

NORTHERN CALIFORNIA  
HOSPITAL & INSTITUTION COMMITTEE  
P.O. BOX 192490  
SAN FRANCISCO, CA 94119-2490

## **STEERING COMMITTEE SCHEDULE 2019**

January 12, 2019

May 11, 2019

September 14, 2019

Next Steering Committee Meeting will be held at 11:00 at  
Grace Episcopal Church – 1405 Kentucky Street – Fairfield, CA 94533

## **GENERAL COMMITTEE SCHEDULE 2019**

February 10, 2019 - Area 16 (Shasta)

June 9, 2019 – Area 34 (Placer)

October 13, 2019 – Area 52 (TBD)

All General Committee Meetings are held at 11:00 in Regions listed, with location announced prior to the meeting



# Northern California Hospital & Institution Committee



**P.O. Box 192490 \* San Francisco, CA 94119-2490**

**Newsletter #1**

**January 2019**

## **NEXT GENERAL COMMITTEE MEETING:**

**February 10, 2019**

**Redding Elks Lodge**

**250 Elk Drive**

**Redding, CA, 96003**

**11:00am (will include a lunch break) Hosted by Area 16**

**From Fresno:** Take CA-99 N 76.9 miles – keep left at the fork to continue on CA-99 N, use the right 2 lanes to take exit 298A for CA-99 W toward San Francisco/S Lake Tahoe/US-50 E/I-80 W/I-5. Keep left at the fork and merge onto CA-99 N/US-50 W, continue onto I-80BUS W/US-50 W – use the right 2 lanes to take exit 4A for Interstate 5 N/Interstate 5 S/State Route 99 North toward Redding/Los Angeles – Keep right at the fork and follow the signs for Redding/CA-99 N/I-5 N and merge onto I-5N. Stay on I-5N and follow signs for Interstate 5/Woodland/Redding miles - take exit 678 to merge onto CA-44 W toward Eureka, continue on CA-44 W. Turn right onto Liberty Street – turn left onto Trinity Street – turn right onto S Market Street – Turn left onto Riverside Drive – turn right onto Benton Drive – turn left toward Elk Drive – turn left onto Elk Drive, follow Elk Drive to 250.

**From San Francisco:** Get on US-101 S/Central Fwy. Use the left 2 lanes to take the Interstate 80 Exit toward Bay Bridge/Oakland. Continue onto I-80 E. Keep left and merge onto I-580 W/I-80 E. Use the right 2 lanes to take ext 56 for I-505 N toward Winters/Redding. Continue onto I-505 N for 33.4 miles, merge onto I-5 N for 125 miles - take exit 678 to merge onto CA-44 W toward Eureka, continue on CA-44 W. Turn right onto Liberty Street – turn left onto Trinity Street – turn right onto S Market Street – Turn left onto Riverside Drive – turn right onto Benton Drive – turn left toward Elk Drive – turn left onto Elk Drive, follow Elk Drive to 250.

These directions are from Google Maps are intended as suggested routes only. You can visit our website @ [handinorcal.org](http://handinorcal.org) to get better directions from your location. We hope to see you there.

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## A Letter from our H&I General Chair

Greetings Fellow Committee Members - I hope you and your families had a blessed holiday season!

I'm so very grateful to you for having trusted me to serve our committee. As appropriate for the first newsletter of the year, here's a brief recap of some of our activity over the past year:

### FINANCE

- We passed our budget for FYE 2019, and a copy is included in this newsletter so you can see our financial plans based on the spiritual exercise of our collective conscience. Our projected operating budget is \$650,000, with over 94% of expenses going to the cost of providing literature, including Grapevines and La Vinas, to the alcoholic who is confined.
- After having gotten off to a slow start for contributions in early 2018, we rebounded nicely to finish the year 8.8% over the previous year. Our Literature expense was 6.6% above the previous year and we ended the year with a positive cash flow. Due to the FYE 2017 drop in contributions, we had to reduce our literature expenses accordingly, but we're now back to normal.
- For additional information, a copy of the 2018 Pink Can letter is included in this newsletter.

### POLICY

- Once again, we made our annual updates for our Policy Manual and did a new printing in both English and Spanish – the current editions say '**version 2018**' on the bottom of the cover page. We've already mailed the new versions to all Areas and Institution Coordinators, as well as posted them on the website. As I covered in last May's newsletter, the major substantive change was to enhance and open our definition of "confined alcoholics". This change was met with unanimous approval at the Steering and General Committee meetings and ensures alcoholics in treatment facilities in CA have access to the same services as they do in other areas of the country.
- This year, through the efforts of our amazing web Chair, Thom H, we added the ability to make contributions online. Not only does this simplify the job for Group Treasurers, it also means they can get an immediate electronic receipt. Use of this feature is increasing every month.

### OTHER

- Pilot program for Inmate Visiting Sponsorship Service – a copy of the program proposal is included in this newsletter. In brief, the intent of the proposal is to enable our committee, which is mandated with carrying the message of A.A. to the alcoholic who is confined, to bring the essential element of sponsorship into our service *without compromising our compliance with the rules and guidelines of the CDCR*. The program will be thoroughly tested and developed at San Quentin before we bring it to the committee for inclusion in our Policy Manual; it's an exciting evolution of our services, and I welcome any thoughts or questions you may have.
- Carl P, our Major Institutions Chair, Jeff L, our General Co-Chair and I were honored to attend the 2<sup>nd</sup> Annual National Corrections Conference in Portland, Maine last November. We were able to share the benefits of our committee's 70+ years' experience, and to learn from the experience of others across the US and Canada. Jeff presented our pilot program for the Inmate Visiting Sponsorship Service and it was received with a great deal of enthusiasm and interest.

Finally, as we've decided to go back to holding our Steering Committee meetings in the SF Bay Area, please note that the location of our next meeting on 1/12/2019 is:

**Grace Episcopal Church, 1405 Kentucky St, Fairfield, CA 94533**

I look forward to seeing you all there, so we can share our experience, strength and hope for the benefit of the alcoholic in correctional and treatment facilities.

Yours in service,  
Karen C



## Gratitude in Action

I was in a county detox when I was first exposed to AA “for real”. Before that, I had heard about AA, and I had gone to a meeting or two on my own. But I know now I wasn’t ready to quit drinking, so I can say I didn’t get much out of my first meeting. I sort of thought AA was more like a therapy session where you talked about what was going on in your life (usually the bad stuff.)

When the local police found me drunk on the street, like so many times before, I guess they took pity on me. Instead of putting me in jail, this time they took me to the hospital, where I got cleared to go to detox. I know now how far along the road of alcoholism I was. At the hospital, the doctor talked a lot about liver damage. At 41 years old, I really hadn’t thought much about it.

At the detox, one night they said there was going to be an AA meeting, and we were told to go unless we were too sick. I went, and I heard things I really had never heard before about drinking. I heard about “obsession”, “compulsion”, “the first drink”. I also heard the people from AA talk about “working the program” which was found in the book. Even though I was still really fuzzy, I started to realize how messed up my life had become from drinking. I asked one of the guy’s who came in for his phone number. I called him when I got out, and he became my sponsor.

As we started to do the steps, and I managed to stay sober, my sponsor told me that eventually I would be asked to “give it back” to a new guy. He specifically told me that going to the detox would be a good way to give back, as that is where I came from. At six months sober, I had the opportunity to do just that.

It has now been four years and I still go to the detox to talk to the new people. I don’t know if it helps them, but it sure helps me. I see and am reminded of what it was like to be 24 hours sober. I also see what is out there waiting for me if I pick up that first drink. For me AA is a program of action, and doing H&I work is a great way to give back.

Billy R.

## OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open. If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair.*

### Regional Chairs

*Function as the elected representative of the areas to the Steering and General Committees...*

Region 01 - Far North Coastal - OPEN

Region 10 - Far North Interior - OPEN

Region 80 - Southern Interior - OPEN

### Area Chairs

*Have overall responsibility for the H&I operations in the areas in which they serve...*

Area 95 Kings – OPEN

### Major Institutions Coordinators

*Have overall responsibility for all H&I meetings in the Major Facility which they serve...*

ASP Avenal – OPEN

FSP Folsom – OPEN

**The Web Site for the  
Northern California Hospital & Institution Committee is:  
[www.handinorcal.org](http://www.handinorcal.org)**

**Please visit our site and send us your suggestions or questions.**

### NEWSLETTER

To change your newsletter status or info, chose one of the following:

1. E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.
2. Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119
3. Come to any General Committee Meeting to give us your new info.

**Steering Committee Agenda**  
**Saturday, January 12, 2019**

**Meeting opens with the Serenity Prayer**

**Readings:**

Purpose of the Hospital & Institution Committee  
Twelve Traditions of AA

**Introductions / Welcome**

**Approval of Minutes from last Steering Committee Meeting (5/12/18)**

**Committee Chair Reports**

General Chair	Karen C
General Co-Chair	Jeff L
Treasurer	Kelly B
Secretary	Melody T
Major Institution Chair	Carl P
Finance Committee Chair	Rich G
NCCAA Conf. Coordinator	H.E. N
Literature Chair	Lorraine M
Pink Can Coordinator	Peter M
Policy Chair	Lisa B
Audio Chair	Joseph B
Archives Chair	Jeffrey N
Public Information Chair	OPEN, pending confirmation
Grapevine Chair	Bob F pending confirmation
Publisher	Rich G
Website Chair	Thom H

**Committee Business**

- Appeal from A61, Marin member
- New business from floor

**Anniversaries / Pass The Basket**

**Regional Reports:**

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Mark M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Bob F
Region 40 - Central Interior	Terry D
Region 50 – East Bay, North	Cindy L
Region 50 - East Bay, South	Lisa B
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Raymundo L
Region 80 - Southern Interior	OPEN
Region 90 - Far Southern Interior	Joe G
Region 140 - Spanish North Interior	Joe C
Region 160 - Spanish North Coastal	Jose Luis C
Region 170 - Spanish South Coastal	Rogelio B
Region 180 - Spanish Central Interior	Enrique R
Region 190 - Spanish South Interior	Jesus B

**Liaison Reports**

VATF	Carl P
H&I Liaison to CNCA	Karen B
H&I Liaison to CNIA	Vikki Ray
Bridging the Gap - Coastal	George X
Bridging the Gap - Interior	Cindy A
NCCAA	Shaun G
SoCal H&I Liaison	David B
H&I Conference	Cindy L

Meeting closes with **Declaration of Responsibility**

**General Committee Agenda**  
**General Committee Meeting – Sunday, February 10, 2019**  
**Redding, CA**

**Meeting opens with the Serenity Prayer**

**Readings:**

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

**Introductions / Welcome**

**Approval of Minutes from last General Committee Meeting (10/14/18)**

**Approval of Financial Statements (Aug– Nov 2018)**

**REPORTS** – Making regular reports is part of every Steering Committee member's job; this is how, as a Ninth Tradition service committee, we are "directly responsible to those we serve".

**Committee Chair Reports**

General Chair	Karen C
General Co-Chair	Jeff L
Treasurer	Kelly B
Secretary	Melody T
Major Institutions Chair	Carl P
Finance Committee Chair	Ken M
NCCAA Conf. Coordinator	H.E. N
Literature Chair	Lorraine M
Policy Chair	Lisa B
Tape Librarian	Joe B
Historian	Jeffrey N
Public Information Chair	OPEN, pending confirmation
Grapevine Chair	Bob F, pending confirmation
Publisher	Rich G
Website Chair	Thom H

**Committee Business**

- 
- New business from floor

**Open Forum - Questions, suggestions or comments**

**Anniversaries / Pass the Basket**

**LUNCH BREAK**

**Regional Reports: (limit 3 minutes)**

Region 01 - Far North Coastal	OPEN
Region 10 - Far North Interior	OPEN
Region 15 - Lower Far North Interior	Mark M
Region 20 - Northern Coastal	Jess Y
Region 30 - Northern Interior	Bob F
Region 40 - Central Interior	Terry D
Region 50 – East Bay, North	Cindy L
Region 50 - East Bay, South	Lisa B
Region 60 – West Bay	Julio B
Region 70 - Southern Coastal	Raymundo L
Region 80 - Southern Interior	OPEN
Region 90 - Far Southern Interior	Joe G
Region 140 – Spanish North Interior	Joe C
Region 160 – Spanish North Coastal	Roberto S / Jose Luis C
Region 170 – Spanish South Coastal	Rogelio B
Region 180 – Spanish Central Interior	Enrique R
Region 190 – Spanish South Interior	Jesus B

**Major Institution Coordinator Reports (3-minute limit)**

ASP Avenal	OPEN
CCC Susanville	Emory B
CCWF & VSP Chowchilla	Miki S
CHCF Stockton	Melody T
CMF Vacaville	Ken M
CTF Soledad	Peter O
DVI Tracy	Kevin W

