

NORTHERN CALIFORNIA
HOSPITAL & INSTITUTION COMMITTEE
P.O. BOX 192490
SAN FRANCISCO, CA 94119-2490



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OR

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COMMITTEE SCHEDULE 2023/2024

October 22, 2023

January 28, 2024

April 28, 2024

June 23, 2024

Committee Meeting will be held at 11:00am on Zoom.
In Person location will be communicated prior to each meeting.
Contact northcalhandipublisher@gmail.com for questions.



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Northern California Hospital & Institution Committee



P.O. Box 192490 * San Francisco, CA 94119-2490

Newsletter #4

PLEASE KEEP THE CONTENTS OF THIS NEWSLETTER CONFIDENTIAL

October 2023

NEXT COMMITTEE MEETING:

October 22, 2023

11:00 AM Pacific Time

In Person Location:

1631 N. 1st Street, Suite 123

San Jose CA 95112

(RSVP to northcalhandipublisher@gmail.com if attending in person due to limited size of room)

Join Meeting by ZOOM:

Meeting ID: 828 7733 8114

Passcode: service

Dial by your location

+1 669 900 6833 US

Meeting ID: 828 7733 8114

Contact northcalhandipublisher@gmail.com for questions.

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Letter from the General Committee Chair

Greetings!

I'm humbled and honored to have been elected to chair the General Committee. When I began volunteering for H&I service I had no idea that it would become one of the greatest gifts of my sobriety.

My sincere thanks to Jeff Little, past chair, and to every one of the General Committee members. Whatever we might accomplish in the next year could only be possible because of the vision and hard work of those who came before us. Thanks to their stewardship, NorCal H&I remains strong and effective despite the unprecedented challenges of recent years.

It's an exciting time of rebuilding and growth. As the pandemic lockdowns recede, we're being invited back into facilities and new meeting requests are popping up again. The Inside Visiting Sponsorship Service has branched out from San Quentin into Folsom and beyond and a pilot program is testing the feasibility of the IVSS model in long term rehab facilities.

But it's also frustrating when there just aren't enough volunteers to start a meeting or to sponsor an incarcerated alcoholic. People are our most precious resource, and more are needed to meet the need. We can't afford to lose volunteers or miss opportunities to connect with potential volunteers. Keep those orientations, workshops and H&I announcements going and let's respond quickly and politely when anyone writes or calls asking about service in any area.

Another sign of growth has been a big increase in literature orders. Normally this is great news, but contributions haven't kept up with the demand so, we're spending much more than we're bringing in. A loss of about \$37,000 was expected this year it's already much worse with a loss of more than \$73,000 to date. A hefty loss is projected for 2024 because this situation doesn't appear to be reversing anytime soon. This is unsustainable and will lead to financial instability if nothing changes.

We will need to reduce expenses and hopefully, income will increase. There are few areas where we can reduce expenses, but literature is our main expense and reducing that will have the biggest impact on the bottom line. This will probably take the form of a literature rationing plan to restrict literature purchasing within our financial means. Since Pink Can and website contributions are our only income, this would be a good time to let your local groups know that H&I is not overfunded, and continuing support is needed now.

So, there's good news with a little bad news. NorCal H&I has survived much tougher times and with your help, we'll get through the current financial challenges. It may take some time but, calls for more meetings and more IVSS sponsors will be answered and we will continue to provide as much literature as we can afford to help you to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics in Northern CA.

Julio Barba



Letter of Gratitude for H&I

Hello all, my name is Lisa C., and I am an alcoholic. My sobriety date is March 28, 2012. I am honored to share my story with you, my gratitude in action.

Gratitude is now a part of my daily life. It often comes automatically, when I start to feel negative, irritable, maybe even inconvenienced or discontented. That wasn't the case when I first stepped into the rooms for the first time in 2003. I wasn't a person that was able to see any good in MY life. Sure I could see it yours, but your life was good, I had problems.

I wasn't ready to accept I was an alcoholic then. Especially after listening to the stories and only hearing the consequences, that of course didn't apply to me. I did what you suggested, because I had my job to think about (and my little boy, and family). I had huge reservations so my solution was to get into a relationship and fix someone else. That worked for about 3 and a half years, the last half of which I was planning my relapse.

I don't have to explain the next 5 years to you, some of those consequences that I heard about started to pile up and my life was a series of the same thing day after day after day. I lived to drink and I drank to live. That day came though that I just had to really and honestly look at myself in the mirror and ask God for help. That's when gratitude started. It was very small, but big enough to carry me back to AA.

March 28, 2012 was just another day for most people, but for me it was the day I started to rebuild my life. I'm not going to lie, the first 3 years were horribly challenging. Like Dr. Bob, I did not lose my compulsion to drink right away. I was living with an active alcoholic/addict and I never knew what my day after work would look like at home. I am grateful for my first sponsor. She taught me to trust my God and put sobriety first no matter what. I got into service right away, made friends, worked the steps, and did more service. I am so grateful for service, I am not sure where I would be without it. After a couple years, I finally filled out that H&I application. Secretly hoping that somehow I wouldn't qualify. I did though, and although I was scared, I am grateful for the woman I was partnered with. She taught a lot about being an adult, and I learned that I did have something to offer, and most importantly that I was no better than anyone else, my path was just different.

I somehow was misunderstood when I said I couldn't be the Women's jail coordinator because that night, I received a group text informing me that they were happy to have me on board. And so it began. I am currently Area 54 Chair, (which I technically didn't really volunteer for either) and womens jail coordinator for now, as we rebuild our area.

I have to say, H&I has really grown on me, and I've come to be grateful for all the uncomfortable growth I've gotten just because of service. I have a life beyond my wildest dreams today. I am grateful to be an alcoholic, to have a design for living. I am grateful that I get to go to work (most days), and after almost 30 years, I will get to retire in a couple more because I learned how to be an employee and coworker. Today I am grateful I get to be the best version of me. I am grateful that I have a husband in the program, that works his own program, so that we can continue to walk together toward our goals. I am a grandma (and the best one ever, if you can believe a 7-year-old) and I work hard to make sure he knows he has a solid foundation with us. It's a family disease, and this last year, we found out that this program is about that attraction rather than promotion. I got to give my son his one year chip a couple weeks ago, and next week our other son will have a year, and then, another son is at 9 months. How does that happen? The gratitude I have in my heart I cannot describe, except to say it is full. Service and AA, the promises are being fulfilled among us.

In love and service,

Lisa C

Area 54 Chair

From the Archives

UNDER CONSTRUCTION!

The Archives were moved from a storage unit into an office space in Berkeley. This space will provide a more suitable environment for organizing the materials and building the digital archives.

OPEN POSITIONS - NORCAL H&I

The following positions for our Northern California committee are currently open. If you, or anyone you know, might be interested in stepping up and filling these openings, you'll be making our committee both more effective and more representative. See our Policy Manual for the complete position descriptions, and *if you're interested or have any questions, please contact our General Chair.*

Committee Chairs/Positions

Execute the operations of the Committee.

Recording Secretary
Publisher
Audio Media Chair
Spanish Communications Chair

Regional Chairs

Acts in support capacity to Area Chairs within the region...

Region 01 - Far North Coastal – OPEN Region 10 - Far North Interior – OPEN
Region 30 – Northern Interior – OPEN Region 70 – Southern Coastal – OPEN
Region 170 – Spanish South Coast - OPEN

Area Chairs

Have overall responsibility for the H&I operations in the areas in which they serve...

Area 03 Siskiyou - OPEN Area 12 Lassen – OPEN Area 86 Merced – OPEN
Area 93 Tulare - OPEN Area 95 Kings - OPEN

Major Institutions Coordinators

Have overall responsibility for all H&I meetings in the Major Facility which they serve...

FCI Herlong – OPEN FCI Mendota (MEN) - OPEN
HDSP Susanville – OPEN SVSP Soledad - OPEN
SCC Jamestown – OPEN CCC Susanville- OPEN

IVSS Coordinators

If you'd like to support opening this service in an Institution near you, please contact the IVSS Chair

**The Web Site for the
Northern California Hospital & Institution Committee is:**

www.handinorcal.org

Please visit our site and send us your suggestions or questions.

NEWSLETTER

To change your newsletter status or info, chose one of the following:

1. E-mail the publisher using the "Contact Us" selection on the Menu on the left of the website home page.
2. Write the Northern California Hospital & Institution Committee: P.O. Box 192490, San Francisco CA 94119
3. Come to any General Committee Meeting to give us your new info.

NORCAL COMMITTEE AGENDA

October 22, 2023

OPEN MEETING with the Serenity Prayer

READINGS:

- Purpose of the Hospital & Institution Committee
- Twelve Traditions of AA

INTRODUCTIONS / WELCOME

APPROVAL OF MINUTES FROM LAST COMMITTEE MEETING

APPROVAL OF FINANCIAL STATEMENTS

OFFICER REPORTS

1. General Chair: Julio Barba	10. Pink Can Coordinator: TBD
2. General Co-Chair: Vacant	11. Policy Chair: TBD
3. Treasurer: TBD	12. Audio Media Chair: Vacant
4. Secretary: TBD	13. Archives Chair: Vacant
5. Major Institutions Chair: TBD	14. Public Information Chair: TBD
6. IVSS Chair: TBD	15. Grapevine Chair: TBD
7. Finance Committee Chair: TBD	16. Publisher: TBD
8. NCCAA Conf. Coordinator: Karen Bertolini	17. Spanish Comm. Chair: Vacant
9. Literature Chair: TBD	18. Website Chair: TBD

LIAISON & SERVICE COMMITTEE REPORTS

1. VATF: TBD	4. NCCAA (as requested by NCCAA Chair): Karen Bertolini
2. H&I Liaison to CNCA: Vacant	5. SoCal H&I Liaison:
3. H&I Liaison to CNIA: TBD	6. Guest Reports:

BREAK

COMMITTEE BUSINESS SCHEDULE

- General Committee Appointments
- Budget Proposal

DISCUSSION TOPIC FROM THE GENERAL CHAIR:

- How we conduct business

OPEN FORUM/NEW BUSINESS – HOW CAN WE HELP YOU? Questions, suggestions, or comments from the floor
ANNIVERSARIES

CLOSE MEETING with the Declaration of Responsibility

Please send a brief written copy of your report to our Recording Secretary ASAP!



