarter. AAWS is requesting that all Literature being shipped be verified with carrier. If any Literature is missing from orders, the carrier needs to have this documented. AAWS will no longer reimburse cost of Literature unless this is documented. Any changes to Literature Chairs and/or Area Chairs, Major Inst. Coordinators please email me with new information that includes Area Name, Email, Address and Phone Number. It's important that this information is up to date.

<u>Pink Can Coordinator, Peter M.</u> There are 312 pink cans and 263 lid stickers on hand. Last time we ordered pink cans, we had gotten down to 225. This year I plan to order 1,000 new pink cans.

Policy Chair, Penny C. The policy team has been meeting about policy revisions and recommendations, which we will go through later in this meeting (see below).

Audio/Media Chair. OPEN – see position in Policy Manual

<u>Archivist/Historian Chair, OPEN.</u> Per Julio B: In our recent newsletter I placed a 1959 article about Folsom Prison conference and H&I involvement. It's good to be reminded that large AA conferences in prisons were very common decades ago.

Public Information Chair. Melody T.

Since our last meeting, the following projects were undertaken:

We released the second installment of the "Newsbrief" and now the entire NorCal Committee roster is included in the contact list. Our Intergroups received snail mail versions, and we have asked for direct emails so we can cut down on postage. Hopefully, the one-page newsletters can be included in Intergroup newsletters. Your suggestions are welcome so this little tool can be improved. The goal is to keep shaving the delay time between the NorCal meetings and the publication.

We had a great display at the NCCAA Conference. Thank you, Area 71, for the fantastic job of staffing the table. And thanks to our wonderful H&I panelists, Marigen T., Debbie D. and Andrea C. for their talks. I am already working on the Fall conference and have two of the speakers.

We have two great liaisons to General Service. I sat with Vikki for part of the CNIA Pre-Conference Assembly and we were able to connect a request from Chowchilla for a sponsor, which came to the CNIA Bridging the Gap PO Box, with Dawn, the new IVSS Coordinator for Chowchilla. It was a chance for 12 th Step work. On Saturday, April 27 I reported for Karen B at the CNCA Area Committee Meeting. We will also have a presence at the two Area Post Conference Assemblies.

After the publication of the next "Newsbrief," I plan on working with the Area Chairs to create a list of local contacts who might be considered members of an H&I PI Committee, and a list of resources for approaching AA service entities about the availability of H&I having displays at various functions. It's picnic season, so there will be ample opportunity for some H&I exposure at these events.

I am also working on a list of resources for H&I areas to use when meeting with a facility that is requesting H&I services, addressing issues with facility administration, and using and cooperating with local CPC Committees.

Grapevine Chair, Bob F.

Publisher Chair, Joe N: All is well.

Spanish Communications Chair, OPEN

Website/Audio Chair, Thom H. Since our last meeting, the site was updated with pink can letter updates, 2024 literature forms, and miscellaneous Area Business meeting updates. I want to remind everyone that if there are changes in your area, be sure to let us know so we can update the Area Business Meeting connected to the map on the site. You may not know that if you go to the map and click on your Area, a pop-up showing your monthly Area Business Meeting information will appear. I am pretty sure we don't have current information for all Areas – so please go to the site, click on your Area, and let me know if there are any corrections or changes.

We added 2024 H&I Conference page with flyers in both English and Spanish, as well as the "Newsbrief" section. We also revamped the email feature. Now it's easier to see who the inquiry is from, and who is supposed to respond; volunteer position is bold at the top. We hope this reduces time it takes to respond to inquiries. I want to thank Julio, who has been on top of things. If anyone has questions, please contact me. I encourage you to go now to the website, find your Area on the map and click on the "Contact Area Coordinator" link, and send yourself a message to get a feel for what it looks like. It's vital to reply to all when responding to an email. There's no way for the website to receive the email back if you only hit reply.

We've made some Spanish-language updates to the site. When you are on the website, you can go to the top right and change the language to Spanish and the whole site will change to Spanish. It even detects if your computer is set to Spanish language – so if you land on the site, it will automatically open to Spanish. One thing we did not do is get translations for Area Business Meeting info to Spanish as well, so we are working on that. Traffic is approximately 30 visitors per day, which has been standard for years.

Contributions are only coded to Areas, not Regions. We can add Spanish Region contributions. We provide links to pdf documents on the website in both English or Spanish on the website.

Registrar Elect, Bruce A: The registrar position is going well. Thank you to Julio for assistance. People are coming on board all the time. For anyone who is new, I ask for their full contact info for the roster. **Note:** Please take a look at the roster in the newsletter and review your own listing to be sure it is accurate and up-to-date. Please contact Bruce A with updates or corrections.

Liaison Reports:

VATF, (Jeff Little): Volunteer Advisory Twelve Step. This has been cancelled. Will check again in June what is going on with this.

<u>H&I Liaison To CNCA, OPEN</u>. Per **Melody T**: I attended the ACM yesterday and I did report for this committee. Eric, the delegate, did give an early-bird report on the following from the Conference:

- 1. Publication of a plain-language big book was approved by substantial unanimity. Information on when this new book becomes available as soon as Eric knows about it.
- 2. Work groups created for Transgender Alcoholic pamphlet and Asian American Alcoholic.
- 3. A call for stories will be sent out soon.
- 4. Pamphlet for unhoused alcoholics did not come to floor, but no decision was made and will be forthcoming.

SoCal H&I Liaison, OPEN. Per Julio, this is currently an open position. Note: NorCal and SoCal general committee meetings are scheduled at same time; difficult for liaison to attend both.

H&I Liaison to CNIA, Vikki R.

Finance Committee Chair, Penny C. Our Finance Committee, Treasurer, and Chair met to discuss the QR codes for contribution, which Heidi from Area 71 Santa Clara brought up at our last meeting. Area 71 H&I collections are collected by H&I group reps, not group treasurers. Group Representatives do not have Venmo accounts to collect contributions, and they would like H&I Norcal to have this Venmo for them. However, this is not in compliance with our Policy Manual. Our Section One Policy Manual states under H&I Group Representative description that it encourages Treasurers to send in collections regularly to the address on the

pink can, noting Area Number and Check. It does not say that Group Reps should collect contributions. In addition:

- 1. The spiritual idea of support suggests that contributions should come from AA Groups, not individuals.
- 2. We would need to change H&I policy, which would conflict with Traditions and Concepts.
- 3. It is not a Norcal H&I issue, but should be handled at the AA Group level, since contributions to the H&I Committee can be made electronically as long as the group accepts cashless payments.

The solution is to stop having Group Reps collect funds and let Group Treasurers collect the H&I contributions.

Our team's recommendation is to NOT move forward with a NorCal QR code, allowing for individual contributions, because of reasons mentioned above and other complications. However, we recommend readdressing it again in one year.

Discussion:

- Mike Stevens: As Area 71 Chair, I did not know this would come to NorCal, but thought it should be a local issue all along. I am in agreement with the recommendation.
- H&I Committee prefers contributions to come from AA Groups. The concern is losing the connection with AA Groups if we have a cashless portal with countless individual contributions.
- Why not assign a line item for individual contributions?
- Per Thom Hickey (Website Chair): When contributing on H&I site, people are asked to specify the Area; contributions are not consigned to the AA Group. Contributions on H&I website does not lend itself to many small transactions by individuals due to payment processor fees and charges per contribution.
- Joyce Rauen: Are we going to accept Finance Committee's recommendation?
- POLL:
 - Motion: Accept recommendation of Finance Committee to NOT move forward with individual QR coding.
 - o 91% yes, 1 no vote [Comment: It's good to find a way to make it easier to contribute funds]
 - o Motion stands. Will revisit in one year.

Committee Business

General Committee Status of Open Positions:

- 1. Norcal H&I Co-Chair position. Contact Julio if you have any interest in this position.
- 2. Spanish Communications Chair. Looking for someone with bilingual written and spoken skills. Those interested, contact Julio B.
- 3. Audio/Visual Media Chair position. Familiarity with Zoom is primary skill. Might be two-person job. Those interested, please contact Joe N.
- 4. Publisher position. Joe N agreed to stay until we find a replacement.
- 5. Web Chair. Thom H agreed to stay until we find a replacement.
- 6. Archive Chair Position. Contact Julio B.

Policy Chair, Penny C. Other (unfinished) Business: 12 items plus Business Meeting Procedures to review: 2024 regular revisions for April NorCal mtg Color codes:

Text in black is current wording; text in black with strikethrough is proposed deletion Text in red is proposed changes/additions

Text in blue is rationale

1. Sec. 2, pg 9, SECRETARY

The Secretary is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee. **Term**: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Secretary have a minimum of one year three years of current and continuous sobriety and be familiar with committee work of H&I Rationale:

Currently, The Secretary has the lowest sobriety requirement of all NorCal Committee positions. A one year sobriety requirement is inconsistent with the requirements of other NorCal Committee positions and inadequate for such a critical and sensitive position.

→ APPROVE 96% with one NO vote (w/out comments)

2. Sec. 2 pg 6, COMMITTEE CHAIR OFFICER APPOINTMENTS NorCal Committee Chairs/Officers, with the exception of the Finance Committee Chair (see Finance Committee Procedures), Regional Chairs (see Regional Chair positions), and Area Chairs, and Major Institution and IVSS Coordinators, are appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee and shall serve in those offices for the term of the NorCal Chair who appointed them. Major Institutional Coordinators are appointed by the, NorCal Chair Major Institution Chair with the advice of the Major Institution Chair, NorCal Chair and the Regional and Area Chairs. IVSS Institution Coordinators are appointed by the NorCal Chair and the Regional and Area Chairs. Rationale:

As trusted servants, NorCal Committee members should have an appropriate degree of authority to carry out their responsibilities and this should include the right to decide who to appoint as coordinators. Requiring the Chair of the NorCal Committee appoint coordinators who report to another chair is an unnecessary limitation and intrusion into decisions that should be delegated along with the responsibilities of the roles of the Major Institutions and IVSS chairs.

→ APPROVE 100%

3. Sec. 2, **page 13**, **MAJOR INSTITUTION COORDINATOR** The Major Institution Coordinator is selected by the NorCal Major Institution Chair with the advice of the Major Institutions NorCal Chair, and the Regional and Area Chairs serving that institution. A Major Institution is defined as any institution where activities may affect facilities or activities in other areas or the committee as a whole; ANY State or Federal institution is usually considered to be a Major Institution.

Rationale: Same as above (Committee Chair Appointments)

→ APPROVE 100%

4. Sec. 2, page 13 MAJOR INSTITUTIONS CHAIR

the Major Institutions Chair is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee.

Term: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Major Institutions Chair have a minimum of five years of current and continuous sobriety and prior experience as a Major Institution Coordinator **Responsibilities:** Oversees, mentors, and assists Major Institution Coordinators. With the NorCal Chair and Public Information Chair, establishes and maintains best possible relations with correctional professionals of major institutions in Northern California.

1. Assists NorCal Chair in appointing Appoints Major Institution Coordinators with the advice and concurrence of the Chair of the NorCal Committee. Serves in support and advisory capacity to Major Institution Coordinators; helps to ensure continuity between outgoing and incoming Coordinators. Assists Major Institution Coordinators in resolving any problems which may arise.