FCI Dublin (DUB)  
FCI Mendota (MEN)  
FSP Folsom  
HDSP Susanville  
MCSP Mule Creek  
Napa State Hospital (NSH)  
NCYC Stockton  
Norcal Fire Camps  
PBSP Pelican Bay  
PVSP Coalinga  
SAC Sacramento  
SATF & COR  
SCC Jamestown  
SOL Solano  
SQ San Quentin  
SVSP Soledad  
USP Atwater

**Liaison Reports**

VATF  
H&I Liaison to CNCA  
H&I Liaison to CNIA  
Bridging the Gap - Coastal  
Bridging the Gap - Interior  
NCCAA  
SoCal H&I Liaison  
H&I Conference

Lisa B  
Rodney L  
OPEN  
Emory B  
Bill H  
John G  
Tony T  
Peter S  
Lynne D  
Tommy R  
John C  
Bill H  
Jason C  
John D  
Carl P  
Alison G  
Dawn T

Carl P  
Karen B  
Vikki R  
George X  
Cindy A  
Shaun G  
David B  
Lorraine M

Meeting closes with the **Declaration of Responsibility**



# Northern California Hospital and Institution Committee

## Regions and Areas



Region 01 - Far North Coastal

Areas: 2, 3, 4

Region 10 - Far North Interior

Areas: 11, 12

Region 15 - Lower Far North Interior

Areas: 16, 17, 18

Region 20 - Northern Coastal

Areas: 21, 22, 23

Region 30 - Northern Interior

Areas: 31, 32, 34, 36

Region 40 - Central Interior

Areas: 42, 43, 44, 45

Region 50 - East Bay

Areas: 51, 52, 53, 54

Region 60 - West Bay

Areas: 61, 62, 65

Region 70 - Southern Coastal

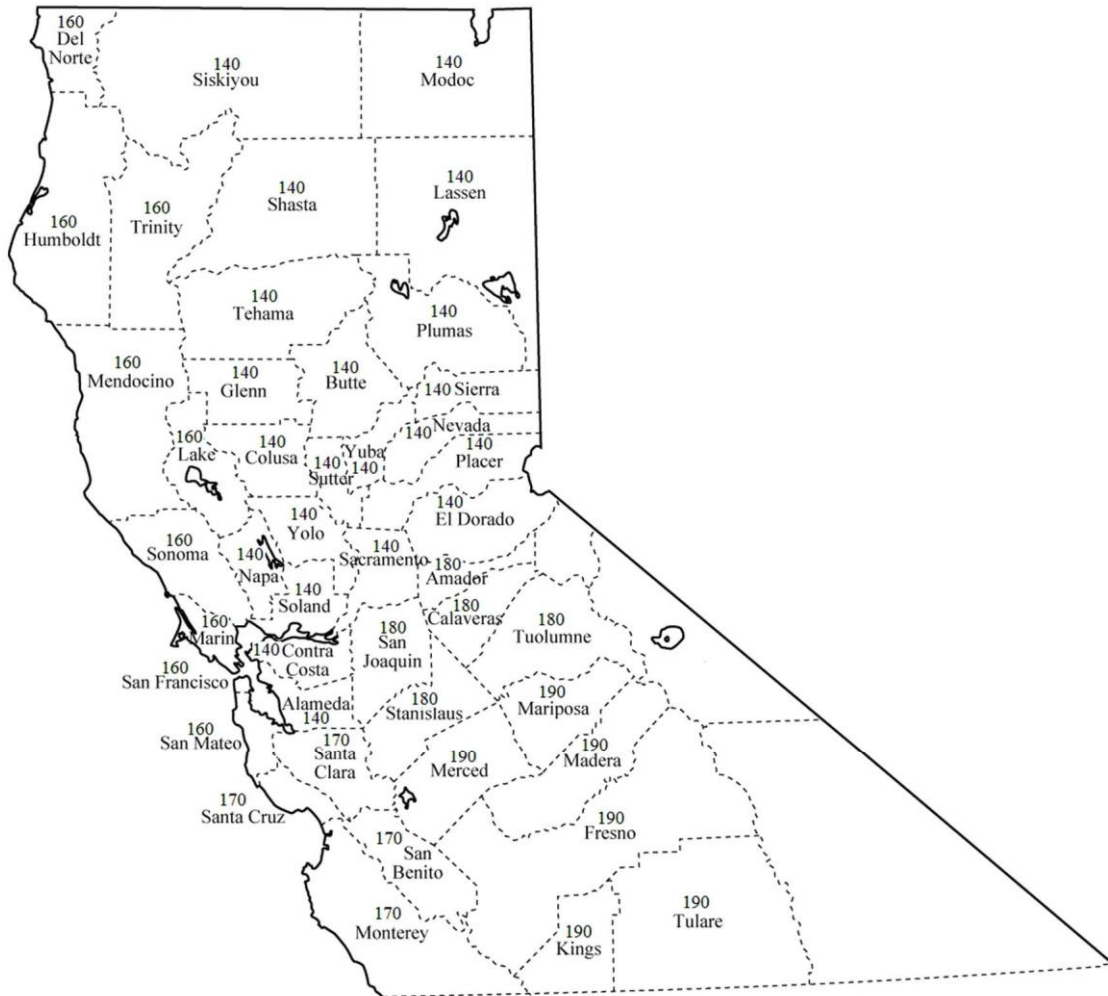
Areas: 71, 72, 73, 74

Region 80 - Southern Interior

Areas: 81, 82, 83, 84, 86

Region 90 - Far Southern Interior

## Comité de Hospitales e Instituciones del Norte de California



### Region 140 - Spanish North Interior (Sacramento)

4th Thursday of the month 7:00 to 9:00pm

5251 Florin Rd. Suite 142, Sacramento, CA 95822

### Region 160 - Spanish North Coastal (San Francisco)

2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm

3401 Cesar Chavez St. Suite C, San Francisco, CA 94110

### Region 170 - Spanish South Coastal (Salinas)

3rd Wednesday of the month at 7:30 pm

216 Gavilan St. Suite 215, Salinas CA 93901

### Region 180 - Spanish Central Interior (Modesto)

1st Tuesday of the month 7:00 to 8:30pm

1100 Carver Rd. Suite 7, Modesto, CA 95350-4787

### Region 190 - Spanish South Interior (Fresno)

1st Monday of the month 7:00 to 8:30pm

520 N Fulton St, Fresno, CA 93728

## HOSPITAL & INSTITUTION COMMITTEE OF NORTHERN CALIFORNIA

### INMATE VISITATION & SPONSORSHIP SERVICE (working version)

**PURPOSE:** to provide a system to connect inmates who wish to avail themselves of outside sponsorship with outside volunteers willing to perform that service. Volunteers for the Inside Sponsorship Service CANNOT also go into the institution as H&I meeting volunteers.

**BACKGROUND:** In many other areas of the country sponsorship is often provided by cleared Corrections Committee volunteers who bring A.A. meetings into the facilities they serve. While well-intended, this approach conflicts with how the CDCR and therefore the NorCal H&I Committee view overfamiliarity, and it can lead to issues of favoritism in the meetings. Additionally, cleared volunteers are required to sign PREA agreements, which require reporting of certain information. These two factors prevent the performance of adequate sponsorship by regular H&I meeting volunteers.

However, since our committee's stated purpose is "to carry **the message** of Alcoholics Anonymous to the alcoholic who is confined", and since sponsorship, like providing A.A. literature and meetings, is an essential component of carrying the message, our suggestion is to create an "inmate sponsorship service" under the remit of the Northern CA H&I committee which would operate in addition to, but entirely separate from, our inside meeting activities.

**PROBLEM:** existing approaches to sponsorship of inmates may be inadequate to provide this vital component of recovery.

- CDCR understandably prohibits overfamiliarity on part of current H&I volunteers.
- CDCR prohibits program volunteers from going in as inmate visitors, so H&I Meeting Volunteers can't visit inmates privately.
- PREA mandates that certain information MUST be reported to the administration by cleared volunteers
- Due to *monitoring of all written communication*, sponsorship thru Corrections Correspondence Service from A.A.'s General Service Office in New York (including J-Pay email system), while of immense value, may discourage full disclosure.
- While inside sponsorship offers an excellent solution for many inmates, some may feel a reluctance to reveal ALL their story to another inmate, as the rigorous honesty required could put an inmate in jeopardy. Alliances can change on the inside and the consequences of revealing information could be far greater than on the outside.
- Privately setting up outside sponsorship relationships thru individual H&I meeting volunteers requires passing information or messages in and out of the facility, clearly a violation of the prison regulations.
- Sponsorship of individual inmates on the part of an H&I meeting volunteer who brings in meetings creates issues of favoritism and bias.

#### **HOW IT COULD WORK:**

- Create a Sponsorship Service Coordinator for each institution, responsible to the current Major Institution Coordinator.
- Recruit volunteers from local H&I committees, Area Intergroups, General Service districts and A.A. meetings who wish to sponsor inmates. These volunteers would NOT get clearances through the CDCR, but rather would meet with inmates through the Inmate Visitation process.
- Distribute pamphlets informing inmates of the service and providing a PO Box address where they could send a request for visitation.
- Upon receipt of a request, the Sponsorship Service Coordinator contacts a volunteer who then completes a CDCR request for visitation. This simple review process involves no PREA forms, no TB tests or lengthy clearance procedures.
- Once the volunteer is approved for visitation, the first visit is set up.
- After the initial visit the inmate and the volunteer will decide if they want to continue working together. Neither the inmate nor the visitor is under any obligation to continue the relationship – like all sponsorship, it is entirely voluntary on both sides.

#### **BENEFITS:**

- Enables one alcoholic working directly with another – cornerstone of our program of recovery. We suggest to every newcomer on the outside: "get a Big Book, get a sponsor, go to meetings, work the steps" – can we make this a reality for those on the inside as well?
- Inmate's private business is confidential from the prison population.
- No hierarchy either at meeting level or on the yard – we remain a society of equals.
- Since "visiting sponsors" wouldn't need CDCR clearance as H&I meeting volunteers do, they won't sign PREA agreements or be subject to CDCR volunteer regulations, so no legal concerns about disclosure issues or overfamiliarity.
- Offers an opportunity for the inmate to talk about real sponsorship at parole hearings.
- When operated by the H&I Committee, as opposed to individual A.A. groups, this system provides prison administrators with accountability of an established service committee with a proven track record since 1946, whose sole purpose is to carry the message of A.A. to the alcoholic who is confined.
- The reality is that inmates HAVE requested outside sponsorship and A.A. members HAVE indicated they wish to sponsor inmates – this service could benefit both while enhancing our committee's ability to carry the message to the alcoholic who is confined.

**NorCal H&I Committee  
BUDGET FYE 2019**

<b>ACCOUNT</b>	<b>Breakdown</b>	<b>Account total</b>	<b>% of expense</b>
<b>Income</b>			
Area Contributions - online	\$ 19,500.00		
Area Contributions	\$ 631,200.00		
COGS (processor fees & chargebacks)	\$ (700.00)		
<b>Total Income</b>	<b>\$ 650,000.00</b>	<b>\$ 650,000.00</b>	
<b>Expense</b>			
Accounting		\$ 435.00	0.1%
Bank Charges		\$ 36.00	0.0%
Equipment & Fixed Assets		\$ 2,060.00	0.3%
Insurance		\$ 1,561.00	0.2%
<b>LITERATURE EXPENSE</b>			
AAWS Books & Materials	\$ 490,000.00		
AAWS Lit Distrib. & Supplies	\$ 7,800.00		
Grapevine & LaVina	\$ 73,500.00		
Grapevine Distrib & Supplies	\$ 13,400.00		
lit - other	\$ 800.00		
Meeting Directories	\$ 5,500.00		
<b>Total LITERATURE EXPENSE</b>		<b>\$ 591,000.00</b>	<b>94.2%</b>
NorCal Committee		\$ 16,850.00	2.7%
Office Supplies		\$ 800.00	0.1%
Postage		\$ 1,900.00	0.3%
Printing Costs		\$ 10,775.00	1.7%
Region/Area Supplies		\$ 1,800.00	0.3%
website expense		\$ 84.00	0.0%
<b>Total Expense</b>		<b>\$ 627,301.00</b>	<b>100.0%</b>
<b>Net Ordinary Projected Income</b>		<b>\$ 22,699.00</b>	

## NORTHERN CALIFORNIA HOSPITAL & INSTITUTION COMMITTEE

### Annual Pink Can Collection Report – FYE 2018

The Hospital & Institution Committee of Northern California is a Ninth Tradition service committee of Alcoholics Anonymous with the purpose of carrying the message of A.A. to those who are confined in prisons, hospitals, treatment facilities, and other institutions. Nor Cal H&I has been carrying the A.A. message of recovery to confined alcoholics for over 75 years, dating to its origins in 1942 at San Quentin State Prison, and is one of the oldest independent service committees of Alcoholics Anonymous.