Northern California Hospital and Institution Committee

Regions and Areas



Region 01 - Far North Coastal

Areas: 2, 3, 4

Region 10 - Far North Interior

Areas: 11, 12

Region 15 - Lower Far North Interior

Areas: 16, 17, 18

Region 20 - Northern Coastal

Areas: 21, 22, 23

Region 30 - Northern Interior

Areas: 31, 32, 34, 36

Region 40 - Central Interior

Areas: 42, 43, 44, 45

Region 50 - East Bay

Areas: 51, 52, 53, 54

Region 60 - West Bay

Areas: 61, 62, 65

Region 70 - Southern Coastal

Areas: 71, 72, 73, 74

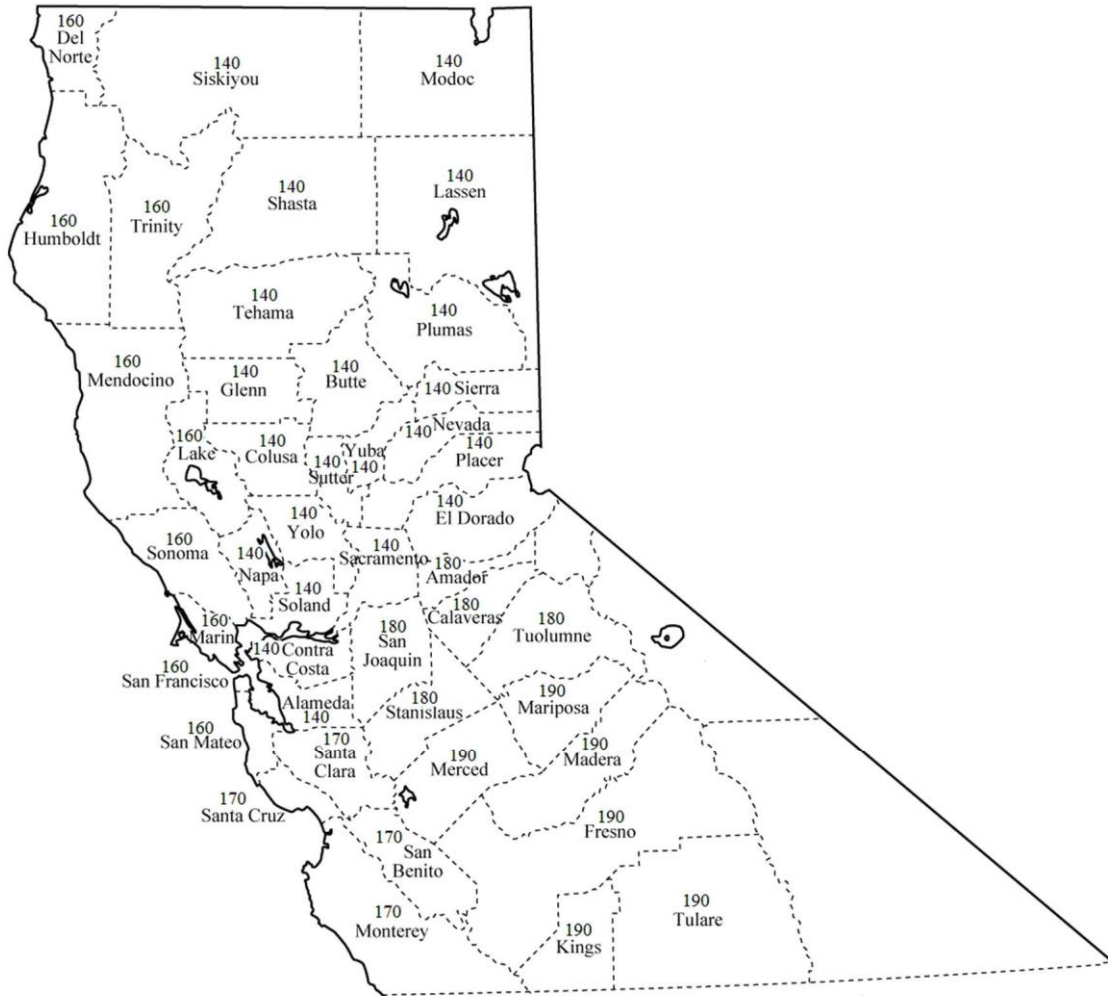
Region 80 - Southern Interior

Areas: 81, 82, 83, 84, 86

Region 90 - Far Southern Interior

Areas: 91, 92, 93, 95

Comité de Hospitales e Instituciones del Norte de California



Region 140 - Spanish North Interior (Sacramento)

4th Thursday of the month 7:00 to 9:00pm

5251 Florin Rd. Suite 142, Sacramento, CA 95822

Region 160 - Spanish North Coastal (San Francisco)

2nd Friday of Jan/Mar/May/Jul/Sep/Nov at 7:00pm

3401 Cesar Chavez St. Suite C, San Francisco, CA 94110

Region 170 - Spanish South Coastal (Salinas)

3rd Wednesday of the month at 7:30 pm

216 Gavilan St. Suite 215, Salinas CA 93901

Region 180 - Spanish Central Interior (Modesto)

1st Tuesday of the month 7:00 to 8:30pm

1100 Carver Rd. Suite 7, Modesto, CA 95350-4787

Region 190 - Spanish South Interior (Fresno)

1st Monday of the month 7:00 to 8:30pm

520 N Fulton St, Fresno, CA 93728

Norcal H&I COMMITTEE MINUTES 07/24/23

Introduction and Welcome

Opening: Jeff L. opened the meeting at 11:00 am with a moment of silence followed by the Serenity Prayer.

Purpose Statement: Annetta D read the H&I Purpose Statement and Jude H read the 12 Traditions of Alcoholics Anonymous.

Introductions

Present: 47

Alan C	Alex S	Allison G	Amber K
Andrew K	Annetta D	Beth	Bill S
Bill H	Carl P	David R	Debbie B
Diana A	Diane	Eduardo P.	Jeff L
Jim L	Joe A	Joe N	Joyce R
Jude H	Julio B	Karen B	Karen C
Kelly B	Ken M	Kenneth	Linda S
Lisa C	Manuel (interpreter)	Mari W	Mark
Martine A	Max V	Melody T	Mike K
Miki S	Nancy H	Penny C	Peter M
Peter S	Phillip	Renee P	Sheila W
Steven H	Terry M	Vikki R	

Attendance at Committee Meetings for last 18 months:

2023	2022
01/23: 53	02/22: 34 (General)
04/23: 50	05/22: 27 (Steering)
07/23: 43	06/22: 42 (General)
10/23: 7 in-person/40 Zoom	09/22: 34 (Steering)
	10/22: 88 (General)

- **04/22/23 Approve Minutes:** 1st Motion to Approve: 1st Motion Kelly B. 2nd Motion: Ken M. Approved= All but 3 accepted. There were 3 abstained.
- **Financial Reports Approval:** 1st Motion to Approve: Annetta; 2nd Motion= Ken M. Approved= All but 3 accepted. There were 3 abstained.

Officer Reports (presented at 07/23/23 Meeting)

General Chair, Jeff L. We're going to do things a little different this meeting as a result of what we learned in the inventory process. First, let me thank all who took part in the inventory. Especially Teddy B W, our past CNCA delegate who facilitated the progress. And for all who were there, you know, they had a fantastic job directing us through in a smooth, calm, effective process that I believe turned up some positive results.

We are implementing a 2 minute time limit for all who speak. We will have a timer to keep us to 2 minutes. Our inventory process indicated the need for a timer and eliminated the chat function.

2 big items: 1) Our IVSS program is a historic program that has changed the world of Corrections Committees around the world. 2) Funds. This is the first time in years we have 0 cents with no excess funds, which is great. However, a Regional Chair from has been attending area meetings with incorrect information regarding our finances, as well as how our 5% reimbursements were spent. Now the groups in these areas are removing their pink cans. We are operating at our operating expenses. The restructure will alleviate any misinformation because the Area Charis will be involved in these meetings and know first hand what is going on with H&I.

Thank you all for allowing me to serve and I am proud of watching you serve with dedication and passion. I'm proud of all the accomplishments of this committee.

General Co-Chair, Julio B I haven't found any record of this Committee conducting a group inventory. On June 4, we changed that. Past Area 06 General Service Delegate (Panel 69) Teddy B-W provided expert guidance throughout the process and conducted that sharing session with great skill and patience. It was an incredible group conscience experience, and my only regret is that many of us weren't present to experience it first-hand. In any case, we now have responses to the questions our committee wanted answered. I think we all have an obligation now to carefully read the group inventory minutes and work together to identify and implement positive and actionable suggestions that can help make us a more effective, efficient, and inclusive committee. Whatever we decide to do with this, we must revisit it regularly to ensure we're still on track. This may have been our first group inventory, but hopefully, it won't be our last. It's a healthy process we need to build into our committee's culture and revisit every few years.

Treasurer, Karen C. Per the information that I sent everyone at the beginning of the month, as of June 30, we had combined assets (reserve + operating funds) of \$285,745. Using the 2019 average expense (last year of normal operations), this makes us almost \$24,000 BELOW our recommended reserves. Even if we use our current 2023 YTD average expense, we're still about \$6,700 below our goal. This means not only do we no longer have a surplus, we now have a deficit. We've known this was coming for months, since I've been reporting that expenses are rising while contributions remain flat.

YTD loss thru June 2023 <\$80,200>, budgeted loss <33,150>, so our financial condition is 'neutral to poor'. This will vary depending on how the numbers come in for July and August, and our financial status will be reviewed in September when the 2024 budget is prepared. At that time, we'll make a recommendation to update our expense multiple.

