

NORTHERN CALIFORNIA
HOSPITAL & INSTITUTION COMMITTEE
P.O. BOX 192490
SAN FRANCISCO, CA 94119-2490

COMMITTEE SCHEDULE 2026-2027

April 26, 2026

July 26, 2026

October 25, 2026

January 24, 2027

Committee Meeting will be held at 11:00am on Zoom.
In Person location will be communicated prior to each Hybrid meeting.
Contact *northcalhandipublisher@gmail.com* for questions.

Newsletter Delivery Update

As noted in our previous issue, this newsletter is now available digitally through our website or by email, and printed copies are only mailed to those who have confirmed they wish to continue receiving a hard copy. If you prefer to switch to electronic delivery and no longer receive a printed copy, you may return the postcard or contact the Chair at *chairnorcalhandi@gmail.com* to update your preference. We will continue to offer printed copies to those who need or wish to receive them.

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Northern California Hospital & Institution Committee



P.O. Box 192490 * San Francisco, CA 94119-2490

Newsletter #2

PLEASE KEEP THE CONTENTS OF THIS NEWSLETTER CONFIDENTIAL

April 26, 2026

NEXT COMMITTEE MEETING:

April 26, 2026

11:00 AM Pacific Time

In person in Kelseyville, CA (Area 23 Lake County - See Flyer next page)

or

Join Meeting by ZOOM:

Meeting ID: 828 7733 8114

Passcode: service

Dial by your location: Phone dial in US: +1 669 444 9171

Meeting ID: 828 7733 8114

Contact northcalhandipublisher@gmail.com for questions.

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Area 23 Lake County H&I Round Up

HOSTING THE NORCAL H&I COMMITTEE MEETING

When & Where

Schedule of Events

JOIN US IN PERSON OR ONLINE:

DATE: APRIL 26TH, 2026

KELSEYVILLE RIVIERA CLUB

**9689 Soda Bay Rd.
Kelseyville, CA 95451**

ZOOM INFORMATION:

**Meeting ID: 828 7733 8114
Password: service**

- 9:30-10:30 AM – Committee Speaker Panel
- 11:00 AM-1:00 PM – NorCal H&I Committee Meeting
- 1:00-1:30 PM – Lunch Break
- 1:30-2:30 PM – Guest Speaker

**Curious about H & I? Come learn what we're all about!
All interested AA members welcome**

SNACKS, LUNCH, AND REFRESHMENTS WILL BE PROVIDED

RSVP & LODGING:

To RSVP or request lodging recommendations, please contact chairnorcalhandi@gmail.com by **April 18, 2026**



Área 23 del Condado de Lake Encuentro de H&I

ANFITRIÓN DE LA REUNIÓN DEL COMITÉ H&I DEL NORTE DE CALIFORNIA (NORCAL)

Cuándo y Dónde

Acompáñanos en persona o en línea:

Fecha: 26 de abril de 2026

KELSEYVILLE RIVIERA CLUB

9689 Soda Bay Rd.
Kelseyville, CA 95451

Información de Zoom:
ID de la reunión: 828 7733 8114
Contraseña: service

Programa de Eventos

- 9:30–10:30 a. m. – Panel de Oradores del Comité
- Joyce R — Copresidenta y Tesorera
- Jeremiah P — Presidente de Medios de Audio y Copresidente del Area 71
- Annetta D — Presidenta del Área 52
- 11:00 a. m.–1:00 p. m. – Reunión del Comité H&I del Norte de California
- 1:00–1:30 p. m. – Pausa para el almuerzo
- 1:30–2:30 p. m. – Orador Invitado
- Jeremy S

¿Tienes curiosidad sobre H&I? ¡Ven y aprende de qué se trata!

Todos los miembros interesados de AA son bienvenidos

SE PROPORCIONARÁN BOCADILLOS, ALMUERZO Y BEBIDA

Confirmación de Asistencia (RSVP) y Hospedaje

Para confirmar tu asistencia o solicitar recomendaciones de hospedaje, comunícate con: chairnorcalhandi@gmail.com antes del 18 de abril de 2026.



From the NorCal Chair

Greetings Fellow Committee Members:

I can't believe how quickly time is flying. It is hard to believe that it is already April!

I am excited to see the April hybrid meeting, hosted by Area 23, gaining momentum. This event is geared to help the local H&I Area grow in participation, encourage new volunteers, and welcome anyone interested in learning more about our committee. It has been quite some time since many of us have had the opportunity to connect face-to-face.

Sunday's activities will begin at 9:30 am with a panel of three of our Committee Members. They will share their experience in H&I along with their current Committee Roles. We will take a short break and move into our General Committee Meeting at 11:00 am.

As decided at our January Committee Meeting, we have moved the calendar of proposed policy revisions to first reading in January 2027. This means we are pausing policy revisions until that time. This change gives us the opportunity at our April hybrid meeting to spend more time in our open forum for questions, comments or topics to be brought forward by those present. This is a great opportunity for first-time attendees and Committee Members alike to engage, gather feedback and experiences to take back to their local areas.

Under Committee Business, we will preview the updated website. I hope you'll find the new layout and design engaging, and I look forward to hearing your initial feedback.

In addition, I've suggested a few other topics for discussion, as outlined on the agenda under Discussion Topics. I'm looking forward to some thoughtful and productive conversations as we continue supporting one another in our efforts across Northern California.

Following the General Committee Meeting, Area 23 has lined up a speaker that I am told you will not want to miss! The entire event Sunday will be available in a hybrid format, so if you are unable to attend in person, you will still be able to join us virtually.

To those who have already RSVP'd, I am really looking forward to seeing you in person and hope the number continues to grow right up to our April 18th deadline. For those of you who are planning on coming to town on Saturday, please let me know if you would be interested in joining a group who is planning to meet for dinner then go to a local AA meeting. This will be a great opportunity for fellowship with the local AA Community as we bring NorCal H&I to Area 23.

In service,

Joe N.
Chair, Northern California H&I Committee



Letter of Gratitude for H&I

I was first introduced to H&I when meetings were brought into facilities I was at. At this time, I wasn't ready to stop drinking, yet was starting to realize that these AA meetings were a safe space. It was hard to believe the many volunteers gave of their time to come into these residential rehab, detox, and mental health facilities just to share their stories with people like me. I never felt judged by anyone, they never asked anything of me, and no one ever forced me to attend the meetings. But I always did.

I still have a copy of Living Sober that I was given by H&I. Everything at those meetings was given freely, and with such love. I was so foggy brained that I couldn't recognize much, but I could recognize that. Besides, the meetings were something to look forward to, even if just an hour to break up the monotony and sorrow and fear that saturated those days.

I remember a bright-eyed young woman speaking at an H&I meeting and saying that she was "broken" when she came into AA. I had never heard anyone describe it that way, and I could barely believe she had ever been as broken as I felt—and now was on the other side, radiating life.

In my sobriety, I always knew I wanted to join H&I and give back, and I've taken on various roles over the last 10 years. This January, I stepped into the role of Area 53 Chair in Alameda County, after three years as Co-Chair of Community Centers, which transformed my recovery program and my life. And I still go into facilities to help bring meetings.

Each time I go in, I see and feel what residents are dealing with, and it brings back exactly what it was like. Each time, it reminds me of empathy for those struggling and the importance of making the extra effort to reach them where they are at. And each time, it helps me stay sober. Even when it's chaotic or the attendees seem completely distracted, half asleep, or contrary — seeds are still being planted, and some of them will change lives. I know this firsthand!

I can't say enough about how wonderful the Area 53 Committee is, and all the incredible people in leadership roles past and present. It is so organized, and people really come together and give of their talents and energy to get stuff done! I am thankful for everyone's ongoing support and help as I grow into this role, and am excited to get more involved in H&I on the larger NorCal level.

In Love and Service,

Amy S.

Area 53 Chair



FROM THE ARCHIVES,

**Partners in Service: The Northern California Council of Alcoholics Anonymous
& The Hospital & Institution Committee of Northern California**

The Northern California Hospital and Institution Committee (NorCal H&I) is one of the oldest service committees of A.A., predating the General Service structure. Another AA service committee that can make that claim, is the Northern California Council of Alcoholics Anonymous (NCCAA). While NorCal H&I has always operated autonomously, our oldest organizational relationship is with the NCCAA.

In January 1951, the San Francisco Fellowship began publishing "*Good News*", on behalf of the NCCAA. Before NorCal H&I began publishing their own newsletter, articles in *Good News* were their main method of print communication. From the start, NorCal H&I news was reported in almost every issue.

In the early 1950's, NorCal H&I turned to the NCCAA for guidance in responding to the challenge of some prisons and other institutions that were combining AA and NA meetings for their convenience. For more on this story, see the archives report in the April 2023 newsletter.

An early NCCAA pamphlet, "*Purpose, Structure, Functions*" says of the H&I Committee:

"This Committee bears the tremendous task of bringing the message to those unfortunates in hospitals and penal institutions. It operates as a separate committee, entirely self-controlled, but as part of the Northern California Council.

The Northern California Council H&I Committee is rated as the outstanding in the nation, (an) example of the work that should be done. If this were our only activity, we could still be very proud of the results of the functions of the Council."

Reproduced on the following page from the 2nd issue (Feb.1951) of *Good News* is an article about how the San Francisco Fellowship revived institutional meetings at the Napa State Hospital. Their role in establishing meetings at San Quentin is also mentioned.

Julio B.
Archives Chair





February, 1951

GOOD NEWS

Page 3

Napa Hospital Project Revised

Operation Napa, which seemed to be bogging down in a slough of indifference on the part of both AA's and the staff of the Napa State Hospital, has been given a shot of B-1 complex.

It is due to come to life again this month as the result of a trip to Napa on January 31 by Ernie G. of the South of Market Group, who has found institutional activity to be a potent factor in the sobriety of any AA who takes part in it.

Ernie had a long conference with Dr. Oliver, who had been assigned by the superintendent, Dr. Miller, to help reorganize AA activity at the hospital.

Attendants to Cooperate

Here are the results of the meeting:

1. Supervisors and attendants were instructed to cooperate with AA, by permitting alcoholic patients to leave locked wards in company with visiting AA's to attend AA meetings.
2. A member of the social service staff was appointed as liaison officer between the hospital and AA, and to serve as a secretary for the group of alcoholics patients.
3. A list of all alcoholic patients and their wards will be provided for visiting AA's.
4. The institution's newspaper will carry a permanent announcement.
5. The regular weekly meetings will be returned to the original meeting place, Hoisholt Hall, where they will be held each Sunday at 5:30 p.m.
6. All Bay Area Napa committees will receive a schedule for their visits to be drafted by Ernie, and will receive instructions as to the reorganized setup.

Initiated by San Francisco

The Napa State Hospital project was another AA effort to carry the message initiated by the San Francisco Fellowship. It was established in 1944 about two years after a similar project had been installed by the San Francisco Group in San Quentin Prison. As in the case of San Quentin, other Bay Area Groups later were invited to take

Central Meeting Programs Announced for February

Programs for the Wednesday Night Central Meetings at 111 O'Farrell Street during February have been announced by the Acting Program Director, Jessica S., as follows:

February 7—Chairman, Joe O'B., South of Market Group. Speakers: Alice F., Downtown Group, and Ray V., Richmond, Calif., Group.

February 14—Chairman, Carlton C., Adeline Group, of Oakland. Speakers: Walter M., Fillmore Group, and Rev. E. McLaughlin, Pastor of St. Cyprian's Episcopal Church.

February 21—Chairman, Jack I., Downtown Group. Speakers: Lillian C., Northbrae Group of Berkeley, and Herman McC., San Francisco, Fellowship.

February 28—Chairman, Jim C., Analan Group. Speakers: Russ C., Downtown Group, and Pete B., Mission Group.

part and conduct meetings on a rotating schedule.

The Napa project was conceived by Fred C., who now lives in Corte Madera and is a member of the San Rafael Group. He made the preliminary trips to Imola, which is the hospital's post office name, to interview Dr. Miller. The latter was immediately cooperative and assisted in the installation of AA at a time when such action was frowned on by some of the powers-that-be.

For many months the San Francisco-Napa committee carried on in the face of discouraging receptions. At one Sunday meeting in 1945, only one alcoholic patient showed up at the appointed time, so the meeting was held by the one patient and three visiting committeemen on the sidewalk in front of Hoisholt Hall.

Leave Locked Wards

Gradually the patient-interest increased and the project was stimulated by an order from Dr. Miller permitting patients to leave locked wards in custody of the visiting AA's. The movement spread to Agnews State Hospital, under the guidance of Peninsula Groups, and to Mendocino State Hospital after many weeks of effort on the part of the Santa Rosa Group.

The Napa Group's growth and beneficial results continued in varying degree until last year, when several factors resulted in its decline. But that was yesterday.