In the fiscal year ending November 2018 NorCal H&I spent \$470,000 for books and literature from AA World Services; \$55,481 for the AA Grapevine in both English and Spanish; \$2,492 to purchase Meeting Directories from the local Central Offices; and \$16,575 to ship, distribute, and supply these items throughout Northern California. These necessary categories comprise over 95% of the total NorCal H&I 2018 expenses and **amounts to the cost of giving away just one Big Book, one Twelve and Twelve and a small handful of pamphlets and schedules per meeting.** Additionally, we pay for neither an office nor for salaries for service committee workers, thus enabling us to dedicate such a large portion of our contributions to literature for the confined alcoholic.

Northern California H&I supports approximately 33,000 meetings *each year*, serving approximately 25 major state and federal institutions plus hundreds of local jails, hospitals, rehabs and other community facilities. Those who are confined have no money to buy the AA literature brought in by the H&I volunteers, so the Pink Can, with your donations, covers this cost. Unlike other areas of the country which don't have separately funded H&I committees, in Northern CA the use of the Pink Cans allows us to purchase literature necessary to our service without placing the burden of this expense on the local groups or Central Committees.

The Northern California Hospital & Institution Committee has for many years been one of the largest purchasers of literature from AAWS contributing significantly to the support of our General Service Office in New York. No H&I members are ever paid for their Twelfth Step service, nor are they reimbursed for expenses incurred carrying the message into these institutions, regardless of the distance. It's not unusual for an H&I volunteer to drive well over 200 miles for a weekly or monthly institution meeting - these travel expenses are a personal contribution of the individual.

The H&I Committee is adamant that the contributions so generously made to our Pink Cans in no way detract from the Seventh Tradition collections of the groups. We therefore ask that the Pink Cans be passed separately from and after the baskets to avoid subtracting from support of the 7th Tradition, and we encourage all members to remove the cans from the baskets if they are being passed together. Many groups have had success in passing the collections at different times, for example passing the basket at the regular time and passing the Pink Cans at the end of the meetings. In 2018 we also made contributing to H&I easier by adding an online payment option from our website at <https://www.handinorcal.org/contribute>.

We are humbly grateful for the generous contributions, both financial and in service, of the AA members of Northern CA who make our mission possible, and especially for the cooperation of our fellow service committees through-out the area. **Without this loving support tens of thousands of confined alcoholics simply would not have access to the lifesaving message of A.A.**

For additional information, please visit our website at [www.handinorcal.org](http://www.handinorcal.org) or write to the Northern California Hospital & Institution Committee. P.O. Box 192490, San Francisco, CA. 94119-2490.



**Northern California Hospital and Institution Committee**  
**Steering Committee Meeting**  
**September 8, 2018   Martinez, CA**

**Opening:** Karen C opened the meeting at 11:00a.m. with a moment of silence followed by the Serenity Prayer.

**Purpose Statement:** Peter read the H&I Purpose Statement.

**Twelve Traditions:** Andy C read the Twelve Traditions.

**Introductions:** Present:

Karen C	Kevin W	Kelly B	Jeff L	Bill D
Lisa B	Kathleen S	Terry D	Lorraine M	Jess Y
Rich G	Carl P	Julio B	Andy C	Mark M
Peter O	Peter M	Joseph B		

Karen C especially welcomed new members to the Steering Committee and noted that a few members and liaisons were not present due to their attendance at the Pacific Regional Forum.

**Approval of the May 12, 2018 Steering Committee Meeting Minutes:** Lorraine M moved and Jeff L seconded a motion to approve the minutes of the May 12, 2018 Steering Committee as submitted. The minutes were approved.

### **Committee Chair Reports**

**General Chair, Karen C:** Karen C reported the following:

Financial Review: Year-to-date, the Committee is 11.5% ahead of budgeted contributions, and 3.4% below budgeted expenses.

Contributions are 13% above last year for the period. Karen thanked everyone for getting the correct information on Committee finances to the Groups.

- Literature Usage: The Literature Usage by H&I Area provides the Cost Per Meeting (CPM). This figure is the total literature purchase by the Area so far this year divided by the number of meetings conducted so far this year. High and low literature usage figures are indicated. Areas can see clearly how they compare with the 2018 CPM benchmark of \$13.40.
- On-line Contributions: Small labels have been ordered to place on top of the Pink Cans about on-line contributions. Lorraine Ma will be distributing them to the Areas. The information on the labels will be included in the next printing of the Pink Cans. Regionals should assist the Areas in getting the labels out to the Groups.
- Pilot Program for Visiting Sponsors: This proposed program involves having an H&I volunteer who does not go into an institution as a cleared volunteer to bring in AA meetings, but rather goes in simply as a visitor, with the possibility of providing outside sponsorship to the inmate. The proposal is now going through the approval channels at San Quentin, where there has been a favorable response so far. In addition to the general population inmates, the facility is considering offering the program to the condemned unit as well. There will be an item in New Business concerning an allocation of funds to cover printing of materials for inmates, securing the post office box, and minor associated expenses.
- New Steering Committee Location: Karen noted the current change of location for the September 2018 Steering Committee, and noted that the next Steering Committee will be held in Fairfield. The address will be e-mailed to everyone and will be included with the next Newsletter. After that, the Steering Committee will vote on which location it prefers. Rental costs are similar.
- Upcoming General Committee Meetings:
  - a. October 14, 2018: Area 52, Contra Costa, (Pleasant Hill).
  - b. February 10, 2019: Area 16, Shasta (Redding) location to be announced.
  - c. June, 2019: in conjunction with NCCAA; Area 34, Placer (Rocklin).
  - d. February 10, 2019, in conjunction with NCCAA; Area 52 (San Ramon).

**General Co-chair, Jeff L:** Jeff reported that he is in close communication with the General Chair on Committee matters, and he is available to help Regions and Areas. He is working with the Areas in Region 70 on electing a new Regional Chair.

**Treasurer, Kelly B:** Kelly reported the following figures for August:

Contributions:	\$55,965.10
Literature Expenses:	\$94,178.82
Total Expenses:	\$95,026.12
Cash at the end of the Period:	\$168,214.71

Kelly explained that literature expense was higher due to *Grapevine* and *La Viña* purchases, which are paid every six months. For August, online contributions were \$4,632.46, with \$500 already contributed online in September. July contributions were higher than usual due to a large contribution from Area 73. She reminded Groups to please include their Area number on the contribution check in addition to the Group name, or their county if they do not know their Area number.

**Secretary, Melody T:** (Absent, electronic report submitted.) Everything is going smoothly with the roster and the minutes process. Please report any contact information changes to her so we can keep info up to date. Thanks to everyone who turned in an electronic report, and to Kevin W for receiving the electronic reports and bringing the recording back to Tracy while she was on vacation.

**Major Institution Chair, Bill D:** Bill reported the following for the Major Institutions:

- ASP Avenal: (no report submitted)
- CHCF Stockton: There was a problem with a well-meaning staff member participating in the meetings over and above his role. In a very polite way, H&I must remind them to please confine their role to maintaining order with the inmates and keeping records of attendance.
- CMF Vacaville: Everything is going well. Ken M presented the new AA corrections video *A New Freedom*.
- CTF Soledad: *Grapevine* subscriptions and books are finally arriving after a nine-month's wait.
- DVI Tracy: Everything is going well. The problem with literature order delivery has been resolved.
- FCI Dublin (DUB): Everything is going well. Lisa B has meetings now on Monday nights, with six to eight women attending.
- FCI Herlong (HER): (no report submitted)
- FCI Mendota (MEN): (no report submitted)
- FSP Folsom: Everything is going well. There have been good meetings. The women's group on Friday nights is doing well. In mid-September, meetings will start in the minimum-support facility. Meetings will be scheduled for Friday nights, and volunteers will be needed.
- Napa State Hospital (NSH): Everything is going well. There was one uncovered Friday.
- NorCal Fire Camps: Current renewals are taking three to six weeks, with new volunteers taking four to six weeks. Susanville is responsible for all Fire Camp clearances except Jamestown, and has been slow to respond, both with volunteer clearances and literature delivery.
- SQ San Quentin: The CRM has been stressing the volunteer responsibility of overseeing the sign-in sheets for the inmates. This will be discussed further at the VATF meetings.
- SVSP Soledad: (no report submitted)
- CCC Susanville: Emory B has taken over coordinating at the facility. There has been slow communication from this facility, and a lot of turn-over there. Peter S has been struggling with the problem as well.
- HDSP Susanville: Emory B is coordinating this facility.
- CCWF and VSP Chowchilla: (no report submitted)
- MCSP Mule Creek: (no report submitted)
- NCYC Stockton: (no report submitted)
- PBSP Pelican Bay: (no report submitted)
- PVSP Coalinga: (no report submitted)
- CSP Sacramento: John C reported there are 55 meetings per month at New Folsom. Volunteers are always needed. B and C Facilities are currently on lock-down, but A Facility and Minimum-Support are open and running.
- SATF and COR Corcoran: Bill H has eighteen volunteers and is continuing to build the volunteer force. The CRM and Warden are very supportive, and communication is good. There are a few Spanish-speaking volunteers going in now.
- SCC Jamestown: (no report submitted)
- SOL Solano: Everything is going well, but more volunteers are needed. There was a blackout date on the 12th due to the Fairfield/Vacaville fire. USP Atwater: (no report submitted)

**VATF Liaison Report:** Bill D also reported he and Carl P attended the VATF meeting. The new handbook is available, and all Major Institutions Coordinators should obtain one. The changes are included as an addendum. Cardboard chips are available. Scott Kiernan has announced his retirement. He has been a valuable supporter of AA H&I. Bill stated he would be rotating out of the position of Major Institutions Chair to Carl P. Karen C thanked Bill for his knowledge, service and commitment as the first to hold the position of Major Institution Coordinator. The Committee also thanked Bill for his service.

**Finance Committee Chair, Rich G:** Rich reported that he will be rotating out of the position of Finance Committee Chair in December, per the *Policy Manual*. He completed the annual update of the assets list, including the inventory of the H&I banners.

**Literature Chair, Lorraine M:** Lorraine reported that she contacted all the Area Chairs, Regionals and Facility Coordinators who had not been ordering literature. Many responses indicated oversight in placing the orders. As a result, she was able to ship out a lot of literature to Areas and facilities which had not been receiving literature, including Mendota and Pleasant Valley State Prisons. She brought copies of Sections One and Two of the *Policy Manual*. There has been a recent increase in book stamp orders. This is due to the aging process of the stamps and Areas are replacing old ones, as the Committee no longer uses the stamps without the website address. Recently she placed an order for 25 more stamps in English at a cost of \$15.00 each. She will be asking for an increase in the stamp and stamp pad budget for 2019. Kelly B reported that she had been reminding the Areas about stamping the books, and suddenly there were requests for stamps, both in English and Spanish. Karen C asked whether the Literature Chairs for each Area are stamping the literature, or are we giving stamps to every individual meeting coordinator? Lorraine responded that it is different in each Area. Some Areas stamp the books at their business meetings and distribute them to the meeting coordinators. In other Areas, meeting coordinators get their literature from a Literature Chair.

**Policy Chair, OPEN:** Karen C reported that she may have a candidate for the position to submit by the October General Committee meeting.

**Audio Media Chair, Joseph B:** Joseph reported that the Committee purchased a new printer which imprints information directly on the CD's. Contact him for a list of CD's the Committee has available. The list has been updated, and is now in numerical format. He has a computer which he no longer uses; he will be donating it to the Audio Media Chair when he rotates out of the commitment.

**Archives, Jeffrey N:** Jeffrey reported that in July he was asked to represent H&I at the Unity and Service Conference held in Concord, CA. He spoke on a service panel and brought the archival poster from San Quentin. Jackie B. is hosting the Fifth Symposium on A.A. History to be held February 1-3, 2019 in Los Altos, CA. Jackie has asked if he could bring the H&I archives and participate with her at the upcoming Symposium and he agreed. He will be asking for funds to attend this Symposium; registration includes food and lodging.

**Public Information Chair, Jim V:** (absent, electronic report submitted) Jim reported that Karen B. and Vikki R. are doing great jobs as liaison to CNCA and CNIA respectively. He attended various meetings, conferences, and organizational days. There was a joint meeting in Sacramento on August 19 for BTG, PI/CPC and H&I which went very well. There was an H&I workshop in Weed on August 25 that went well. He will be speaking at a Kaiser Conference later this month.

**Grapevine Chair, Kathleen S:** Kathleen reported that *Grapevines* and *La Viñas* are running smoothly. She has been contacting Areas to ascertain if they are receiving what they need. As a result, there have been quite a few increases in orders, especially for *La Viña*. Currently the Committee has 2,319 *Grapevine* and 932 *La Viña* subscriptions. She will be requesting an increase in the budget for 2019.

**Publisher, Rich G:** Rich reported that everything is going well with the publication of the *Newsletter*, including posting the redacted version on the website.