Rationale: Same as above (Committee Chair Appointments)

→ APPROVE 100%

5. Sec. 2, page 14 IVSS INSTITUTION COORDINATOR

The IVSS Institution Coordinator is selected by the NorCal IVSS Chair with the advice of the IVSS NorCal Chair and the Regional and Area Chairs serving the institution.

Rationale: Same as above (Committee Chair Appointments)

→ APPROVE 100%

6. Sec.2, page 15 IVSS CHAIR

The IVSS Chair is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee. **Term:** Serves during the term of the appointing NorCal Chair.

Qualifications: It is suggested that the IVSS Chair have a minimum of five years of current and continuous sobriety and prior experience on the committee.

Responsibilities: Oversees and assists IVSS Institutions Coordinators. With the NorCal Chair and Major Institution Chair, establishes and maintains best possible relations with correctional professionals of major institutions in Northern California.

1. Assists NorCal Chair in appointing IVSS Coordinators. Appoints IVSS Coordinators with the advice and concurrence of the Chair of the NorCal Committee. Serves in support and advisory capacity to IVSS Coordinators; helps to ensure continuity between outgoing and incoming Coordinators. Assists in resolving problems.

Rationale: Same as above (Committee Chair Appointments)

→ APPROVE 100%

7. ADD NEW POSITION NORCAL COMMITTEE REGISTRAR

The Registrar is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee. **Term**: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Registrar have a minimum of three years of current and continuous sobriety and be familiar with committee work of H&I. Must be familiar with MS Excel or similar spreadsheet software and possess skills necessary to edit, maintain and transmit the NorCal Committee Master Roster and Newsletter distribution lists. **Responsibilities:** The Registrar is responsible for maintaining, updating and distributing the NorCal Committee Master Roster electronically as needed.

1. Solicits updated contact information from committee members prior to the quarterly NorCal Committee Meeting and as needed to maintain current and accurate Roster and Newsletter mailing lists.

2. Ensures that **ALL NorCal Committee OFFICERS** Chair, Co-chair, Secretary, Publisher, Literature Chair, and Website Chair have the most current and accurate contact information for all the individuals listed on the Roster as soon as possible.

3. Updates and distributes the NorCal Committee Master Roster to all individuals listed on the Roster as needed but not less than quarterly.

4. Maintains and updates the mail and email Newsletter distribution lists as needed. Ensures the Publisher has the most current and accurate updates as soon as possible.

→ APPROVE 100% with revision

8. Sec. 2, pg. 23 CHANGES TO POLICIES AND PROCEDURES Amendments, deletions or additions to policies or procedures of this committee must be submitted in writing to the Secretary Policy Chair for review by the policy committee at least two months prior to a NorCal Committee Meeting. The proposal will be forwarded to the secretary and publisher, with any committee recommendations.

Rationale: In accordance with the General Service practice of submitting items of major importance for committee consideration prior to bringing them before the body for discussion

→ APPROVE 100%

9. Sec. 2, pg 16, FINANCE COMMITTEE CHAIR

The Finance Committee Chair is selected by the process outlined in the Finance Committee

Procedures section of this booklet.

Term: One year.

Qualifications: It is suggested that all Finance Committee members **currently hold a position on the NorCal Committee**, has a minimum of five years continuous sobriety and three years of active committee work in H&I; it is also suggested to have some knowledge of financial and/or accounting procedures.

Rationale: Due to the level of responsibility of the position, familiarity with the operations and procedures of the NorCal committee is essential to function effectively.

→ APPROVE 100%

10. Sec. 1 pg 5, #5, GENERAL GUIDELINES

We do not exchange personal information including last names, phone numbers or email addresses with patients or inmates, nor do we engage in activities which could be perceived as overfamiliarity or favoritism. We define overfamiliarity as the exchange of any information which could be used as leverage over a person's behavior.

Outside of the IVSS Program, we do not sponsor inmates or patients in facilities.

Rationale - to clarify our service responsibility position in overfamiliarity.

Revision: Outside of the IVSS Program, we do not sponsor inmates or patients in facilities on which we are on the meeting volunteer roster.

→ APPROVE 100% with revisions (in red)

11. Sec. 1, pg 11, #5, H&I GROUP REPRESENTATIVE

Encourages awareness and proper use of the Pink Can:

a) Ensures properly labeled cans are available at every meeting of home group. b) Always removes Pink Cans from Seventh Tradition basket.

c) Encourages treasurer to send collections regularly through our website or to the

address on Pink Can, noting Area # on check.

Rationale: clarification

[Discussion of writing correct name on checks HERE will be tabled for future time]

→ APPROVE 100%

12. Sec. 2, Beginning on pg 8:

Remove "It is suggested that" from all NorCal Committee position qualifications; add sentence under heading for NORCAL COMMITTEE POSITION DESCRIPTIONS: "All qualifications are based on that which experience has taught us and should require considerable thought before being waived."

Rationale: Current verbiage makes it too easy to waive requirements which decades of experience have found effective. The Committee can still waive a qualification but should give thoughtful consideration before doing so.

→ APPROVE 100%

Northern California Hospital & Institution Committee DRAFT Business Meeting Procedures

The NorCal Committee is the final decision-making body of the Northern California Hospital and Institution Committee. It is comprised of Area Chairs, Regional Chairs, Committee Chairs, and Institution & IVSS Coordinators. The following proposed rules are adapted from Appendix W of the A.A. Service Manual

2021-2023 (pgs.166-168) Robert's Rules of Order Newly Revised,12th Edition, and the Northern California Hospital & Institution Committee Policy and Procedure Manual, July 2023.

The purpose of rules of order is to make it easier to conduct business and to carry out the will of the NorCal Committee by reaching an informed group conscience. As with General Service, NorCal H&I has adopted some exceptions to the Robert's Rules that help it to proceed more closely in accord with the spirit of A.A. Tradition.

Quorum

The quorum is the minimum number of members needed to conduct business. For the purpose of this committee: a quorum will consist of all voting members present.

NorCal Committee Positions and Liasons

NOIGAI COMMITTEE POSICIONS AND LIASONS	
Members Eligible to Vote	
Area Chairs	
Regional Chairs	
NorCal Committee Chair	
NorCal Committee Co-Chair	
Secretary	
Treasurer	
Literature Chair	
Pink Can Coordinator	
Grapevine Chair	
Policy Chair	
Public Information Chair	
Audio-Media Chair	
Archives Chair	
NCCAA Conference Coordinator	
Publisher	
Website Chair	
Spanish Communications Chair	
Major Institutions Coordinators	
Major Institutions Chair	
IVSS Coordinators	
IVSS Chair	
Finance Committee Chair	
Registrar (pending approval of position description)	

Agenda:

The draft meeting agenda as published in the Newsletter prior to the meeting is reviewed for approval with or without amendments. It's recommended that committee members submit motions in writing prior to the meeting to add it to the new business agenda. A committee member may also make a motion in the Open Forum/Discussion portion of the meeting.

After sufficient discussion has been heard, a voting member of the committee may make a motion to act on, table, postpone, or dismiss the item under discussion. Only voting members of the committee may make or second a motion.

Review and Approval of Minutes – Called by the NorCal Committee Chair. Approval requires substantial unanimity.

Minority Opinion

After each vote on a matter of policy, the side which did not prevail will always be given an opportunity to speak to their position. If the motion passed with two-thirds vote, the minority may speak. If the motion received a majority vote, but failed to pass for lack of a two-thirds vote, the majority may speak. After all members of the minority who wish to do so have spoken, a Motion to Reconsider may be made (see below "Reconsideration).

NorCal Rules of Debate and Voting

- People who wish to speak raise their hands online or line up at the microphones and address their comments to the chair.
- Each person may speak for a period of time announced at the beginning of the debate period- usually, two (2) minutes.
- The person who initiated a motion has the right to speak first.
- No one may speak for a second time on a topic until all who wish to have spoken for the first time.
- Full discussion of a recommendation should take place before each vote.
- Everyone is entitled to express his or her opinion. However, if your perspective has already been stated by someone else, it is not necessary to say it again.

Types of Motions

A motion is a proposal for the group to take a certain action. There are various types of motions we use to help reach an informed group conscience.

Main Motion: A main motion brings a matter to the committee for consideration. Only one main motion may be on the floor at a time.

- Seconding a Motion: A motion must be seconded to be considered by the Committee.
- Stating the Motion: After a motion is stated and seconded, the Chair will state the motion before the committee and offer the floor to the person making the motion before the committee debates the motion. Secondary Motions: Secondary motions modify or apply to the main motion on the floor.
- Amending a Motion is the most common secondary motion. Any motion to amend a main motion requires 2/3^{rds} majority.

- Motion to Postpone to a Later Time: Postpones discussion to a later specified time, typically to the next NorCal Committee meeting. Requires a simple majority.
- Motion to Recommit: The motion to recommit returns a motion or proposal to the committee of origin for

further consideration. A motion to recommit must be seconded, requires 2/3 rds majority, is debatable, and can be amended.

Calling the Question: Calling the question brings debate to a halt while Conference Committee members decide whether to proceed directly to a vote (the question) or go on with the debate. Members must vote to

approve the call to question BEFORE voting on the motion on the floor and requires 2/3 ^{rds} majority.

Reconsideration: A motion to reconsider a vote may be made only by a member who voted with the prevailing side, but it can be seconded by anyone, and must be made at the meeting at which the initial vote was taken. If the majority votes to reconsider, full debate — pro and cons — is resumed. A simple majority is needed for approval.

Changes to Policies and Procedures

This procedure is described in Section 2 Policy and Procedure Manual, page 23.

Finance Committee & Budget Review Procedure:

This procedure is described in Section 2 Policy and Procedure Manual, page 20.

APPROVE Business Meeting Procedures 100% with revisions (in red)

Discussion Topics from General Chair:

Region & Area Highlights**

In general, many Areas are getting more requests for service than volunteers. Many Areas are having significant delays with getting back into Corrections. Much of that is on the end of the Jail(s); they are slow-walking clearances; they do not have enough staff to support outside activity.

A number of Areas describe new ideas to increase participation in H&I – holding workshops, BBQ's. Please take a look at the summary of reports and reach out to each other. There are many good people with good ideas.

Area 22 (Sonoma) has over 60 people showing up to their monthly business meetings. James Canter (Area 60 Regional Chair) wrote in his report emphasizing the point that all facility coordinators should attend monthly business meetings and encouraging group reps to get involved in monthly business meetings. He wrote a very good rationale for getting people involved – please read his report.

Region 160, Spanish Northern Coastal District, opened a new Area 161, Sonoma County. Hopefully this is a trend that will continue – Areas are more manageable than Regions.

Area 73 recently launched a website with a google form for volunteers interested in participating. Volunteer coordinators will respond to those requests and follow up with inquiries.

Full summary of Regional and Area Reports attached below

How are we practicing the Principle of Rotation in NorCal H&I Service?