San Francisco Fellowship and other Bay Groups now count many active members who received their introduction to AA in Napa, Agnews or Mendocino.

YOUNG PEOPLE'S

There is no possibility of seats being scarce at Young People's Discussion meetings each Monday night. We have a reserve of 150 chairs, so come on over.

During January we were privileged to hear talks by Tom O'N., of San Bruno; Jack F. of Santa Cruz, Paul C. and Jack I. of San Francisco. Good discussions completed the meetings.

Fred M. will speak February 5 and a short dance will be held after the meeting. Incidentally, a vocal group is holding forth during our coffee hour. We have a good piano thumper and if one of you gals or guys would like to come over with your sax, drums or guitar, we shall form our own orchestra and roll out the barrel.

San Mateo Group will have charge of the meeting on February 12. John McC. will speak on February 19, and Fran J. will add her presence to the meeting on February 26.

Another short dance has been set for March 5.

Have you heard? We have two fireplaces in our meeting room, and they work, too. Sure nice these cold meeting nights.—PETE S.

GOLDEN GATE

The group has elected new officers for the next six months as follows: Ken McA, secretary, and Joaquin A., treasurer. The chairman for the month of February will be Jack M.

Our program chairman, Ruth G., has been doing a great job in bringing new faces, new voices and new thoughts to our speaking programs.

We extend an invitation to all to visit us. Let's all be friends.—BUD W., Retiring Secretary.



OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open. If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair.*

Committee Chairs/Officers

Execute the operations of the Committee.

◇ H&I Conference Chair

Regional Chairs

Acts in support capacity to Area Chairs within the region...

Region 01 - Far North Coastal – OPEN

Region 10 - Far North Interior – OPEN

Region 50 - East Bay – OPEN

Region 70 – Southern Coastal – OPEN

Region 90 - Far Southern Interior - OPEN

Area Chairs

Have overall responsibility for the H&I operations in the areas in which they serve...

Area 12 Lassen – OPEN

Area 44 Amador - OPEN

Area 95 Kings - OPEN

Major Institutions Coordinators

Have overall responsibility for all H&I meetings in the Major Facility which they serve...

FCI Herlong (HER) – OPEN

FCI Mendota (MEN) – OPEN

SCC Jamestown – OPEN

SVSP Soledad - OPEN

USP Atwater (ATW)-OPEN

IVSS Coordinators

If you'd like to support opening this service in an Institution near you, please contact the IVSS Chair

**The Web Site for the
Northern California Hospital & Institution Committee is:**

www.handinorcal.org

Please visit our site and send us your suggestions or questions.

To change your newsletter status or info, chose one of the following:

E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.

Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119

Come to any General Committee Meeting to give us your new info.



NORCAL COMMITTEE AGENDA

April 26, 2026

OPEN MEETING with the Serenity Prayer

READINGS:

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

INTRODUCTIONS / WELCOME

APPROVAL OF THE AGENDA

APPROVAL OF MINUTES FROM LAST COMMITTEE MEETING

OFFICER REPORTS:

1. General Chair: Joe N.	10. Pink Can Coordinator: Peter M.
2. General Co-Chair: Joyce R.	11. Policy Chair: Penny C.
3. Treasurer: Joyce R.	12. Audio Media Chair: Jeremiah P.
● APPROVAL OF FINANCIAL STATEMENTS	
4. Secretary: Lynn D.	13. Archives Chair: Julio B.
5. Major Institutions Chair: Jeff L.	14. Public Information Chair: Melody T.
6. IVSS Chair: Karen C.	15. Grapevine Chair: Bob F.
7. Finance Committee Chair: Heidi O.	16. Publisher: Jude H.
8. NCCAA Conf. Coordinator: Karen B.	17. Spanish Comm. Chair: Martin L.
9. Literature Chair: Peter M.	18. Website Chair: Thom H.

LIAISON & SERVICE COMMITTEE REPORTS:

1. VATF: Jeff L.	4. NCCAA: Karen B.
2. H&I Liaison to CNCA: James C.	5. SoCal H&I Liaison: James C.
3. H&I Liaison to CNIA: Vikki L.	6. Guest Reports:

BREAK

COMMITTEE BUSINESS SCHEDULE

- Website migration preview and updates.

DISCUSSION TOPIC FROM THE GENERAL CHAIR

- Form II's and Literature Orders (Both English and Spanish) - How they correlate with one another.
- Rotation of Service - How can we help maintain and promote rotation of service.

OPEN FORUM – HOW CAN WE HELP YOU? Questions, suggestions, or comments from the floor

ANNIVERSARIES

CLOSE MEETING with Declaration of Responsibility



Please send a brief written copy of your report to our Recording Secretary



Northern California Hospital and Institution Committee Regions and Areas



Region 01 - Far North Coastal

Areas: 2, 3, 4

Region 10 - Far North Interior

Areas: 11, 12

Region 15 - Lower Far North Interior

Areas: 16, 17, 18

Region 20 - Northern Coastal

Areas: 21, 22, 23

Region 30 - Northern Interior

Areas: 31, 32, 34, 36

Region 40 - Central Interior

Areas: 42, 43, 44, 45

Region 50 - East Bay

Areas: 51, 52, 53, 54

Region 60 - West Bay

Areas: 61, 62, 65

Region 70 - Southern Coastal

Areas: 71, 72, 73, 74

Region 80 - Southern Interior

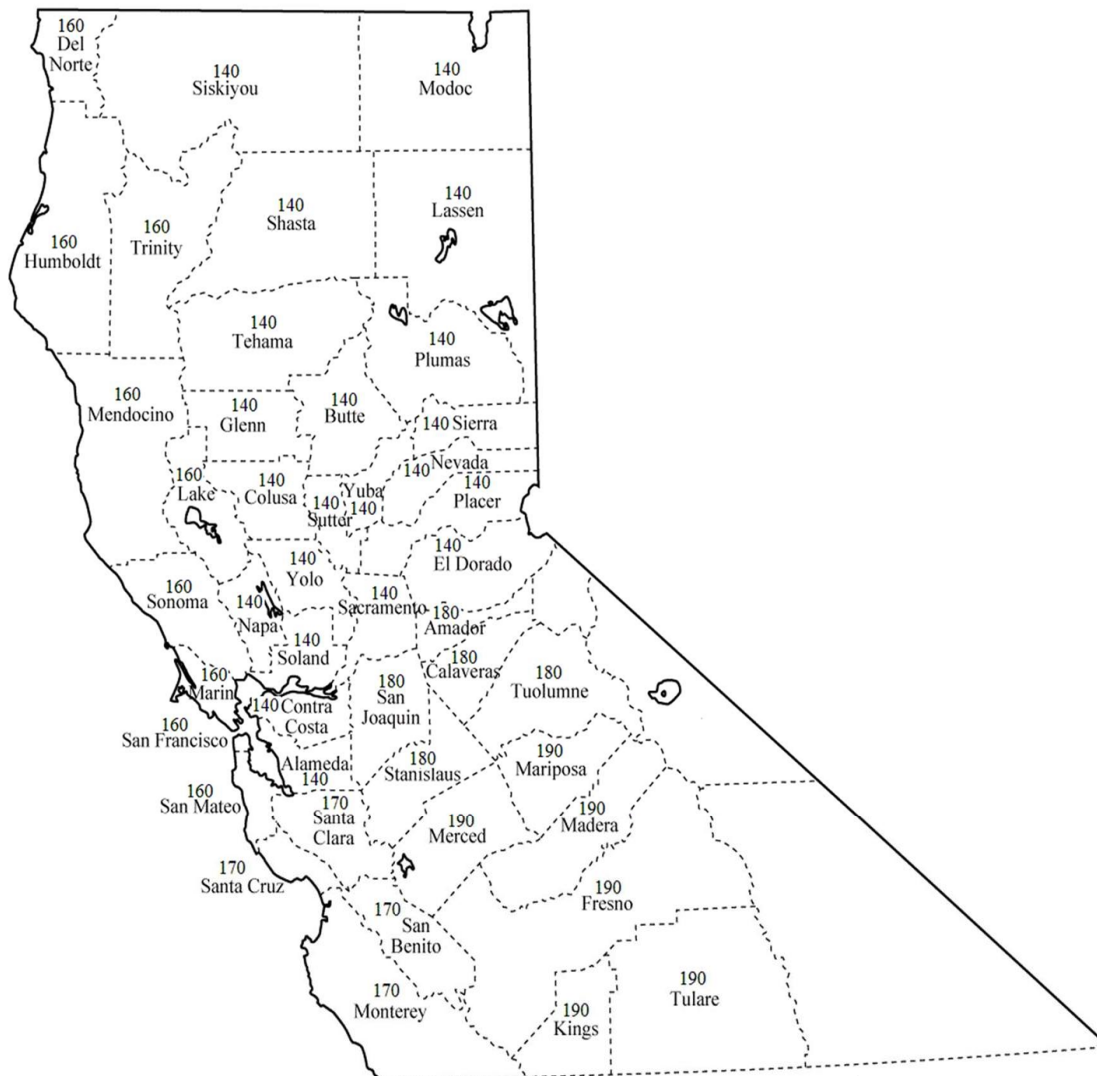
Areas: 81, 82, 83, 84, 86

Region 90 - Far Southern Interior

Areas: 91, 92, 93, 95



Comité de Hospitales e Instituciones del Norte de California



Región		Reunión de negocios
140	Spanish North Interior (Sacramento)	4th Thursday of the month 7:00 to 9:00pm 5625 24 th St., Sacramento, CA 95822
160	Spanish North Coastal (San Francisco)	2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm 3401 Cesar Chavez St. Suite C, San Francisco, CA 94110
160	Area 161 Sonoma	Last Friday of the month, 7:00 pm 5959 Commerce Blvd, Unit 18, Rohnert Park, CA 94928
170	Spanish South Coastal (Salinas)	3rd Wednesday of the month at 7:30 pm 216 Gavilan St. Suite 215, Salinas CA 93901
180	Spanish Central Interior (Modesto)	1st Tuesday of the month 7:00 to 8:30pm 100 Carver Rd. Suite 7, Modesto, CA 95350-4787
190	Spanish South Interior (Fresno)	1st Monday of the month 7:00 to 8:30pm 520 N Fulton St, Fresno, CA 93728



Norcal H&I COMMITTEE MINUTES January 25, 2026

Opening: Joe N. opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Jeff L. read the H&I Purpose Statement and Don H. read the short form of the 12 Traditions of Alcoholics Anonymous.

<u>On Zoom:</u> Bruce A. Jen B. Julio B. Kelly B. Karen B. James C. Penny C. Karen C. Annetta D. Chris D. Lynn D. Stephanie E. Mark F. Colleen G. Bill H.	Nancy H. Don H. Thom H. Jude H. Andrew K. John K. Danny K. Jim L. Jeff L. Martin L. Omar L. Gareth M. Peter M. Claudia N. Joe N.	Heidi O. Jeremiah P. Michael P. Joyce R. Vikki L. Dave R. Kelli S. Lou S. Amy S. Melody T. Maxie V. David V. Interpreter: Manuel G.
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Attendance at Committee Meetings:

2025	2026
01/26: 38 (6 in person)	01/25: 42 (ZOOM)
04/27: 39 (4 in person)	
07/27: 28 (5 in person)	
10/26: 28 (0 in person)	

Joe N. shared voter eligibility: Area Chairs, Regional Chairs, NorCal Committee Chair, Co-Chair, Secretary, Registrar, Treasurer, Literature Chair, Pink Can Coordinator, Grapevine Chair, Policy Chair, Public Information Chair, Audio-Media Chair, Archives Chair, NCCAA Conference Coordinator, Publisher, Website Chair, Spanish Communications Chair, Major Institutions Chair and Coordinators, IVSS Chair and Coordinators, Finance Committee Chair.

The above committee members are invited to comment on any new and unfinished business. Our Open Forum is available for anyone present to make comments, ask questions or bring up a topic.



AGENDA (preliminary draft published in January 2026 newsletter): Committee members are asked to request agenda topics in writing prior to the meeting so we can add to the published new business agenda. A committee member may also bring up a new topic in the open forum discussion portion of the meeting, but this will likely delay consideration and action.

Two revisions under Committee Business portion of Agenda:

1. Address annual Form II submissions in Chair report
 2. 2026 literature order form updates addressed by Literature Chair in their report
- **Review and approve agenda** published in January 2026 newsletter (as revised):
 - Motion to approve: **Karen C.**
 - 2nd: **Melody T.**
 - Approved= 100% (1 abstain)
 - **Review and approve October 2025 minutes** published in January 2026 newsletter:
 - Motion to approve: **Jeff L.**
 - 2nd: **Joyce R.**
 - Approved = 100% (3 abstain)

Officer Reports

General Chair, Joe N.