**Website Chair, Thom H:** (absent, electronic report submitted) Thom reported that all is well with the website. The GoDaddy services have expired, but the Committee does not need the services. He is still investigating adding Apple Pay to the online payment flow. He inquired about the suggestion to put the map of the Fire Camps on the website; he never received instructions to go ahead. Karen C responded that the map could be forwarded to him.

### **Committee Business:**

**Pilot Program for Visiting Sponsors:** Jeff L referred to the General Chair's report, stating that there would be costs associated with the Visiting Sponsors Program, such as printing, the Post Office box, and postage. He proposed setting aside \$500 as a start-up fund for the new program. The proposal was discussed. Julio B asked if the \$500 was just for the start-up. Jeff clarified that this fund would just be for costs associated with the initial endeavor. This would include the Post Office box, and printing costs for pamphlets to distribute to inmates explaining the program, with an application for the service. Karen C added that the PO box would be \$100 for six months. The question was raised, would the Committee be publishing a set of guidelines for the H&I volunteers participating in the service? Karen responded that these are currently being developed. Once the volunteer guidelines are complete, the coordinator position description will be established. Bill D asked whether the Committee was going to proceed with the program. Karen responded that it was still in the pilot stage, and would only be offered at San Quentin to start. Jeff stated that when the Sponsorship Program was initially discussed with the CRM at San Quentin, there was strong support. One of the points of concern was the CDCR's use of last names of the visiting sponsors. The visiting form for the CDCR requires first and last names. H&I does not want this. The proposed solution was to use first names, last initial, and the word "sponsor" as the last name. There will probably be more points to be discussed. If the pilot program works on a small scale, it will be offered at another facility. Kathleen S asked whether the Visiting Sponsors program would extend to the jails, since inmates are serving longer sentences in the jails since the changes in legislation. Karen C responded San Quentin will be the pilot since that is where most of the challenges will be, but eventually, it could extend to any facility with long-term residents. Jess Y inquired whether the program would be sending one or two volunteers to visit the inmate, and would there be prepping training for the volunteers to engage inmates on a more intimate level. Jeff L responded that the questions being raised could appropriately be dealt with in an ad hoc committee. Kevin Weakland inquired whether there had been discussion on structuring the program in with Bridging the Gap, as opposed to H&I. Karen C responded that the mission of the H&I Committee is to carry the message to the alcoholic who is confined. Since the Visiting Sponsor program is serving inmates while they are still confined, it could be handled by H&I, whereas Bridging the Gap serves inmates when they are released. There being no further discussion, Jeff L moved and it was seconded from the floor *to set aside \$500 as a start-up fund for the Visiting Sponsors Program*.  
*Vote: Unanimous in favor.*

**Fiscal Year 2019 Budget:** Rich G reported that the Finance Committee reviewed the proposed budget as presented in the meeting packets. The budget was reviewed by line-item, with rationale and considerations of the Finance Committee. Kathleen S stated that requests for *Grapevine* materials and *La Viñas* have increased, but she has had to place orders on hold due to budget constraints. She presented a motion *to increase the 2019 budget line-item for Grapevine expenditure as follows:*

- *Grapevine: increase by 280 pieces per month, adding additional yearly extra costs for magazines of \$5,880.00 and shipping, \$1,075.*
- *La Viña: increase by 200 pieces bi-monthly, adding additional yearly extra costs for magazines of \$2,100 and shipping, \$384.*
- *Total additional expense for Grapevine and La Viña: \$9,439.00*

The motion was seconded. After discussion, the vote was taken: Unanimous in favor. Lorraine M reported that literature stamp pads currently cost \$15.00 each, and the pads \$4.00 each. She moved *to increase the line-item for stamps and pads to \$1,000*. The motion was seconded. *Vote: Unanimously in favor.* Moving this line-item from Office Supplies to Literature Expense was discussed. It was agreed by consensus that this would be done as of December 1. This also includes the line-item under Area Expense for stamp pads. It was moved and seconded *to approve the Fiscal Year 2019 Budget as amended*. *Vote: Unanimous in favor.* Rich stated he would distribute the revised budget to Committee members.

**New Business from the Floor:** There was no further new business.

**7<sup>th</sup> Tradition:** The baskets were passed to pay rent on the facility.



## **Birthdays:**

Carl P	40	Peter M	30
Peter O	37	Dawn T	13
Jess Y	10		

## **Regional Reports**

**Region 01 – Far North Coastal, OPEN:** (no report)

**Region 10 – Far North Interior, OPEN:** (no report)

**Region 15 – Lower Far North Interior, Mark M:** Mark reported that Area 16-Shasta has an adequate volunteer pool to fill commitments. The Area is discussing hosting the General Committee in February 2019. The County Jail has not cleared anyone for several months. Area 17-Red Bluff discussed the Bridging the Gap Program serving the inmates in the County Jail. Area 18-Tehama serves three facilities. The Trinity River Fire Camp has requested more AA volunteers.

**Region 20 – Northern Coastal, Jess Y:** Jess reported that the Region consists of three counties. Sonoma County held an Appreciation Day which increased the attendance at the business meeting. A new Area Chair will be elected next month. Mendocino County is organizing and trying to establish more communication with the County Jail. Lake County has a new Area Chair, and their business meeting has moved. The Fire Camps in both Lake and Mendocino have suspended meetings since all the inmates are on the fire fronts.

**Region 30 – Northern Interior, Bob F:** (absent, electronic report submitted by John A) Area 34-Placer conducted eight sessions at Placer jail in collaboration with Bridging the Gap. The presentations included a video, personal sharing and questions and answers. 60 applications for BTG were distributed. It was a very gratifying experience that was several months in the planning and a great example of collaboration between H&I and BTG.

**Region 40 – Central Interior, OPEN:** Karen C reported that Terry D was making himself available for the position. Terry reported that he is contacting the Areas for their approval as Regional chair.

**Region 50 – East Bay, North, OPEN**

**Region 50 – East Bay, South, Lisa B:** Lisa reported that contributions in both Areas have rebounded. Area 53 addressed the issue of treatment centers no longer purchasing pamphlets and stocking their racks. There is a new meeting at Oakland Rehab Center, which is a skilled nursing facility. Meetings in Newbridge No. 1 and Santa Rita Men's Jails Spanish-speaking meetings are on hold. One challenge in Area 53 is keeping new volunteers interested enough to stay involved in H&I work. Area 52 is excited about hosting the General Committee Meeting in June. There is now a Spanish-speaking meeting in the West County Jail. The Martinez County Jail added a new meeting. Area 52 will participate in a working group with PI/CPC, BTG, and H&I on September 29.

**Region 60 – West Bay, Julio B:** Julio reported that Area 61, Marin County provides 14 weekly meetings. The Area is continuing to develop a consistent and accurate message for the Group Reps about H&I services, needs and the financial situation. Area 65-San Mateo County provides 33 weekly meetings. There is a lot of interest in the H&I financial situation in this area. Copies of the "H&I Funds Q&A" and the "Financial Facts sheets are given away at every business meeting. Julio recommended that these documents be updated, at least to have a more current date. Area 62-San Francisco provides 63 meetings per week. The Area is encouraging Groups to have H&I Reps, and is working with existing Group Reps to better understand their roles and how to properly pass on information at rotation. The Co-Chairs of the Area are working with meeting coordinators to ascertain why literature usage appears to be low.

**Region 70 – Southern Coastal, (OPEN):** Jeff L reported that he has been accompanying a candidate for Region 70 Chair in attending the Areas in the Region. The Areas appear to be doing well.

**Region 80 – Southern Interior, (OPEN)**

**Region 90 – Far Southern Interior, (OPEN)** Karen C reported that a candidate for Regional Chair has made himself available to the Areas.

**Region 140 – Spanish Northern Interior, José C:** (absent, no report) Karen C reported that José C has become the Region 140 Chair.

**Region 160 – Spanish Northern Coastal, Roberto S:** (absent, no report)

**Region 170 – Roberto S:** (absent, no report)

**Region 180 – Spanish Central Interior, Enrique R:** (absent, electronic report submitted) Enrique reported that the Region meets monthly at the Central Valley Intergroup Office in Modesto. The Region carries the message into DVI Tracy, USFP Atwater, SCC Jamestown, CHCF in Stockton and the Honor Farm in San Joaquin County. He provided the days and times of the meetings. Representatives for the Region visit AA Groups to inform them about H&I.

**Region 190 – Spanish Southern Interior, Jesus B:** (absent, no report)

## **Liaison Reports**

**CNIA, Victoria R:** (absent, no report)

**CNCA, Karen B:** Karen reported that she has been submitting reports to the CNCA meeting noting H&I's ability to accept contributions electronically, the latest financial information, the upcoming General Committee Meeting, and gratitude for the contributions to the Pink Can. She attended the Summer Assembly in Fortuna and staffed the H&I table. CNCA is considering whether to establish a Standing Committee on Technology, a motion that literature be developed sharing experience, strength and hope on meditation, and a request that the Trustees' Literature Committee consider publishing a Fifth Edition of the Big Book, updated with stories to more broadly reflect the current Fellowship, with updates or additions to Appendices II and V. These matters will be discussed at the 2019 Pre-Conference Assembly. The Area is preparing for their Elections Assembly in November. The 2019 General Service Conference dates have changed to May 19th-25<sup>th</sup>. There will be a Hispanic Women's Workshop on December 1<sup>st</sup> in San Francisco.

**BTG, CNCA, George X:** (absent, no report)

**BTG CNIA, Cindy A:** (absent, no report)

**NorCal H&I Conference, Lorraine M:** Lorraine reported that she has sent a deposit check to the Solano County Fairgrounds reserving May 3-5, 2019. Everyone should mark the date. Jeff L added that there is interest among the local Area, who will choose a local H&I Conference Chair.

**SoCal H&I Conference, David B:** (absent, no report)

Kevin W reported that for about a year, Area 82 has been taking meetings to the CDCR Custody to Community Transitional Re-Entry Program (CCTRP) which is not considered a major facility. It is a minimum-security facility; about 30 women attend the AA meetings. Jeff L suggested that it could be considered like a Fire Camp, which is also a CDCR minimum security facility. As such, it would be serviced by the local Area.

## **Closing**

The meeting adjourned with the Responsibility Declaration followed by the Serenity Prayer.

In love and service,

Melody T, Recording Secretary

**Northern California Hospital and Institution Committee**  
**General Committee Meeting**  
**October 14, 2018 Pleasant Hill, CA**

**Opening:** Karen C opened the meeting at 11:00 a.m. with a moment of silence followed by the Serenity Prayer.

**Purpose Statement:** Phil S read the H&I Purpose Statement.

**Twelve Traditions:** Kat C read the Twelve Traditions.

**Introductions:**

Karen C	Melody T	Victoria R	Karen B	Terry D
Lisa B	Annette	Joann L	Melanie S	Belinda S
Khalil W	Kat C	David B	Joe G	Theresa A
Catherine S	Samantha P	Josie S	Jeff L	Phil S
Peter M	Mark G	Jillian D.	Bob W	Carl P
H.E. N	Melissa S	Joseph B	Eduardo P	Lisa H
Frances H	Kent D	Roberto	Rogelio B	José Luis C
José C	Hugo M	René	Malia D	Nancy H
Alison G	Melanie G	Raymundo L	Lorraine M	Walter W
Juan T	Lisa H	Cindy L	Thom H	Bob F
Andy C	Renée P	Rich G	Ken M	Mike H
Kevin O	Kelly B	Kent R	Denise M	Julio B
Richard W	Sam S	Theresa	Mark M	Andy Z.
George X	Dave M	Tony R	Shaun G	Maggie T
Jenna M	Natty F	Veronica S	Chrishna R	

Karen welcomed all in attendance, especially those new to H&I. She thanked Area 52 for hosting the meeting.

**Approval of the June 10, 2018 General Committee Meeting Minutes:**

Lorraine moved and Jeff L seconded a motion *to approve the minutes of the June 10, 2018 General Committee meeting as submitted.* Vote: Unanimous in favor.

**Approval of Financial Statements**

A motion was made and seconded *to approve the financial statements from May-August 2018 as submitted.* Vote: Unanimous in favor.