- How to carry this down to local Areas Coordinators and Volunteers?
- Positions are filled by people for years, sometimes decades
- Sheila W: has been asking for a Co-Chair who she can mentor up; her term is up in June, and she plans to vacate the position in June. It may sit open. Please contact Sheila privately with your experience if you want to discuss.
- Paula: Recently navigated situation facility coordinator for decade and someone else wants the position.
- Kelly [Lit Chair] lots of moving parts to position, and now post Covid finally understands the position.
- Julio: A.A. service manual speaks to rotation of positions according to complexity. Having understudies or co-chairs for more complex positions is a good idea.
- Karen C: Elected positions must rotate after their term. Appointed positions do not necessarily need to rotate. If there is a facility coordinator who refuses to leave, the Area Chair has the ability to remove the person. In some Areas, the demand for volunteers is greater than the supply; in other Areas, it is the reverse. For example, in a small Area with less facilities and more volunteers probably need to move people through the spirit of rotation faster. Another Area may have much more demand for volunteers and unless it is an elected position like Area Chair it does not make any sense to force a rotation. In Major Institutions where important relationships are developed in an administration, it's sometimes foolhardy to force rotation on that because administrations typically depend on continuity, reliability, and do not like a lot of change. There is probably no overall refinement to be done on this. These issues probably should be handled on an Area-by-Area basis.

AA Anniversaries since January 28: Karen C 27 years on March 20 Terry D 44 years on April 20 Paula A 5 years March 3 Mike K 22 years March 8 Bill H 19 years April 11 Penny C 29 years February 15 Roger M 18 years April 3 Alcoholics Anonymous Big Book 85 years April 10

3:15pm Jeff L Motion to End Meeting with Responsibility Declaration, 2nd Sheila W

H&I Regional & Area Reports April 2024

Region 01 Far North Coastal

- Area 02 Del Norte, Melissa C: Things are generally going well. We are taking a men's meeting in every Monday and a women's meeting every Friday. The men have enough volunteers that each only go in 1x a month. The women have 3 that try to rotate, I submitted 3 women to be approved before the end of the last year and they still haven't been processed. I have made numerous calls to the Deputy who does this and all I get is it's being worked on, She just has someone tell me this. Duke, who takes the men's meeting in, has the same issue, he's submitted numerous times with no response. Also, we are no longer getting the Grapevine in the Del Norte County Jail. Not sure how to get that started again.
- Area 03 Siskiyou, Rich C: Very slow after Covid closed all facilities but getting more active. There are
 more people available, and the jail is back open for meetings. We feel like things are moving forward. We
 are working on jail and fire camp clearances.
- Area 04 Humboldt, Timothy F: Overall, our Humboldt area 4 is active and serving out our H&I duties well. We are a little more active in this quarter because the women's jail has opened up allowing meetings to go in. Our group reps are very good at keeping the group members abreast of what is needed as volunteers for H&I. We have mostly enough volunteers most of the time.

Region 10 Far North Interior

- Area 11 Modoc, Ryan H
- Area 12 Lassen, Open Position

Region 15 Lower Far North Interior, Jude H

Overall Region 15 is doing well.

- Area 16 Shasta, Renee P is the most active with H&I bringing meetings to 9 facilities including the Shasta County Jail. The jail has not opened up for group meetings yet, but we are still able to carry the message of AA to inmates "behind the glass". I suggested that Area 16 be the first sponsor of Unity Day bringing all the major service boards (H&I, General Service, Intergroup and PICPC) with panel speakers and information tables. The Area likes the idea and we will discuss more at the next meeting.
- Area 16 Shasta, report from Renee P: Area 16 (Shasta County) is doing quite well. All nine of our facilities that we service are up and running smoothly. However, our county jail is still only allowing us to visit behind-the- glass due to under staffing. All our rosters are full of volunteers with an occasional need for an alternate. We have been discussing the possibility of having a Unity Day in the fall. We will involve our District, GSR's and our Intergroup. We hope to have panels inviting people to share their experience in service work and enjoy a meal for a fun day with our local H&I Committee. We have our regular H&I committee meeting the first Tuesday of each month.
- Area 17 Tehama, Michael V still waiting for the county jail in Red Bluff the jail to reopen for meetings due to lack of correctional officer staff. I suggested following Shasta County Jail's current meeting format (behind the glass) and provided contact info for Lt. Dannis at Shasta County Jail and our H&I Facility Coordinator for Shasta County Jail for details and further information. Area 17 is actively serving 2 facilities. The Area Chair Michael V will be stepping down in May as he is moving out of the area. We hope to have a new Area Chair this month.
- Area 17 Tehama report from Michael V: We are currently going into 2 facilities: Restpadd (psych) and AB109 (transitional living for parolees). Jail: We have ~ 20 volunteers ready to go into the County Jail, but the jail is saying staffing shortages are preventing them from letting us in. Fire Camps: Volunteers are just not following through on completing applications. The process seems so onerous that people just don't follow through. Homeless Shelter: A new navigation center for the unhoused is opening next month in Red Bluff. They have asked for weekly co-ed AA meetings. We have a facility lead and are just getting the details worked out before enlisting volunteers. After 3 years, I have stepped down as Area Chair. No one has stepped forward to assume the role. We have a couple of people who will keep the monthly Area meetings going until a Chair is identified.
- Area 18 Trinity, Diane C The Jail has opened up for meetings and we are bringing meeting in. I spoke with Lt. McCay at Trinity River Fire Camp as he happened to be at Sugar Pine Fire Camp one night when I went in, He was asking about meetings being brought in. I gave him contact info for Diane Campion, Area 18

Chair, Jeff L, Major Institutions Chair and also the CDCR contact I had for our most recent clearance that went through Robin S. We only have the Men's side open in the county jail. Still waiting for a time on the Women's side. We still are unable to go into Trinity River Camp.

Region 20 Northern Coastal, Steven H

- **Area 21 Mendocino, Ryan Y**: Mendocino County Jail is getting Men's and Women's meetings. Area 22 is assisting with meeting volunteer support. Three men have been cleared for the Ukiah Jail, three men and three women are in the process for clearances. Meetings are being provided for the Recovery Group Facility, the Fire Camp at Parlin Forks, and over in Fort Bragg. The Parlin Forks meetings are averaging between 25-30 attendees.
 - **Mens Jail Report:** The Friday evening AA meetings are going very well. We have 4 people taking meetings in every week. Attendance is good. Literature is always coming in.
 - Woman's Jail Report: Right now there are only two women taking a meeting in once a month. We have a few more people interested and are going through the vetting process, as well as getting clearance. Literature is good. The goal here is to have a meeting going in every week.
 - Juvenile Hall Report: H&I is doing very well in Juvenile Hall. We have 4 people that have been cleared and we take meetings in every other Sunday. Attendance is between 6-14. There are a few people that are waiting on clearance. There are others interested in getting vetted and cleared. The goal is to have a meeting a week. Literature is available and also meeting schedules for them upon release.
 - Ukiah Recovery Center: Meetings are every Friday. There are plenty of secretaries, speakers and volunteers that fill the roster at the recovery center. Some of these people start here then move up to Juvie or the Jail. Attendance is usually between 15-25. Literature is always available.
 - **FT Bragg Hospitality Center Report:** Tuesday morning meetings, usually with about 1-8 people. Secretary positions are being filled as well as new volunteers. Literature is up to date.
 - Parlin Fork Fire Camp: AA meetings are being taken into the facility every Sunday.
- Area 22 Sonoma, Patrick P: H&I is strong in area 22. We are still having over 60 people showing up to our monthly business meeting. We have placed a blog ion our monthly intergroup Newsletter. "Highly recommended that if you are a pink can rep to show up to our monthly business meeting. Also bring your sponsor!!" We have removed one of our meetings due to lack of participation form the facility. Good news is that we have added a new facility called Santa Rosa Behavioral. This is one of our local mental institutions that we use to go into before COVID. We are in the process of getting H&I contacts approved to go into Mendocino County Jail. We have already taken two meeting into them with the two people that have been cleared. We are waiting for around five other members to get cleared. We are only helping area 21.We will be doing a membership drive BBQ in July again. This was extremely successful last year. We had over 200 people show up.
- Area 23 Lake, Kelli S: I attended the monthly business meeting in February. Area Chair elections were
 held and Kelli S was elected as the new Area Chair. We thanked outgoing Chair John O for his continued
 service to Area 23. There continues to be a need for more volunteers to cover meetings.

Region 30 Northern Interior

- Area 31 Glenn Butte, Jim L: Have resumed meetings at Butte Co. Jail after finally getting clearance. Need to have more volunteers cleared by jail for both mens and womens side. Will be starting new meeting at the Jesus Center in May. In addition to supporting meetings at our regularly served facilities we are trying to recruit more volunteers to maintain schedule and fulfill requests for meetings at new facilities. Continue to hold Monthly area meetings the first Monday of every month and encourage all those interested to attend.
- Area 32 Plumas, Michael B:
- Area 34 Placer, Rick M: We have filled four of the five open coordinator positions, including: o Acres of Hope – Women's Facility
 - o Placer County Minimum Security Jail, Roseville
 - o Pathways Men's Recovery House
 - o Stand Up Placer Women's Shelter

We are still looking for a coordinator for The Gathering Inn – Roseville.

BIG NEWS, we are having TWO H&I workshops this month.

- 1. The first one is a coordinator's workshop, on April 20th at 3:00 PM.at the Auburn Fellowship. This will be for all coordinators to aid the four new coordinators and to help bring everyone up to speed. I am certain that we all have questions, comments, and ideas to share.
- 2. The second is a general workshop on April 27th from 10:00 AM-12:00. We need many H&I positions to be filled.

We are working on bringing Al-Anon and/or Alateen into juvenile hall. We will aid them in every way possible so they can bring their services to the kids in juvenile hall. We are servicing eighteen locations with a skeleton crew of volunteers. The application process for the Placer County jails and juvenile hall is extremely slow, and the administration is confused on how to remedy the process.

Area 36 Nevada Sierra, Amy M: We have had a busy quarter in Area 36. We serve three recovery homes, a local hospital and a jail. All of our weekly meetings are filled and active. We have a new In-patient Mental Health treatment facility that is interested in having AA meetings brought in, I am following up with them this week and hope to recruit for a coordinator and secretaries for that facility and get them up and running ASAP. ALSO: I am looking forward to attending the H&I conference in Bakersfield in May and hope to see some of you there! It's a LONG WAY but I know it will be well worth it. The last H&I conference in Sacramento filled me with a love for service. Looking forward to the love and inspiration that comes from attending these amazing events. We decided that we would use our money reimbursed from H&I to make sure that our Area Chair can attend the H&I conferences and I will be reimbursed for hotel, registration, mileage and food. This is a great way to make sure that future Chairs can attend these functions and not have personal economy get in the way of being of maximum service. I'm so proud of our AREA for unanimously voting that in. We are also going to be creating a one-page Orientation Sheet for New Secretaries based on the information in the Pink Policy documents to make sure that our Secretaries carry the message of AA and not some OTHER Messages which we had happen in the past. We want to make sure that never happens again and we are sure this one-page item will help secretaries keep their focus on the AA message.