Welcome to the January 2026 Committee Meeting and thank you all for being here and for your continued service and commitment to this Committee and the Fellowship we serve. Whether this is your first meeting or you've been with us for some time, we truly appreciate your showing up and being a part of all the work we do.

You may have noticed that the Pink Can Letter now has a different title: **H&I Annual Pink Can Report to the Fellowship**. It has also been placed near the beginning of the newsletter, and I asked the Publisher to move it forward due to its importance and so it gets the attention it deserves. I'll be addressing the content changes and re-naming later during Committee Business, but I did want to touch base on a few surrounding items now. I highly encourage Area and/or Regional Chairs to make sure this report is shared with your local Intergroups. I hope it can be used as a tool to help strengthen the relationship between the local H&I Area and the Intergroup. All Intergroups that currently receive a hard copy newsletter should have received this issue. A simple follow-up to confirm that they received the newsletter, have read it, and elicit any questions, could go a long way.

Speaking of the newsletter, you have probably noticed that the postcard on the cover has been updated. At our last Committee meeting, I shared that starting with the January 2026 issue, the newsletter will be available digitally or via the website - unless someone specifically requests a mailed copy. Members who prefer paper can print the digital version themselves, or if they truly need a hard copy mailed to them, they can email me and I'll be sure that happens. As stated on the newsletter cover, printing and postage are made possible through the generous contributions of our supporters. Limiting print distributions helps reduce cost and waste; it also allows us to direct more funds towards items like literature.

I am hoping your local Intergroups will read the postcard and either return it or contact me with an email address so they can receive the newsletter digitally. This may also be another opportunity for you to connect with your local Intergroup and learn their communication preferences. At this time, I do not have any Intergroup email addresses on our digital distribution list, and I am hoping that with your help, we can begin to change that.



A couple of additional items to listen for today include an updated literature request form, which our Literature Chair will present shortly. There are also a few committee appointments that I'll ask the Committee to confirm.

I am truly grateful for the number of volunteers stepping forward to be of service. Thank you all. I also want to thank the Area Chairs who have been quick to respond to website inquiries by people looking to get involved with H&I service. It's been great to see both new volunteers and new facilities reaching out.

Website: You will be receiving an update from our Website Ad Hoc Committee, with highlights of where we are and where we are headed. I am very excited about this next phase, and grateful to Thom Hickey who has been a tremendous asset in laying strong groundwork. and to Michael Palladino, who will help to carry that into the future.

Form II's: As incoming Chair, this has been one of my biggest responsibilities thus far when it comes to data. A huge thank you to everyone who has submitted information. There are still a few stragglers, and I'll be following up if I haven't already.

This data is critical. We have a responsibility to be transparent and accountable to the Fellowship by sharing how many meetings are supported by Pink Can contributions. This information directly supports transparency, accountability, literature planning, and our annual budget – especially when it comes to tracking literature expenditures. Please remember that Spanish regions are included in this process as well. Complete data helps ensure we are meeting everyone's needs. One of the goals this year will be to update the Form II to help make it more user-friendly. I have to say that I'm amazed at the number of ways a Form II can be submitted, but as long as we are getting the information, we will work with it.

Our discussion topic today will be about hosting our hybrid April Committee meeting in Lake County, Area 23. Lou S. from their local Area Committee, reached out after our October 2025 meeting about a local H&I event to help recruit volunteers in their Area. That conversation led to the idea of having Area 23 host our April Committee meeting to support them. We will go over details and share some ideas for activities before and after the meeting. I'll help address questions about how we can get a strong in-person turnout – and help Area 23 create some momentum around H&I. Again, this will be hybrid so Zoom will still be an option.

Lastly, thank you all again for your service and commitment to showing up today. If this is your first meeting or it's been a while since you've been here, we are very glad you are here.

General Co-Chair, OPEN.

Treasurer, Joyce R.

We ended 2025 in a Sound Financial Position as we were \$30,033.59 above our recommended total 6-month prior year expenses prudent reserve and cash on hand. As we spent most of the year approximately \$25,000 below this recommendation, this was a welcome change.

We ended 2025 with our Area contributions 6.2% above the Area contributions received in 2024 and 4.7% above 2024's total income. In 2024 we received a Bequest of \$9,000 which changed the total income percentage. Our Total Area Contributions were \$671,570.06 which makes this year's contributions the largest our committee has ever seen. We continue to receive 67% of our contributions by checks sent to the PO Box while 33% of the contributions are made on-line through the website.

As outlined in the Pink Can Report sent out earlier this month, 87.7% of our expenses or \$539,712.18 was spent on literature, 5% of our expenses was sent to the Areas to assist with their expenses and 7.3% went to committee operations. Our literature expenses were 7.7% lower than literature in 2024. We saw the drop in literature expenses begin in November, as AAWS had ordering and inventory issues which are continuing. This also coincides with the effort to encourage Area Chairs to monitor their spending to keep their cost per meeting



around \$25.00. We began including the literature recap with the monthly financial reports so Area Chairs can monitor and order accordingly. You will notice going forward that this report has been updated so you will always see a 12-month accounting of the cost per meeting.

Orders in December were reviewed closely and Areas with a large cost per meeting were encouraged to order just what was needed until year end. It is very important that Area Chairs who have a very low literature cost per meeting check with your volunteers to ensure literature is being made available at every H&I meeting. Not taking literature to all meetings and making it available is as detrimental to our committee as overspending. Our fellowship is very generous in contributions to ensure that literature is available. It is our responsibility to ensure that this happens.

Please continue to encourage all groups to pass the pink cans and have treasurers send in the contributions regularly. While we ended the year with a positive number, it is likely we will see this reverse in January or shortly thereafter. After the books were closed for December, we were sent the December Grapevine Subscription invoices and a newsletter printing invoice which were overlooked by the vendors. These totaled a little over \$14,000.00 and have been paid in January. The Area 5% checks will be paid in January. We will see literature expenses moving more toward the norm as orders are sent out by AAWS. The New Year monthly average of prior year expenses is now \$51,284.74/mo.

This means for 2026 that a Sound Financial Position equates to $\frac{1}{2}$ a month PY average expense or \$25,642.37 above the recommended six months prior year average or \$307,708.44. Poor means we have dropped a full month or \$51,284.74 below the recommendation and Neutral is anywhere in between.

The 2025 books have been sent to the accountant for tax preparation. We do have a new accounting firm as many firms are moving away from doing 990 Tax Returns due to the complexity. As indicated on our website, we are fully compliant with IRS regulations on filing to maintain our non-profit status. There is a link provided on our website financial page which will take you to the IRS posting of 990 tax returns as these are available to the public. You can search our return by using our full name: Northern California Hospital and Institution

Committee. The 990 returns give a current and prior year comparison and breakdown of where expenses are spent like our monthly financial. Please note that the IRS is behind in posting returns and the most current available is 2023. Our 2024 return was made timely, but we have no control over when the IRS posts. Our committee has a strong check and balance procedure in place where we elect the Finance Committee at large. The Finance Chair reviews the bank reconciliation monthly after the treasurer closes the books to ensure that what is being reported to our fellowship matches the bank. On a weekly basis, the Finance Chair reviews the checks clearing the bank ensuring they match the list of checks the Treasurer posts each week. This is outlined in our policies and ensures oversight.

This past year, we have also had a couple of different CPAs who are members of our fellowship contact me. With their assistance and recommendations, the financial report which is sent out monthly has been revamped a bit to provide the most comprehensive financial snapshot in an easy-to-understand report. Please feel free to contact me at any time with any questions or concerns at treasurernorcalhandi@gmail.com.

October, November, December 2026 Finance Statement(s) Approval (in January newsletter)

- Approved = 100% (1 abstain)

Recording Secretary, Lynn D.

I request Area and Regional Chairs to email to me their reports early so General Committee members can review them ahead of each quarterly meeting. If you miss the appointed deadline, feel free to send me your report **after** the quarterly meeting and I'll include it in the final compilation attached to the Minutes.

Also, I'd like to remind everyone that we use first and last names in H&I, so please identify yourselves with first and last names here on your Zoom. Sometimes I do not catch names during verbal introductions.



Major Institutions Chair, Jeff L.

I have the privilege to represent and assist H&I volunteers who go into major institutions, such as prisons and Napa State Hospital. Many of these volunteers drive great distances and spend a lot of time, often to be turned away due to a lockdown or some other issue. Coordinators spend a lot of time with staff often go into circles because of the roadblocks thrown up by the bureaucracy of the CDCR. I want to thank them all for their reports (**see attached summary of Major Institutions reports**).

I believe there's some confusion for some people about the difference between a report and a Form II. The report can be brief, just to let me know what's going on with the institution.

Salinas Valley, Pelican Bay, and High Desert are all dark. There are many things going on in Level 4 yards due to the California model backlash. Same thing with New Folsom. I talked to CSP Sacramento Coordinator Josh S. this morning. Several coordinators trying to get meetings started there. Josh held one or two meetings and then the staff told him that unless he is conducting NA meetings, they will not allow meetings in that facility. I told him that is a big negative, so we are trying to set up a meeting with me and Josh to discuss. Several years ago, they told Carl and I to do whatever possible to get meetings in the facility. We finally got H&I started there, but now they want NA meetings.

Good news is that on March 27-29 CTF Soledad will hold their 10th annual 3-day conference inside. Avenal will hold their 2nd annual speaker jam on April 11, 18 & 25. We are in talks with CHCF Stockton (Melody T.) is coordinator) about holding a speaker jam there as well. To save time, so many of our major institutions' volunteers are bringing meetings in reliably and steadily.

IVSS Chair, **Karen C.**

The Inside Visiting Sponsorship Service is the H&I program to provide outside one-on-one sponsorship to confined alcoholics, primarily those in state prisons. We're currently serving 8 prisons in Northern CA and serve as the model for providing sponsorship across the country.

As of the end of December, we have 225 inside members who have applied (up 12% since my October report) and 184 now have sponsors (up 15%) – thank you Coordinators for your continued progress!

Quick breakdown of facilities:

- San Quentin remains our dominant facility with 108 inside members served. We appointed Dave S., a current sponsor with a wealth of techspertise, as Assistant Coordinator in our ongoing efforts to better distribute the workload.
- CTF Soledad we have a new Coordinator, Dave R., who's been holding down the fort at Salinas Valley where nothing's going on. I gratefully thank Brady S. for his work and for being so patient as we trudged the road on his replacement. Currently 21 inside members being served; I'm hopeful we can increase that number as Dave gets settled in.
- SATF/Cor/Avenal is a complex of 3 facilities Bill H. is coordinating, with help of 2 of his volunteers. There are now 39 assigned sponsees, with 30 additional men on the waitlist – the need for volunteers is immense.
- CCWF Leigh Ann recently made great strides to resolve the ongoing problems in getting the sponsee applications in and she got 7 new sponsees just in the past two days. We've found an Inside liaison who's been invaluable in getting this back on track.
- Salinas Valley is on hold for now. We'll continue to keep the PO Box, as Dave will now be using it for CTF as well, and we'll be ready in case they ever open up to meetings again.



- Folsom State Prison – Joe A. and his assistant Mike L. have around 30 volunteers oriented and ready to take on sponsees as soon as we start getting inmate applications to the PO Box. There's a hold-up at prison with allowing volunteers to bring in the applications but hope this can be resolved soon.

Two other things of importance:

1. The Coordinator Video Training project has been completed on time and on budget. This is a huge asset, as training the coordinators is a very labor-intensive job. So I'm happy to announce that at this point we can roll out the service to as many institutions in NorCal as we can get Coordinators for. If you have an institution in your Area and think you can find a Coordinator to run it, please contact me and we can get it going so that we can make getting an outside sponsor a fully functioning service of this committee. This year's project is to get the videos and training documents on YouTube so we can make it publicly accessible both to our own members and to interested members across the country. I'll present more about that at our next meeting.
2. CDCR will be changing their secure communications provider from GTL to Securus. This will involve all volunteers having to switch the applications on their phones - could result in some lags in communication. Again, will report more about this at our next meeting.

In closing, as always, WE NEED VOLUNTEERS! Most of the facilities I talked about are held back only b/c they don't want to hand out applications when they know they don't have volunteers available. We could be reaching so many more alcoholics.

I'll send out the regular mass email after this meeting, requesting the assistance of all Area Chairs and Regionals to help us get volunteers. Please distribute flyers as widely as you can. Remember, with our new electronic version, outside members from anywhere can sponsor an inside member electronically, and our primary source of volunteers is from flyers and announcements in your Areas. Thank you for allowing me to serve.

Questions:

Joyce R.: What is the status of bringing IVSS to County Jails and/or Treatment facilities?