**General Committee Reports**

**General Chair, Karen C:**

- **Contributions & Current Financial Situation:** Karen referred to the Year-to-Date Contribution Comparison and highlighted that previous shortfalls in contributions have been almost completely eliminated and contributions are back on track from last year's deficit. She thanked everyone for disseminating accurate information concerning H&I finances, and the Areas which have increased contributions dramatically. Expenses are in line with the budget, particularly AAWS expense, the Committee's largest expense category.
- **Literature Usage Review** – The Literature Usage Review is available for Area reference. The 2018 budgeted average cost for literature per meeting is \$13.40. Areas should review the report for significant deviations of either over- or under-usage.
- **Pilot program for visiting sponsors** – This pilot program involves having an H&I member who does *not* go into an institution as a cleared volunteer to bring in AA meetings, but rather goes in simply as a visitor with the possibility of providing 'outside sponsorship' to the inmate. Proposal sheets are available. The informal committee working on this pilot program consists of Karen C, Jeff L, Carl P and Kent D. The proposal is now going through the approval channels at San Quentin, where there has been a favorable response so far from the administration. The program may also be offered to a county detention facility, to further refine it. The proposal will then be brought to the Policy Committee, which will formulate it as an amendment to the *Policy Manual*, and submit it to the body through that process. This is a very exciting project and could immensely enhance H&I's ability to carry the message to the alcoholic who is confined. Contact any of the informal committee members with questions or input.
- **Annual Form 2's** – Copies of the Annual Form 2's are available for the Areas and Institutions, and they will be sent electronically as well. The deadline is November 30. The purpose of the Form 2's is to be accountable to the Fellowship which pays for the Committee's efforts. The information gathered from the Form 2's is reported in the annual Pink Can report, which is posted online and sent to Central Offices and other service entities in northern California.
- **New SC location:** The Steering Committee had its first venue change to Martinez in September. The January Steering Committee will be held in Fairfield. The Steering Committee will then choose which location best meets its needs.
- **Finance Committee:** Due to unforeseen circumstances, the temporary appointee to the Finance Committee has had to rotate off. Since the bulk of this year's Finance Committee's work has been completed, the position can remain open until the June 2019 elections, where two new members will be elected.
- **GSO Staff Rotation** – Staff rotation at GSO occurred in September. Diana L, the Corrections Desk volunteer, has rotated out and an interim staff member will be handling the desk until a permanent replacement is found. Copies of the October Corrections Activity Report are available.

- **Upcoming General Committee Schedule**

February 10, 2019	Area 16, Shasta (Redding), location to be announced
June 10, 2019	In conjunction with NCCAA, Area 34, Placer (Rocklin).
October 13, 2019	In conjunction with NCCAA; Area 52, Contra Costa (San Ramon)

- **Group Representatives:** Everyone should encourage Groups without an H&I Representative to elect one, or volunteer to be one. This is the essence of how the upside-down triangle of the AA service structure works.

**General Co-Chair, Jeff L:** Jeff thanked everyone for the great General Committee turnout. He reported that he is preparing for the National Corrections Conference in Maine. Jeff, Carl P and Karen C will attend; Jeff and Carl P will be giving talks there. Histalk will be on the new Visiting Sponsorship Program. He expressed gratitude to be able to share the NorCal Committee's strong organizational structure and extensive history and experience. He also reported that he has been working on the informal committee for the Sponsorship Program. The personnel at San Quentin are very favorable at this point and are even considering offering the program to the condemned unit. Plans are proceeding cautiously, in order to anticipate and resolve any potential problems before they occur.

**Treasurer, Kelly B:** Kelly reported the following for September 2018:

Area Contributions	\$48,766.80	
Online Contributions	\$2,230.11	Less Processing fees: 81.86
Literature expenses	\$41,254.47	
Total Expenses	\$43,849.22	
Cash at the end of the period	\$173,557.47	

Group Treasurers should include their County or Area on the check. The name of the Group is not sufficient information, and if there is a problem with the check there is no way to track it down efficiently. The map on the website and in the meeting packets can help Group Treasurers reference where the Areas are. She thanked the Areas that have provided correct financial information to the Groups, resulting in the rebounded contributions.

**Secretary, Melody T:** Melody thanked everyone who sent in an electronic report, and Kevin W for sitting in for her at the Steering Committee while she was on vacation. There were a number of changes to the roster and a new one will be going out soon.

**Major Institutions Chair and VATF Report, Carl P:** Carl P reported that he had a good meeting with Bill D and received the information and updates as he takes over the position. He attended the VATF meeting. There have been changes to the volunteer manual. Fingerprinting is now required for volunteers. Institutions may have the equipment to do the required Live Scans for volunteers, but must train staff to operate it. This may take some time. The Visitors Sponsorship Program to be implemented at San Quentin has the full staff support including the Warden. Carl plans to visit as many major institutions as he can. Karen C also reported that Carl met with the outgoing head of the Department of Corrections and Rehabilitation and it was a productive meeting.

**Finance Committee Chair, Rich G:** The Finance Committee met with the Chair and proposed the budget to the Steering Committee where the budget was approved and forwarded to the General Committee. Ken M will be rotating into the position of Finance Committee Chair.

**NCCAA Conf. Coordinator, H.E. N:** H.E reported that the NCCAA Conference was held in Fresno. He thanked Miki S, Joe G. and Kat C. for their help in coordinating the H&I panel. The Valley State Prison Warden and one of the prison personnel were speakers. Everything went well, although attendance at the panel was low. Lorraine M brought fliers for the 2019 H&I Conference at the Solano County Fairgrounds; they were all taken. He has the moderators and readers for the NCCAA Conference in Foster City, Veronica S. of Area 65 will arrange the panel. For the June Conference in Rocklin, Jim V will speak, and Bob will help with the other speakers.

**Literature Chair, Lorraine M:** Lorraine reported that books are shipping with no issues from AAWS. Orders have been very slow so far in October. She has been sending out the new Pink Can labels, 1"x2" to be put on the can lids. They state that donations can be made on line. She reminded everyone to be sure the books going into facilities are stamped with the H&I donation stamp; please let her know if Areas or Facility Coordinators need them. She and some members of Area 31 will be completing a full inventory of the literature in the storage unit in Paradise.

**Policy Chair, OPEN:** Karen reported she will be presenting a candidate for Policy Chair in New Business. Most business conducted by the Policy Committee has concerned the 2018 Policy Manual revisions.

**Audio-Media Coordinator, Joseph B:** Joseph reported that his primary duty is to record the Steering and General Committee meetings and set up the equipment. The second job is to manage the audio library. He noted that he also maintains and brings the translation equipment to the meetings. He stated that a bilingual volunteer is needed who could attend and translate the meetings. Juan T expressed an interest in the requirements for the position.

**Historian, Jeffrey N:** (Absent, electronic report submitted) Jeffrey reported that in July he participated in the Unity and Service Conference in Concord. He spoke on the service panel about H&I and brought the archival poster. This past December, he and Jackie B. participated in an event hosted by the Intergroup Archives Committee in San Francisco. They gave a PowerPoint presentation of early Alcoholics Anonymous in San Quentin and Folsom Prisons. He also gave the history of the NorCal Committee's beginnings and how the Committee's work has expanded over the years since 1942. Jackie B. is hosting the Fifth Symposium on A.A. History to be held February 1<sup>st</sup> through 3<sup>rd</sup> 2019 in Los Altos, CA. She has invited him to participate. Anyone wishing information on the H&I history or has any suggestions for the Archives please contact him.

**Public Information Chair, Jim V:** (absent) Karen C reported that Jim, Carl and Karen B will be attending the upcoming CNCA Bridging the Gap Forum.

**Grapevine Chair, Kathleen S:** (absent, electronic report submitted) Kathleen reported that currently, the Committee has 2,396 Grapevine's being sent each month and 984 La Viña's being sent every other month. All requests have been sent to the Grapevine, Inc contact and are current. Karen C reported that Kathleen will be rotating out. The position description is in Section Two of the *Policy Manual*. Anyone interested should contact Karen.

**Publisher, Rich G:** Rich reported that the Publisher's job is to get the Newsletter out, in mailed hard copy and electronic version. The redacted Newsletter, past Newsletters, and financial statements are all on line now. He thanked Thom Hickey for making that possible. He noted that all Steering Committee members are available by email through the H&I website.

**Website Chair, Thom H:** Thom reported that the website is running fine. He recalled that the Committee discussed adding the Fire Camp map and Apple Pay/Android Pay to the contributions page. Karen C thanked Thom all his work in the past two years to update the website.

She stressed the importance of providing any contact information changes, particularly at rotation, so that the links could be updated on the website.

## Committee Business

**2<sup>nd</sup> Vote on the 2018 Policy Manual Revisions:** Karen C reviewed that the 2018 proposed amendments to the *Policy Manual* had been passed at the June meeting with a majority vote, and were now before the General Committee for the final vote. As such they now required a two-thirds majority to pass. The amendments were reviewed. The term “Over-familiarity” as it is used by the California Department of Corrections was discussed, and the rationale for including clarification in the *Policy Manual*. Carl P stated that lifers are getting out due to Prop 57. It is very important that volunteers who bring AA meetings into facilities do not exchange personal information with inmates while they are in the facility as well as on the outside while the inmate is still on parole. Karen C noted that the Visiting Sponsorship Program will fill the important void in carrying the AA message to inmates by allowing a closer relationship between inmate and sponsor, when the CDCR-classified “volunteer” cannot provide the service. Jeff L explained further that the Sponsorship Program will not be part of the CDCR volunteer protocol. It will be under the Family Visitation protocols which do not involve restrictions on overfamiliarity. Lorraine M stated that the Sponsorship Program will have its own guidelines, to be presented and approved at a later date. The 2018 amendments to *Policy Manual* Sections One and Two being reviewed, Vikki R moved and Cindy L seconded **to approve the 2018 amendments to Sections One and Two of the Policy Manual**. Vote: Approved by substantial unanimity, with one opposed. The minority opinion was expressed that \$100 was not enough permitted for lodging reimbursement; when a volunteer does the business of the Committee, they should be reimbursed for their lodging. No one expressed a desire to reconsider, and the vote to approve stood. Karen C stated that a revised expense sheet reflecting the new travel reimbursement will be available.

**Fiscal Year 2019 Budget:** Karen C reviewed that the proposed Fiscal Year 2019 Budget was approved by the Finance Committee and brought to the September Steering Committee where it was discussed, amended, and approved unanimously. She explained the Proposed Budget document, noting the comparison with the projected figures for 2018, and areas where the Committee might expect an increase for 2019. She also noted that in the past year, the Committee’s largest expense, AAWS literature, had been directly related to income, such that when income dropped below budget, literature expense was cut accordingly. This has enabled the Committee to remain financially solid on an ongoing basis. She highlighted substantial changes from the 2018 Budget, with the rationale for the changes brought by the Finance and Steering Committee. She noted that 94.2% of expenses for the 2019 budget was for AA literature, a fact which should be made clear to the Fellowship in discussion of Pink Can contributions. The 2019 Budget also includes funds for translation of the *Policy Manual* Section Two and the amendments into Spanish, to insure written translation is timely and accurate. After review of the Budget, Cindy L moved and Vikki R moved **to approve the Fiscal Year 2019 Budget as presented**. Vote: Unanimous in favor. Karen thanked the Rich G, Ken M, and Lorraine M of the Finance Committee for their work in preparing the budget, and Jeff L, Kelly B and Kathleen S for their research and input.

### Housekeeping-New Committee Chairs/Coordinators:

- **Major Institutions Chair:** Karen C nominated Carl P, who provided his qualifications for the position. Carl was approved unanimously.
- **Policy Committee Chair:** Karen C nominated Lisa B, who provided her qualifications for the position. Lisa was approved unanimously.
- **Pink Can Coordinator:** Karen C nominated Peter M, who provided his qualifications for the position. Peter was approved unanimously.

## New Business

There was no new business from the floor.

## Open Forum

- Josie S inquired whether a person could be the H&I Representative for more than one meeting. Karen C responded that there should only be one vote per Group. However, anyone could make H&I announcements at any meeting.
- Joseph B stated that the Committee has new equipment to make excellent CD’s of AA speakers. The CD’s are available to meeting coordinators who may want to use them in lieu of having a speaker.
- Lorraine M pointed out that it is time for the annual Form 2’s to be completed. After December 1, if a Major Institution Coordinator or Area Chair has not submitted the Form 2, literature cannot be shipped to that major facility or Area.
- Khalil W from the SoCal H&I Committee thanked the NorCal Committee for its detailed organizational structure and work.

## 7<sup>th</sup> Tradition

The baskets were passed in observance of the 7<sup>th</sup> Tradition. Karen Czujko stated that monies collected would reimburse H&I Area 52 for expenses incurred for hosting the meeting and providing lunch.

### Anniversaries

Lorraine M	38	Thom H	13	Peter M	30	Jenna M
Alison G	30	Natty F	7	Mark G	25	Josie S
Sam S	7	Raymundo L	32	Eduardo P	21	Bob F

## Regional Reports

**Region 01 – Far North Coastal, OPEN:** (no report)

**Region 10 – Far North Interior, OPEN** (no report)

**Region 15 – Lower Far North Interior, Mark M:** Mark reported that in Area 16-Shasta everything is going well with all facilities covered. There were discussions about hosting the General Committee in February 2019, and how to begin service to a new facility. Area 17- Tehama County discussed new service to Valley View Fire Camp there, and greater cooperation with Bridging the Gap. All is going well in Area 18-Trinity. A facility coordinator for the Juvenile Hall requested literature and CD’s.