JUNE 2023:

Due to a drastic increase in literature orders, which we haven't experienced since before the pandemic, our monthly cash flow was negative <\$41,535> for the month, with cumulative losses for the year of <\$80,202.40>. So we've eliminated our surplus, and are \$6733 below our recommended 6 month cash assets of \$292,479. Our financial condition has been downgraded to 'neutral', since our negative cash flow now exceeds our budgeted amount and our cash reserves are below target. **Area Chairs:** please make sure your local members are aware of this information.

June 2023:

YTD Comparison to LY	+9.5%	+95.1%	+84.9%
YTD Comparison to Budget	-10.0%	+17.0%	+ 8.7%
Overall Financial Condition:	NEUTRAL		

July 2023:

YTD Comparison to LY	=17.3%	+99.9%	+91.4%
YTD Comparison to Budget	-4.2%	+13.9%	+ 5.8%
Overall Financial Condition:	NEUTRAL		

AUG 2023:

YTD Comparison to LY	+12.7%	+75.4%	+71.3%
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YTD Comparison to Budget - 4.2% +14.7% + 6.7%
 Overall Financial Condition: NEUTRAL

Overview:

JUNE 2023 Recap

JUN Net Contributions = \$30,826.29
 JUN Literature Expense = \$67,954.93 (AAWS, Grapevine & La Vina)
 JUN Total Expense \$72,361.64
 JUN Cash flow = \$285,745.88
 JUN Prudent Reserve = \$154,961.86
 Cash in Ops Accts (incl PR) = \$130,784.02
 Combined Cash = \$285,745.88

JULY 2023 Recap

JUL Net Contributions = \$51,261.43
 JUL Literature Expense = \$27,490.92 (AAWS, Grapevine & La Vina)
 JUL Total Expense \$32,255.98
 JUL Cash flow = \$19,005.45
 JUL Prudent Reserve = \$154,961.86
 Cash in Ops Accts (incl PR)= \$149,789.47
 Combined Cash = \$304,751.33

AUG 2023 Recap

AUG Net Contributions = \$37,720.65
 AUG Literature Expense = \$49,896.26 (AAWS, Grapevine & La Vina)
 AUG Total Expense \$50,152.28
 AUG Cash flow = -\$12,431.63
 AUG Prudent Reserve = \$154,961.86
 Cash in Ops Accts (incl PR)= \$137,357.84
 Combined Cash = \$292,319.70

Secretary, Martine A. Thanks to each of you for getting the reports in. For those of you who have not sent a report in, please email me as soon as possible at: northcalhandi@gmail.com. If your term is ending and there is a replacement, PLEASE make sure that I am sent the information. (Name, phone #, email and mailing address)

Finance Committee Chair, Joyce R. I sign checks weekly as they are sent to me. And, review the bank statements, as they are reconciled, but just providing a 2nd set of eyes. I would like to piggyback off of what was said previously. In our area, we were getting trickled down information that H&I had too much money, and they were requesting not to pass the pink cans. We've definitely jumped on that at our district and Central office area. But it was really disturbing to hear that in our area.

Major Institution Chair, Carl P. There is a general staffing shortage in CDCR Institutions. One result is the lack of inside sponsors statewide which can impinge our participation if we don't have beige card holders available.. This has been going on since the COVID situation began and might mean increasing responsibility being put on beige Card holders to have a meeting if no staff are available. ADA rules will stay in force, i.e., if a hearing impaired inmate is supposed to be in a meeting, the meeting will be canceled if the interpreter is not available. **Herlong** - FCI is currently being served by Reno AA volunteers. Several folks have applied for clearances to volunteer at FCI Mendota and we have a coordinator named. Area 92 Chair, Kat S has been instrumental in this positive development as has Lt. Marrero at the prison. I reached out to SCC and the CRM is sending me application forms. There is at least one person interested. **CDCR Juvenile Justice institutions:** All are being phased out.

I've been informed by CDCR that the General Population all have access to tablets and they can access the Big Book for free. They did not mention availability of other AA literature. **MIC Reports:** Generally, H&I meetings are going well in the prisons. Even with shortages and turnovers of volunteers and staff no dark nights have occurred. There are fewer meetings and the schedules have been restructured following the pandemic but everyone has adjusted well. **Sac State Prison:** Zack C is stepping down from MIC position. The cleared volunteers are two women who aren't going in alone because it's a high security facility with regular violence. **PVSP:** Mike S has stepped down from his MIC position due to lack of other volunteers. **FCI-Mendota:** Volunteers are being cleared to go into FCI-Mendota and will be trained when cleared. Shout out to Kat S of Area 92.

This marks the end of my tenure as Major Institutions Chair. I feel immense gratitude to volunteers at all the prisons for their dedicated service and to members of the Committee for being supportive and helpful at all times. I have been honored and privileged to serve with you all.

IVSS Chair, Karen C. As of 6/30/23 we have a total of 111 confined alcoholics on our prison rosters. Overall match rating is 82%. Effective communication with staff is an ongoing problem. New Coordinator at CTF Soledad – Bill S. Conducted an informational meeting last Sunday, and as result have a new Coordinator for Folsom – Joe A. Gratitude to both for taking on vital responsibility. Also got vols for CC Women's Facility at Chowchilla and SATF Corcoran, so hopefully we'll be able to report progress there as well in October. Currently have Coordinators for 5 institutions with 2 more in the pipeline. As always, if you have an institution in your Area where you'd like to get IVSS started, please contact me. **IVSS Rehabs Pilot Program** – As reported at last NorCal mtg, adapted the prison model to a pilot program in A53 for medium to long-term rehab facilities. Have a Coordinator and get ready to make 1 st match, so that effort is moving forward. My vision is that providing the element of sponsorship to confined alcoholics will eventually be as inherent a part of our services as is bringing in meetings and supplying literature, since for most of us, all 3 elements are part of successful sobriety.

NCCAA Conf. Coordinator, Karen B. Plans are moving forward for the Fresno NCCAA Conference October 13th - 15th, 2023. There are plans for a H&I Panel at the conference. Kat is helping me identify people from the Fresno area to ask for the panel. We will have a table there too staffed by people from the Fresno Area. The next Steering Committee Meeting is 7/30/23.

Literature Chair, Kelly B. Facilities are slowly opening back up and there has been a higher demand for Literature, especially Grapevine Books. June was the highest demand for Literature thus far this year. Totalling \$56,052.14 in invoices. It looks as though COVID-19 is finally a thing of the past. It is very important that we have an updated Form II, if new facilities are being added or coming back from being closed. You can find a copy of Form II on our handinorcal.org website under "Resource". On a personal note, I would like to thank our Treasurer Karen for sending out the "2023 H&I Financial Picture Letter". I was able to share this Letter at our Area 71 Santa Clara County H&I Business Meeting, last month. I made 30 copies of the letter, and all of them were gone by the end of the meeting.

Pink Can Coordinator, Peter M. We have 540 pink cans and 255 lid stickers on hand.

Policy Chair, Penny C. We will be presenting proposed revisions of the 15 items for the 2023 policy for the 2nd vote. Substantial unanimity is required for passage of revisions.

Archivist/Historian Chair, Julio B. Attending the 47th Annual H&I Conference in Sacramento in May was awesome. The Conference Committee did an outstanding job of pulling together a great program. It was a joy to see many friends I haven't seen since before the pandemic and some I've never met in real life outside of zoom boxes before. I had the privilege of sitting on the NorCal Committee Panel and talking about one of my favorite subjects, the NorCal Archives, my experiences as the archivist and the importance of continuing to digitize our historical record. My talk is recapped in ***From the Archives*** in the July Newsletter.

I am also excited to report that the Archives are moving from a storage unit into a working office space. The space comes with electrical power and lights so we can work more efficiently on site preserving our historical record. Another nice feature is that the rent will be lower.

Public Information Chair/CNIA Liaison. Vikki R. Thank you Jeff for your service. I attended the CNIA ACM last month and attended another one the following month. The election assembly for CNA is going to be held in November.

Grapevine Chair, Bob F. The Grapevine Chair manages monthly Grapevine/La Vina subscriptions, the literature chair provides the Grapevine Inc literature and back issues of the magazine. We deviate from the literature policy in that it's often more effective or may even be required to directly ship to the major institutions than to a literature chair. It's imperative that we keep apprised of changes to local committees, major institution chairs, facility reps such as chaplains, CRMs etc. Please notify me of personnel or address changes. It would be great if everyone could check their areas and institutions for proper deliveries and addresses. We are still encountering position changes that haven't been passed along resulting in delayed, stockpiled or abandoned deliveries. If you are not sure who's getting them, or in what quantities for a given institution or area, please reach out to me and let's get things verified or updated. Due to the variety of recipients, there's no reconciliation to the main roster.

If you know of institutions not receiving Grapevines that should be, let's see if we can make arrangements to get them in. Current subscriptions are ever so slightly higher since last report. We are currently at 2565 Grapevines monthly and 1240 La Vina bi-monthly. Based on the last invoices received this is a monthly cost of ~\$6700.

Publisher Chair, Joe N: All is well. If you are not getting a physical Newsletter, please email me so that I can get one mailed out to you.

Spanish Comm. Chair, OPEN Per Jeff, this position is now open. This is to assist us with including communications to our Spanish Community.

Website/Audio Chair, Thom H. All is fine, really nothing to report. Traffic remains consistent around 20-30 visits per day.

Liaison Reports:

VATF, Carl P. The Director of Adult Institutions, Connie G, reiterated her suggestion to meet your warden if you haven't, introduce yourself and the program and ask for a few minutes of their time. Since then, Connie has retired and her replacement hasn't been named yet. Another general situation is the lack of inside sponsors statewide. This has been going on since the COVID situation began, apparently and might account for either increasing responsibility being put on brown Card holders or inability to have a meeting because no staff are available. Another point made emphatically clear is that ADA rules will stay in force, i.e., if a hearing-impaired inmate is in a meeting the meeting will be canceled if an interpreter will not be there. As usual, folks asked about the clearance process varying between institutions and the response was that they are uniform throughout the system. A volunteer asked if the brown card person can escort the volunteer? DOM addresses that: you may be able to escort if all safety concerns are addressed but it depends on location and the institution has to clear the escort locally. It is a consideration to have Brown card holders assist with escort of volunteers. Keep in contact with CRM's to find out that facility's hot spots. If being denied, it's due to a safety issue that you don't know the facts about and is to keep Volunteers safe.