Region 40 Central Interior, Terry D: All areas are well with similar issues: Reopening old and new facilities, and the need for more volunteers. It was great to see all four Areas represented at the Spring Fling H&I Workshop In February. The Panel included Reps from Area 42, 44, 45, and myself as Regional. The Region has great Area Chairs and leadership at their meetings,

- Area 42 Yolo Sacramento, Roger M: Area 42 Yolo Sacramento is in growth Boom ! we are adding new Facilities every month! The downside is not enough Volunteers ... we will trust God in the process!
- Area 43 El Dorado, Todd D: There is lots of interest in El Dorado fellowship to be of service in H&I, and five facilities are currently active. Two facilities are in process:
 - Jail (men and women) turnover in jail staff is causing some delay with clearances.
 - Three recovery facilities Progress House (men and women). One is in Garden Valley
 - Placerville Pines Hospice requested H&I (two members of fellowship reside there)
 - The Upper Room Shelter requested a 2pm H&I meeting
- Area 44 Amador, Sheila W: Things are going pretty well in our Area. H&I is at the same activity level as last quarter. The Amador County Women's Jail volunteers who rotated out in the last year are being replaced by four new volunteers. The Amador County Men's Jail continues to be short on men volunteers. No questions or issues to discuss with the General Committee, or agenda items for new business.
- Area 45 Colusa Sutter Yuba, Alley G: Things are going well, volunteer numbers are increasing, people with around 1yr sober. It has still been difficult to get our "oldtimers" back into service. We almost have all of our jails running at pre-covid services. Just a few more clearances to go. We actually have a couple new facilities opening up and we want to start bringing meetings in. Once jails are fully staffed, I will start working on new facilities. We are getting more active, have a lot of new people coming in and my less restrictive facilities are filling up. What's different is my coordinators and I have been going out and sharing our experience with H&I and getting people that are interested signed up. Women in our area have really stepped it up and are back in the jails with pre-covid meeting attendance. Our men are going into the jails every other week in one jail, and twice a month in another jail. After this round of clearances we should have one men's facility to an every week occurrence and the other jail up to an every other week occurrence. We have plenty in our lower facilities and are getting close in our jails.

Region 50 East Bay

- Area 51 Napa, Terry M: Monthly business meeting is back in person at 6:45pm on first Friday of each month at Sea Scout Building, 402 Riverside Drive, Napa CA 94559. Currently Area 51 brings 26 meetings a week and literature to Archway Recovery Services, Women's Jail, Men's Jail, Men's Jail Spanish, California Medical Facility, Crestwood Behavior Center Vallejo, Crestwood Behavior Center Angwin, National Vallejo, Napa South
- new volunteers attending orientation each month. In the last quarter, we have added 3 Shelter, Napa State Hospital Spanish, Napa State Hospital English, Queen of the Valley Hospital, and Vallejo Detox.
- Area 52 Contra Costa, Annetta D
- Area 53 Alameda, Annie G: Our Area continues to grow! We consistently have 15-20 new facilities to the roster. IVSS Rehabs The IVSS Program is expanding due to high demand. We are now opening the sponsorship program to all long-term facilities in our area. Annual Planning Our 2024 Budget and Plan has been approved this year we will conduct (2) educational H&I Workshops and have two in person gatherings, including a Summer picnic. AREA POSITIONS FILLED THIS QUARTER: Area 53 Co-Chair, Recovery Centers; Area 53 Literature Coordinator: Area 53 Recording Secretary
- Area 54 Solano, Lisa C

Region 60 West Bay San Francisco, Chair, James C

Overall, there is a robust H&I program operating in Areas 61, 62, and 65. The facilities in all areas have a committed staff of coordinators who manage to keep the meetings happening, though there are a few facilities that could use more support from the rank and file—for example there are a couple of facilities that only the coordinator and a couple of people are keeping afloat on a month-to-month basis. So recruiting new speakers, with an eye to having them step up to alternate or secretary positions, is vital. It does appear that attendance is up at all the business meetings, with a number of new members attending each monthly orientation.

My observations in attending the business meetings in this region: As part of my report given at these business meetings, as well as talks with the chairs, co-chairs, and recording secretaries, I have emphasized the need to make public a couple of hopeful expectations: 1) That all facility coordinators attend the monthly business meetings, and 2) That Meeting Representatives make it a point to attend the monthly business meeting. This serves a few purposes, chief among them that important decisions are made in the course of monthly business meetings that need the input of coordinators who are in touch with the month-to-month operations of the various facilities, as well as the meeting representatives who communicate these decisions to their respective meetings and serve as a de facto group conscience in the making of these decisions. A secondary, but also important, reason for the coordinators' and representatives' participation in the monthly business meetings is that it yields a larger volunteer pool to service the requests for new meetings at new facilities who have not yet had H&I meetings, or those facilities who have requested restarting meetings that the pandemic halted. The number of facilities have taken a decided uptick in the past year, and does not show signs of slowing down. In Area 65, the committee is actively looking at new rehabs and other facilities who have not yet had H&I on their radar. Area 61 has had requests for meetings in facilities that have not yet been actualized because they cannot find the volunteers to staff the roster-this is not to say there are not volunteers willing to take on the new facility, just that the usual volunteers are already committed to other facilities. Area 65 regularly has requests for new facilities hoping for H&I meetings. My message to those who attend the monthly business meetings has been one of engagement—if a member attends a meeting that has an H&I representative, to ask that representative if they would consider going to the monthly business meeting, for the reasons set down above. It could be suggested that an H&I representative's job is not only to make an announcement and faithfully collect money to donate, but to represent H&I to the group by being aware of what is going on at the business meetings.

Lastly, there was an idea I had for the last Quarterly Meeting that may not have been made available because of the lateness of its submission: I think it prudent that there be a clear policy in place regarding instituting electronic payment options. As you notice in my report, Area 61 has already put a Venmo option in place—since 2020 people are used to making online donations, and the implementation has been successful. If this committee does not set some policy in place, there will be an ad hoc arrangement of electronic payment options at work, which may not be a bad thing but will certainly be untidy from a bookkeeping standpoint.

- Area 61 Marin Randalyn R: Everything is going well overall. We do have one mental health facility that is hard to staff. We are not able to go in every week. I talked with the program coordinator of the facility and he is not willing to/unable to be flexible with the timing of the meeting (2:00pm on Sundays) he is

willing to be patient with us while we continue to recruit volunteers. 12 facilities for a total of 22 (potential) mtgs per week.

- Area 62 San Francisco Gareth M: Overall things are going well in our Area. We have 2 new meetings in recovery centers and 2 more in the hospitals. Getting volunteers to fill the spots has been slow but we seem to be getting more people at our orientations. We are reinstalling the longer version of the group rep position to our orientation script and also following up with the group reps on file to make sure they are still reps. We found a lot of them have dropped off, hence our emphasis at monthly orientations. Also we have our outreach position filed, so gathering more group rep info. We now send the list of new volunteers who have been oriented to the meeting coordinators so as they can reach out to them if they have open spots, this seems to be working. We are starting a new meeting at 7th St Jail. Getting volunteers has been slow so if the general committee has any ideas for us to fill these spots that would be great. We have started working with the Spanish AA community in SF. They have been coming to the orientations and signing up for the Spanish-speaking meetings in our facilities. We hope to deliver an orientation in Spanish at their central office soon.
- Area 65 San Mateo Wanda M:
- We are more active this quarter due to the Men's jail requesting more meetings since they have more inmates. Also, we've begun bringing meetings into the Boys Juvenile Hall, and next month we will start bringing in meetings to the Girl's side of the juvenile hall. We also have two newly opened facilities Serenity House and El Camino House Shelter.
- Our local meeting service reps seem to be more engaged, and bringing the facilities list we provide to meetings to promote service commitments in H&I. We are having higher attendance at the orientation and business meetings.
- Our newer facilities still have openings and we are recruiting more people to join us
- We have two (maybe more) new rehabs in the area that we are planning to reach out to in order to offer H&I AA meetings. We'll have an update on this next week at the business meeting.
- Please be sure our new monthly orientation and business meeting location and times are updated on the H&I NorCal websites. Our new address and meeting times are below:

Central Peninsula Church 1005 Shell Blvd. Foster City, CA 94404 ROOM: Student Room Meeting Times: Orientation 6:15 p.m. - 7:00 p.m. Business Meeting 7:00 p.m. - 8:00 p.m.

Region 70 Southern Coastal

- Area 71 Santa Clara, Mike S: As stated in my previous report; Area 71 is still trying to get back to pre-Covid service numbers and donations. We lack volunteers and as a result we have facilities asking for meetings we are presently unable to provide. I think we have an excellent core group but we lack numbers to accommodate the present request levels. The Santa Clara County Main Jail has not been receptive to bringing back meetings into their facility. They never even allowed ZOOM meetings during the pandemic. The County restriction prohibiting felons has negatively affected volunteer applications The application process itself has also been cumbersome and difficult for a very long time. We have no official liaison with the County. Presently Area 71 has twenty-five (25) facilities we are taking forty meetings a week into. Five are on ZOOM. We take five (5) Spanish speaking meetings a week into three of them. We have 80+ volunteers carrying the message to approximately 300-400 individuals.
- Area 72 Monterey, Mari W
- Area 73 Santa Cruz, Victoria H: Overall, things are going great. We have been receiving an ample amount of interest from people to volunteer in jails, but less interest in going into treatment facilities. An idea to aid in getting the treatment facilities filled was brought up by our volunteer coordinator- to post only the open secretary positions for treatment centers and not the jails. We opted not to do this. Any other suggestions would be greatly appreciated. We have recently launched a new website that includes a google form for any volunteers interested. Our volunteer coordinator responds to these forms and connects them with the facility coordinator. This has been working well for us. We are hoping to get some sort of QR code for contributions, an ad-hoc committee will be discussing this further before our next business meeting.