**Region 20 – Northern Coastal, Jess Y:** (absent, electronic report submitted) Jess reported that John O is the new Area 23-Lake County Chair. The Area business meeting now meets at the Vista Point Shopping Center. Area 21-Mendocino is reaching out to get more people involved in H&I. They are still having problems getting new clearances for the Ukiah Jail. Steven H the new Area 22-Sonoma chair. Their business meeting is healthy, with lots of new volunteers.

**Region 30 – Northern Interior, Bob F:** Bob reported that two of the three Areas in the Region have increased contributions due to greater communication of the correct financial information. The three Areas serve over 2,000 meetings per month. All the Areas combined are using an average of \$13.72 per meeting. There are pamphlets available on what H&I does in the Region and how to contact H&I. In Area 31, the Jail meetings are being covered. The Chico and Paradise Intergroups are merging. Area 34 is doing well, with Group Representatives outnumbering Facility Coordinators at the business meetings. Bridging the Gap workshops are being conducted in the facilities. Issues with confidentiality and clearances in some facilities have been resolved via the Sheriff's facilities clearance process. Area 36-Sierra has a new Area Chair. They have cancelled going into the Juvenile Hall due to lack of participation. Bridging the Gap is establishing cooperation with H&I in the Area.

**Region 40 – Central Interior, OPEN:** Karen C reported that there is an interested party for Regional Chair. Nancy H, Chair of Area 45 reported that they have about 45 new volunteers in Area 45. The Area is holding orientations and is now serving several facilities which had not had H&I in years. She enumerated some of the commitments, including facilities with Spanish-speaking meetings and meetings in the ICE Detention Center. She is working with some long-standing volunteers in re-acquainting them with the *Policy Manual*. Area 45 is a very small rural Area, but the response has been good.

**Region 50 – East Bay, North, Cindy L:** Cindy L reported that Area 51-Napa is doing well with all meetings covered. They are looking forward to contributing to next year's Annual H&I Conference in Vallejo. The Napa City Jail is requiring five years of sobriety and five years off any probation. The Area has increased contributions by 11%. Area 54 is also participating and excited for the upcoming H&I Conference May 3,4, 5th, 2019. They are still working on communication concerning finances and the Pink Can, and contributions have increased by 67%. She thanked everyone for the opportunity to serve as Regional Chair, since she was rotating out of the position.

**Region 50 – East Bay, South, Lisa B:** Lisa reported that there were two new meetings in the Oakland Rehab Center Skilled Nursing Facility. Meetings at Newbridge and the Santa Rita Spanish Men's were on hold. Area 52 is looking forward to introducing the Visiting Sponsor Program to the Martinez County Jail as another pilot program. Contributions are up in both Areas.

**Region 60 – West Bay, Julio B:** Julio reported that volunteers in Region 60 facilitate about 110 weekly AA meetings. Area 61-Marin County supports 14 weekly meetings and continues to reach out to Group Representatives to ensure they have a consistent and accurate message about H&I. Year to date contributions are 8% ahead of last year. Recently, a locked rehab facility in Novato has asked Area 61 to sign an affiliation agreement in compliance with Title 9 California Code of Regulations governing the California Department of Health Care Services and a mental health facility's use of outside resources. The Area 61 Chair is working with Karen C to revise the document as an Agreement to Provide Volunteer Services, explicitly stating that H&I's relationship is one of cooperation not affiliation, and referencing relevant sections in the *Policy Manual*. Area 65-San Mateo currently supports 33 weekly meetings. Contributions are 8% less than last year. Julio continues to provide copies of the H&I Funds Q&A and the Financial Facts sheet to every business meeting to correct any misinformation. Area 62-San Francisco is providing 63 meetings per week. September year to date contributions are up 16% compared to the previous year. The Area is working on re-vitalizing the role of the Group H&I Representative. Area co-chairs are working with the meeting coordinators to increase literature use and literature distribution accountability.

**Region 70 – Southern Coastal, Raymundo L:** Raymundo reported that in Area 71-Santa Clara, when someone re-applies for the County Jail, he or she must attend a series of three classes on the Prison Rape Elimination Act. The classes are once per month at 9:00a.m., which will be difficult for volunteers to attend. The Juvenile Hall meeting was cancelled due to lack of inmate attendance.

**Region 80 – Southern Interior, OPEN:** no report

**Region 90-Far Southern Interior – Joe G, pending:** Joe reported that the Region consists of four Areas. These Areas are large geographically, but they are really made up of small rural communities spread far apart. This makes communication difficult. Area 91 is a very small committee, and volunteers serve VSP and CCWF prisons. Business meetings are not held consistently. Area 92's interest in H&I service has waned and the Area is trying to generate interest. Area volunteers are now serving Corcoran. Area 95 does not have a chair, only a contact person. Joe will visit with the contact person to help generate some interest.

**Region 140 – Spanish Northern Interior, José C:** José reported that Region 140 has a full crew of volunteers to carry the message into multiple facilities, including the Yuba City Detention Center, CMF Vacaville, Folsom Prison, Colusa Jail and the Martinez County Jail. The Region participated in the Hispanic Inter-Regional H&I meeting on August 12. Three of the five Hispanic Regions participated.

**Region 160 – Spanish Northern Coastal, José Luis C:** José Luis reported that the Region provides meetings to the inmates at Maple Street correctional facility. However, the facility is not respecting the start time and has pushed it back repeatedly without advance notice. He asked for assistance from the H&I Committee in resolving the problem. Julio B reported that San Mateo County H&I also brings meetings into Maple Street, and they Committee will help. José Luis also reported that the Region serves San Quentin, the North County and Main Adult Detention Facilities in Santa Rosa.

**Region 170 – Spanish Southern Coastal, Rogelio Bonilla:** Rogelio reported that the Region serves the Salinas Valley Prison, Buena Vista Medium Security Jail, and the Santa Cruz County Jail. He provided the days and times of the meetings.

**Region 180 – Spanish Central Interior, Enrique R:** (absent, electronic report submitted) Enrique reported that the Region meets monthly in Modesto. The Region serves DVI Tracy, USFP Atwater, SCC Jamestown, the San Joaquin County Honor Farm, and CHCF Stockton. The Region continues visiting A.A. groups to inform them about the H&I Committee activities and to motivate new volunteers. Eduardo P reported that the Spanish-speaking Regions are striving toward unity in the effort to carry the message, both through the Inter-Regional meetings and in encouraging attendance at H&I functions with English-speaking volunteers. He reported that a volunteer who has also carried the message into the jails in Mexico has been attending Region 180 meetings and has brought information about the methodology of the AA service entities in Mexico.

**Region 190 – Spanish Southern Interior, Jesus B:** (absent, electronic report submitted) Jesus reported that the Region serves the Fresno County Jail, Chowchilla State Prison Women's and Men's Facilities, West Care Facility, and Nuestra Casa Recovery House. He provided the days and times of the meetings. The Region has elected a new Literature Chair.

## Major Institution Coordinator Reports

**ASP Avenal, (OPEN)** Joe G reported that the former Avenal Coordinator had to step down because of work. He stated that there are inmate requests for AA to come in and he suggested a possible candidate for the position of Facility Coordinator.

**CCC Susanville, Emory B:** Carl P reported that CCC Susanville oversees the Fire Camps. He reported the position will be open in December as Emory B is rotating out.

**CCWF and VSP Chowchilla, Miki S:** Carl P reported that everything appears to be going well.

**CHCF Stockton, Melody T:** Melody reported that the AA meetings are maintaining at CHCF in two units, every day except Thursdays. Unfortunately, H&I does not cover all the meetings. The volunteer pool is small, and shrank further due to changing volunteer work schedules and volunteers moving out of the area. Available volunteers are shared with DVI, so additional volunteers are always welcome.

**CMF Vacaville, Ken M:** Ken reported that 10 volunteers serve 24 meetings per month. Inmate participation is robust as a result of Prop 57. Volunteers are needed. There were meetings cancelled by the facility for various reasons. He has been showing the "A New Freedom" video and has placed an order for additional literature.

**CTF Soledad, Peter O:** (absent, electronic report submitted) Peter reported that the process for getting literature into the facility has been streamlined. There is still a problem with volunteers being cleared without going through him, so he does not have a full roster of all the volunteers. The CRM is not cooperating with providing information on all the volunteers going in for AA. The facility will be instituting an online security clearance and a mandatory online training. They have requested additional meetings in the South Yard.

**DVI Tracy, Kevin W:** (absent, electronic report submitted) Kevin reported that everything is going well. All meetings are covered, and a new volunteer was cleared.

**FCI Dublin (DUB), Lisa B:** Lisa reported that the Camp is still down to three meetings per month due to lack of volunteers, and no new clearances are being processed. The Low Security Facility is still maintaining four meetings per month when access is allowed. There is only one inside escort with no backup. If the escort is absent, the meeting is cancelled. There have been many cancellations due to holidays or the escort being on vacation or changing shift, and this will occur again in December. If the volunteer pool shrinks further, the number of meetings may have to be reduced.

**FCI Mendota (MEN), Rodney L:** (absent, no report)

**FSP Folsom, Jim Vo:** (Absent, electronic report submitted) Jim provided the days and times of the meetings. He needs volunteers for the Friday and Monday meetings. Both men and women are welcome. The first meeting in the minimum facility at FSP was held on Wednesday, October 10. Approximately 20 inmates attended. The first meeting was largely organizational but there was a lot of enthusiasm and appreciation. Meetings will be held every Wednesday, bringing the total to 44 per month at FSP. Therefore, more volunteers are sorely needed for all meetings.

**HDSP Susanville, Emory B:** (absent, no report)

**MCSP Mule Creek, Bill H:** (absent) Lorraine M reported that a large literature order had been sent to the facility.

**Napa State Hospital (NSH), John G:** (absent, no report)

**NCYC Stockton, Tony T:** (absent) Carl reported that everything is going well.

**Norcal Fire Camps, Peter S:** (Absent, electronic report submitted) Peter reported that the Fire Camps are administered by CCC Susanville. Only 12 renewals and initial clearances have been granted between June and October. This is primarily due to staff and procedure changes at CCC Susanville. He reviewed the numbers of renewals and initial requests in process and status. Current renewals are taking from four to six weeks or longer and new clearances take six to eight weeks. Volunteers should complete and sign the Volunteer Application and Service Agreement and PREA forms legibly and return them to him for submission. Effective January 1, 2019, all volunteers must renew the application process. Fingerprinting may also be required. Volunteers are needed to staff Ishi Camp and the California Correctional Center in Susanville. Chamberlain Creek in Region 20 is not served currently. Peter requested the help of Regional and Area Chairs in staffing the Fire Camps in the respective Areas.

**PBSP Pelican Bay, Lynne D:** (absent) Carl reported that Pelican Bay has been on lockdown due to an incident at the facility. Lynne has reported having difficulty getting volunteers to commit, but she continues to be persistent.

**FCI Herlong (HER), (Currently served by Reno)**

**PVSP Coalinga, Tommy R:** (absent, no report)

**CSP Sacramento, John C:** (absent, no report)

**SATF and COR, Bill H:** (absent, electronic report submitted) Bill reported that volunteers are serving Spanish-speaking meetings at SATF. Volunteers are going into the facility two to four times per month including the Spanish-speaking meetings. In some cases, they can attend more than one meeting per visit. There are two volunteer team leaders and a growing base of volunteers. He hopes to have three to five team leaders each with a volunteer team by the end of 2018.

**SQ San Quentin, Bob W:** Bob reported that generally, the meetings are all covered and well attended. The Monday Spanish-speaking meeting needs help with coverage. The clearance process is still time-consuming. The Volunteer Advisory Committee meeting on June 21 focused on inmates signing in to meetings per Prop 57 and some confusion with the prison protocol persists. Warden Davis stated that San Quentin is a non-designated prison and that all inmates are expected to participate in programming. The volunteers are adjusting well to the expectations of staff regarding the volunteer role in the attendance monitoring process. Volunteers cannot act as enforcers, nor be accountable for fraudulent inmate behavior. Inmate questions on attendance records or the waiting list are referred to staff. H&I volunteers have a disclaimer which states to the inmates that H&I volunteers serve at the prison's pleasure and cooperate to the extent possible in order to keep bringing meetings into San Quentin.

**SCC Jamestown, Thilo B:** (absent, no report)

**SOL Solano, John D:** (absent, no report)

**SVSP Soledad, Alison G:** Alison reported that volunteers are needed. Meetings are on Wednesday evening, usually in all six yards, with approximately 30 inmates each. If H&I is not present, the AA meetings are run like a class with the inmates reading from the Twelve and Twelve. The Prop 57-implemented format and the milestone credit system have created an internal mandatory check-off of the meetings going through the 12 Steps for the AA "credit." They do not have the benefit of AA members sharing their experience, strength and hope. This is why outside AA volunteers are so important. She would like volunteer support from other Areas; there is a car pool, so anyone interested please contact her.