[Answer: We tested IVSS in rehabs in San Francisco, and found the problem is that there's no captive audience like there is in prisons. We hope to eventually roll this out to jails, but for now we are focused on getting IVSS rolled out in prisons]

Bruce A.:

1. I volunteer with several others in Salinas, and we are available for service at another facility right now. Let us know if we can serve at another facility until Salinas opens back up.

[Answer: Contact Dave R. is coordinating CTF Soledad, I'm sure he could use your help to the roster for that facility]

2. I put the IVSS flyer on our website AASonora.org and encourage everyone to do the same.
3. We had a table at Unity Day and gave out several IVSS flyers there as well.

Thom H.:

Regarding the YouTube link, do you want to hear from those who request the link or plan to post it publicly?

[Answer: This is something the Committee will discuss. We want to design it first and then see how we want to communicate. I'm leaning toward a public posting because places around the U.S. are very interested in this].



Finance Committee Chair, Heidi O.

Jeff L., Karen C. and I are now on the Finance Committee, and we have begun to meet quarterly (instead of annually) to review the budget and provide more oversight. At the last quarterly meeting, we discussed changing the information about finances on the website. This was approved by the Finance Committee, and we are now taking minutes of every Finance Committee meeting. I did log into the Wells Fargo account and reconciled checks sent by Joyce.

NCCAA Conference Coordinator & NCCAA Liaison, Karen B.

Northern California Council of Alcoholics Anonymous Conference is **March 20-22, 2026** at the San Ramon Marriott in San Ramon CA. Doors open at 10:30am. The H&I panel will be on Saturday morning 3/21/26 and there will be an H&I table at the Conference all three days. Annetta is helping to staff the table. At the Saturday morning Delegates meeting we will be electing a new Chairperson for NCCAA.

Visit [NCCAA Website](#) for more information, including how to be of Service to NCCAA.

PRE-REGISTRATION CUT OFF DATE IS MARCH 7th, 2026
CONFERENCE RATE FOR HOTEL CUT OFF DATE IS FEBRUARY 26th, 2026
PRE-REGISTRATION - \$30.00 (per person) - AT THE CONFERENCE - \$35.00

The next conference dates are October 8-10, 2026 in Fresno and March 19-21, 2027 in San Jose. There will be a conference in Sacramento October 15-17, 2027. I will leave this meeting today a bit early to attend the NCCAA Steering Committee meeting. They will be discussing instituting sliding scale pricing for different conferences due to divergent costs in Areas (i.e., conference cost is higher in San Jose than in Fresno).

Literature Chair, Kelly B.

I want to apologize for all the inconveniences with getting literature orders out over the past few months. AA World Services has been tweaking their website, and there were issues.

In the meantime, I've been able to update our literature order form, which is more simplified. Some things have been deleted, such as Grapevine books, which are very expensive. Choice of pamphlets has been simplified on the new form. Books and pamphlets have increased in cost.

The new literature order form will probably be up in the next two weeks. On the top portion there are a couple of line items, which is a recap we want all Area Chairs to know exactly how much they're spending on their monthly orders.

It's important that Area Chairs let me know when there is a change in the Literature Chair contact information. Sometimes I receive emails asking for literature, but it's not clear what Area they represent, especially if they are new to the position. There is a map on the H&I NorCal.org site that shows County Areas. If you are not familiar with that, please print it out and bring it to your Area meeting so everyone knows the Area they are in for H&I specifically.

Discussion:

Omar: Please explain how to order literature for Region 140 for Spanish community.

Kelly: I had never seen the order form you sent, nor the Form II. I believe all the facilities listed should have gone through the Area. There's a difference between the Spanish-speaking meetings in facilities only vs. Area Spanish-speaking facilities. Perhaps Joe can confirm this-?

Joe: It's my understanding that if Spanish H&I meetings within the Area are recorded on that Area's Forms II – literature should be ordered through that literature person. However, Major Institution Spanish-only literature is



ordered and recorded under that Major Institution. Area Chairs should be in communication with their Spanish language committees to ensure meetings are listed on the Area Form II's.

Omar: The previous Spanish region coordinator told me that I should order six months' worth of literature, which is why the order was so large. Can I order literature from you directly – or do I need to order through the Area 42 Chair in Sacramento?

Kelly: You should probably coordinate with Area 42 Chair regarding literature orders. You guys need to know exactly what H&I meetings are covered by your region, and what meetings are not. We no longer order six months' worth of literature.

Julio: I want to clarify that when I was the Chair, I worked with Martin Lopez on this. I asked all Spanish Regional Chairs to fill out a Form II, listing all the Spanish-language meetings that their members support, regardless of whether it's in the English-speaking Area's listing. I thought it was important that all Spanish language Regions list and know all the meetings they support. Having all that information on a Form II enables them to work with the Area Chair as to whether literature should be acquired from NorCal or through the Area.

Martin: Julio's summary was also my understanding. Spanish Language Regional Chairs were to coordinate Form II's with their Areas. I think we need clarity on this, so we can inform Spanish Language Regional Chairs.

Kelly: A facility that has both Spanish and English H&I meetings is considered part of that Area, and literature should be provided by that Area. Coordination is key for Regions vs. Areas.

Thom: I just updated the website and emailed Kelly and Joe about the spreadsheet, and regenerated PDF's to reflect 2026 information.

Joe: Do not use forms posted in the Chat today. We will email everyone with crystal clear messaging about updated forms.

Jeff: We have always recorded literature data by Areas. I have attended Spanish business meetings I believe we need to be more united in our systems. We cannot stockpile literature.

Heidi: Can we refer this issue to Finance Committee for more discussion? That is my motion.

Joyce: This is not a Finance Committee issue but is a Literature issue. It's written in our policies how literature ordering is handled; it's outlined that in Spanish regions, their meetings are held in either in (1) Areas or in (2) Major Institutions. These two entities are responsible to list data on Form II's and ensure there's literature available. We can move forward if we just stick to the policies in place.

Karen: We are all part of one committee, and this discussion points out that we need better communication between Spanish Regions and Areas -and- Area Chairs.

Martin: Please confirm that communication needs to take place between the (English-speaking) Areas and the Regions, and that we coordinate with the Literature Chair of that particular Area.

Kelly: Confirmed. The Area Literature Chair should provide literature.

Joe: Once we update and distribute literature forms one last time, we will send clear communication about where we are and how we proceed.

Pink Can Coordinator, Peter M.

We currently have 244 pink cans and 73 lid stickers to be used on old pink cans that do not have all the current information. Contact me if you need more pink cans.

Joe: What this Committee affixes to H&I cans is all that should be on there. If you see other stickers or other messaging affixed, please be sure to let us know. Email me with any questions.

**Policy Chair, Penny C.**

Our 2025 Policy Manuals are out and hopefully everyone has received them or will soon. I continue to collect requests for policy changes – so if you have any requests, please send. Joe will talk about policy timelines later in this meeting. I can be reached at penelopestew60@gmail.com.

Audio/Media Chair Jeremiah P. All good from my side.

Archivist/Historian Chair Julio B. I will have something for the newsletter and a report at the next meeting.

Public Information Chair Melody T.

Public Information activity has been low since all the Fall activities, but it's picking up once again. The NCCAA Conference will be in San Ramon March 21-22, and I'm looking for two speakers for the H&I panel: One speaker with long-standing H&I experience in carrying the message into Treatment or related facility; and one speaker who has carried the message into correctional facilities. These two speakers can provide information on the requirements to get into facilities and highlights of their experience, but most importantly convey the importance of H&I service to their sobriety. We need a third speaker who got sober through the efforts of H&I – while in treatment or in a correctional facility – and to speak on how H&I was pivotal in their finding a solution to their alcoholism. Please contact me with your interest in speaking or recommendations. We will also have a table, so volunteers will be needed. I usually provide snacks. We want local Areas to participate and to provide your Area's materials for the table. On this note, I encourage every H&I Area to have a list of their facilities and a means to contact facility coordinators either through phone or email tolmie.melandjoe@gmail.com.

Grapevine Chair, Bob F.: N/A – Joe to follow up with Bob Free, who has not attended this quarterly meeting.

Publisher Chair Jude H.

Newsletter got out a bit late due to some confusion about reports and minutes, but I think that's ironed out now. Regarding what Lynn mentioned earlier about using first and last names on this committee, I want to assure everyone that there are two versions of the newsletter: (1) the one with last names goes out to NorCal Committee members only; (2) redacted version (last names are removed) – and that's what is published on NorCal H&I website.

Spanish Communications Chair, Martin L.

I will be rotating out next month as Region 190 Chair, so that will free me up to reach out to more English-speaking Areas, especially regarding literature. I want to thank Joyce for reminding me of your particular meeting in Visalia. I will make it there. I participated in the Website Ad Hoc Committee meeting on February 18 to get some information to distribute to the Spanish-language community and clarify confusion about H&I literature.

Website/Audio Chair, Thom H.

Traffic on the website is about the same. All updates were made, and I pulled down links to literature files I posted. Let me know when I can post new files. The Committee on new website has been meeting; we are making progress and will have an update on that shortly.



Also: In general, PDF files are best to post documents.

Kelly: Will create writable PDF forms and send to you to upload.

Michael P. (new website). You may have noticed a new survey on NorCal H&I site. We had 125 responses. There were no big surprises, but it was good to hear how people are using the website. There were a number of suggestions. Likely the biggest goal for the new version of the website is to design it mobile first, so people can more easily access it from their phones. We found about 75% of site access to AASFMARIN.org is via phone, and for NorCal H&I about 65%. Input is welcome.

Thom: Current website works well on my iPhone. Let me know if anyone is having issues.

Registrar, Bruce A. n/a

Liaison Reports:

VATF, Sacramento Jeff L.: Thanks to C. Strange at Mule Creek Prison, I will be attending the VATF meeting on February 10.

H&I Liaison To CNCA, James C.

Annual inventories have been completed, and they are now moving on to Agenda topics. Continuing discussion is focused on how to implement results of inventories to better serve members in their Areas. Inclusion and safety are two topics mentioned in almost all reports and sharing sessions. It was mentioned that the Grapevine continues to struggle financially, though it's improved in the past year. I heard it stated that a 5th Edition of the Big Book will likely be out at the time of their next convention. They continue to discuss implementing a QR code to convey a simple and consistent message about AA's primary purpose. I heard just yesterday at the CNCA meeting that there was an uptick in e-contributions. My report to CNCA included that we are actively seeking those who might sponsor those in prisons through the IVSS program, with emphasis on Spanish-speaking volunteers. I mentioned the change in platform for the NorCal H&I website and encouraged visitors to the site to complete surveys. I invited comments and suggestions.

H&I Liaison to CNIA (California Northern Interior Area), **Vikki L.**

We just had our Winter Assembly last weekend. We have a new panel of trusted servants: Claudio B. is our new delegate for the next two years. I have been giving Area updates on H&I and am looking forward to continuing being of service.

H&I Liaison to SoCal, James C.

The SoCal Committee held elections in November, and most key positions were filled. They discussed ways to better serve the Spanish-speaking community, and better communication with jails and prisons. They are making progress in finding ways to offer something like our IVSS program. They continue to discuss ways to place QR codes on literature that directs people to their website. There were a number of events in 2025, including a conference in Ontario, that partnered with Bridging the Gap, and discussed a 2026 conference.

Jeff: There will be a joint conference with Southern CA in 2027. If anyone is interested in participating, please contact me.

Liaison from SoCal to NorCal, Nikki J. n/a



Claudia N. Alt delegate CNCA & PICPC Chair

We will put on a joint committee communications meeting with CNCA, CNIA and PICPC. This will be a 50-minute hybrid committee meeting every 4th Saturday (**except** in February which is on the 3rd Saturday - February 21). This is an opportunity to learn how these committees can work together, share ideas on carrying the message, talk about our resources, understand service overlaps and boundaries. We invite all who are interested in Bridging the Gap, CPC, Public Information, Accessibilities, and of course Hospitals and Institutions. Joe has a flyer we will have simultaneous English-Spanish and Spanish-English interpretation as well. Please contact me with any questions picpc@cnca06.org.