- Area 74 San Benito, Sarah P

Region 80 Chair, Melody T

- Area 81 Stanislaus: Area 81 continues to serve the County Safety Center (Jails) but more volunteers are needed. The volunteers are experiencing difficulty in actually gaining admittance by the staff and they are working through this problem. The Area also serves several treatment and sober living facilities, and the Salvation Army. More volunteers are needed for these facilities, particularly women.
- Area 82 San Joaquin: Area 82 welcomes Paula A as new chair. Meetings continue in the Women's side of the Jail twice a month, but the facility is not processing new applications. The Men's side is without meetings at this time. Area 82 also serves several treatment facilities, and is working with the PI/CPC Committee to establish regular meetings and presentations in the new VA facility in French Camp.
- Area 82 report from Area Chair Paula A: Area 82 H&I is going well. We have transitioned Chairs and are adjusting. Most facility positions are filled, but we still struggle with the same couple facilities we've been struggling to keep filled for some time. Liaison positions are about half filled. Attendance has been on a slow uptick at our monthly meeting. Same trusty servants are holding down the fort as we encourage more to be of service. Spirit of rotation for facility coordinators was questioned at a recent meeting by someone trying to fill an already filled position. Getting monthly reports from some facility coordinators, or even a call back at times, is tough. Most importantly, we have consistent presence in many local rehabilitation clinics and jails. Many are excited to serve in this capacity.
- Area 83 Tuolomne: The Area is coming alive and has started to have business meetings. Julio and I were invited to an Area pizza party on February 25. The Area is establishing service to the Jail, and would like to revive meetings at the Jamestown fire camp. They are beginning service to a new recovery center. At its March meeting the Committee discussed the Pink Can and how contributions can be made to H&I.
- Area 83 Tuolomne report from Area Chair Bruce A: H&I is very busy right now, We just added a new halfway house to our roster. We began with a Friday evening meeting and now they have asked us to add a second meeting every week. We are still busy with the other rehabs in the area and the jails are starting to open up. We had a wonderful get-together with Julio and Melody and our volunteers. It was an excellent pizza party with a piano player. A large crowd full of service and joy. As always, I thank you for your service and your continued support for our efforts.
- Area 84 Calaveras: Area 84 does not have regular meetings, but is planning a volunteer breakfast to kick off an official re-start, although some recovery centers are being served. I look forward to meeting all the volunteers at the breakfast.
- Area 84 Calaveras report from Area Chair Andrew K: More and more attendees at the Calaveras County Men's Jail - recent meeting w/15 inmates rivals the days of 20 years ago. Will be placing another Literature order. Calaveras County Women's facility still "dark". Finally identified person who can be Coordinator (and she was Approved!). Should have at least one meeting/month soon; and opportunity to (re-)build Women's team. Likely a Q2 breakfast party hosted by Area 84 - tentatively set for late May. Great way to evangelize H&I in the Area.
- Area 86 Merced: Area 86 now has an Area Chair. We welcome **Paul C**, an experienced H&I member and past California Northern Interior Area past delegate, who has taken up the task of building a Committee. Volunteers will be needed. There are several treatment facilities, the County Jail, and three prisons in the Area. We will provide any and all support to get this Area up and running.

Region 90 Far Southern Interior

- Area 91 Madera Mariposa, Miki S: Area 91 is experiencing growth in our H&I Committee activities. Our participation at River Vista Behavioral Health Hospital, the new mental health facility in Madera County, has opened a new unit, or wing, in their growing process. They have expressed a desire for an additional weekly meeting to accommodate their growth. We are in process of planning or scheduling, of implementing this according to their as well as our availability and this is exciting to experience this growth for both their facility and our committee! We also continue in our service commitment of carrying the message into the Mariposa County Jail and Mt. Bullion Fire Camp in Mariposa County with and without the snowfall! Thank goodness for snow tires and 4-wheel drive! We are looking forward to seeing you all, and attending the H&I Conference in Bakersfield, combining our Northern California Committee, coming up in May, at which I get to celebrate my 28th Sobriety Birthday on May 4th! Amazing!
- **Area 92 Fresno, Katherine S**: Service is going well in area 92. We go into a total of 8 facilities. We recently toured a sober living that has requested an H&I meeting, we start a panel there on May 14th. We

had to close down a meeting at two locations due to lack of available coordinators. This has been an ongoing issue in our area, plenty of volunteers but not enough people who want to hold coordinator positions. Area 92 will be having a volunteer appreciation event on Saturday, May 18, 2024. Our volunteer appreciation event will include a bbq, a speaker, pop-up orientation and facility coordinator presentations and sign ups.

- Area 93 Tulare, Joyce R: Area 93 continues to take AA H&I meetings into 7 different facilities for a total of 13 monthly treatment meetings. In April we expanded our H&I meetings at the Tulare County Jail to 5 meetings monthly with one of those in Spanish. We continue to encourage our fellowship to send interested volunteers our way as we hope to add more H&I meetings in 2024. We continue to meet on the 2 nd Saturday of odd months at 10:00 am in person with orientation at 9:00 am and as needed in between.
- Area 95 Kings, Open Position

Region 140 Spanish North Interior, Joe C

We are still struggling with the aftereffects of Covid which played a role in discouraging members of A.A. in providing service. Another thing that has not helped is the fact the new applications require a Video Test and a lot of our volunteers don't have a computer much less know how to take that test. Institutions have opened up but we are having a hard time getting

Volunteers to serve. I think if we could have the applications translated into Spanish that would help!! We are going into Solano State Prison and CMF in Vacaville, but short on volunteers. The same thing with Napa State Hospital and in Folsom State Prison we haven't even started.

Region 160 Spanish North Coast, Jose Luis C

Region 180 Spanish Central Interior, Jesus V

Region 190 Spanish South Interior, Martin L

2024 regular revisions for July NorCal mtg Color codes:

Text in black is current wording; text in black with strikethrough is proposed deletion Text in red is proposed changes/additions

Text in blue is rationale

1. Sec. 2, pg 9, SECRETARY

The Secretary is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee.

Term: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Secretary have a minimum of one year-three years of current and continuous sobriety and be familiar with committee work of H&I

Rationale:

Currently, The Secretary has the lowest sobriety requirement of all NorCal Committee positions. A one year sobriety requirement is inconsistent with the requirements of other NorCal Committee positions and inadequate for such a critical and sensitive position.

2. Sec. 2 pg 8, COMMITTEE CHAIR OFFICER APPOINTMENTS NorCal Committee

Chairs/Officers, with the exception of the Finance Committee Chair (see Finance Committee Procedures), Regional Chairs (see Regional Chair positions), and Area Chairs, and Major Institution and IVSS Coordinators, are appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee and shall serve in those offices for the term of the NorCal Chair who appointed them. Major Institutional Coordinators are appointed by the, NorCal Chair-Major Institution Chair with the advice of the Major Institution Chair, NorCal Chair and the Regional and Area Chairs. IVSS Institution Coordinators are appointed by the NorCal Chair With the advice of the Hajor Institution Chair, NorCal Chair and the Regional and Area Chairs. IVSS Institution Coordinators are appointed by the NorCal Chair With the advice of the HVSS Chair with the advice of the Regional and Area Chairs.

Rationale:

As trusted servants, NorCal Committee members should have an appropriate degree of authority to carry out their responsibilities and this should include the right to decide who to appoint as coordinators. Requiring the Chair of the NorCal Committee appoint coordinators who report to another chair is an unnecessary limitation and intrusion into decisions that should be delegated along with the responsibilities of the roles of the Major Institutions and IVSS chairs.

3. Sec. 2 , page 13, MAJOR INSTITUTION COORDINATOR The Major Institution

Coordinator is selected by the NorCal Major Institution Chair with the advice of the Major Institutions NorCal Chair, and the Regional and Area Chairs serving that institution. A Major Institution is defined as any institution where activities may affect facilities or activities in other areas or the committee as a whole; ANY State or Federal institution is usually considered to be a Major Institution.

Rationale: Same as above (Committee Chair Appointments)

4. Sec. 2, page 13 MAJOR INSTITUTIONS CHAIR

the Major Institutions Chair is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee.

Term: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Major Institutions Chair have a minimum of five years of current and continuous sobriety and prior experience as a Major Institution Coordinator **Responsibilities:** Oversees, mentors, and assists Major Institution Coordinators. With the NorCal Chair and Public Information Chair, establishes and maintains best possible relations with correctional professionals of major institutions in Northern California.

1. Assists NorCal Chair in appointing Appoints Major Institution Coordinators with the advice and concurrence of the Chair of the NorCal Committee. Serves in support and advisory capacity to Major Institution Coordinators; helps to ensure continuity between outgoing and incoming Coordinators. Assists Major Institution Coordinators in resolving any problems which may arise.

Rationale: Same as above (Committee Chair Appointments)

5. Sec. 2, page 14 IVSS INSTITUTION COORDINATOR

The IVSS Institution Coordinator is selected by the NorCal IVSS Chair with the advice of the IVSS NorCal Chair and the Regional and Area Chairs serving the institution.

Rationale: Same as above (Committee Chair Appointments)

6. Sec.2, page 15 IVSS CHAIR

The IVSS Chair is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee.

Term: Serves during the term of the appointing NorCal Chair.

Qualifications: It is suggested that the IVSS Chair have a minimum of five years of current and continuous sobriety and prior experience on the committee.

Responsibilities: Oversees and assists IVSS Institutions Coordinators. With the NorCal Chair and Major Institution Chair, establishes and maintains best possible relations with correctional professionals of major institutions in Northern California.

1. Assists NorCal Chair in appointing IVSS Coordinators. Appoints IVSS Coordinators with the advice and concurrence of the Chair of the NorCal Committee. Serves in support and advisory capacity to IVSS Coordinators; helps to ensure continuity between outgoing and incoming Coordinators. Assists in resolving problems.

Rationale: Same as above (Committee Chair Appointments)

7. ADD NEW POSITION NORCAL COMMITTEE REGISTRAR

The Registrar is appointed by the NorCal Chair with the advice and concurrence of the NorCal Committee.

Term: Serves during term of appointing NorCal Chair.

Qualifications: It is suggested that the Registrar have a minimum of three years of current and continuous sobriety and be familiar with committee work of H&I. Must be familiar with MS Excel or similar spreadsheet software and possess skills necessary to edit, maintain and transmit the NorCal Committee Master Roster and Newsletter distribution lists.

Responsibilities: The Registrar is responsible for maintaining, updating and distributing the NorCal Committee Master Roster electronically as needed.

1. Solicits updated contact information from committee members prior to the quarterly NorCal Committee Meeting and as needed to maintain current and accurate Roster and Newsletter mailing lists. 2. Ensures that the NorCal Committee Officers have the most current and accurate contact information for all the individuals listed on the Roster as soon as possible. 3. Updates and distributes the NorCal Committee Master Roster to all individuals listed on the Roster as needed but not less than quarterly.

4. Maintains and updates the mail and email Newsletter distribution lists as needed. Ensures the Publisher has the most current and accurate updates as soon as possible.

8. Sec. 2, pg. 23 CHANGES TO POLICIES AND PROCEDURES Amendments, deletions or additions to policies or procedures of this committee must be submitted in writing to the Secretary Policy Chair for review by the policy committee at least two months prior to a NorCal Committee Meeting. The proposal will be forwarded to the secretary and publisher, with any committee recommendations.

Rationale: In accordance with the General Service practice of submitting items of major importance for committee consideration prior to bringing them before the body for discussion

9. Sec. 2, pg 16, FINANCE COMMITTEE CHAIR

The Finance Committee Chair is selected by the process outlined in the Finance Committee Procedures section of this booklet.

Term: One year.

Qualifications: It is suggested that all Finance Committee members currently holds a position on the NorCal Committee, has a minimum of five years continuous sobriety and three years of active committee work in H&I; it is also suggested to have some knowledge of financial and/or accounting procedures.

Rationale: Due to the level of responsibility of the position, familiarity with the operations and procedures of the NorCal committee is essential to function effectively.

10. Sec. 1 pg 5, #5, GENERAL GUIDELINES

We do not exchange personal information including last names, phone numbers or email addresses with patients or inmates, nor do we engage in activities which could be perceived as overfamiliarity or favoritism. We define overfamiliarity as the exchange of any information which could be used as leverage over a person's behavior.

Outside of the IVSS Program, we do not sponsor inmates or patients in facilities which we are on the meeting volunteer roster.