Ericka L, LAC Community Resource Manager: Ms. Lake reiterated that there is to be no communication through the tablets with sponsors outside of groups. It's in the DOM that there is no direct communication with inmates and sponsors. Some Volunteers feel the CRM's are out to get them and it's actually coming from HQ. The CRM's and HQ want to get all the kinks ironed out. Community Partners Website (Compliance) has all applications and regulations available for Volunteers. CPU is working on rectifying forms to ensure they are ADA accessible. OPS will advise when all forms have been added to the

site. Updating CRM Contact List is ongoing since there is a lot of turn over with CRM's. OPS is trying to keep it updated and asks for everyone's patience and to please reach out to OPS if any help is needed.

H&I Liaison To CNCA, Karen B. I have not been able to attend the last 2 meetings but did submit reports to them. The Summer Assembly is August 12th in Eureka California. I will not be able to attend due to some family events. If anyone is interested in going and working a table that day please email me.

H&I Liaison to CNIA, Vikki R. See Public Information/CNIA Report

NCCAA Liaison, Mary M. No report and did not attend the meeting.

SoCal H&I Liaison, Diana A. Our Intergroup Committee meetings are the fourth Sunday of the month. Since I am the recording secretary for these meetings, I am today in two places at once. "Here and there". Our Intergroup committee is composed of the 23 H&I Committees in Southern California Areas 5,8,9 and 93. Highlights: SoCal H&I Conference was a big success – thanks in part to the NorCal presentations on Saturday afternoon!! Thank you to all who were there!! We are in the process of starting our planning for next year's conference. We are hoping that we will finally be able to realize something we've been wanting to do for a long time now – have a joint NorCal-SoCal Conference. Monica W, our Conference Chair for 2024, and Blair G, our Intergroup Chair, want to work with anyone in NorCal interested in helping this dream move forward. Thank you in advance for your participation!!!

Committee Business

- **NorCal General Election:** The Chair is elected using 3rd legacy procedures. Minimum of 5 years of sobriety and 3 years active in working within H&I at Area or Regional levels.
 1. Committee members announced that they are not available or not qualified
 2. Available: Julio B. Vote: Approved: Unanimous except for 3 people that abstained.
 - Qualifications: Sobriety date: 12/2004 and have been involved in H&I since 2010. Area Chair from 2010 - 2012. I was co-chair in SF for H&I facilities. 2 consecutive terms from 2017 -2021. I was appointed to be the archivist for the NorCal meeting since 2021, and co-chair since 2023. My personal background is healthcare. And last 10 years, I spent working in the quality management field, which specializes in analyzing clinical operations and designing improvements to improve clinical outcomes. And I think some of that's relevant. You know, one of the most important axioms in quality management is that every system is perfectly designed to get the results that it does. And what that means is that over 90% of problems that businesses and organizations have are in the systems, and they're not the result of individual actions. And I think we have a lot of opportunities to work together to make the committee a more effective organization. And I'd love the opportunity to work with all of you in that.
- **Policy Revisions:** Refer to proposed changes in Newsletter. Reminder: Black Text=Current wording. Text w/ ~~strikeout~~= is proposed to remove text. Red Text=Propose changes/additions. Blue Font=Rationale.
 1. Sections 1 and 2, page 1, paragraph 2:
 1. VOTE: Approved; 1=no. Vote not changed after minority opinion.
 2. Introduction Section 1, page 2:
 1. VOTE: Approved. Few=Abstained.
 3. Financial Policy, Section 1, Page 3, Section 2, page 2:
 1. The parentheses equate to 2 months prior year's expense was an average. Is that still our thinking? Per Karen, the policy already addresses this in financial policy that "the amount to be distributed must exceed the limits during two consecutive years of normal operating circumstances. Extraordinary and unique financial conditions as agreed on by

the NorCal committee will not be factored into the calculations to avoid distortions of necessary operating funds.” So that gives us the leeway that Andrew was asking about and in August, then September when the Finance Committee meets, they will make a recommendation for how that should be.

2. Vote: All but 1 approved. 1=No. No minority opinion expressed.
4. Sections 1, page 6, item 15 and Literature Policy Section 2, page 20, paragraph
 1. VOTE: Approved with 1=no. Minority Opinion: Did not feel it was warranted and the broad leeway to distribute H&I literature to whomever they think wants it and appears contradictory. Minority Opinion: No one changed their vote
5. Sections 1, page 13 and Section 2, page 15. Number 3 acts in support capacity to the Area chairs as needed, acts as a filter for problems and policy matters arising within the region and assists areas with problem solving by sharing experience of other area committees.
 1. Approved with 1 minority. Minority Opinion: Voted against this one because do not like 2nd half of the sentence where it talks about how we want to legislate the behavior of our elected officials if areas are electing these folks they need to elect folks that they believe are going to carry out these responsibilities the manner they want and if that's not being done, they have the ability to remove them legislating behavior of a trusted servants in my opinion is never a good idea. No change as a result of Minority Opinion.
6. IVSS Coordinator, Section 1, page 17 and Section 2, page 14:
 1. Approved with 1 abstained.
7. Section 1, page 18 and Section 2, page 22.
 1. Approved with 1=No. Minority Opinion. Brought up the question about does this include providing a meet more than just AA meetings, which is what this topic is how to start H&I meetings. And I asked if it also would allow us to do conferences, workshops, bring in circuit speakers, that sort of thing. And the answer from the chair was yes, but suggest that it is more broadly discussed by this committee, as a whole that we understand exactly what we're voting for. When we have this kind of language in there that doesn't specifically say we would like to do conferences, workshops, circuit speakers, that sort of thing. I just think that more discussion would be warranted on this particular thing.
8. Section 2, page 19 Mileage Reimbursement/Meals. Where is the actual rate published? It is on the expense report.
 1. Approved with 1=abstained
 - 2.
9. Section 2, page 20: Approved with 1=No vote. Funds distribution if any closed parenthesis should have been in there, but it's too late.
10. Page 1 Area positions Treasurer Section: Approved with 1=No. No minority opinion
11. Section 2, page 17: Approved w/ 1=Abstained.
12. Section 2, page 14: Approved 100%
13. Section 2, page 19: Approved 100%
14. Section 2, page 16, Item 6 & 7: Really feel that 2nd level of oversight is needed, especially for this position that processes over \$500K. Someone else said that it had oversight instead of the 2nd signature required on all checks. Another member checked with a bank and they don't really do 2 signatures anymore. The individuals that are reviewing are not the same person who signs the check. There is a significant amount of mail fraud, so mailing checks back and forth is a greater risk than 2 signatures.
 1. Approved with minority opinion: Suggest that we change our vote and set up a smaller committee perhaps to strengthen the rationale that were underscoring with accountability and fraud being our rationale. No change to votes.
15. Section 1, page 12: Approved (all)

- **Group Inventory Debrief:** The items are in the Newsletter. We spent several months collecting potential questions, using resources from the General Service and editing and modifying them to fit the purposes and structure of our committee. We went a few rounds, we started out with a very large selection of possible questions and, and sent it out to the members. And we went over time, through a couple of iterations. We whittled that down to these five questions.

We should digest the below questions and we will revisit this and a standing agenda item. This is a very powerful tool to strengthen the health of this committee and do this every couple of years.

Jeff shared that there was a time that H&I only had 12 people at the meetings, so we seem to be moving in the right direction.

1. What more can I committee do to carry the message? And there were, as with each one of these questions, some people made some general comments. And some people had suggestions, complaints. And we're facing a lot of challenges with bringing meetings into facilities. And there were a number of comments to that effect in there. There were comments about how we conduct our business, suggesting that we can do a better job of structuring our committee meetings, following some modification of Robert's Rules. As General Service does, using a timer, which Jeff mentioned at the beginning of this meeting, you can see that there are some comments in there about not doing a don't do a very good job of maintaining a strong relationship with the Spanish speaking community that keeps falling apart.
2. What has our group done lately to bring the message to the attention of professionals in the community, the physicians, clergy, court officials, educators, and others are often the first to see alcoholics in need? Making sure we have a strong relationship with PICPC and cooperating with them. Maybe holding events with them. Sending literature into clinics as needed. We seem to be at a low point in volunteering, and can be cyclical.
3. Does our committee understand the importance of all points of view being heard before a vote is taken. And recently, a motion was raised and passed prior to our being able to discuss that area level. For example, there was a vote taken, a motion was raised and passed prior to our being able to discuss that area level. Voting members need to have a finite group of members that have been attending and have the history of hearing the issues/arguments. Attending and listening are required and issues are gone over in detail and over time. We tend to use a lot of acronyms, so that members have a better idea of what they mean. Better job of managing our time. And it would be helpful to get reports written before the meeting for review.
4. Do we discuss how we can best strengthen the composition and leadership of our future trusted servants? Cooperation of areas leads to strengthening restructuring has empowered local areas not weak in the region. We need area chair and Regional Chair schools to figure out how to empower Area chairs and, and by schools. For example, like holding workshops. The first session is an orientation to what that role is and what your expectations are. And clearly, there's some sense that we need to do something like that here in the H&I. So we need to look at that as well. And many people are older and need to find ways for them to mentor younger people. And I think that's really important too, to pass it on, and not to give people positions and just walk away from them, but to support them.
5. Do we reach important decisions by thorough discussion, vote and where possible, substantial anonymity? There was an observation that many of the people who wanted the inventory were not present at the inventory. So, we may not be resolving the conflict that precipitated the inventory. The H & I committee reaches important decisions consistent with policy, and this committee handles business, encourages leadership and carries the message. We need to appreciate trusted servants over the last four years. The committee turmoil was made difficult by the conversations going on in the chat. That is one of the reasons that the chat was turned off because it may be a distraction with the topics at hand. Then finally, somebody mentioned that an elephant in the room was how much money does he and I have? And that was responded to very quickly afterwards, Karen had composed a letter on our financial situation, and that was distributed soon after, after that sharing session.