Committee Business

1. **Pink Can Letter changes.** The Pink Can letter was updated this year and was entitled the H&I Annual Pink Can Report to the Fellowship. Traditionally, this report has fallen under the responsibility of the outgoing Finance Committee Chair. However, during this year's preparation, it became clear that this document is much more than a financial report. In practice, it functions as our annual report to the fellowship, capturing the full scope of our H&I activities – not just finances. With Kelly's blessing (since this technically fell under her outgoing role), we made a few adjustments this year and I assisted her in re-naming it to the H&I Annual Report to the Fellowship. I believe that going forward, this report should come from the NorCal Chair rather than the Finance Committee Chair. That change better reflects the importance and purpose of the document. This report highlights how we carry the message; the number of meetings we report; our sponsorship services; and the fact that NorCal H&I uniquely integrates both Corrections and Treatment facilities under one committee, offering volunteers a clear and accessible path through various service commitments. I also believe this report deserves greater visibility. It should be more prominently featured on our website and included in Section I of our Policy Manual, which is updated annually. It is a concise but meaningful statement of our accountability to the Fellowship, and our volunteers should be aware of it. I hope this Committee is in agreement that this approach makes sense moving forward – and that you are satisfied with what we published in this year's report. This change will be submitted to the Policy & Procedures Committee for review and consideration so it can be formally re-titled and reassigned under the responsibility of the NorCal Chair.
2. **Timing of Policy & Procedures Revisions.** How we currently focus on Policy Manual revisions (see attachment) annually: Every year the Policy & Procedures Committee goes through proposed revisions and then brings them to the General Committee for a reading and a vote. The first reading and vote has taken place in April every year; the second vote and final approval takes place at the following meeting in July every year – with a 2/3 majority to pass as a change in Policy. What we are now proposing is that the Pink Can report is placed front and center in the Policies & Procedures manual annually – so it gets more attention than it has been getting.
 - i. Option 1 – Move the calendar to **first** reading of proposed Policy revisions in JANUARY and final reading and vote in APRIL. This would help get revisions and Pink Can report into the hard copy sooner. [This means no revisions in 2026 – schedule change to start in January 2027]
 - ii. Option 2 – Move the calendar to **first** reading in OCTOBER and final reading and vote in JANUARY, thus getting hard copy printed out by March or April of the calendar year. The issue with this option is that in October of every year we also approve the budget. Regular attendees know we've



made an effort to tone these quarterly meetings down for the sake of time. Option 2 would mean a lengthier meeting in October to address both budget **and** policy revisions.

- Motion to vote for Option 1 **-or-** Option 2: **Joe N.**, • 2nd: **Jeff L.**
- **Option #1** 16/28 (**majority**) • Option #2 8/28 • 4 abstain

Committee Positions Joe N.

Literature Chair position. Peter Mitchell has volunteered to take over the commitment. He and Kelly have been working to transition, and I would like to appoint him. Peter M.: Sober for 37 years, on NorCal H&I Committee since 1990. I am looking forward to this service, though not super familiar with computer.

General Co-Chair position. I would like to bring on Joyce R. as my Co-Chair. She has been a great sounding board for me, and it seems like a natural fit right now. She does have her hands full as our Treasurer and that will remain her main position on the Committee for now. Joyce R.: I've been sober for 12 years and have been involved with H&I starting in our local area for 9 years, starting as a Facility Coordinator and then became the Area Chair. We now have tripled H&I meetings in our Area. I also held the Regional Chair position for a couple of years and found out there was much to learn about Alcoholics Anonymous.

Discussion Topic - Joe N.

Sunday, April 26, 2026, is our next Committee Business meeting. As mentioned in my report above, Area 23 Lake County approached me about us have our hybrid meeting in their Area at Kelseyville. I have the address, which we'll forward on and post on the website.

Lou S.: Facility Coordinator for the Conservation Camp here in Area 23. When we first moved here 5 years ago from Sonoma County, we found little participation in H&I and no spirit of rotation. There's slowly been more participation but still have 20-30 open positions in our county. Most of them are in the jails, some in rehabs. We hope to have an event that shows local Fellowship members what H&I has done for other members, what is available to them, and what H&I is all about.

We are interested in either a panel before the general meeting and a speaker after the meeting. We want people to hear personal experiences and/or insights about H&I; to see an H&I business meeting, and to see all the people who put in the time and effort so the suffering alcoholic can hear the message. We hope to have food, and also hope other Areas can come to this event.

Joe: We have discussed at least one hybrid meeting per year, hosted by one Area Committee, so this has all come together perfectly and we appreciate the invitation. I put together an event planning worksheet and have been in touch with Lou and Kelli regarding the meeting format in the past when we met in person. Lou was able to secure a meeting place with very low rent, well within our budget. I hope we can take advantage of this opportunity to get together in person and pull together an H&I panel. Please read the Policy manual regarding reimbursements. If you have questions, feel free to reach out to Joyce and me about support and guidelines.

OPEN FORUM:

Andrew K. – if anyone has done a recent presentation to their District, I would like your advice. Email and phone in the chat.



AA Anniversaries:

Maxie V. 39 years on December 12
Kelly B. 17 years on January 23
Dave R. 10 years on January 3
Jeremiah P. 18 years on December 27
Julio B. 21 years on December 1
Joe N. 14 years on October 31
Lynn D. 26 years on January 19

01:20pm End Meeting with Responsibility Declaration

H&I Regional & Area Reports JANUARY 2026

Region 01 Far North Coastal

- **Area 02 Del Norte, Melissa C.**
- **Area 03 Siskiyou, Rich C.** All is well in Area 03. We continue to have difficulty getting additional clearances for the Siskiyou County jail. We have a monthly meeting at the Fire Camp near Susanville. We host a monthly H&I Committee meeting in Weed and there's been some interest but we're still a bit short handed. We have added a new H&I meeting at the Shasta View Convalescent Hospital, and have most volunteer positions filled as there are no clearance requirements.
- **Area 04 Humboldt, Timothy F.**

Region 10 Far North Interior

- **Area 11 Modoc, Ryan H.**
- **Area 12 Lassen, Open Position**

Region 15 Lower Far North Interior, Renee P.

Shasta County (Area 16): Things continue to run very smoothly and there hasn't been any changes since our last General Committee meeting. We have been conducting monthly orientations prior to our business meeting. Attendance has been steady. Our jail is still conducting "one-on-one, behind the glass" meetings for both the men and the women. The fire camp applications process has not improved. There seems to be a "hold-up" process within the CDCR. The applications have been received because we started submitting them directly to the fire camp that we serve. We know the applications have been approved but they get stuck/misplaced somewhere within the CDCR. Our monthly H&I Committee meetings are held the 1st Tuesday of each month at 5:30 at All Saints Episcopal Church. We are averaging about 20-25 people at the meetings.

Tehama County (Area 17): Business meetings are held the 2nd Thursday of each month at 838 Jefferson St., Red Bluff. They service four facilities, all of which fall under the "transitional housing" category. Their jail is still under construction, so no meetings are being brought in. They have new applicants attending our monthly orientation prior to our regular business meeting in Shasta County.

Trinity County (Area 18): They hold their monthly business meetings on the 1st Wednesday of each month at 7:30 at St. Patrick's Catholic Church, 102 Church Street, Weaverville. They continue to bring meetings into their jail (both men and women's side) on Saturday mornings.

- **Area 16 Shasta, Jude H.** – Currently we are taking seven meetings in weekly to two psychiatric facilities, two residential treatment centers, one fire camp and juvenile hall. In addition, we are providing one-on-one meetings, (as requested - two to seven times weekly) behind the glass to both women and men at the Shasta County Jail. We hope to conduct group meetings again once construction of a conference/meeting



room is completed at the jail, hopefully by the summer of 2026. We have had a few dark nights here and there, so our meeting coordinators are working on getting more Alternates.

Monthly attendance at our Orientation and Business Meeting has been robust, providing new volunteers. No movement on any clearances for the Fire Camp either with Jamestown or with Sugar Pine directly. We have one person who has been waiting for almost one year for a response, despite repeated requests. Other than that, all is going well.

- **Area 17 Tehama, Mike D.** – see Renee Prusinovski above
- **Area 18 Trinity, Diane C.** – see Renee Prusinovski above

Region 20 Northern Coastal

- **Area 21 Mendocino, Ryan Y.**

MENS JAIL: The Friday evening AA meetings are going well. We have plenty of volunteers who are taking in 4 meetings a month.

WOMEN'S JAIL: These meetings are also Friday evening, We have 3 women who are taking in a meeting a month. We are waiting on clearance for 1 more volunteer so we can get up to 2 meetings a month.

JUVENILE HALL: We have 4 people taking in 2 meetings a month every other Sunday. Literature is up to date in all facilities.

UKIAH RECOVERY CENTER: 4 meetings a month on Friday evenings at 6pm. Lots of new people all the time sharing the message.

FT. BRAGG HOSPITALITY CENTER: Small meetings Tuesday mornings. Still going strong.

- **Area 22 Sonoma, Liz W.** Sonoma County continues to thrive. We are currently facilitating weekly meetings for women at the Sonoma County Jail. At this time, the men's program and our "Behind the Glass" meetings remain on hold. Our liaison to the Sheriff's Department is coordinating with the incoming deputy to reinstate those meetings as soon as possible.

This past quarter, we expanded our outreach by adding two new facilities. Our area now brings 21 weekly meetings into local detox and rehabilitation centers, in addition to the weekly meeting held for women at the jail. Our Hospital STAT program remains active and available to two local hospitals.

We also collaborate with Napa County to provide one meeting per month at Napa State Hospital, and we support Mendocino County by bringing weekly or biweekly meetings to the men's facility there.

To express our gratitude to the local AA community for its ongoing support of H&I, we host our annual Appreciation BBQ each summer – a time for a meeting, food, fellowship, and heartfelt thanks.

Overall, Sonoma County is in a strong position. We are fortunate to have a dedicated and engaged committee serving all of our facilities. We welcome anyone interested in service to join our monthly business meeting, held on the first Wednesday of each month at the Center for Spiritual Living in Santa Rosa. New Representative orientation begins at 5:45 p.m., followed by the business meeting at 6:15 p.m.

- **Area 23 Lake, Kelli S.**

Region 30 Northern Interior

- **Area 31 Glenn & Butte Counties, Jim L.**

Butte Co. Jail men's/women's sides have been able to cover most nights with few blackout dates. Facility coordinator has been able to get new qualifying volunteers' applications in, with most completing background checks, Livescans, and PREA training. Waiting for the acting sergeant to announce the next jail orientation date to rotate in new volunteers.



Butte Co. Juvenile Hall-Currently there have been no volunteers cleared to go in as of this date. Facility coordinator has been very active in communication with that facility supervisor, recruiting volunteers, getting their applications in, and working to forward the process. The great effort that has been put forth has given us the greatest hope that our volunteers will be cleared for that facility soon.

Glenn Co. Jail (Men's) Have been able to cover 3 of 4 monthly Tuesdays with average of 8 pods & 25 individuals served per month. Currently there are no female volunteers cleared for the women's side of the facility and have not received any word as to when the next application/clearance process date will be from the jail supervisor. Facility coordinator continues to keep inquiring for the next available date.

Skyway Recovery Center-Have covered all meeting dates, with an average of 20 attendees, except for two blackout nights. Are actively bringing in volunteers for service rotation & will be rotating new facility coordinator starting in February.

Belle Vida Center-Have covered all meeting dates with an average of 4 attendees per meeting.

Jesus Center-Have covered all meeting dates & have rotated in new volunteers as needed. All facility coordinators, and area literature chair, conducted a literature inventory to get an accounting of the amount of literature each had on hand. This was very helpful in that we could get an accurate picture of what and how much literature our area currently has, the amount of literature each facility currently has, and if needed, to re-allocate literature from one facility to another for better use of those resources.

On January 31st, 10 am, 2341 Floral Ave., Chico Ca., 95973., Area 31 will hold a new volunteer orientation. A one-hour presentation to prepare new/returning volunteers for service in H&I with the help & assistance of our newly appointed Region 30 Chair, Nancy H. Looking forward to the event & it should be fun.

- **Area 32 Plumas, Michael B.**
- **Area 34 Placer, Chris D. (Chair), Katie V (Co-Chair)** At our December 2025 business meeting we had quite a bit of rotating out & rotating in of new folks in positions...January will be even more for Group Representatives. We seem to be covering meetings "ok" but could always embrace new volunteers. Our business meeting remains on Zoom. We have a new Zoom ID & PW. We have asked/invited to bring several new meetings in the recovery area, which we have been able to cover with "No dark nights!" I believe 2026 will have lots of good things going on in H&I and will be excited to share more when it occurs.
- **Area 36 Nevada Sierra, Marian P.**
 New Committee responsibilities as of January 2026.
 Area Chair for 2026: Marian Peris
 Coordinator: Rachel L.
 Literature: Tai B.
 We provide FIVE area facilities with weekly, in-person meetings.
 1. Serenity House: male residential facility; part of Granite Wellness; Grass Valley.
 2. Hope House: female residential facility part; of Granite Wellness; Grass Valley.
 3. Lovett House: Co-ed residential facility part of Common Goals, Inc.; Grass Valley.
 4. Wayne Brown County Jail facility: Male and Female
 5. Hospitality House: Non-profit temporary housing for male and female (Thursdays)

Region 40 Central Interior, Terry D.