Rationale - to clarify our service responsibility position in overfamiliarity

11. Sec. 1, pg 11, #5 , H&I GROUP REPRESENTATIVE

Encourages awareness and proper use of the Pink Can:

a) Ensures properly labeled cans are available at every meeting of home group. b) Always removes Pink Cans from Seventh Tradition basket .

c) Encourages treasurer to send collections regularly through our website or to the address on Pink Can, noting Area # on check.

Rationale: clarification

12. Sec. 2, Beginning on pg 8:

Remove "It is suggested that" from all NorCal Committee position qualifications; add sentence under heading for NORCAL COMMITTEE POSITION DESCRIPTIONS: "All qualifications are based on that which experience has taught us and should require considerable thought before being waived."

Rationale: Current verbiage makes it too easy to waive requirements which decades of experience have found effective. The Committee can still waive a qualification, but should give thoughtful consideration before doing so.

2024 revisiones regulares para la reunión de julio de NorCal Códigos de colores: El texto en negro es la redacción actual; el texto en negro tachado es la supresión propuesta El texto en rojo son los cambios/añadidos propuestos El texto en azul es racional

1. Sec. 2, p. 9, SECRETARIO

El Secretario es nombrado por el Presidente de NorCal con el asesoramiento y el acuerdo del Comité de NorCal.

Mandato: Desempeña su cargo durante el mandato del Presidente de NorCal que lo designe. **Cualificaciones:** Se sugiere que el Secretario tenga un mínimo de <u>un año</u> tres años de sobriedad actual y continua y esté familiarizado con el trabajo de los comités de H&I

Justificación:

Actualmente, El Secretario tiene el requisito de sobriedad más bajo de todos los puestos del Comité NorCal. Un requisito de sobriedad de un año es incoherente con los requisitos de otros puestos del Comité NorCal e inadecuado para un puesto tan crítico y sensible.

2. Sec. 2 pág. 8, NOMBRAMIENTO DEL PRESIDENTE DE LOS MIEMBROS DEL COMITÉ LOS

Presidentes/Oficiales del Comité de NorCal, a excepción del Presidente del Comité de Finanzas (ver Procedimientos del Comité de Finanzas), los Presidentes Regionales (ver cargos de Presidente Regional), y-los Presidentes de Área, los Coordinadores de las Instituciones Principales y los Coordinadores del IVSS, son nombrados por el Presidente de NorCal con el asesoramiento y el acuerdo del Comité de NorCal y ocuparán dichos cargos durante el mandato del Presidente de NorCal que los nombró. Los Coordinadores de las Instituciones Principales son nombrados por el, Presidente de NorCal Presidente de las Instituciones Principales con el asesoramiento del Presidente de las Instituciones Principales, el Presidente de NorCal y los Presidentes Regionales y de Área. Los Coordinadores Institucionales del IVSS son nombrados por el Presidente de NorCal Presidente del IVSS con el asesoramiento del Presidente del IVSS-Presidente de NorCal y los Presidentes Regionales y de Área.

Justificación:

Como servidores de confianza, los miembros del Comité NorCal deberían tener un grado apropiado de autoridad para llevar a cabo sus responsabilidades y esto debería incluir el derecho a decidir a quién nombrar como coordinadores. Exigir al presidente del Comité NorCal que nombre coordinadores que dependan de otro presidente es una limitación innecesaria y una intromisión en decisiones que deberían delegarse junto con las responsabilidades de las funciones de los presidentes de las Instituciones Principales y del IVSS.

3. Sec. 2, página 13, COORDINADOR DE INSTITUCIONES MAYORES

El Coordinador de Instituciones Importantes es seleccionado por el Presidente de NorCal las Instituciones Principales con el asesoramiento del Presidente de las Instituciones Principales de NorCal y de los Presidentes Regionales y de Área que prestan servicio a esa institución. Una Institución Principal se define como cualquier institución cuyas actividades puedan afectar a las

instalaciones o actividades de otras áreas o al comité en su conjunto; CUALQUIER institución estatal o federal suele considerarse una Institución Principal.

Justificación: Igual que arriba (Nombramientos de los presidentes de los comités)

4. Sec. 2, página 13 INSTITUCIONES PRINCIPALES PRESIDENTE

El Presidente de las Instituciones Principales es nombrado por el Presidente de NorCal con el asesoramiento y el acuerdo del Comité de NorCal.

Mandato: Desempeña su cargo durante el mandato del Presidente de NorCal que lo designe. **Cualificaciones:** Se sugiere que el Presidente de Instituciones Principales tenga un mínimo de cinco años de sobriedad actual y continua y experiencia previa como Coordinador de Instituciones Principales.

Responsabilidades: Supervisa, orienta y ayuda a los Coordinadores de Instituciones Principales. Con el Presidente de NorCal y el Presidente de Información Pública, establece y mantiene las mejores relaciones posibles con los profesionales penitenciarios de las principales instituciones del norte de California.

1. <u>Asiste al Presidente de NorCal en el nombramiento Nombra a los Coordinadores de las</u> Instituciones Principales con el asesoramiento y la conformidad del Presidente del Comité de NorCal. Sirve de apoyo y asesoramiento a los Coordinadores de las Instituciones Principales; ayuda a garantizar la continuidad entre los Coordinadores salientes y entrantes. Ayuda a los Coordinadores de Instituciones Importantes Institución a resolver los problemas que puedan surgir.

Justificación: Igual que arriba (Nombramientos de los presidentes de los comités)

5. Sec. 2, página 14 COORDINADOR DE INSTITUCIONES IVSS

El Coordinador Institucional del IVSS es seleccionado por el Presidente de NorCal IVSS con el asesoramiento del Presidente del IVSS-NorCal y de los Presidentes Regionales y de Área que sirven a la institución.

Justificación: Igual que arriba (Nombramientos de los presidentes de los comités)

6. Sec.2, página 15 PRESIDENTE DEL IVSS

El Presidente del IVSS es nombrado por el Presidente de NorCal con el asesoramiento y el acuerdo del Comité de NorCal.

Duración: Desempeña su cargo durante el mandato del Presidente de NorCal que lo haya designado. **Cualificaciones:** Se sugiere que el presidente del IVSS tenga un mínimo de cinco años de sobriedad actual y continua y experiencia previa en el comité.

Responsabilidades: Supervisa y asiste a los Coordinadores de Instituciones del IVSS. Con el Presidente de NorCal y el Presidente de Instituciones Principales, establece y mantiene las mejores relaciones posibles con los profesionales penitenciarios de las instituciones principales del norte de California.

1. Asiste al Presidente de NorCal en el nombramiento de los Coordinadores del IVSS. Nombra a los Coordinadores del IVSS con el asesoramiento y el acuerdo del Presidente

del Comité NorCal. Sirve de apoyo y asesoramiento a los Coordinadores del IVSS; ayuda a garantizar la continuidad entre los Coordinadores salientes y entrantes. Ayuda en la resolución de problemas.

Justificación: Igual que arriba (Nombramientos de los presidentes de los comités)

7. AÑADIR UN NUEVO PUESTO REGISTRADOR DEL COMITÉ NORCAL

El Secretario es nombrado por el Presidente de NorCal con el asesoramiento y el acuerdo del Comité de NorCal.

Mandato: Desempeña el cargo durante el mandato del Presidente de NorCal que lo designe. **Cualificaciones:** Se sugiere que el Registrador tenga un mínimo de tres años de sobriedad actual y continua y que esté familiarizado con el trabajo de los comités de H&I. Debe estar familiarizado con MS Excel u otro programa similar de hojas de cálculo y poseer las habilidades necesarias para editar, mantener y transmitir la Lista Maestra del Comité NorCal y las listas de distribución del Boletín. **Responsabilidades:** El Secretario es responsable de mantener, actualizar y distribuir electrónicamente la Lista Maestra del Comité NorCal según sea necesario.

- 1. Solicita información de contacto actualizada a los miembros del comité antes de la reunión trimestral del Comité NorCal y según sea necesario para mantener actualizadas y precisas las listas de correo de la Lista y del Boletín.
- 2. Garantiza que los funcionarios del Comité NorCal tengan la información de contacto más actualizada y precisa de todas las personas que figuran en la lista.
- 3. Actualiza y distribuye la Lista Maestra del Comité NorCal a todas las personas que figuran en ella según sea necesario, pero no menos de trimestralmente.
- 4. Mantiene y actualiza las listas de distribución del boletín por correo postal y electrónico según sea necesario. Se asegura de que la editorial disponga de las actualizaciones más actuales y precisas lo antes posible.

8. Sec. 2, pág. 23 CAMBIOS EN LAS POLÍTICAS Y PROCEDIMIENTOS

Las enmiendas, supresiones o adiciones a las políticas o procedimientos de este comité deben presentarse por escrito al secretario-presidente del comité de políticas para su revisión por el comité de políticas al menos dos meses antes de una reunión del comité NorCal. La propuesta se remitirá al secretario y al editor, junto con las posibles recomendaciones del comité.

Justificación: De acuerdo con la práctica de los Servicios Generales de someter los ítems de mayor importancia a la consideración de los comités antes de presentarlos al órgano para su discusión.

9. Sec. 2, p. 16, PRESIDENTE DEL COMITÉ DE FINANZAS

El presidente del Comité de Finanzas se selecciona mediante el proceso descrito en la sección de Procedimientos del Comité de Finanzas de este folleto.

Duración: Un año.

Cualificaciones: Se sugiere que todos los miembros del Comité de Finanzas ocupen actualmente un puesto en el Comité NorCal, tengan un mínimo de cinco años de sobriedad continua y tres años de trabajo activo en comités de H&I; también se sugiere que tengan algún conocimiento de procedimientos financieros y/o contables.

Justificación: Debido al nivel de responsabilidad del puesto, la familiaridad con las operaciones y procedimientos del comité NorCal es esencial para funcionar con eficacia.

10. Sec. 1 pg. 5, #5, DIRECTRICES GENERALES

No intercambiamos información personal, incluidos apellidos, números de teléfono o direcciones de correo electrónico con pacientes o internos, ni participamos en actividades que puedan percibirse como exceso de familiaridad o favoritismo. Definimos la sobrefamiliaridad como el intercambio de cualquier información que pudiera utilizarse como palanca sobre el comportamiento de una persona. Fuera del Programa IVSS, no patrocinamos a reclusos ni pacientes en centros en los que figuramos en la lista de voluntarios de reuniones.

Justificación - aclarar nuestra posición de responsabilidad de servicio en la sobrefamiliaridad

11. Sec. 1, pg. 11, #5, REPRESENTANTE DEL GRUPO H&I

Fomenta la concienciación y el uso adecuado de la lata rosa:

a) Se asegura de que haya latas debidamente etiquetadas en cada reunión del grupo base. b) Siempre retira las latas rosas de la cesta de la Séptima Tradición.

c) Anima al tesorero a enviar regularmente las colectas a través de nuestra página web o a la dirección que figura en la Lata Rosa, anotando el No. de Área en el cheque.

Justificación: clarificación

12. Sec. 2, A partir de la pág. 8:

Eliminar "Se sugiere que" de todas las cualificaciones de los puestos del Comité NorCal; añadir una frase bajo el título de DESCRIPCIONES DE PUESTOS DEL COMITÉ NORCAL: "Todas las cualificaciones se basan en lo que la experiencia nos ha enseñado y deberían requerir una reflexión considerable antes de renunciar a ellas".