- **Questions/Suggestions:**

- Hybrid Meetings: Can we discuss our meetings to be held quarterly in various areas. Can we discuss this further? Yes, we can discuss further.
- Spanish Speaking Members: We have a large Hispanic population and very little participation from the Spanish. Well, we did have a bilingual volunteer that happened to be with us that day. And we noticed that there were several people in the facility that Spanish was their first language, but they did understand and speak English. So we had our volunteer share for 5 minutes in Spanish. It was good to see that sense of inclusion and it was very well received. So I just wanted to share that because it was a really good way to reach a lot of different people inside the facility.
- Area 54 Workshop on 9/16. We are having a panel of speakers. Flyers are available. Julio B will be there.
- Area 16 Workshop on 9/23: Jeff L will be the speaker. A luncheon will be held. It is on their website.
- The final Policy revisions will be included into the structure manuals (takes about a couple of weeks).

Anniversaries:

Mikki: 27 years	Peter S: 37 years	Steve H: 17 years	
Sheila: 48 years	Andrew: 34 years	Joe A.: 17 years	Jim L: 8 years
Joyce: 10 years	Annetta: 26 years	Jeff: 23 years	

Meeting Adjourned at: 1:32 pm.

Written Reports (not presented at Committee Meeting):

Major Institution Reports

- **ASP Avenal, Monte S.** See Report under SATF, Corcoran. Combined with Avenal
- **CCC Susanville, OPEN**
- **CCWF & VSP Chowchilla, Miki S.** **CCWF** has been suffering non-participation with our weekly meeting scheduling due to the lack of availability of Staff sponsors covering the meetings for us. I have been able to participate most weeks, but only 1 yard at a time has been able to offer meetings with the other yards not receiving the chance to participate at all, so rotating all 3 General Population yards on a regular basis has been limited for quite some time. Then adding the extreme heat of the summer, there are tempers being short with the inmates thus having yards locked down due to major disturbances! (FIGHTS !) I am relieved and happy to report however that literature is continuing to be distributed on an ongoing basis. I am looking forward to the service opportunities created both for CCWF and for our immediate Area 91, and Region 90 participants with the upcoming introduction of our IVSS program here locally. We enjoyed a fabulous workshop on July 16th presented on zoom by our Northern California H&I Committee and the IVSS Committee members. It is a welcome addition to our H&I community activities in our local and regional committees and a great service added to CCWF's AA programming that totally makes me happy! **VSP** meeting participation has been continuing with no difficulty. The problem of literature distribution was addressed when I brought it up at the last VAC meeting June 28th. I was told by the staff member of the CRM office that she would get right back to me, which was 2 weeks later when she told me they were working on it, but has yet to be resolved. The inmates have cooperated immensely by taking materials from the storage units to be distributed in the actual housing units. Meanwhile, my mobile home is becoming more congested with the GrapeVines intended for VSP continuing to amass throughout my living and walking areas as I do

NOT have a storage shed or garage! I am also anticipating the possibility of having the IVSS program offered here at VSP at some time in the near future.

- **CHCF Stockton, Melody T.** Finally, after three years of pandemic closures and CHCF staffing problems, we may be making some progress with getting back into CHCF. We now have a contact working under the Community Resource Manager who seems to be responsive, albeit unfamiliar with AA. She is scheduling a conference call for H&I, PI/CPC, and BTG to review what AA does and does not do, and what services are provided by each of the service entities. She would like the meeting to take place within a month, and I have asked for the current volunteer application and procedures. She in turn has investigated the supply of AA literature at the facility, and from what she reports, we can proceed with ordering more literature. Basically, we are starting from scratch, just like we did when the prison first opened. Our Delta Intergroup Bridging the Gap Committee reported that it has received requests for sponsorship from inmates at CHCF. Bridging the Gap does not provide sponsorship to inmates, so we are really looking forward to presenting the IVSS as a possibility for CHCF.
- **CMF Vacaville, Ken M.** We currently have a total of 8 AA volunteers cleared, with 2 more in the process of getting cleared. There are 36 meetings/mo, of which H&I is attending an average of 21. The big excitement at CMF among the inmates, uh...inside members is the distribution of tablets. I am told that they now have access to AA literature through the "Education" app on their tablets. While there may be some people who still prefer a hard copy book or pamphlet, this new use of technology should greatly reduce the need to supply the facility with a large volume of books. Our Area 54 Committee is planning a workshop in September to "beat the drum" of enthusiasm for H&I service in our area. The Community Resource Manager (CRM) Emily H, at CMF has graciously accepted an invitation to participate at the workshop, giving a brief talk on the value of AA H&I volunteers participating in the AA meetings held within the facility.
In my last report to this committee I requested that anyone actually reading the report in the newsletter to please send me an email so I'd know. To date I've had no responses. Finally, I'd like to formally thank the outgoing Major Institution Chair, Carl P, for his dedicated, unwavering support and leadership these last years! Your character and commitment will be missed! Thanks also to the rest of this committee, who will be rotating after this meeting, for all their love and service to AA.
- **CTF Soledad, Alex S.** Not much new to report. We have a 1 day conference around the steps being facilitated by the guys inside on 7/30 and a spanish one in August. Meetings are going very well with attendance growing every week.
- **DVI Tracy: FACILITY CLOSED.**
- **FCI Dublin, Linda S.** FCI Dublin is a federal prison for women with two facilities – one medium security (FCI) and one minimum security (Camp). An inside sponsor has been assigned (a counselor), and 5 volunteers have been cleared to take in meetings. 2 meetings/mo at one of the facilities are underway, with enthusiastic response from the inmates. 3 additional volunteers are nearing completion of the clearance process, and several more are waiting for the next training session. We have been fortunate to have the support and intervention of Andie M, a Class A Trustee, who is in contact with the warden to 1) badge volunteers, 2) increase the frequency of meetings to weekly, 3) expand meetings to cover both facilities and 4) ensure literature is being received.
- **FCI Herlong** (currently covered by Reno)
- **FCI Mendota, OPEN.**

- **FSP Folsom State Prison, Jamie W.** Meeting attendance is great. There is a year-long waiting list for the inmates to get into a meeting. We could really use some Spanish-speaking volunteers for the Monday and Friday night meetings. I am in the process of clearing several new volunteers, but we always need more. The prison is having its first ever Summerpalooza next month and I have received an invitation. There will be food, music and games for the inmates and staff. Should be interesting.
- **HDSP Susanville, OPEN**
- **MCSP Mule Creek, Mike K.** There is nothing to report for this quarter. I am operating with a small group of volunteers and we still need more volunteers to cover the scheduled AA meetings in the prison. I have several prospects with volunteer applications in various stages of completion/approval. There have been no new requests for AA literature at this time.
- **Napa State Hospital, John G.** All meetings were covered. The word is still getting out to each unit that AA is coming back in, so hopefully this month attendance will be greater; but for the month of June attendance of patients are pretty good for starters. Unit T 13-14-15-still conduct their own meetings and reading materials are still provided. Grapevines are sent in with volunteers so everyone gets one.
- **NCYC Stockton, FACILITY IS CLOSED**
- **NorCal Fire Camps, Peter S.** Nor Cal AA H&I is “responsible” for serving 14 Fire Camps in Northern California. They are (in Alphabetical order not locations); Alder (region 1), Antelope (region 10 - at CCC Susanville), Ben Lomond (region 70), Deadwood (region 1), Delta (region 50), Eel River (region 1), Intermountain (region 10), Ishi (region 15), Konocti (region 20), Parlin Fork (region 20), Salt Creek (region 15), Sugar Pine (region 15), Trinity River (region 15) and Washington Ridge (region 30). The other camps in the “Southern Region” are pending information from Jamestown (Sierra Conservation Center). Prior to my trip in January there were 6 volunteers known to me and as of mid January those clearances had expired. I have no knowledge of any new or renewal requests. I have tried to contact people for information for the past year and have had no communication other than the information I am seeking is confidential and can not be shared. But if CDCR is given a list of names and camps it might be possible to answer as people are cleared. No information available for pending clearances without names. This from Kim G, the then CRM at CCC Susanville. I have been given 4 names for people to contact at Jamestown since my return, the first was unreachable by the person who gave the name to me and apparently has “moved on”. I did contact Erin Dickson at Jamestown via email only to find out she had moved to a new position. Erin gave me 2 names (and forwarded my request) and so far I haven’t received a reply. Needless to say this is frustrating.
6 Volunteers for 14 camps is not acceptable or what Nor Cal AA H&I traditionally has done in the past. I know that COVID decimated the volunteer force, but the CDCR massive paperwork requirement and the difficulties getting the LiveScan for fingerprints has made the application untenable for many. I would like to thank Eddie T at Delta Camp and Ron H and Jude H at Sugar Pine for their steadfast work trying to keep serving the clients at those camps.
Please, Regional Chairs, Area Chairs, and other members of the committee, put the word out everywhere that volunteers are needed to serve the population in the Fire Camps. Camp locations and contact information is accessible on the CDCR website at cdcr.ca.gov Go to “Facility Locator” for “type” and click Fire Camps. The 14 camps “we” currently deal with are above Sacramento on the map with the exception of Delta and Ben Lomond which are shown near San Francisco (east) and San Jose (just below). If you click on a “triangle” image the camp name etc. will display, then click on the web site listing and you will be directed to the camp page with all the information to contact staff.