- **Area 42 Yolo Sacramento, Roger McM.**
- **Area 43 El Dorado, Todd D.**
- **Area 44 Amador, OPEN**
-



- **Area 45 Colusa Sutter Yuba, Alley G.** I am entering my final 6 months as area chair. I am going to hold a workshop on March 15th to go over a few items that are observed happening in facilities and to go over how we rotate in and out of various positions within our committee as well as having a Bridging The Gap presentation.
- We will hold our elections on June 7th, and I will host our annual appreciation BBQ/Lunch. As we get closer to this date I am going to have all coordinators update rosters so our new Area Chair will have a clear view of who and what is happening at all facilities. Then I will introduce our new Chair to all facilities that I am the contact point for. We are still trying to get our jails back to pre-covid meeting numbers and have faced many setbacks in this area, but I will continue pushing for what I can while I am here and giving the new chair everything they need to pick up where I have left off.

Region 50 East Bay

- **Area 51 Napa, John K.** Transition to new facility for Napa County Jail has been successful. Men's, Women's and Spanish meetings going well, with new volunteers being cleared and schooled. Turnover in staff at Crestwood Angwin has delayed re-start of monthly meetings, but still in the works. Providence Vallejo and Genesis House meetings have resumed.

We are discussing how best to recruit and train new volunteers-some combination of meeting announcement/flyers, presenting at business meetings and monthly Birthday meetings as well as District 11 and Napa Intergroup. If/when we generate some interest, we plan to do a workshop for new and old volunteers and coordinators.

- **Area 52 Contra Costa, Alley G.**
- **Area 52 Contra Costa, Annetta D.**
- **Area 53 Alameda, Annie G.**(outgoing) / **Amy S.** (incoming)
Area 53 continues to grow! We had 32 new volunteers at orientation in Q4, 2025. We've had a significant increase year over year for meetings, volunteers and attendees:

2025 Weekly totals: Meetings: 37 Volunteers: 202 Attendees: 593

Meetings: → +32% YoY
Volunteers: → +28% YoY
Attendees → +74% YoY

We're really proud to be NorCal's largest contributing Area. We believe this is driven by a few key factors: strong attendance from H&I Group Representatives at our monthly business meetings, with reps consistently carrying the message back to their groups; intentional education around where Pink Can funds go, ensuring the message is accurate and well understood; and a monthly H&I Group Rep announcements sheet written by the Area to keep groups informed and aligned. We have 767 people on our email list, so when we have an urgent need we can email the list directly.

- **Area 54 Solano, Jen B.**
Area 54 recently voted to raise our monthly rent to better support our local Intergroup office. Our rent had remained the same for decades, and the committee felt it was time to make this change.

Our CSP Coordinator has stepped down after 15 years of service. Thank you, John D. for your unwavering commitment, service, and leadership to Area 54 H&I over the years. His contributions have had a lasting impact and are deeply appreciated.

We are currently having difficulty connecting with the appropriate contacts at California State Prison and Delta Fire Camp. Multiple attempts to submit new volunteer applications have gone unanswered or been



misplaced. This is especially unfortunate, as these facilities previously supported 15–20 volunteers from across the Bay Area.

We are planning a volunteer workshop in July but hope to address these access issues first so we can effectively support new volunteers.

Region 60 West Bay San Francisco, Chair, James C. Areas 61, 62, 65

Much remains unchanged from last quarter: There continues to be good turnout for new volunteers at the monthly orientations for each area, and we are seeing more coordinators and meeting representatives attending business meetings. Each area is pushing for Coordinators and Secretaries to use the new member list to involve new members in H&I service right away.

The issues with access to those in jails continues to have challenges, but new volunteers are being added to existing rosters in addition to existing meetings. All areas have robust programs that are working to increase their participation in institutions their respective areas.

There are a couple of topics I bring up at each business meeting: I urged all areas to fill out and send the Form 2 in by November 30, 2025. At each of the business meetings I mention H&I finances, and the need for attention to pink can donations. I also suggest that reps find ways to remind group treasurers to be consistent with donation schedules and perhaps remind the respective meetings that a dollar just doesn't go as far as it used to. I made a pitch for the IVSS program, stating it is going very well, and that H&I is actively seeking members to sponsor someone in prison, with an emphasis on the need for Spanish-speaking volunteers.

I mentioned the invitation to attend the Special Forum for Deaf AA members and provided contact information for this online forum. I also mentioned that we are changing platforms for our NorCal H&I website, and hope that visitors to the site fill out the requested survey. I always invite comments and suggestions.

Region 60 members continue to inquire about the possibility of a Spanish translation of the PLBB

- **Area 61 Marin Hilary D.** This month we introduced a new process at our Orientation. One Coordinator brings in the Roster Openings and Facility Descriptions. They also hand out a printed copy of our Facility Coordinators with contact info so New Members can make themselves available to speak. This way we are engaging New Members who have to leave before the H&I Business Meeting. We will rotate the Coordinator monthly.

We have centralized our Literature at the Alano Club so Coordinators and Secretaries can easily access needed Literature to distribute at all Facilities.

The Care Manager and Director of an independent residential apartment building (Casa Canal) requested H&I meetings for every other month beginning in January. I met with them to discuss the process. Our committee agreed to bring in a trial meeting this month with Literature for 6 participants: to be held on 1-28-26 at 2pm.

We continue to have openings for secretaries & alternates at facilities. We are doing follow up emails with everyone who attends H&I Orientation to facilitate more engagement.

The New Rep Coordinator sends out an email to share openings and needs for speakers and IVSS opportunities. Two facilities have openings for coordinators. I am acting as coordinator for them.

Other than that, things are going well. We serve 13 facilities with a total of 22 meetings per week.

- **Area 62 San Francisco Gareth M.** In general, meetings are going well including the new one at the abstinence program. We have approximately 330 volunteers and 33 meetings per week.



We have a Spanish-language coordinator with good English skills to ensure the message from our business meetings is clearly communicated back to their groups.

We have launched a women's meeting at CJ2 jail in SF. It took some time and effort to launch and are happy to see a lot of volunteers show up.

SF jails are now allowing us a one-year clearance with a Live Scan that can be renewed at the end of the year.

Our meeting launch at the VA is not going so well; the last two occasions nobody has shown up.

The new website and app are going smoothly now. Volunteers sign up for a commitment at the orientation through our website, and the meeting coordinator gets an email straight away and takes it from there. It's very efficient, and information is all in one place.

We started an online orientation once a month which is going well, with approximately 3 people showing up at each one.

- **Area 65 San Mateo Mark W. (Co-Chair) & Dylan H. (Co-Chair)**

Region 70 Southern Coastal

- **Area 71 Santa Clara, Michelle D.** Overall we still lack volunteers. We have facilities asking for meetings that we are presently unable to provide. We have an excellent core group, but we still lack numbers to accommodate the present request levels.

Presently Area 71 has approximately twenty (20) facilities that we are taking forty meetings a week into. Five are on ZOOM. We take five (5) Spanish speaking meetings a week into three of them. We have 70+ volunteers carrying the message to approximately 300-350 individuals.

- **Area 72 Monterey, Mark F.**
- **Area 73 Santa Cruz, Victoria H.** Overall, things are going well in Santa Cruz. We have our elections for all 1-year term length committee positions in January. A couple treatment facilities that had to pause meetings temporarily have now resumed. We are working to get more volunteers to fill those openings. We are helping our local Bridging the Gap committee in how they might spread their message more effectively. I had a conversation with NorCal H&I's treasurer regarding our area's literature requests being significantly low and how we may try to utilize the pink can donations better by requesting more literature and ensuring literature is being brought into the meetings every time.
- **Area 74 San Benito, Doug S.**

Region 80 Chair, Melody T.

All is well in Region 80:

- o Area 81-Stanislaus- (no report submitted to Regional Chair) All is well in the Area. There was no business meeting in Dec. due to the holidays.
- o Area 82 -San Joaquin: The Area is doing well, with positions continuing to be filled. One returning and one new shelter are receiving H&I services. The County Jail has completely overhauled the application process, which now not only includes submission of birth certificate, social security card and driver's license copies, but also fingerprints (at facility expense) and required on-line PREA training. The Area Chair has offered to rotate if a qualified candidate comes forward.



- Area 83 –Tuolumne (no report submitted to Regional Chair) To date, Area 83 does not hold regular business meetings, but conducts scheduling and addresses any issues on an as-needed basis. Service to Jamestown still seems to be an issue.
Area 84-Calaveras- Service to the County Jail has resumed on both the Men’s and Women’s facilities, with several volunteers going in, and more in the pipeline.
- Area 86-Merced (no report submitted to Regional Chair) There is increased activity in Merced since the new chair came on board. We are sorting out some issues with the Form 2. Service to the County Jail is planned.

I have put the word out to the Areas concerning my rotation, so hopefully we will have a new Region 80 chair in 2026!

- **Area 81 Stanislaus, Pete D.**
- **Area 82 San Joaquin, Paula A** Area 82 H&I remains active and engaged. We have established a new relationship with a Salvation Army rehabilitation facility in Tracy, as well as a new men’s rehabilitation facility in Lathrop. Both facilities are moving forward positively. All H&I service positions are currently filled. While some trusted servants have stepped down this quarter, others have stepped into those roles, allowing continuity of service.

There remains an ongoing need for additional support at New Hope in Stockton, which continues to be a more challenging facility in terms of recruiting and retaining volunteers. A recent situation requires feedback and a reminder of H&I guidelines to a secretary due to inappropriate behavior during her secretaryship. This included interrupting clients and not respecting meeting time boundaries. The matter has been addressed, and amends were made to both the facility director and the clients. The amends were well received, and the situation is considered resolved with the facility, and communication with the trusted servant is scheduled.

Lastly, I have communicated my willingness to step aside as Chair after February should an interested and qualified member wish to step into the position.

- **83 Tuolumne, Nathan C. / Bruce A.**

I have accepted the area 83 H&I co-chair position with Bruce A. We were very pleased to have Melody come and speak at Unity Day. We had a booth and got lots and lots of volunteers for treatment centers and juvenile hall.

Our rehabilitation centers have rotated secretaries, and everyone really appreciates the literature. Juvenile hall is going very well, and we are adding a dozen volunteers very soon. The young people there have been reading Living Sober, As Bill Sees It, and the Big Book. We look forward to their release dates when they can attend regular meetings, and we can introduce them to the fellowship.

- **Area 84 Calaveras Andrew K.** We have had the second month of a meeting at the Calaveras County Jail - Women's Facility. DEC 2025 and now JAN 2026. Congrats to Elissa and Shayna as the meeting volunteers getting this meeting back up and running - and recruiting other volunteers to serve. The Calaveras County Jail - Men's Facility remains strong with Kyle our most recent volunteer joining me, Ken, Don, and Greg - with a few more volunteers in the pipeline working to complete PREA training.
- **Area 86 Merced, Paul C.**

Region 90 Far Southern Interior

- **Area 91 Madera Mariposa, Miki S.**



- **Area 92 Fresno, Katherine S.** Area 92 currently brings H&I into:

- o Fresno County Men’s and Women’s Jail
- o Fresno County Juvenile Hall
- o Touchstone Recovery Center
- o MyTime Sober Living
- o Total Life Recovery (TLC)
- o The Poverello House
- o Comprehensive Addiction Program (CAP)
- o Mendota Federal Prison
- o Pleasant Valley State Prison (PVSP)
- o Horizon’s Health
- o Fresno First

- **Area 93 Tulare, Joyce R.**

We continue to hold H&I meetings in 8 different treatment facilities monthly. We bring English and Spanish H&I meetings into Tulare County Jail monthly. We have had several new volunteers attend orientation and are able to staff all treatment facility meetings. We do continue to have a limited number of volunteers cleared for jail, limiting the number of meetings going into that facility. We are always looking for volunteers. However, our County Jail has changed the sobriety requirements to 5 years. They are requiring a credit check and interview process for the background check. We are having difficulty finding volunteers willing to go through this process.

Our Area H&I meetings are held on the 2nd Saturday of odd months at 10:00am in person with orientation at 9:00 am and as needed in between.

- **Area 95 Kings, Open Position**

Region 140 Spanish North Interior, Omar L.

COMMITTEE OF H&I REGION 140 SPANISH SPEAKERS

2251 FLORIN RD. SUITE #142 SACRAMENTO CA, 95822 – 4th THURSDAYS at 7pm

COORDINATOR: Omar L. 916-389-4291. Email gomar1630@gmail.com

SECRETARY: Lety A. 916-417-7453. (VACANCY)

TREASURER: Lety A. 916-417-7453.

LINK TO THE RICHMOND EAST BAY AREA INTERGRUP OFFICE: FIDEL P. 925-432-8924 /

GERMAN A. 510-978-2346.

PINK CANS EAST BAY AREA: LUPE M. 510-685-5629.