**USP Atwater, Dawn T:** (absent, electronic report submitted) Dawn reported that the prison has not been on lockdown, but the inside escort or the room have been available irregularly. Meeting cancellations can create a morale problem for volunteers. Currently, there are three volunteers rotating in pairs into the weekly meeting. Four more applicants are in process.

## Liaison Reports

**VATF- Carl P:** Carl reported copies of the new volunteer manual were distributed. There are some positive changes for H&I volunteers. The next VATF meeting has not yet been scheduled.

**H&I Liaison to CNCA – Karen B:** Karen reported that the CNCA Election Assembly will be held November 3<sup>rd</sup> in Livermore, where she will work the H&I table. She is attending the monthly CNCA meeting in Petaluma. There will be a Hispanic Women’s Workshop, December 1<sup>st</sup> in San Francisco. This workshop is meant to support Spanish-speaking women who want to achieve or maintain sobriety, however it is open to all women. Joann Lowrie, CNCA Delegate reported that the 2018 Conference Reports are available. There was a communications audit performed at GSO and there are some suggestions on communication within the Fellowship and with the public. She has it in digital form for those interested. She thanked the Committee for its support with the purchase of literature. Literature purchases offset the shortfall in Group contributions and support GSO services.

**H&I Liaison to CNIA – Vikki R:** Vikki reported that she has attended recent workshops with PI/CPC, H&I, BTG Committees participating. She stated the committees discuss cooperation and coordination of efforts. She noted that facilities are not aware that the committees provide separate services, and consider all of the efforts simply as “AA.” Better communication among the services entities can help with communication of AA’s common message to the facilities. The CNIA Mini-PRAASA will be held October 20<sup>th</sup> and 21 in Placerville. The Area will conduct its inventory. The Area has budgeted for and appointed a liaison to go to the Hispanic Women’s Conference. The Area also budgeted funds for PI/CPC Workshops. She noted the importance of PI/CPC service work.

**Bridging the Gap – CNCA - George X:** George reported that at the September General Service Area Committee Meeting in Petaluma, the BTG chair presented a status report on the Bridging the Gap Pre-Release Contact Correspondence Program, which the subcommittee has been piloting since September 2015. A proposal was presented to the body that the service be continued on an ongoing basis. There will be a vote on this proposal at the October meeting. The 13<sup>th</sup> Annual BTG Forum will be held November 17, 2018 in Novato. The BTG Forum aims to build awareness and of this important extension of the hand of A.A. The event is free and lunch is provided. Spanish interpretation will be available.

**Bridging the Gap - CNIA – Cindy A:** Cindy Anderson reported that she participated in a CNIA Workshop in Stockton where there was interest in the H&I Visiting Sponsors Program. There were questions raised on how it might interface with BTG. These questions included how a Visiting Sponsor might facilitate the inmate requesting a BTG Contact prior to release, and whether an ex-felon might be a Visiting Sponsor, since ex-felons can be denied volunteer status within the prison. At the upcoming CNIA Mini-PRAASA, there will be a roundtable dedicated to BTG. She attended the International Conference on BTG held in Denver in September. CNIA won the bid to bring the Conference to Sacramento. She will bring more information when negotiations with the hotel are finalized.

**NCCAA Liaison to H&I – Shaun G:** Shaun reported that flyers for the next Conference are available. He stated that the Chairperson had to step down and at the Modesto Conference he was elected back into the role of NCCAA Chair. Mona C. will be the new Interior Secretary. NCCAA continues to discuss the job descriptions of the officers and secretaries, particularly those of Chairperson and Treasurer. He stated that NCCAA needs someone to come forward for the position of Treasurer. Shaun reminded everyone that every Group in northern California may have two Group Delegates to NCCAA, which will celebrate 71 years of service to AA this year. NCCAA is the oldest conference in AA, and elected the first General Service Delegates from CNCA and CNIA. It also provides for all the AA service entities to have exposure at the Conferences via participation on speaker panels and/or having an information table available.

**SoCal H&I Liaison – David B:** David reported that he is also the liaison to the Spanish-speaking H&I Intergroup. He provided the purpose of the SoCal H&I Intergroup. He stated that he is also the archivist for the H&I Intergroup, and was able to attend the Archives Workshop in Chicago. The next meeting of the SoCal Committee is October 28<sup>th</sup>, hosted by the Los Angeles Spanish-speaking Intergroup. SoCal H&I holds meetings on the fourth Sunday of the month, at locations which rotate. The Spanish-speaking Intergroup meets on the third Sunday. All are welcome; the address and information for the upcoming meeting are on the website. The literature fund is \$7,000 currently, funded by the SoCal H&I Conference. Local committees can bring a voucher and receive money for literature.

**NorCal H&I Conference Committee-Cindy L:** Cindy reported that the 46<sup>th</sup> H&I Conference will be held May 3<sup>rd</sup> through 5<sup>th</sup> 2019. Flyers are available, with registration \$20 to pre-register, \$25 at the door. There will be planning meetings the fourth Sunday of every month, 10:30 a.m. in Vallejo. More volunteers are needed, from any Area. The Courtyard Marriott offered \$135 per night, but only 40 rooms are available at that price. It is within walking distance from the Conference site. Back to basics housing will be available. Everyone is welcome to submit names for moderators, readers and speakers. She will ask CNIA and CNCA to have tables at the Conference. She asked that everyone please make announcements at meetings, and make sure everyone understands that the Conference is funded entirely through registrations; no Pink Can monies fund the Conference. Alison Goss suggested creating a talking-points flyer, to explain why attendance at the Conference is important.

## Adjournment

Karen C reminded everyone that the next General Committee Meeting would be held February 10, 2019, hosted by Area 16-Shasta. The Committee thanked Area 52 for its efforts in hosting the meeting. The meeting adjourned at 3:35 with a moment of silence followed by the Responsibility Declaration.

In love and service,  
Melody T, Recording Secretary



**NorCal H&I Committee  
Financial Statement  
August 2018**

	<u>Aug 18</u>	<u>Dec '17 - Aug 18</u>		<u>Aug 18</u>	<u>Dec '17 - Aug 18</u>
<b>Income</b>			<b>02, Del Norte</b>	533.22	806.90
<b>Area Contributions</b>	55,965.15	483,652.80	<b>03, Siskiyou</b>	197.41	1,316.36
<b>Bounced Check fees</b>	0.00	24.00	<b>04, Humboldt</b>	748.15	4,617.48
<b>Processor Fees</b>	-154.78	-583.98	<b>11/12, Modoc/Lassen</b>	320.97	1,045.52
<b>Total Income</b>	<u>55,810.37</u>	<u>483,092.82</u>	<b>140, Spanish North Int</b>	51.00	486.20
<b>Income</b>	55,810.37	483,092.82	<b>16, Shasta</b>	897.92	7,494.09
<b>Expense</b>			<b>160, Spanish N Coast</b>	72.50	761.29
<b>Accounting</b>	0.00	435.00	<b>17/18, Tehama/Trinity</b>	15.00	695.14
<b>Bank Charges</b>	0.00	0.00	<b>170, Spanish S Coast</b>	0.00	454.82
<b>Equipment &amp; Fixed Assets</b>	0.00	1,504.98	<b>180, Spanish Central Int</b>	56.09	1,006.59
<b>Insurance</b>	0.00	1,561.00	<b>190, Spanish South Int</b>	168.00	1,214.00
<b>LITERATURE EXPENSE</b>			<b>21, Mendocino</b>	1,057.64	3,407.18
<b>AAWS, INC.</b>	60,785.25	364,437.37	<b>22, Sonoma</b>	3,226.19	37,561.97
<b>GRAPEVINE &amp; LA VINA</b>	33,313.62	65,400.33	<b>23, Lake</b>	463.16	3,002.86
<b>Meeting Directories</b>	80.00	2,107.24	<b>31, Butte/Glenn</b>	905.55	13,068.07
<b>Total LITERATURE EXPENSE</b>	<u>94,178.87</u>	<u>431,944.94</u>	<b>34, Placer</b>	2,304.34	18,909.54
<b>NorCal Committee</b>	811.87	3,506.12	<b>36, Sierra/Nevada</b>	1,122.71	6,783.44
<b>Office Supplies</b>	35.38	353.97	<b>42, Sacramento/Yolo</b>	2,617.84	20,996.27
<b>Postage</b>	0.00	620.09	<b>43, El Dorado</b>	464.20	8,505.88
<b>Printing Costs</b>	0.00	5,052.14	<b>44, Amador</b>	252.36	1,791.22
<b>Total Expense</b>	<u>95,026.12</u>	<u>444,978.24</u>	<b>45, Sutter/Colusa/Yuba</b>	224.08	1,027.19
<b>Net Ordinary Income</b>	-39,215.75	38,114.58	<b>51, Napa</b>	2,818.15	15,301.11
<b>Other Income/Expense</b>			<b>52, Contra Costa</b>	7,761.81	51,638.43
<b>Other Income</b>			<b>53, Alameda</b>	6,633.02	57,351.65
<b>Interest Income</b>	20.90	149.41	<b>54, Solano</b>	1,909.23	12,900.74
<b>Total Other Income</b>	<u>20.90</u>	<u>149.41</u>	<b>61, Marin</b>	3,340.55	42,148.47
<b>Net Other Income</b>	<u>20.90</u>	<u>149.41</u>	<b>62, San Francisco</b>	5,081.37	36,126.12
<b>Net Income</b>	<u>-39,194.85</u>	<u>38,263.99</u>	<b>65, San Mateo</b>	2,726.75	25,032.04
<b>OPERATING ACTIVITIES</b>	-39,194.85	38,263.99	<b>71, Santa Clara</b>	4,916.97	53,741.32
<b>FINANCING ACTIVITIES</b>			<b>72, Monterey</b>	653.36	5,130.74
<b>Wells Prudent Reserve Account</b>	-12.16	-85.33	<b>73, Santa Cruz</b>	0.00	15,336.30
<b>Net cash provided by Financing Activities</b>	<u>-12.16</u>	<u>-85.33</u>	<b>74, San Benito</b>	209.41	2,242.64
<b>Net cash increase for period</b>	-39,207.01	38,178.66	<b>81, Stanislaus</b>	665.70	6,602.60
<b>Cash at beginning of period</b>	207,421.72	130,036.05	<b>82, San Joaquin</b>	715.52	4,982.54
<b>Cash at end of period</b>	<u>168,214.71</u>	<u>168,214.71</u>	<b>83, Tuolumne</b>	234.01	2,253.39
			<b>84, Calaveras</b>	280.00	1,309.96
			<b>86, Merced</b>	102.24	1,093.74
			<b>91, Mariposa/Madera</b>	224.13	1,636.80
			<b>92, Fresno</b>	1,751.76	9,719.48
			<b>93, Tulare</b>	242.84	3,085.81
			<b>95, Kings</b>	0.00	1,066.91
				<u>55,965.15</u>	<u>483,652.80</u>
<b>Prudent Reserve = \$143,181.39</b>					
<b>Value of Literature on Hand = \$7,272.11</b>					

**NorCal H&I Committee**  
**Financial Statement**  
September 2018

	Sep 18	Dec '17 - Sep 18
<b>Income</b>		
Area Contributions	48,766.80	532,419.60
Bounced Check fees	0.00	24.00
Processor Fees	-81.86	-665.84
<b>Total Income</b>	<b>48,684.94</b>	<b>531,777.76</b>
<b>Income</b>	<b>48,684.94</b>	<b>531,777.76</b>
<b>Expense</b>		
Accounting	0.00	435.00
Bank Charges	0.00	0.00
Equipment & Fixed Assets	0.00	1,504.98
Insurance	0.00	1,561.00
<b>LITERATURE EXPENSE</b>		
AAWS, INC.	41,148.47	406,004.28
GRAPEVINE & LA VINA	0.00	65,400.33
Meeting Directories	106.00	2,213.24
<b>Total LITERATURE EXPENSE</b>	<b>41,254.47</b>	<b>473,617.85</b>
NorCal Committee	337.75	3,343.87
Office Supplies	0.00	353.97
Postage	0.00	620.09
Printing Costs	1,999.91	6,633.61
Region/Area Supplies	257.09	257.09
<b>Total Expense</b>	<b>43,849.22</b>	<b>488,327.46</b>
<b>Net Ordinary Income</b>	<b>4,835.72</b>	<b>43,450.30</b>
<b>Other Income/Expense</b>		
Other Income		
Interest Income	18.81	168.22
<b>Total Other Income</b>	<b>18.81</b>	<b>168.22</b>
<b>Net Other Income</b>	<b>18.81</b>	<b>168.22</b>
<b>Net Income</b>	<b>4,854.53</b>	<b>43,618.52</b>
<b>OPERATING ACTIVITIES</b>	<b>4,854.53</b>	<b>43,618.52</b>
<b>FINANCING ACTIVITIES</b>		
Wells Prudent Reserve Account	-11.77	-97.10
<b>Net cash provided by Financing Activities</b>	<b>-11.77</b>	<b>-97.10</b>
<b>Net cash increase for period</b>	<b>4,842.76</b>	<b>43,521.42</b>
<b>Cash at beginning of period</b>	<b>168,714.71</b>	<b>130,036.05</b>
<b>Cash at end of period</b>	<b>173,557.47</b>	<b>173,557.47</b>
 Prudent Reserve = \$143,193.16 Value of Literature on Hand = \$8,344.33		