- **PBSP Pelican Bay, David R.** We are going every Sunday and as per our last conversation all is going good. Meetings are well attended and they have plenty of literature. The meeting is primarily a Big Book and Step Study and is attended by the prison's Chaplain, who is an alcoholic. I don't have much from the CRM office regarding my brown card, and I haven't heard a lot from those requesting H&I clearance. However, there are other people going in from Cindy B commitment. All of my paperwork was lost or misplaced and I had to complete all new paperwork and in the process of getting that done to hopefully get my gate clearance soon. All the meetings are running smoothly.
- **PVSP Coalinga, OPEN.** Per email from Mike S, he has resigned his position.
- **CSP Sacramento, OPEN.** Zack C is stepping down but has provided his report. **Point of interest:** This previously was a Level 4 institution and has just recently made the B-yard a level 2 facility and is currently in the process of populating this yard. **Report:** Still having difficulties finding volunteers to go into this institution. It seems I find people who show an interest, but they never follow through and complete the application process. I have followed up 2 or 3 times with a gentle reminder, but it seems everybody is too busy to complete the application. I have even offered to have them come to my house and I would help with the application. So, for the last 14 months, I have been the only volunteer going into this facility (twice a month). At this point I am going to have to step down from this position. I don't think my time here has been effective and I have decided to be of service in other capacities. I have tried my best with this position, but it appears this is not my calling. Thank you for the opportunity
- **SATF, Corcoran and Avenal, Bill H and Monte S. ASP-** 8 Volunteers cleared- 6 English and 2 Spanish Speakers. One English speaking volunteer has stopped participating due to health issues. Another has restarted visits after a job change. 2 volunteers visit/per mo, 1 of which is from So Cal and rarely available. Longer day-light hours have allowed us to increase our visits recently (despite the small number of cleared volunteers, work schedules, and transportation limitations). 6 English and 6 Spanish Speaking groups meet each week. All AA groups meet on Tuesdays (2 from 3-5 PM and 4 from 5-7 PM) and are composed of up to 150 AA Members. We continue to restock the Form 22 supply of literature. **COR-** 5 Volunteers cleared- 4 English Speakers. One English speaking volunteer (the same person mentioned for ASP) has stopped participating due to health issues. 2 volunteers visit weekly, the others are rarely available- one is from SoCal. 7 English and 0 Spanish speaking meetings every week. COR is the only facility not issuing multi-year (5) VIC's. The CRM believes CDCR policy requires annual applications. As a result, volunteers must complete the 30+ page applications every 12 months. Any assistance (i.e. guidance on where the CDCR policy is documented) that may be available to educate the CRM on the CDCR policy being used at other institutions will be welcomed. **SATF-** 9 Volunteers cleared- 7 English and 2 Spanish Speakers. One English speaking volunteer (the same person mentioned for ASP) has stopped participating due to health issues. 2 volunteers rotate visits with COR and/or ASP (roughly 1-2x a month), the others are rarely available- one is from SoCal. One cleared volunteer who recently completed cancer treatment plans to rejoin us soon. 26 English and 12 Spanish speaking meetings are held monthly (meetings not held in the 5th week). These 3 institutions pull from a shared base of 10 volunteers. We continue to have substantially more opportunities to serve than our supply of cleared volunteers can support. One of our volunteers has been able to occasionally make two visits weekly, but this is hardly sustainable. **COVID Requirements-** Groups are back to full size. Masks and COVID vaccinations are no longer required. **Lit orders-** continue at COR, SATF and ASP. **Volunteer Advisor Committee-** The talk of re-starting the VAC meetings for COR and SATF have again gone silent.
- **SCC Jamestown, OPEN.**
- **SOL Solano: John D.** No Report

- **SQ San Quentin, OPEN.** Bob W has resigned his position, but he has provided a report as follows: He has finalized all July gate clearances and extended one clearance for a member putting in his beige card papers. All summer beige card renewals have been submitted. We have 3 new gate volunteers including one Spanish speaker. Meetings are well attended with no H&I caused dark nights. We were locked out for a few weeks due to a security sweep. All inmates have tablets now. They have access to an audio big book. No timeline on other AA literature. I arranged a meeting with the CRM for Jeff L. Inmates have begun to work across groups inside to encourage sponsorship and more internal cohesion. A few outside members are helping with a 4th step workshop. I have encouraged long time inside members to reach out to others in different Alcoholics Anonymous groups to share their experience. Meeting attendees tend not to overlap in meetings due to the structured nature of attendance.
- **SVSP Soledad, Jeremy S.** No real updates to report. It has been slow as usual to get any gate clearance completed. But not giving up! Meetings are going on regularly. I have to spread our volunteers to get coverage on a bi-weekly basis. We're doing our best with what we have to work with.
- **USP Atwater, Dawn T.** We have 3 volunteers who have been badged since 1/23 and have not started bringing meetings in yet. I recently sent another email to the coordinate and am waiting to hear back.

Regional Reports

Region 01: Far North Coastal: OPEN. Per Jude Honne: Region 1 - (Siskiyou County) just north of us, is still without a Region or Area Chair. Spoke to the H&I coordinator of the Siskiyou County Jail (still not open) and he wanted info on Fire Camp clearance - sent him the applications and contact info. I asked him to keep me informed if there is any movement.

Area 02- Del Norte: (Melissa C) No report. **Area 03-** Siskiyou: **OPEN.**

Area 04- Humboldt County (Tony S) Currently Area 4 is bringing in about 95 percent of meetings to our facilities. All of our coordinator positions are now filled. We are still in need of secretaries to go into our facilities, but we are making due with what we have for now. The service work of H&I continues to move forward. Our coordinators continue to fill the literature needs at the facilities. Our literature chair also communicates with me as literature is purchased and is dispersed appropriately. Overall, our service work is moving forward. There are also other non-profit organizations that would like to have meetings brought in. Our local area committee will be discussing this in future meetings if they meet the requirements set forth in our policy manual. We will also have implemented the correspondence program for inmates through the staff at our county jail.

Region 10- Far North Interior: **OPEN.** **Area 11-** Modoc. (Ryan H) No report
Area 12- Lassen **OPEN**

Region 15: Lower Far North Interior, Jude H. Refer to each area's report. For Region 1, please see the update. **Area 16-** Shasta (Renee P). Area still has 8 facilities that are open and we take meetings into all except the County Jail. It remains closed, due to staffing issues. However, we can have a one-on-one, behind the glass meeting with the inmates. The other 7 facilities are running smoothly with a lot of attendees. The monthly H&I business meeting is well attended, but we could use more H&I reps from the local meetings. Respad (psyche unit) in Redding re-opened in Redding and is fully staffed with H&I volunteers. We are having an H&I Workshop on 09/23/23 and Jeff L has agreed to attend. We have also invited an officer with a model inmate from our Sugar Pine Fire Camp to attend. We are doing very well with our literature orders. Our H&I Committee meeting is held on the 1st Tuesday of the month at 6:00 pm. At All Saints' Episcopal Church. **Area 17-** Tehama (Michael V). At least 20 applications for the Tehama County jail in Red Bluff have been submitted and we are awaiting clearance. The men's homeless shelter in Red Bluff has seen a decline in attendance, so those meetings are on hold. Surplus H&I funds were used to set up an H&I display/table at the Red Bluff Roundup in June which was successful. Here are the major developments over the last quarter. 1. One of our meetings closed down (PATH Peachtree Transitional Living) at the request of the facility due to low attendance by clients. 2. We are currently looking for a Facility Lead for the other PATH

men's home. If one is not found, we may need to close that meeting down as well. 3. Our County Jail is opening up - we have facility leads in place and volunteers who must reapply and be approved by the Jail. We are hoping to have the meetings up and running in the jail in the next month or two. 4. Fire Camps are now permitting meetings, we don't yet have volunteers who have completed the application, vetting and education process to be approved to go in. We have 5-6 people who have begun the process but it's slow going. 5. We have changed our regular Area 17 meetings to the 2nd Thursday of each month at 5:30pm, same location as before. **Area 18-** Trinity (Diane C). Area is still on hold with the jail still not open and the fire camp clearance process a bit burdensome. The plan is to submit the clearances all at once and then for the volunteers to carpool to Vacaville for the livescan which is a 3 hour 30 minute drive each way. Driving to Jamestown would be over 5 hours each way. I plan to get out to the next business meeting to see if there are any updates.

Region 20: Northern Coastal, Steven H: Refer to each Area's reports

Area 21- Mendocino (Lloyd G). **MEN'S JAIL:** Meetings are well attended, for both sentenced and unsentenced. Several more people have volunteered to do meetings in the jail. I have vetted these volunteers and their paperwork seems to be held up at the jail. Part of the clearance procedure is now signing a document pertaining to having read the PREA procedure. That document is some 58 pages in length. **WOMAN'S JAIL:** The meetings being taken into the jail have stopped for this period. I have vetted several volunteers recently and expect to submit their paperwork to the jail's inmate coordinator. The procedure for the PREA is also a part of the woman's paperwork. **JUVENILE HALL REPORT / BOY'S & GIRL'S:** No effort for doing AA meetings has started at present. There is a positive attitude for the future pertaining to taking AA meetings into the facility. **UKIAH RECOVERY CENTER:** This center is where we have the most activity. We are fully staffed to bring all meetings, usually with no less than 2 volunteers doing the Friday meetings. There are several alternate volunteers that we try to cycle in to get acquainted with the meetings. Volunteers waiting in the process of being cleared for the jail, have the opportunity to be an alternate at this facility. This is a stepping stone to being acquainted with doing H & I meetings. **FT BRAGG HOSPITALITY CENTER:** Meetings are being conducted on Tuesday evenings with 1 - 8 participants. Many are transients. Recently,

The coordinator of this group is working with the Adventist Health hospital, in the area, to provide their library with AA literature. It's all good. **PARLIN FORK FIRE CAMP:** AA meetings are being taken into the facility Sunday for a 1 1/2 hour time, weekly. The participation is down to about 20 inmates. It's usually low due to the fire season. **OLD BUSINESS:** A note from the chairperson about our literature person, Bill C., doing an excellent job in ordering and distributing all requested AA literature. **NEW BUSINESS:** None to date.