LINK TO THE SACRAMENTO LATIN CENTRAL OFFICE: Lety A. 916-417-7453 / Omar L. 916-389-4291.

LINK TO SACRAMENTO DISTRICT 54 OFFICE: Celestino S. 209-696-0872.

LINK TO THE GRIDLEY DISTRICT 57: Pablo S. 530-933-8919.

REPORTS

TREASURER: Beginning balance \$ 217.00 Revenue \$47.00 Expenses \$25.00 Prudent Reserve Total \$ 0
Ending balance \$ 239.00

Correctional Medical Facility (C.M.F.) State Prison in Vacaville.

COORDINATOR: Fidel P. 925-432-8924:

65 to 85 inmates are arriving for the AA meeting on Saturday from 12:30 to 2:00 pm. And Yes, We Need Volunteers!!!



Solano State Prison in Vacaville:

COORDINATOR: Fidel P. 925-432-8924.

40 inmates are arriving for the meeting. AA meetings are on Wednesdays from 6:00 to 8:30 pm. We have 4 servers carrying the AA message. But we need more servers!!!

Napa State Hospital:

COORDINATOR: Manuel A.. 707-318-2184

AA Meetings are on Mondays from 9:20 to 11:20 am. An average of 15 residents are arriving. We have 4 servers, and we need volunteers!!

Marsh Creek Detention Facility in Clayton:

COORDINATOR: Fidel P. 925-432-8924

AA meetings have been suspended due to lack of attendance by Spanish-speaking inmates.

El Chante Recovery House in Oakland:

COORDINATOR: German A. 510-978-2346

AA Meetings are on Tuesdays from 7:00 to 8:30 pm. 10 to 20 residents are arriving. We need Volunteers!!!

San Quentin Rehabilitation Center State Prison:

COORDINATOR: Lupe M. 510-685-5629

AA meetings are on Saturday at 1:00 to 12:30 pm. An average of 120 to 150 inmates are arriving. We need Volunteers!!!

Monroe Detention Center (Woodland Jail):

COORDINATOR: Ramiro 415-408-8957

IVSS coordinator in San Quintin Ramiro completed all the applications, approximately 10 applicants by month. They request volunteers to open AA meetings in Spanish (just men for the moment). AA meeting will be on Saturday from 7:00 to 8:30 pm. There are many Latinos. We'll start the meetings ASAP.

1. We established contact with Jamie coordinator from Folsom State Prison and two colleagues applied to open a new Spanish meeting, but we don't have follow up information. The same thing was happening at Monroe Prison, in Woodland, CA with another coordinator.
2. Region 140 H&I committee Spanish speakers have not received H&I literature for 9 months.
3. Region 140 committee is preparing elections for March 26, 2026, to elect a new chairperson or ratification of the actual.

Region 160 Spanish North Coast, Jose Luis C.

Region 170, Spanish, Roberto S.

Region 180 Spanish Central Interior, Jesus V.

Region 190 Spanish South Interior, Martin L.

Major Institutions Reports January 2026

Folsom Prison: Nothing has changed at Folsom Prison...except this month they are going to look at accepting applications again.

Thanks, Jamie W., FSP AA Coordinator

San Quentin: Actively screening and getting Spanish speaking volunteers that are needed to support and facilitate the Saturday afternoon meeting. The inside group is also planning a AA Anniversary outside speaker meeting in June (TBD), I am coordinating with Father George Williams who also assists with the meeting.



The Thursday and Friday meetings that were moved to Carson Building will now be transitioned to the Chapels. There has been a lot of construction projects, and some new buildings have been completed. The Saturday evening meeting is still held in the Education Building until further notice.

I need volunteers to apply for Gate Clearance who meet the NorCal H&I requirements for the weekday meetings, Sunday meeting and Spanish-speaking for Saturday meeting.

A new set of banners (12 Steps/12 Traditions window shades) will be ordered from NorCal for the Saturday meeting.

Thank you for allowing me to be of service.
Curtis C., Major Institution Coordinator, SQ

Mule Creek State Prison: December is vacation month for me. I did do the meetings that were in the 1st week of December, B (Saturday), C, D, and E yards at Mule Creek. I have two new volunteers waiting to receive their Provider Applications. I have 4 volunteers who have not turned in their applications. I had one volunteer who has left H&I and is now doing volunteer work for Shriner's Hospital.

Goals: My goal is still unchanged: to recruit enough volunteers to ensure coverage for all Hospital & Institution (H&I) meetings (44) at Mule Creek.

Volunteer Recruitment Efforts: I continue to announce the need for more volunteers at local meetings. I am also requesting Area 42 to make announcements at their meetings to help recruit more volunteers for H&I activities. I have just received two new volunteer applicants specifically from Area 42.

In Love and Service,
Cecelia S., Coordinator MCSP

CHCF Report: AA involvement at CHCF is springing back to life, albeit slowly. The biggest problem is the deviation of the meetings over the COVID years from AA recovery meetings into Parole prep meetings or therapy groups facilitated by one of the persons in custody. The problem has become so serious that some of our friends inside have complained. For example, there have been several meetings now where the AA volunteers are not asked to speak at all. We now have three cleared AA volunteers, and we have requested a meeting with the CRM and the Warden to try and get the AA meetings back on track. We have sent the Policy Manual referencing the meeting format.

On a positive note, H&I, in cooperation with the Delta Intergroup's PI/CPC and BTG Committees, participated in a Resource Fair in November of 2025. We were able to talk with our friends inside directly and get them connected with AA both inside the facility and outside. There will be another Resource Fair on Tuesday March 24th, 2026 from 9:00a.m. to 2:00pm. Some of our friends inside have requested an event similar to the speaker conferences which have happened at other prisons. The facility is supportive and we are looking forward to more developments.

In love and service,
Melody T., CHCF Coordinator



CTF Soledad: Soledad remains unchanged from the last report. Strong meetings, great participation from inside members. Everyone looking forward to the next annual AA 3-Day Conference 3/27/26-3/29/26 celebrating 10 consecutive years.

NorCal H&I Major Institution Coordinator Report – Avenal (Monte), Corcoran and SATF (Bill)

Avenal State Prison (ASP)

Volunteers Cleared: 9 (5 English, 4 Spanish) Not shown in these numbers: 2 New Apps pending approval

Meetings Held Monthly: 48 total (24 English, 24 Spanish)

Meetings Attended by Volunteers: ~2 per month (average)

Attendance: Approx. 150 per yard × 6 yards = 900 total weekly

Notes: English and Spanish meetings are held separately but in the same large room. Limited volunteer availability, work schedules, and transportation continue to restrict visits. We provide printed literature for all groups, complementing materials available on tablets.

Corcoran State Prison (COR)

Volunteers Cleared: 10 (6 English, 4 Spanish) Not shown in these numbers: 1 pending renewal due to health delay, 2 New Apps pending approval.

Meetings Held Monthly: 40 total (36 English, 4 Spanish)

Meetings Attended by Volunteers: ~6 per month (average)

Attendance: 15–25 per meeting, ~800 total weekly

Notes: Two English volunteers visit weekly (rotating with SATF), and others visit as schedules permit. Spanish volunteers rotate between COR and ASP. We provide printed literature for all groups, complementing materials available on tablets.

Substance Abuse Treatment Facility (SATF)

Volunteers Cleared: 9 (6 English, 3 Spanish); Not shown in these numbers: 1 pending renewal due to health delay, 2 New Apps pending approval

Meetings Held Monthly: 46 total (34 English, 12 Spanish; no meetings on 5th week)

Meetings Attended by Volunteers: ~6 per month (average)

Attendance: 25 per meeting, ~1,150 total weekly

Notes: We provide printed literature for all groups, complementing materials available on tablets. Meetings skip the 5th week each month by facility rule.

Shared Volunteer Pool: The Volunteers who serve these 3 institutions come from a shared pool— with nearly all participating in two or all three institutions.

Literature Orders: Ongoing at all three institutions. Avenal's CRM encourages digital use, limiting printed copies but allowing small restocks in meeting rooms, No such restrictions at COR or SATF. Most requested titles:

Big Book

Twelve Steps and Twelve Traditions

Our Twelve Steps

Free on the Inside

Making Amends

Plain Language Big Book



2nd Annual AA Speaker Jam – Avenal State Prison

Dates: Saturday, April 11, 18 and 25, 2026 (tentative)

One-day Speaker Jam across all three yards at ASP where AA groups meet. 20 visiting AA members (half Spanish-speaking) cleared to attend. 6 VIC holders confirmed, evenly split between English and Spanish speakers.

In fellowship and service,
Regards, Bill H.

FCI Mendota: Frank reports that they are holding 2 meetings month. That is all that the prison will at the moment clear.

IVSS Program Report for January 25, 2026

The **Inside Visiting Sponsorship Service** is the H&I program to provide outside one-on-one sponsorship to confined alcoholics, primarily those in state prisons. We're currently serving 8 prisons in Northern CA and serve as the model for providing sponsorship across the country. As of the end of December we have 225 inside members who have applied (up 12% since my Oct rpt) and 184 now have sponsors (up 15%) – thank you Coordinators for your continued progress!

Quick breakdown of facilities:

- **SQ** remains our dominant facility with 108 inside members served. We appointed Dave Stone, a current sponsor with a wealth of techspertise as Assistant Coordinator, in our ongoing efforts to better distribute the workload.
- **CTF Soledad** we have a new Coordinator, Dave R., who's been holding down the fort at SVSP where nothing's going on. I gratefully thank Brady S. for his work and for being so patient as we trudged the road on his replacement. Currently 21 inside members being served & I'm hopeful we can increase that number as Dave gets settled in.
- **SATF/Cor/Avenal** is complex of 3 facilities Bill H. Coordinating, with help of 2 of his volunteers. Now have 39 assigned sponsees, with 30 additional men on the waitlist – the need for vols is immense.
- **CCWF** Leigh Ann recently made great strides to resolve the ongoing problem in getting the sponsee apps and she got 7 new sponsees just in the past two days. We've found an Inside Liaison who's been invaluable in getting this back on track.
- **SVSP** is on hold for now. We'll continue to keep the po box, as Dave will now be using it for CTF as well, and we'll be ready in case they ever open up to meetings again.
- **FSP** – Joe A. & his assistant Mike L. have around 30 volunteers oriented and ready to take on sponsees as soon as we start getting inmate apps to the po box. There's a hold-up at prison with allowing Jamie's vols to bring in the apps, which we hope can be resolved soon.



Two other things of importance:.

1. **The Coordinator Video Training project** has been completed on time & on budget. This is a huge asset as training the coordinators is a very labor-intensive job. So I'm happy to announce that at this point we can roll out the service to as many institutions in NorCal as we can get Coordinators for. *If you have an institution in your Area and think you can find a Coordinator to run it, please contact me and we can get it going so that we can make getting an outside sponsor a fully functioning service of this committee.* This year's project is to get the videos and training documents on YouTube so we can make it publicly accessible both to our own members and to interested members across the country and I'll present more about that at our next meeting.
2. CDCR will be changing their secure communications provider from GTL to Securus. This will involve all volunteers having to switch the apps on their phones - could result in some lags in communication. Know more about it next meeting.

In closing, as always, WE NEED VOLUNTEERS! Most of the facilities I talked about are held back only b/c they don't want to hand out apps when they know they don't have vols available. We could be reaching so many more alcoholics. I'll send out the regular mass email after this meeting, requesting the assistance of all Area Chairs and Regionals to help us get vols. Please distribute it as widely as you can. Remember, with our new electronic version, outside members from anywhere can sponsor an inside member electronically and our primary source of volunteers is from flyers and announcements in your Areas.

Thank you for allowing me to serve, Karen C., IVSS Chair

Liaison Reports January 25, 2026

SoCal H&I liaison James C.

The SoCal committee held elections in November, and though they still have open positions most key positions were filled. There was discussion of ways in which they can better serve the Spanish-speaking community. They continue to discuss the need for better communication with the administration in jails and other institutions and noted some progress on finding ways to offer something like our IVSS program. They continue to discuss ways to place QR codes on their literature that directs people to their website, or to a specific program on their website. They had a number of events taking place through the end of this year, including a conference in Ontario partnered with BTG and discussed the 2026 conference.

My report to SoCal H&I included a general statement of our current financial status. I made a pitch for the IVSS program, stating it is going very well and that we are actively seeking those who would sponsor someone in prisons, with an emphasis on needing Spanish-speaking volunteers. I mentioned an invitation to attend the Special Forum for Deaf AA members, and provided contact information for this online forum. I mentioned we are changing platforms for our NorCal H&I website, and hope that visitors to the site take a moment to fill out the requested survey. I invited comments and suggestions.



CNCA liaison report James C.