Justificación: La redacción actual hace que sea demasiado fácil renunciar a requisitos que décadas de experiencia han considerado eficaces. El Comité aún puede renunciar a una cualificación, pero debería considerarlo detenidamente antes de hacerlo.

Rationale:

The NorCal Committee is the final decision-making body of the Northern California Hospital and Institution Committee. It is comprised of Area Chairs, Regional Chairs, Committee Chairs, and Institution & IVSS Coordinators. The following proposed rules are adapted from Appendix W of the A.A. Service Manual 2021- 2023 (pgs.166-168) Robert's Rules of Order Newly Revised, 12th Edition, and the Northern California Hospital & Institution Committee Policy and Procedure Manual, July 2023.

The purpose of rules of order is to make it easier to conduct business and to carry out the will of the NorCal Committee by reaching an informed group conscience. As with General Service, NorCal H&I has adopted some exceptions to the Robert's Rules that help it to proceed more closely in accord with the spirit of A.A. Tradition.

Quorum

The quorum is the minimum number of members needed to conduct business. For the purpose of this committee: a quorum will consist of all voting members present.

NorCal Committee Positions and Liasons

Members Eligible to Vote
Area Chairs
Regional Chairs
NorCal Committee Chair
NorCal Committee Co-chair
Secretary
Treasurer
Literature Chair
Pink Can Coordinator
Grapevine Chair
Policy Chair
Public Information Chair
Audio-Media Chair
Archives Chair
NCCAA Conference Coordinator
Publisher
Website Chair
Spanish Communications Chair
Major Institutions Coordinators
Major Institutions Chair IVSS Coordinators
IVSS Cooldinators
Finance Committee Chair
Registrar (pending approval of position description)

Agenda:

The draft meeting agenda as published in the Newsletter prior to the meeting is reviewed for approval with or without amendments.

It's recommended that committee members submit motions in writing prior to the meeting to add it to the new business agenda. A committee member may also make a motion in the Open Forum/Discussion portion of the meeting.

After sufficient discussion has been heard, a voting member of the committee may make a motion to act on, postpone, or dismiss the item under discussion. Only voting members of the committee may make or second a motion.

Review and Approval of Minutes – Called by the NorCal Committee Chair. Approval requires substantial unanimity.

Minority Opinion

After each vote on a matter of policy, the side which did not prevail will always be given an opportunity to speak to their position. If the motion passed with two-thirds vote, the minority may speak. If the motion received a majority vote, but failed to pass for lack of a two-thirds vote, the majority may speak. After all members of the minority who wish to do so have spoken, a Motion to Reconsider may be made (see below "Reconsideration).

NorCal Rules of Debate and Voting

• People who wish to speak raise their hands online or line up at the microphones and address their comments to the chair.

• Each person may speak for a period of time announced at the beginning of the debate period- usually, two (2) minutes.

• The person who initiated a motion has the right to speak first.

• No one may speak for a second time on a topic until all who wish to have spoken for the first time. • Full discussion of a recommendation should take place before each vote.

• Everyone is entitled to express his or her opinion. However, if your perspective has already been stated by someone else, it is not necessary to say it again.

Types of Motions

A motion is a proposal for the group to take a certain action. There are various types of motions we use to help reach an informed group conscience.

Main Motion: A main motion brings a matter to the committee for consideration. Only one main motion may be on the floor at a time.

Seconding a Motion: A motion must be seconded to be considered by the Committee.

Stating the Motion: After a motion is stated and seconded, the chair will state the motion before the committee and offer the floor to the person making the motion before the committee debates the motion.

Secondary Motions:

Secondary motions modify or apply to the main motion on the floor.

Amending a Motion is the most common secondary motion. Any motion to amend a main motion requires 2/3^{rds} majority.

Motion to Postpone to a Later Time

Postpones discussion to a later **specified time**, typically to the next NorCal Committee meeting. Requires a simple majority.

Motion to Recommit

The motion to recommit returns a motion or proposal to the committee of origin for further consideration. A motion to recommit must be seconded, requires 2/3 ^{rds} majority, is debatable and can be amended.

Calling the Question

Calling the question brings debate to a halt while Committee members decide whether to proceed directly to a vote (the question) or go on with the debate. Members must vote to approve the call to question BEFORE voting on the motion on the floor and requires 2/3 ^{rds} majority.

Reconsideration

A motion to reconsider a vote may be made only by a member who voted with the prevailing side, but it can be seconded by anyone, and must be made at the meeting at which the initial vote was taken. If the majority votes to reconsider, full debate — pro and cons — is resumed. A simple majority is needed for approval.

Changes to Policies and Procedures

This procedure is described in Section 2 Policy and Procedure Manual, page 23.

Finance Committee & Budget Review Procedure:

This procedure is described in Section 2 Policy and Procedure Manual, page 20.

Comité de Hospitales e Instituciones del Norte de California 2/4/2024 BORRADOR de procedimientos para reuniones de negocios

Justificación:

El Comité NorCal es el órgano decisorio final del Comité de Hospitales e Instituciones del Norte de California. Está compuesto por los Coordinadores de Área, los Coordinadores Regionales, los Coordinadores de Comité y los Coordinadores de Institución e IVSS. Las siguientes reglas propuestas son una adaptación del Apéndice W del Manual de Servicio de A.A. 2021-2023 (pgs.166-168) Reglas de Orden de Robert Recientemente Revisadas, 12° Edición, y el Manual de Políticas y Procedimientos del Comité de Hospitales e Instituciones del Norte de California, Julio 2023. El propósito de las reglas de orden es facilitar la dirección de los asuntos y llevar a cabo la voluntad del Comité de NorCal alcanzando una conciencia de grupo informada. Al igual que con Servicios Generales, NorCal H&I ha adoptado algunas excepciones a las Reglas de Robert que le ayudan a proceder más de acuerdo con el espíritu de la Tradición de A.A.

Quórum

El quórum es el número mínimo de miembros necesario para llevar a cabo los asuntos. A efectos de este comité: el quórum consistirá en todos los miembros con derecho a voto presentes.

Posiciones y enlaces del Comité NorCal

Miembros con derecho a voto
Sillas de área
Presidentes regionales
Presidente del Comité NorCal
Copresidente del Comité NorCal
Secretario
Tesorero
Cátedra de Literatura
Coordinadora de la Lata Rosa
Silla Grapevine
Presidencia Política
Cátedra de Información Pública
Cátedra Audio-Media
Archivos Cátedra
Coordinador de la Conferencia NCCAA
Editorial
Presidente del sitio web
Cátedra de Comunicación en Español
Coordinadores de las principales instituciones Cátedra de Grandes Instituciones
Coordinadores del IVSS
Presidente del IVSS
Presidente del Comité de Finanzas
Secretario (pendiente de aprobación de la descripción del puesto)

Agenda:

El borrador del orden del día de la reunión publicado en el Boletín antes de la reunión se revisa para su aprobación con o sin enmiendas.

Se recomienda que los miembros del comité presenten mociones por escrito antes de la reunión para añadirlas al orden del día de nuevos asuntos. Un miembro del comité también puede presentar una moción en la parte de foro abierto/debate de la reunión.

Tras un debate satisfactorio, los miembros del comité con derecho a voto pueden presentar una moción para que se adopte una decisión, se aplace o se desestime el punto debatido. Solo los miembros votantes del comité pueden presentar o apoyar una moción.

Revisión y aprobación de las actas - Convocada por el presidente del Comité NorCal. La aprobación requiere una unanimidad sustancial.

Opinión de la minoría

Después de cada votación sobre una cuestión de política, la parte que no haya prevalecido tendrá siempre la oportunidad de hablar sobre su posición. Si la moción fue aprobada con dos tercios de los votos, la minoría podrá tomar la palabra. Si la moción recibió el voto de la mayoría, pero no fue aprobada por falta de los dos tercios de los votos, podrá hablar la mayoría. Después de que hayan hablado todos los miembros de la minoría que lo deseen, podrá presentarse una moción de reconsideración (véase más adelante "Reconsideración").

Reglas de debate y votación de NorCal

- Las personas que deseen intervenir levantan la mano en línea o se alinean ante los micrófonos y dirigen sus comentarios a la presidencia.
- Cada persona podrá intervenir durante un periodo de tiempo anunciado al comienzo del periodo de debate -normalmente, dos (2) minutos.
- La persona que inició una moción tiene derecho a hablar en primer lugar.
- Nadie podrá intervenir por segunda vez sobre un tema hasta que todos los que lo deseen hayan intervenido por primera vez.
- Antes de cada votación debe producirse un debate completo sobre una recomendación.
- Todo el mundo tiene derecho a expresar su opinión. Sin embargo, si su punto de vista ya ha sido expuesto por otra

persona, no es necesario volver a decirlo.

Tipos de mociones

Una moción es una propuesta para que el grupo emprenda una determinada acción. Hay varios tipos de mociones que utilizamos para ayudar a alcanzar una conciencia de grupo informada.

Moción principal: Una moción principal somete un asunto a la consideración de la comisión. Sólo puede presentarse una moción principal a la vez.

Secundar una moción: Una moción debe ser secundada para ser considerada por el Comité.

Exposición de la moción: Tras exponer y secundar una moción, el presidente expondrá la moción ante la comisión y ofrecerá la palabra a la persona que la presenta antes de que la comisión debata la moción.

Mociones secundarias:

Las mociones secundarias modifican o se aplican a la moción principal en el hemiciclo.

Enmendar una moción es la moción secundaria más común. Cualquier moción para enmendar una moción principal requiere una mayoría de 2/3.

Moción de aplazamiento

Aplaza la discusión a un **momento** posterior **especificado**, normalmente a la siguiente reunión del Comité NorCal. Requiere mayoría simple.

Moción para Recomendar

La moción para volver a comprometer devuelve una moción o propuesta al comité de origen para su consideración posterior. Una moción para volver a comprometerse debe ser secundada, requiere una mayoría de 2/3, es debatible y puede ser enmendada.

Llamado a preguntas

Al plantear la pregunta se detiene el debate mientras los miembros del Comité deciden si se procede directamente a una votación (la pregunta) o continúan con el debate. Los miembros deben votar para aprobar el llamado a preguntas ANTES de votar sobre la moción en la sala y requiere una mayoría de 2/3.

Reconsideración

Una moción para reconsiderar una votación sólo puede ser presentada por un miembro que haya votado con el bando prevaleciente, pero puede ser secundada por cualquiera, y debe hacerse en la reunión en la que se realizó la votación inicial. Si la mayoría vota a favor de la reconsideración, se reanuda el debate completo, a favor y en contra. Se necesita una mayoría simple para la aprobación.

Cambios en las políticas y procedimientos

Este procedimiento se describe en la Sección 2 Manual de Políticas y Procedimientos, página 23.

Comité de Finanzas y Procedimiento de Revisión del Presupuesto:

Este procedimiento se describe en la Sección 2 Manual de Políticas y Procedimientos, página 20.