Area 22- Sonoma (Patrick P): The Monthly Business meetings attendance continues to increase with each month since the beginning of the year. Our monthly business meeting is now being held at The Center for Spiritual Living in Santa Rosa. We have started taking a new weekly meeting into Azure Acres treatment facility and also The Redwood Gospel Mission. Muir Woods Adolescent Services is now getting both a girl's and boy's meeting weekly. All meetings are all in person with the exception of one of the weekly meetings at Women's Recovery Service. The Sonoma County Jail continues to only get weekly visits behind the glass. Area 22 is having an Appreciation BBQ on July 22nd to promote interest in the Committee and to relay gratitude to those dedicated volunteers currently in service. Ronnie and Rita C are going to be the guest speakers. Ronnie was instrumental in getting Area 22 started. **Area 23-** Lake (John O): No report

Region 30: Northern Interior, OPEN. **Area 31-**Butte/Glenn (Jim L): We are seeing some positive shifts towards the re-opening of our served facilities. Still rebuilding volunteer rosters with all facility coordinators continuing to recruit those folks who want to be of service. Have also provided information along with a message that the H&I committee in our area is needing individuals to be of service in our monthly online intergroup newsletter. Some background checks have been completed for Glenn County Jail and awaiting for future scheduled dates for PREA training. Facility coordinator for Butte Co. Juvenile Hall actively is getting volunteers cleared for that facility. Facility coordinators for our served rehab facilities are also in the process of getting meeting times cleared and scheduled. We continue to provide all available H&I literature to our served facilities as needed. Our monthly area meeting is held on the first Monday of every month to provide information and welcome any new volunteers.

Area 32-Plumas (Michael B): No Report. **Area 34-** Placer (Rick M): We had an H&I table at this year's Annual Auburn Fellowship Unity Day which included updated Area 34 brochures and other H&I literature and a full display of posters and literature to catch the eye of potential juvenile hall volunteers. 1) The Placer County

administration has internal changes going on which is affecting our ability to visit the jails. PREA training is only being offered to those who have already had PREA training and need to be updated. New applicants are not able to get PREA training. This has been going on for over 6 months. I have reached out to the administration via phone and email with little or no response. 2) We have ordered quite a bit of literature to be passed out to our facilities. Our coordinators have been requested to check all inventories to prevent stockpiling of literature. 3) We are servicing 19 different facilities of which six of the facilities are new to us. 4) We are including BTG pamphlets with the literature that we bring into our facilities to help people have a plan of action when they leave the facilities.

Area 36- Sierra/Nevada- (Debbie B): I let the District & my Area committee know that I attended the Inventory on 6/4/23. I went over the questions with my notes on each one.

I printed out the H&I Financial Picture along with the May Financial statement. I talked about each and where we stand today. The District asked for a copy to include in their minutes, all area reps took copies to report to their groups. Reported on the Sponsorship program and how successful it is, but that we need Coordinators to act as liaisons between the Prison and H&I. I also informed all about the sponsorship program going into treatment facilities. We will no longer be taking meetings into Turning Point due to lack of attendance. We

tried printing flyers showing up with other AA members, getting good speakers but to

to no avail. My Jail Coordinator is scheduled to meet and discuss bringing meetings into the Fire Camp.

(Washington Ridge) More info to follow. On July 8th, we will have a table at the Fellowship Anniversary Party and the Fellowship's H&I Rep will hold a H&I history presentation. We got another new H&I Rep, which is always very exciting. Our literature Chair stressed getting materials into our facilities.

Region 40: Central Interior, Terry D. No report **Area 42- Yolo/Sac (Roger M):** No Report. **Area 43- El Dorado (Kandis B).** We are meeting in-person for the monthly business meeting. The location of our business meeting needs to be updated on the website to 677 Pleasant Valley Rd. Diamond Springs CA 95619. All 3 residential rehab facilities are allowing meetings and all nights are filled. The county jail has opened meetings backup provided that a covid test is taken within 3 days. Volunteers are still needed. We have a new facility which meets once a week on Mondays at the local homeless shelter. All nights are full at this time but we are still looking for a coordinator. NOTE: Area 43 is also still looking for an Area chair. **Area 44- Amador (Sheila W).** We resumed going into the Amador County Women's jail on 1/2/23 and the Men's Jail on 5/1/23. Backlog of applications just resumed being processed. We are still short both men and women volunteers. Info for 2 more volunteers interested in volunteering for Mule Creek has been forwarded to Mike K.

Area 45- Colusa/Sutter/Yuba: (Alley G). We are getting back into our Yuba Co. Jail. Waiting on clearances to get approved for Live-Scan processes. We have noticed this jail as well as our Juvenile facility now requiring Live-Scan background checks. Thankfully they are covering the costs of these scans. We have been back in Sutter Co. Jail for a couple of months now, with consistent attendance. Sometimes the jail staff has some issues getting our volunteers in the facility in a timely manner. If it becomes a consistent issue I will speak with the Sergeant in the jail. We had our yearly appreciation picnic on 7/10 with not a lot of attendance. Lesson learned to not hold it on a Sunday during church hours. As of 7/21/23, we are well on our way to being back into 5 facilities with around 43 volunteers. Our volunteer numbers have not come back to pre-pandemic levels and I am looking for ideas to drum up new volunteers. Ways to get the word out in my area. With Covid restrictions loosening I am hoping this will help draw some out that were not willing to get vaccinated. Any ideas at the next steering committee meeting would be greatly appreciated.

Region 50: East Bay, Peter M. No Report. **Area 51- Napa (Terry M).** Pink Can Discussion: Question 1: Do we pass the pink can for our business meeting this month? We are currently flush on funds and choose not to pass it for July. Question 2: When asked by other groups to pass the pink can or not what should our response be? Should our group pass the pink can? Due to the pandemic and closed facilities NorCal H&I has built up a large prudent reserve around \$300K. Note that H&I distributed \$342K in literature for 2022 and is expecting to increase distribution with rising costs and more institutional meetings going live. The past has taught us that it is hard to restart passing the pink can once it has stopped. It is up to your group to pass or not pass the pink can or not. H & I have no opinion on this. **Old Business:** We received a check for \$591 from NorCal H&I. This is a percentage of our contributions from last year. We will need to discuss what to do with the check. A couple of ideas: 1. Return the check back as we did last year. 2. Use the funds for some sort of outreach event / workshop. **Facilities:** Crestwood Behavioral Center Angwin: No Report. Vallejo Detox- All

meetings were covered. Clients appreciate us bringing in books Report for Napa State Hospital. All meetings were covered for the month of June, a great turn out. grapevines are distributed to each unit by meeting volunteers. Juvenile Hall - It was decided that JH will need to use their own Live Scan Service and not use the sheriffs. This will delay volunteers from going in. More as we have it. Napa State Hospital English – All meetings were covered. Clients appreciate us bringing in books Report for Napa State Hospital. All meetings were covered for the month of June, great turn out. and grapevines are distributed to each unit by meeting volunteers. National Vallejo - Dual Diagnosis facility. Two male volunteers. Going in every Monday at noon. Napa South Shelter – Open. Queen of the Valley Hospital – Someone will reach out to the hospital to see if there is a need. SHAMIA House – 10 to 12 women resident Kimberly is going on Tuesday 6-7pm. More women volunteers are welcome. For Discussion and Further Thought: Should our group pass the pink can? Due to the pandemic and closed facilities NorCal H&I has built up a large prudent reserve around \$300K. Note that H&I distributed \$342K in literature for 2022 and is expecting to increase distribution with rising costs and more institutional meetings going live. The past has taught us that it is hard to restart passing the pink can once it has stopped. It is up to your group to pass the pink can or not. H & I have no opinion on this. **Area 52-** Contra Costa (Annetta D): Of all the recovery centers that we were going into pre-pandemic, all have opened and are taking in weekly meetings with the exception of 2 of them. We have set up 2 additional recovery center meetings and are in the process of getting them set up with volunteers. We are going into both men and women county jails are always looking for more volunteers as the men facility has requested us to start going into an additional module. Juvenile Hall has finally started to accept applications and are working with them to hopefully be able to take meetings back into our youth. We continue to discuss the best way to bring in folks to continue getting new volunteers. We have tested and succeeded with 2 Hybrid meetings and will discuss at our next meeting the expense of continuing to do so. We are all excited to be able to be of service in the facilities and continue carrying the message of hope.

Area 53- Alameda (Annie G): We have had a significant new engagement with our Committee, and average 8-10 new volunteers at orientation a month. Lots of young people have joined Area 53! In June, we had our first annual Area 53 picnic to give thanks for the hard work of our volunteers. We had 40 people join together in person for the first time in 3 years! It was a joyous time together. Our Area will be hosting a workshop about Facility Coordinators. It will take place in late August. The purpose will be to share more about how to be a great Facility Coordinator and hear people who have experience as a facility coordinator. If you're interested in joining, reach out to me and I'll get you on the email list so you can be notified of the date and time. We have a new Area 53 Brochure about the H&I Committee and how to get involved in our Area. We have printed a quantity and have been distributing it in our area through our Literature Chair. Lastly, there has been a serious increase in new facilities wanting AA

meetings—about 6 in the last 3 months. Some facilities had previously had AA meetings before the pandemic, and some are now facilities altogether. We are working swiftly to find coordinators and Secretaries. **Area 54-** Solano (Lisa C): We are doing well, we are very slowly getting people approved, and continuing to bring in as many meetings as we can. We have decided to use our 5% for a workshop on September 16. It's our 2nd one, and we are doing it a little differently this time. We have some great speakers lined up, and we hope this will help with our volunteer situation. Like many areas, once we scan over our applications to be processed it can take anywhere from 2 weeks to 6 months or more. This is extremely frustrating for all involved, and some people lose interest because the wait is so long. We put an order for some lesser ordered books and Grapevine compilations as "new" books the men and ladies haven't seen. The response was so positive, that we ran out and had to order more because they were asking for them. It keeps them reading about recovery and asking questions and that's a beautiful thing. Other than that, we are excited for our upcoming event and working hard to make sure it's successful.