The annual inventories have been completed—group inventories, area inventories, and district inventories. The continuing discussion focused on how to implement the results of the inventories to better serve the members in their respective areas. Inclusion and safety are two topics that are mentioned in almost all reports, with sharing sessions at monthly meetings. It has been noted that the Grapevine continues to struggle financially though it has improved over the last year, and even only if a small percentage of members or groups were to obtain a subscription, the situation would be solved. It was stated that a 5th Edition of the Big Book would likely be out by the time of their next convention. They continue to discuss implementing QR code to convey a simple and consistent message about AA's primary purpose.

My report to CNCA mentioned: Our IVSS program, stating it is going very well, and we are actively seeking those who would sponsor someone in prisons, with an emphasis on needing Spanish-speaking volunteers. I mentioned we are changing platforms for our NorCal H&I website, and hope that visitors to the site take a moment to fill out the requested survey. I invited comments and suggestions.

Region 60 members continue to inquire about the possibility of a Spanish translation of the PLBB

Public Information report Melody T.

Public Information activity has been rather low since all of the Fall activities, but is picking up once again. Next up is the NCCAA Conference in San Ramon March 20, 21 and 22. I am looking for speakers for our H&I Panel, which is usually on Saturday morning. We need two H&I volunteers with long-standing H&I experience, one who is carrying the message into treatment settings, and one into correctional facilities. These two volunteers can provide information on the requirements to get into the facilities and highlights of their experience, but most importantly convey the importance of H&I service in their sobriety.

Then we need a third volunteer who got sober through the efforts of H&I while in a treatment or correctional facility to speak on how H&I was pivotal in their finding a solution to their alcoholism. Please get in touch with me or send me contact information with your recommendations. We will also have a table, so volunteers will be needed to staff it. We definitely want the local Areas in particular to participate in this and will appreciate any of the local H&I materials. Use the table to recruit volunteers! On this note, I encourage every H&I Area to have a list of their facilities and a means to contact the facility coordinators. Use a generic email so it can be posted online, too. Contact me if you need help. See you in San Ramon, if not sooner!



**NorCal H&I Committee
Financial Report
March, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
Income		
Area Contributions		
Check Contribution	34,552.28	116,433.92
Online Contributions	15,198.75	67,408.90
Total Income	<u>49,751.03</u>	<u>183,842.82</u>
Literature Expense		
AAWS	68,000.00	163,015.63
Grapevine & La Vina	579.60	25,747.60
Meeting Directories	0.00	124.03
Storage Unit Rent Expense	0.00	963.00
Total Literature Expense	<u>68,579.60</u>	<u>189,850.26</u>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	-102.00	33,403.68
Bank Charges	12.59	46.02
Insurance		
NorCal Committee	750.00	1,940.95
NorCal IVSS Program	98.00	349.00
Office Supplies	85.20	107.88
Postage	2,184.70	4,648.11
Printing Costs	484.99	2,123.63
Processor Fees	0.00	256.84
Virtual Meeting Expense		
Total Other Expense	<u>3,513.48</u>	<u>42,876.11</u>
Total Literature and Other Expense	<u>72,093.08</u>	<u>232,726.37</u>
Income Less Total Expense	(22,342.05)	(48,883.55)
Beginning Cash Balance	<u>324,879.69</u>	<u>351,421.19</u>
Ending Cash Balance	<u>302,537.64</u>	<u>302,537.64</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>302,537.64</u>	
Above or Below Recommendation	<u>(5,170.80)</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	81.58%	
Value of Lit on Hand =	8,264.08	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
02, Del Norte	223.28	322.61
03, Siskiyou	58.85	362.35
04, Humboldt	655.35	2,027.55
11/12, Modoc/Lassen	4.01	271.01
140, Spanish North Int	338.31	493.56
16, Shasta	919.00	5,116.22
160, Spanish N Coast	204.50	309.50
161, Spanish (Area) Santa Rosa		
17, Tehama	387.50	519.26
170, Spanish S Coast	33.00	96.50
18, Trinity		
180, Spanish Central Int	18.00	108.54
190, Spanish South Int	443.76	676.05
21, Mendocino	76.40	789.47
22, Sonoma	4,978.41	15,619.07
23, Lake	432.97	1,429.02
31, Butte/Glenn	1,237.14	4,335.70
32, Plumas		
34, Placer	4,037.59	8,275.11
36, Sierra/Nevada	310.72	2,693.73
42, Sacramento/Yolo	3,995.17	13,824.72
43, El Dorado	536.76	2,277.73
44, Amador	130.21	709.46
45, Sutter/Colusa/Yuba	268.06	1,485.85
51, Napa	532.25	5,066.98
52, Contra Costa	2,965.63	12,479.04
53, Alameda	6,439.27	21,247.70
54, Solano	1,001.39	3,755.31
61, Marin	3,163.89	11,258.31
62, San Francisco	3,089.54	14,742.83
65, San Mateo	2,722.60	10,865.05
71, Santa Clara	4,954.62	14,269.16
72, Monterey	625.79	2,546.75
73, Santa Cruz	151.03	7,241.76
74, San Benito	70.30	367.81
81, Stanislaus	703.15	2,788.31
82, San Joaquin	807.26	1,961.12
83, Tuolumne	207.39	1,332.71
84, Calaveras	94.00	511.44
86, Merced	131.07	197.97
91, Mariposa/Madera	83.67	1,098.92
92, Fresno	1,568.08	7,640.19
93, Tulare	1,029.63	2,529.94
95, Kings	121.48	198.51
Out of the Area Contribution		
Unidentified Contributor		
Total	<u>49,751.03</u>	<u>183,842.82</u>



**NorCal H&I Committee
Financial Report
February, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Feb 26</u>	<u>Jan-Feb 26</u>
Income		
Area Contributions		
Check Contribution	35,212.07	81,881.64
Online Contributions	19,740.35	52,210.15
Total Income	<u>54,952.42</u>	<u>134,091.79</u>
Literature Expense		
AAWS	49,861.61	95,015.63
Grapevine & La Vina	13,253.50	25,168.00
Meeting Directories	124.03	124.03
Storage Unit Rent Expense	0.00	963.00
Total Literature Expense	<u>63,239.14</u>	<u>121,270.66</u>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	1,345.64	33,505.68
Bank Charges	23.33	33.43
Insurance		
NorCal Committee	80.10	1,190.95
NorCal IVSS Program	134.00	251.00
Office Supplies		
Postage	11.10	22.68
Printing Costs	0.00	2,463.41
Processor Fees	622.35	1,638.64
Virtual Meeting Expense	171.89	256.84
Total Other Expense	<u>2,388.41</u>	<u>39,362.63</u>
Total Literature and Other Expense	<u>65,627.55</u>	<u>160,633.29</u>
Income Less Total Expense	(10,675.13)	(26,541.50)
Beginning Cash Balance	335,554.82	351,421.19
Ending Cash Balance	<u>324,879.69</u>	<u>324,879.69</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>324,879.69</u>	
Above or Below Recommendation	<u>17,171.25</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	75.50%	
Value of Lit on Hand =	9,642.21	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Feb 26</u>	<u>Jan-Feb 26</u>
02, Del Norte	40.96	99.33
03, Siskiyou	154.82	303.50
04, Humboldt	850.88	1,372.20
11/12, Modoc/Lassen	134.00	267.00
140, Spanish North Int	0.00	155.25
16, Shasta	1,784.22	4,197.22
160, Spanish N Coast	105.00	105.00
161, Spanish (Area) Santa Rosa		
17, Tehama	131.76	131.76
170, Spanish S Coast	63.50	63.50
18, Trinity		
180, Spanish Central Int	38.15	90.54
190, Spanish South Int	232.29	232.29
21, Mendocino	99.16	713.07
22, Sonoma	4,331.49	10,640.66
23, Lake	577.35	996.05
31, Butte/Glenn	1,821.08	3,098.56
32, Plumas		
34, Placer	1,064.82	4,237.52
36, Sierra/Nevada	686.89	2,383.01
42, Sacramento/Yolo	4,324.79	9,829.55
43, El Dorado	315.17	1,740.97
44, Amador	209.67	579.25
45, Sutter/Colusa/Yuba	1,157.91	1,217.79
51, Napa	767.65	4,534.73
52, Contra Costa	4,560.78	9,513.41
53, Alameda	5,755.47	14,808.43
54, Solano	1,793.10	2,753.92
61, Marin	4,134.04	8,094.42
62, San Francisco	3,866.79	11,653.29
65, San Mateo	2,890.11	8,142.45
71, Santa Clara	3,123.14	9,314.54
72, Monterey	840.11	1,920.96
73, Santa Cruz	1,544.34	7,090.73
74, San Benito	93.31	297.51
81, Stanislaus	710.37	2,085.16
82, San Joaquin	599.67	1,153.86
83, Tuolumne	831.71	1,125.32
84, Calaveras	213.52	417.44
86, Merced	66.90	66.90
91, Mariposa/Madera	584.19	1,015.25
92, Fresno	3,853.70	6,072.11
93, Tulare	599.61	1,500.31
95, Kings	0.00	77.03
Out of the Area Contribution		
Unidentified Contributor		
Total	<u>54,952.42</u>	<u>134,091.79</u>



NorCal H&I Committee
Financial Report
January, 2026

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Jan 26</u>	<u>Jan 26</u>
Income		
Area Contributions		
Check Contribution	46,669.57	46,669.57
Online Contributions	32,469.80	32,469.80
Total Income	<u>79,139.37</u>	<u>79,139.37</u>
Literature Expense		
AAWS	45,154.02	45,154.02
Grapevine & La Vina	11,914.50	11,914.50
Meeting Directories		
Storage Unit Rent Expense	963.00	963.00
Total Literature Expense	<u>58,031.52</u>	<u>58,031.52</u>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	33,630.68	33,630.68
Bank Charges	10.10	10.10
Insurance		
NorCal Committee	1,110.85	1,110.85
NorCal IVSS Program	117.00	117.00
Office Supplies	11.58	11.58
Postage	2,463.41	2,463.41
Printing Costs	1,016.29	1,016.29
Processor Fees	84.95	84.95
Virtual Meeting Expense		
Total Other Expense	<u>38,444.86</u>	<u>38,444.86</u>
Total Literature and Other Expense	<u>96,476.38</u>	<u>96,476.38</u>
Income Less Total Expense	(17,337.01)	(17,337.01)
Beginning Cash Balance	<u>351,421.19</u>	<u>351,421.19</u>
Ending Cash Balance	<u>334,084.18</u>	<u>334,084.18</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>334,084.18</u>	
Above or Below Recommendation	<u>26,375.74</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	60.15%	
Value of Lit on Hand =	9,416.81	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Jan 26</u>	<u>Jan 26</u>
02, Del Norte	58.37	58.37
03, Siskiyou	148.68	148.68
04, Humboldt	521.32	521.32
11/12, Modoc/Lassen	133.00	133.00
140, Spanish North Int	155.25	155.25
16, Shasta	2,413.00	2,413.00
160, Spanish N Coast		
161, Spanish (Area) Santa Rosa		
17, Tehama		
170, Spanish S Coast		
18, Trinity		
180, Spanish Central Int	52.39	52.39
190, Spanish South Int		
21, Mendocino	613.91	613.91
22, Sonoma	6,309.17	6,309.17
23, Lake	418.70	418.70
31, Butte/Glenn	1,277.48	1,277.48
32, Plumas		
34, Placer	3,172.70	3,172.70
36, Sierra/Nevada	1,696.12	1,696.12
42, Sacramento/Yolo	5,504.76	5,504.76
43, El Dorado	1,425.80	1,425.80
44, Amador	369.58	369.58
45, Sutter/Colusa/Yuba	59.88	59.88
51, Napa	3,767.08	3,767.08
52, Contra Costa	4,952.63	4,952.63
53, Alameda	9,052.96	9,052.96
54, Solano	960.82	960.82
61, Marin	3,960.38	3,960.38
62, San Francisco	7,786.50	7,786.50
65, San Mateo	5,252.34	5,252.34
71, Santa Clara	6,191.40	6,191.40
72, Monterey	1,080.85	1,080.85
73, Santa Cruz	5,546.39	5,546.39
74, San Benito	204.20	204.20
81, Stanislaus	1,374.79	1,374.79
82, San Joaquin	554.19	554.19
83, Tuolumne	293.61	293.61
84, Calaveras	203.92	203.92
86, Merced		
91, Mariposa/Madera	431.06	431.06
92, Fresno	2,218.41	2,218.41
93, Tulare	900.70	900.70
95, Kings	77.03	77.03
Out of the Area Contribution		
Unidentified Contributor		
Total	<u>79,139.37</u>	<u>79,139.37</u>



PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at www.handinorcal.org (or your local Area Chair) to get one.

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You can also now make your group's contribution by credit or debit card directly on our website at www.handinorcal.org/contribute; you will receive an immediate email receipt documenting the transaction.



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