NorCal H&I Committee Financial Report April 2024

INCOME AND EXPENSE BREAKDOWN		
	Apr 24	Jan - Apr 24
Income		
Area Contributions	53,583.17	221,763.05
Bequest	0.00	9,000.00
Processor Fees	-607.36	-2,335.42
Total Income	52,975.81	228,427.63
Expense		
Accounting	0.00	1,005.00
Bank Charges	0.00	51.50
LITERATURE EXPENSE		
AAWS	32,300.00	156,018.69
GRAPEVINE & LA VINA	12,364.10	25,927.93
Meeting Directories	600.30	709.68
Storage Unit Rent Expense	963.00	1,926.00
Total LITERATURE EXPENSE	46,227.40	184,582.30
NorCal Committee	1,865.51	4,210.62
NorCal IVSS Program	178.16	702.05
Postage	31.15	131.80
Printing Costs	3,416.34	5,524.31
Re-distributions - 5% to Areas	0.00	23,444.35
Virtual Meeting Expense	0.00	974.86
Total Expense	51,718.56	220,626.79
Net Ordinary Income	1,257.25	7,800.84
Net Income	1,257.25	7,800.84
OPERATING ACTIVITIES Net cash increase for period	Apr 24 1,257.25 1,257.25	Jan - Apr 24 7,800.84 7,800.84
Cash at beginning of period	311,822.80	305,279.21
Cash at end of period	313,080.05	313,080.05
Cash in Prudent Reserve = Cash in Operating Acct = Total Cash on Hand Value of Lit on hand =	\$140,582.85 \$172,497.20 \$313,080.05 \$16,450.28	

	Apr 24	Jan - Apr 2
02, Del Norte	181.05	661.6
03, Siskiyou	39.78	434.9
04, Humboldt	918.71	3,438.0
11/12, Modoc/Lassen	0.00	352.2
140, Spanish North Int	161.75	161.7
16, Shasta	2,452.35	8,244.3
160, Spanish N Coast	0.00	1,411.5
17, Tehama	0.00	274.0
170, Spanish S Coast	100.00	133.0
18, Trinity	0.00	100.0
180, Spanish Central Int	16.44	88.5
21, Mendocino	295.07	1,296.2
22, Sonoma	4,123.23	16,514.7
23, Lake	221.08	1,199.3
31, Butte/Glenn	305.86	4,254.3
32, Plumas	32.00	387.3
34, Placer	3,205.14	13,599.5
36, Sierra/Nevada	1,927.08	5,427.1
42, Sacramento/Yolo	7,273.47	17,213.8
43, El Dorado	1,257.81	3,848.7
44, Amador	242.68	1,114.3
45, Sutter/Colusa/Yuba	22.25	765.1
51, Napa	355.45	1,464.5
52, Contra Costa	3,985.36	14,765.0
53, Alameda	4,996.50	19,255.0
54, Solano	508.64	2,534.4
61, Marin	5,348.69	17,503.1
62, San Francisco	3,062.30	13,706.8
65, San Mateo	5,304.77	21,456.7
71, Santa Clara	2,511.57	15,183.6
72, Monterey	582.35	3,709.2
73, Santa Cruz	171.85	8,411.4
73, Santa Cruz 74, San Benito	364.22	861.0
74, San Benito 81, Stanislaus	364.22 134.56	3,554.8
81, Stanislaus 82, San Joaquin	389.31	2,699.8
83, Tuolumne	260.36	1,422.9
84, Calaveras	435.34	826.3
86, Merced	75.00	277.3
91, Mariposa/Madera	83.03	564.2
92, Fresno	1,768.12	9,710.7
93, Tulare	368.45	2,693.0
95, Kings	0.00	140.1
Unidentified Contributor	101.55	101.5
	53,583.17	221,763.0

NorCal H&I Committee Financial Report May 2024

INCOME AND EXPENSE	BREAKDOWN	
	May 24	Jan - May 24
Income		
Area Contributions	55,023.51	276,786.56
Bequest	0.00	9,000.00
Processor Fees	-482.83	-2,818.25
Total Income	54,540.68	282,968.31
Expense		
Accounting	0.00	1,005.00
Bank Charges	0.00	51.50
Insurance	1,390.00	1,390.00
LITERATURE EXPENSE		
AAWS	45,235.29	201,253.98
GRAPEVINE & LA VINA	1,871.00	27,798.93
Meeting Directories	225.53	935.21
Storage Unit Rent Expense	0.00	1,926.00
Total LITERATURE EXPENSE	47,331.82	231,914.12
NorCal Committee	1,177.21	5,387.83
NorCal IVSS Program	146.88	848.93
Postage	614.00	745.80
Printing Costs	53.26	5,577.57
Re-distributions - 5% to Areas	0.00	23,444.35
Virtual Meeting Expense	0.00	974.86
Total Expense	50,713.17	271,339.96
Net Ordinary Income	3,827.51	11,628.35
Net Income	3,827.51	11,628.35
	May 24	Jan - May 24
OPERATING ACTIVITIES	3,827.51	11,628.35
Net cash increase for period	3,827.51	11,628.35
Cash at beginning of period	313,080.05	305,279.21
Cash at end of period	316,907.56	316,907.56
	510,507.50	310,507.50
Cash in Prudent Reserve =	\$140,582.85	
Cash in Operating Acct =	\$176,324.71	
Total Cash on Hand	\$316,907.56	
. Value of Lit on hand =	\$18,353.28	

CONTRIBUTIONS BY AREA

CONTRIBUTIONS BT AREA			
	May 24	Jan - May 24	
02, Del Norte	0.00	661.62	
03, Siskiyou	196.94	631.92	
04, Humboldt	341.48	3,779.49	
11/12, Modoc/Lassen	0.00	352.29	
140, Spanish North Int	40.00	201.75	
16, Shasta	1,865.44	10,109.76	
160, Spanish N Coast	111.50	1,523.04	
17, Tehama	570.83	844.83	
170, Spanish S Coast	0.00	133.00	
18, Trinity	216.50	316.50	
180, Spanish Central Int	125.78	214.34	
21, Mendocino	491.61	1,787.86	
22, Sonoma	6,197.22	22,711.95	
23, Lake	196.33	1,395.69	
31, Butte/Glenn	762.53	5,016.86	
32, Plumas	0.00	387.36	
34, Placer	2,930.61	16,530.17	
36, Sierra/Nevada	475.91	5,903.09	
42, Sacramento/Yolo	3,187.42	20,401.25	
43, El Dorado	100.42	3,949.18	
44, Amador	101.19	1,215.52	
45, Sutter/Colusa/Yuba	1,191.18	1,956.33	
51, Napa	1,343.69	2,808.20	
52, Contra Costa	2,408.54	17,173.61	
53, Alameda	5,949.80	25,204.81	
54, Solano	810.37	3,344.82	
61, Marin	3,457.35	20,960.51	
62, San Francisco	3,007.93	16,714.76	
65, San Mateo	2,192.79	23,649.50	
71, Santa Clara	3,732.21	18,915.82	
72, Monterey	708.57	4,417.77	
73, Santa Cruz	6,670.79	15,082.19	
74, San Benito	386.02	1,247.06	
81, Stanislaus	466.77	4,021.66	
82, San Joaquin	748.61	3,448.47	
83, Tuolumne	0.00	1,422.93	
84, Calaveras	161.95	988.30	
86, Merced	195.18	472.53	
91, Mariposa/Madera	0.00	564.25	
92, Fresno	2,930.93	12,641.67	
93, Tulare	714.01	3,407.07	
95, Kings	35.11	175.28	
Unidentified Contributor	0.00	101.55	
	55,023.51	276,786.56	

NorCal H&I Committee Financial Report June 2024

INCOME AND EXPENSE BREAKDOWN		
	Jun 24	Jan - Jun 24
Income		
Area Contributions	43,237.31	320,023.87
Bequest	0.00	9,000.00
Processor Fees	-449.35	-3,267.60
Total Income	42,787.96	325,756.27
Expense		
Accounting	0.00	1,005.00
Bank Charges	0.00	51.50
Insurance	0.00	1,390.00
LITERATURE EXPENSE		
AAWS	34,105.13	235,359.11
GRAPEVINE & LA VINA	12,327.90	40,126.83
Meeting Directories	60.16	995.37
Storage Unit Rent Expense	0.00	1,926.00
Total LITERATURE EXPENSE	46,493.19	278,407.31
NorCal Committee	81.35	5,469.18
NorCal IVSS Program	0.00	848.93
Postage	0.00	745.80
Printing Costs	0.00	5,577.57
Re-distributions - 5% to Areas	0.00	23,444.35
Virtual Meeting Expense	0.00	974.86
Total Expense	46,574.54	317,914.50
Net Ordinary Income	-3,786.58	7,841.77
Net Income	-3,786.58	7,841.77
	Jun 24	Jan - Jun 24
OPERATING ACTIVITIES	-3,786.58	7,841.77
Net cash increase for period	-3,786.58	7,841.77
Cash at beginning of period	316,907.56	305,279.21
Cash at end of period	313,120.98	313,120.98
	010,120.00	515,120.50
Park in Resident R		
Cash in Prudent Reserve =	\$140,582.85	
Cash in Operating Acct =	\$172,538.13	
Total Cash on Hand	\$313,120.98	
Value of Lit on hand =	\$16,818.99	

	Jun 24	Jan - Jun
02, Del Norte	174.76	836
03, Siskiyou	142.10	774
04, Humboldt	405.55	4,185
11/12, Modoc/Lassen	80.00	432
140, Spanish North Int	45.00	246
16, Shasta	1,553.01	11,662
160, Spanish N Coast	225.00	1,748
17, Tehama	0.00	844
170, Spanish S Coast	0.00	133
18, Trinity	0.00	316
180, Spanish Central Int	92.50	306
21, Mendocino	185.96	1,973.
22, Sonoma	2,318.67	25,030
23, Lake	808.86	2,204
31, Butte/Glenn	1,897.90	6,914
32, Plumas	0.00	387
34, Placer	1,649.64	18,179
36, Sierra/Nevada	2,002.37	7,905
42, Sacramento/Yolo	3,514.25	23,915.
43, El Dorado	469.22	4,418
44, Amador	640.97	1,856.
45, Sutter/Colusa/Yuba	1,175.38	3,131.
51, Napa	756.87	3,565.
52, Contra Costa	2,879.93	20,053.
53, Alameda	3,826.12	29,030.
54, Solano	181.63	3,526.
61, Marin	3,400.95	24,361.
62, San Francisco	2,734.74	19,449.
65, San Mateo	1,911.21	25,560.
71, Santa Clara	4,464.62	23,380.
72, Monterey	773.74	5,191.
73, Santa Cruz	1,209.00	16,291.
74, San Benito	77.87	1,324
81, Stanislaus	70.41	4,092.
82, San Joaquin	935.83	4,384.
83, Tuolumne	433.53	1,856.
84, Calaveras	74.00	1,062.
86, Merced	70.24	542.
91, Mariposa/Madera	124.41	688.
92, Fresno	1,084.66	13,726.
93, Tulare	588.02	3,995.
95, Kings	133.39	308.
Out of the Area Contribution	125.00	226.
	43,237.31	320,023.

PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at *www.handinorcal.org* (or your local Area Chair) to get one.

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