	Sep 18	Dec '17 - Sep 18
02, Del Norte	122.13	929.03
03, Siskiyou	122.82	1,439.18
04, Humboldt	710.93	5,328.41
11/12, Modoc/Lassen	78.00	1,123.52
140, Spanish North Int	124.00	610.20
16, Shasta	578.00	8,072.09
160, Spanish N Coast	0.00	761.29
17/18, Tehama/Trinity	86.17	781.31
170, Spanish S Coast	0.00	454.82
180, Spanish Central Int	57.19	1,063.78
190, Spanish South Int	178.00	1,392.00
21, Mendocino	657.19	4,064.37
22, Sonoma	3,435.45	40,997.42
23, Lake	336.29	3,339.15
31, Butte/Glenn	1,627.09	14,695.16
34, Placer	3,047.19	21,956.73
36, Sierra/Nevada	650.24	7,433.68
42, Sacramento/Yolo	2,693.65	23,689.92
43, El Dorado	1,323.94	9,829.82
44, Amador	674.50	2,465.72
45, Sutter/Colusa/Yuba	61.31	1,088.50
51, Napa	717.16	16,018.27
52, Contra Costa	3,717.46	55,355.89
53, Alameda	5,706.61	63,058.26
54, Solano	1,469.98	14,370.72
61, Marin	4,202.62	46,351.09
62, San Francisco	5,999.95	42,126.07
65, San Mateo	2,001.74	27,033.78
71, Santa Clara	4,558.51	58,299.83
72, Monterey	968.63	6,099.37
73, Santa Cruz	0.00	15,336.30
74, San Benito	210.47	2,453.11
81, Stanislaus	535.59	7,138.19
82, San Joaquin	670.13	5,652.67
83, Tuolumne	18.00	2,271.39
84, Calaveras	107.00	1,416.96
86, Merced	197.06	1,290.80
91, Mariposa/Madera	141.85	1,778.65
92, Fresno	617.23	10,336.71
93, Tulare	362.72	3,448.53
95, Kings	0.00	1,066.91
	<b>48,766.80</b>	<b>532,419.60</b>

**NorCal H&I Committee**  
**Financial Statement**  
October 2018

	Oct 18	Dec '17 - Oct 18		Oct 18	Dec '17 - Oct 18
<b>Income</b>			<b>02, Del Norte</b>	0.00	929.03
Area Contributions	45,377.36	577,796.96	<b>03, Siskiyou</b>	0.00	1,439.18
Bounced Check fees	0.00	24.00	<b>04, Humboldt</b>	322.15	5,650.56
Processor Fees	-119.79	-785.63	<b>11/12, Modoc/Lassen</b>	0.00	1,123.52
<b>Total Income</b>	<b>45,257.57</b>	<b>577,035.33</b>	<b>140, Spanish North Int</b>	0.00	610.20
<b>Income</b>	<b>45,257.57</b>	<b>577,035.33</b>	<b>16, Shasta</b>	838.89	8,910.98
<b>Expense</b>			<b>160, Spanish N Coast</b>	221.24	982.53
Accounting	0.00	435.00	<b>17/18, Tehama/Trinity</b>	0.00	781.31
Bank Charges	0.00	0.00	<b>170, Spanish S Coast</b>	0.00	454.82
Equipment & Fixed Assets	0.00	1,504.98	<b>180, Spanish Central Int</b>	65.12	1,128.90
Insurance	0.00	1,561.00	<b>190, Spanish South Int</b>	0.00	1,392.00
<b>LITERATURE EXPENSE</b>			<b>21, Mendocino</b>	411.16	4,475.53
AAWS, INC.	40,652.00	446,656.28	<b>22, Sonoma</b>	3,826.23	44,823.65
GRAPEVINE & LA VINA	0.00	65,400.33	<b>23, Lake</b>	358.40	3,697.55
Meeting Directories	120.00	2,333.24	<b>31, Butte/Glenn</b>	1,067.15	15,762.31
<b>Total LITERATURE EXPENSE</b>	<b>40,772.00</b>	<b>514,389.85</b>	<b>34, Placer</b>	2,224.51	24,181.24
NorCal Committee	705.97	4,049.84	<b>36, Sierra/Nevada</b>	880.90	8,314.58
Office Supplies	0.00	353.97	<b>42, Sacramento/Yolo</b>	647.95	24,337.87
Postage	0.00	620.09	<b>43, El Dorado</b>	991.63	10,821.45
Printing Costs	0.00	6,633.61	<b>44, Amador</b>	78.00	2,543.72
Region/Area Supplies	0.00	257.09	<b>45, Sutter/Colusa/Yuba</b>	0.00	1,088.50
<b>Total Expense</b>	<b>41,477.97</b>	<b>529,805.43</b>	<b>51, Napa</b>	244.33	16,262.60
<b>Net Ordinary Income</b>	<b>3,779.60</b>	<b>47,229.90</b>	<b>52, Contra Costa</b>	2,754.46	58,110.35
<b>Other Income/Expense</b>			<b>53, Alameda</b>	4,761.43	67,819.69
Other Income			<b>54, Solano</b>	924.70	15,295.42
Interest Income	20.45	188.67	<b>61, Marin</b>	1,557.87	47,908.96
<b>Total Other Income</b>	<b>20.45</b>	<b>188.67</b>	<b>62, San Francisco</b>	3,555.32	45,681.39
<b>Net Other Income</b>	<b>20.45</b>	<b>188.67</b>	<b>65, San Mateo</b>	2,744.58	29,778.36
<b>Net Income</b>	<b>3,800.05</b>	<b>47,418.57</b>	<b>71, Santa Clara</b>	3,911.89	62,211.72
<b>OPERATING ACTIVITIES</b>	<b>3,800.05</b>	<b>47,418.57</b>	<b>72, Monterey</b>	483.55	6,582.92
<b>FINANCING ACTIVITIES</b>			<b>73, Santa Cruz</b>	10,000.00	25,336.30
Wells Prudent Reserve Account	-12.16	-109.26	<b>74, San Benito</b>	172.77	2,625.88
<b>Net cash provided by Financing Activities</b>	<b>-12.16</b>	<b>-109.26</b>	<b>81, Stanislaus</b>	525.14	7,663.33
<b>Net cash increase for period</b>	<b>3,787.89</b>	<b>47,309.31</b>	<b>82, San Joaquin</b>	352.00	6,004.67
<b>Cash at beginning of period</b>	<b>173,557.47</b>	<b>130,036.05</b>	<b>83, Tuolumne</b>	98.43	2,369.82
<b>Cash at end of period</b>	<b>177,345.36</b>	<b>177,345.36</b>	<b>84, Calaveras</b>	178.72	1,595.68
			<b>86, Merced</b>	293.43	1,584.23
			<b>91, Mariposa/Madera</b>	116.01	1,894.66
			<b>92, Fresno</b>	688.40	11,025.11
			<b>93, Tulare</b>	81.00	3,529.53
			<b>95, Kings</b>	0.00	1,066.91
				<b>45,377.36</b>	<b>577,796.96</b>
<b>Prudent Reserve = \$143,205.32</b>					
<b>Value of Literature on Hand = \$7,374.74</b>					

**NorCal H&I Committee**  
**Financial Statement**  
November 2018

	Nov 18	Dec '17 - Nov 18		Nov 18	Dec '17 - Nov 18
<b>Income</b>			<b>02, Del Norte</b>	0.00	929.03
Area Contributions	50,078.44	627,875.40	<b>03, Siskiyou</b>	125.46	1,564.64
Bounced Check fees	0.00	24.00	<b>04, Humboldt</b>	806.67	6,457.23
Processor Fees	-99.98	-885.61	<b>11/12, Modoc/Lassen</b>	68.94	1,192.46
<b>Total Income</b>	<b>49,978.46</b>	<b>627,013.79</b>	<b>140, Spanish North Int</b>	64.00	674.20
<b>Income</b>	<b>49,978.46</b>	<b>627,013.79</b>	<b>16, Shasta</b>	951.63	9,862.61
<b>Expense</b>			<b>160, Spanish N Coast</b>	50.00	1,032.53
Accounting	0.00	435.00	<b>17/18, Tehama/Trinity</b>	15.00	796.31
Bank Charges	0.00	0.00	<b>170, Spanish S Coast</b>	0.00	454.82
Equipment & Fixed Assets	0.00	1,504.98	<b>180, Spanish Central Int</b>	81.14	1,210.04
Insurance	0.00	1,561.00	<b>190, Spanish South Int</b>	301.00	1,693.00
<b>LITERATURE EXPENSE</b>			<b>21, Mendocino</b>	117.35	4,592.88
AAWS, INC.	30,575.00	477,231.28	<b>22, Sonoma</b>	2,986.25	47,809.90
GRAPEVINE & LA VINA	0.00	65,400.33	<b>23, Lake</b>	489.99	4,187.54
Meeting Directories	159.25	2,492.49	<b>31, Butte/Glenn</b>	661.22	16,423.53
<b>Total LITERATURE EXPENSE</b>	<b>30,734.25</b>	<b>545,124.10</b>	<b>32, Plumas</b>	248.18	248.18
NorCal Committee	4,404.18	8,454.02	<b>34, Placer</b>	2,398.01	26,579.25
Office Supplies	0.00	353.97	<b>36, Sierra/Nevada</b>	650.01	8,964.59
Postage	1,165.30	1,785.39	<b>42, Sacramento/Yolo</b>	2,036.12	26,373.99
Printing Costs	4,465.55	11,099.16	<b>43, El Dorado</b>	599.19	11,420.64
Region/Area Supplies	0.00	257.09	<b>44, Amador</b>	201.71	2,745.43
<b>Total Expense</b>	<b>40,769.28</b>	<b>570,574.71</b>	<b>45, Sutter/Colusa/Yuba</b>	89.76	1,178.26
<b>Net Ordinary Income</b>	<b>9,209.18</b>	<b>56,439.08</b>	<b>51, Napa</b>	2,351.80	18,614.40
<b>Other Income/Expense</b>			<b>52, Contra Costa</b>	4,883.36	62,993.71
Other Income			<b>53, Alameda</b>	7,156.48	74,976.17
Interest Income	20.27	208.94	<b>54, Solano</b>	1,401.43	16,696.85
<b>Total Other Income</b>	<b>20.27</b>	<b>208.94</b>	<b>61, Marin</b>	5,623.44	53,532.40
<b>Net Other Income</b>	<b>20.27</b>	<b>208.94</b>	<b>62, San Francisco</b>	2,786.84	48,468.23
<b>Net Income</b>	<b>9,229.45</b>	<b>56,648.02</b>	<b>65, San Mateo</b>	2,177.67	31,956.03
<b>OPERATING ACTIVITIES</b>	<b>9,229.45</b>	<b>56,648.02</b>	<b>71, Santa Clara</b>	5,607.41	67,819.13
<b>FINANCING ACTIVITIES</b>			<b>72, Monterey</b>	729.48	7,312.40
Wells Prudent Reserve Account	-11.77	-121.03	<b>73, Santa Cruz</b>	0.00	25,336.30
<b>Net cash provided by Financing Activities</b>	<b>-11.77</b>	<b>-121.03</b>	<b>74, San Benito</b>	194.22	2,820.10
<b>Net cash increase for period</b>	<b>9,217.68</b>	<b>56,526.99</b>	<b>81, Stanislaus</b>	744.12	8,407.45
<b>Cash at beginning of period</b>	<b>177,345.36</b>	<b>130,036.05</b>	<b>82, San Joaquin</b>	914.28	6,918.95
<b>Cash at end of period</b>	<b>186,563.04</b>	<b>186,563.04</b>	<b>83, Tuolumne</b>	881.72	3,251.54
			<b>84, Calaveras</b>	48.28	1,643.96
			<b>86, Merced</b>	114.85	1,699.08
			<b>91, Mariposa/Madera</b>	126.52	2,021.18
			<b>92, Fresno</b>	1,186.02	12,211.13
			<b>93, Tulare</b>	208.89	3,738.42
			<b>95, Kings</b>	0.00	1,066.91
				<b>50,078.44</b>	<b>627,875.40</b>
<b>Prudent Reserve = \$143,217.09</b>					
<b>Value of Literature on Hand = \$7,203.05</b>					

## PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at [www.handinorcal.org](http://www.handinorcal.org) (or your local Area Chair) to get one.

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