Region 60: West Bay, OPEN. **Area 61-** Marin (Randalyn R): 11 facilities with 20 meetings/wk. We could use more volunteers at the mental health facilities which all occur on Sunday. **Area 62-SF** (Gareth M): We are finding that in the non residential facilities the residents are not showing up for the H&I meetings. 1. We have 2 Correctional facility meetings back on their feet. 2. Lacking coordinators for some meetings. 3. No stock of literature, we are just ordering what we need and keeping it at 2900 24th St. 4. Finances are sound. 5. Next business meeting 7/15/23. 6. Orientations scheduled in-person 3rd Saturday/mo @ 11 am. Announcements on aasfmarin.org website. 7. No Zoom meetings offered, 24 in-person meetings. 8. We are looking for a Regional Chair. **Area 65-** San Mateo (Mark W/Dylan H): No Report.

Region 70: Southern Coastal, OPEN. Area 71- Santa Clara (Mike S). No Report.

Area 72- Monterey (Mari W). Literature: Currently slow, we have an abundance of GrapeVines on hand. There has not been a lot of requests for literature, which does reflect in the current volunteer need for our facilities. We have some facilities that are currently not able to go in, and some that need volunteers. As we work to improve this, literature needs will increase.

Facilities: **Men's Jail** – Coordinator Dave M – Currently he takes the meetings himself. He has one potential volunteer going through the process of the jail screening. He needs 8-10 volunteers (Requires 1 year sobriety and knowledge of 12 steps, must pass background check and jail screening, no current probation). **Women's jail** – Coordinator Mari W – Not currently taking meetings in – We are in a holding pattern while we wait for all the applications to be processed. This seems to be taking a very long time. The most recent contact with Deputy Hija/Deputy Reyes and out of town for the remainder of June. I have had little success with the location who is currently taking his place while he is out. We currently have 9 volunteer applications submitted, with 6 of those having completed the fingerprinting, interview, and paperwork process. Need 8-10 volunteers for next pod (Requires 1 year sobriety and knowledge of 12 steps, must pass background check and jail screening, no current probation). *Prison – Coordinator Jeremy Sandford – Currently taking in weekly meetings and has 5 active volunteers. Needs 4-5 volunteers (requires 2 years sobriety and working knowledge of the 12 steps and traditions, background check and screening through prison)*Not technically a part of H&I, however we do work closely with them. **CHOMP** – Coordinator Carolyn H – At this time they are not actively taking meetings due to the facility not allowing meetings until a volatile patient is discharged. Normally, taking in two meetings weekly she has 14 active volunteers who are coming up on the end of their two year commitment. Additionally, Carolyn's two year commitment as Coordinator will end in October of this year, and she has indicated that she will be stepping down. We will be looking for a new coordinator for this facility. Need 8-12 new volunteers for current volunteers whose time is up (Requires 6 months -1 year sobriety and working knowledge of 12 steps, hospital screening, TB test, physical, and current vaccinations). **Natividad** – Coordinator Mark S – Currently taking in meetings weekly and has three active volunteers. There seems to be a disconnect between H&I and the facility that needs to be resolved. We no longer have a dedicated room to meet in, the nurses appear to view us more as babysitters than as bringing in an AA meeting. I am arranging to meet with the head nurse, Mark, and myself to hopefully resolve these issues. Need 4-5 volunteers (Requires 6 months sobriety and working knowledge of 12 steps). **Genesis House** – Coordinator Tamara – Currently taking in meetings weekly and has six active volunteers. Tamara reports that each volunteer takes in a guest speaker weekly as their second person (volunteer). Could use 3-5 volunteers (Requires 6 months sobriety and working knowledge of 12 steps). **Bridge House** – Coordinator Kellie Jean J – Facility is currently not allowing meetings due to staff re-training. We are not yet aware of when we will be allowed back in. Currently she does not have any volunteers, we will work on getting her set up in the meantime. Need 8-10 volunteers (Requires 6 months sobriety and working knowledge of 12 steps). H&I Representative: Need as many as we can get (no sober time required). Since our return after COVID, it has been slow rolling, however, things are picking up. The few that we have are dedicated and have heart. Seeing a larger turnout trend. I am open to any advice or suggestions to help us to get our numbers up. It does seem like every facility is in need of volunteers at this time. I would like to see them all full, with room to spare. **Area 73-** Santa Cruz (Alan C). We are conducting around 60 meetings/mo. 16 meetings at Santa Cruz County Correctional facilities: Main Jail (Men and Women), Blaine St. Women's Facility and Roundtree. Great effort from Sharon driving this and finding volunteers. We are continuing revamping our website and receiving about 100 hits/mo. Juvenile Hall: Struggling to add meetings. There are volunteers but the county volunteer management team is slow to get them cleared. Firecamp in Ben Lomond: We have established local contact but no progress yet to get meetings going. **Area 74-**San Benito (Sarah P). No report

Region 80: Southern Interior, Melody T. Region 80 is alive and well and I have had the pleasure of meeting and talking with some of the finest volunteers ever. **Area 81-** Stanislaus (Pete D): Area 81 meets regularly on the fourth Wednesday of the month and serves nine treatment and related facilities and the county jail. The meetings in treatment facilities are going smoothly, but there are some scheduling conflicts in the jail that the committee is working out with the administration. There is a healthy demand for AA literature. **Area 82-** San Joaquin (Casey and Larry M): Our area continues to have volunteers to cover most of our H&I meetings in both treatment and correctional facilities. Getting applications approved for going into the jails is now at a "three week" processing time. We have two residential facilities still in need of secretaries. Our contact at the Three Rivers Indian Lodge has taken a hiatus from weekly H&I as a result of disruptions that occurred between the end of one secretary term and the beginning of the next secretary. We feel deeply concerned that we were

not able to meet their needs and that they feel we “abandoned” them. If you have any suggestions on how we may proceed with this delicate situation, I would be most grateful for the help. I intend to try and restart the pilot sponsorship program we wanted to bring to New Hope Family Shelter Women’s facility in Stockton. The logistics of getting the sponsor and sponsee to the meetup is challenging since the ladies do not have cell phones, extremely limited computer access and weekend visitation hours. We are attempting to keep to the prescribed \$25.00 per meeting average for literature. Area 82 monthly meetings continue to be a hybrid format. We moved our in room meeting to the Delta Central Office which just recently moved into a larger space with functional internet and equipment for zoom. The new address is 1151 W. Robinhood Drive Unit B-3, Stockton, CA 95207. Same phone 209 464-1509). **Area 83-** Tuolumne (Bruce A). We are super excited because we have increased our meetings and outreach. There is a lot of the fellowship stepping up in service. Appreciate all the support. **Area 84:** Calaveras (Andrew K): **Calaveras County Men’s Jail facility** - still no coordinator. The Area Chair is acting coordinator. Just added 3rd volunteer, cleared with PREA training completed. **Calaveras County Women’s Jail facility** - still no coordinator. The Area Chair is acting coordinator. No volunteers. **Recruitment Efforts:** Using Area reimbursement funds to host Area 84 breakfast party for recruiting and education on the New H&I, the importance of new blood, the role of the Area Chair, etc. With an increased volunteer base we can reach out to facilities in the Area. **Literature:** Literature levels are more than sufficient at this time. **Area 86-Merced (OPEN).** Area 86 does not have regular meetings under a chair, but Dawn T and Karen D are the main contacts. Dawn does her best to encourage, and Karen provides mentorship. CCWF and VSP are served by volunteers from the area. A virtual IVSS introduction was held on July 16 to recruit IVSS volunteers for the prisons. It was well-attended. There is an ongoing outreach to the county juvenile detention center and the county jail to start meetings in those facilities.

Region 90: Far Southern Interior, OPEN. Joyce R has stepped down as Region 90 Chair. She was voted in as Area 93 Chair as of 7/8/23. They do not have a Regional candidate at this time. **Area 91-** Madera/Mariposa (Miki S): River Vista behavioral Health Center contacted me, a Mental Health Hospital and Treatment Facility new to the Madera County area, requesting AA participation with meetings at the facility. After corresponding with the Director of Services, I recently met with 3 of her colleagues to discuss our future collaboration. I will be preparing the inclusion of this activity into our Area 91 committee service opportunities. As this facility is in close proximity to Fresno County, we are excited to work together including our total Region 90 in the planning of this opportunity to expand our services. This is exciting to see service activity opportunities grow in Area 91. We are also looking forward to having the availability of the IVSS program in our Area at CCWF, and at SATF in Corcoran, which is a part of our Region 90. I thoroughly enjoy the inter-Area relationship and cooperative efforts afforded in Region 90, and look forward to participating with these additions to our ongoing service opportunities. And I can feel the closeness of being able to offer this wonderful program being offered to all our institutions, including VSP. **Area 92- Fresno (Katherine S):** No report. **Area 93- Tulare** (Joyce R): In June, 2023 we were able to expand our H&I services by adding 4 monthly meetings to our schedule. Our new meeting format and leadership structure is working well. It is exciting to see volunteers enjoying their service while inside members welcome us. Due to our new structure, it seems likely that one of our long-standing facilities will add an additional monthly meeting. We hope to expand further by September to include an additional women’s treatment facility. We have been blessed at times to have a bilingual volunteer at our meeting. When present, the bilingual volunteer shares in Spanish. We have found this a welcome addition as it allows inclusion of all inside members and allows all present to experience the “Language of the Heart” of Alcoholics Anonymous. At our July 8, 2023 Area Business Meeting, I agreed to move into the position of Area 93 Chair. We voted to create a co-chair position. We believe this will allow for a more sustainable rotation of service in the coming year. Area 93, Tulare, continues to hold H&I Orientation on the 2 nd Saturday of odd months at 9:00 am followed by our Area Business Meeting at 10:00 am in person at 526 N. Bridge St., Visalia, CA. We offer Orientation on zoom as needed between meetings. **Area 95 Kings. OPEN.**

Region 140: Spanish Northern Interior, Joe C. At the Napa State Hospital we just started carrying the message last week after a shutdown because 2 residents died from Covid and we are in need of volunteers! Folsom Prison hasn’t started for lack of volunteers due to the new Applications and its requirements. The same thing is going on with C.M.F. Solano State Prison has 2 volunteers going in every Monday. We do have more volunteers waiting to be cleared but the new staff in the Prison are having problems with the processing. We have a new trusted servant Lupe that has been going into San Quentin for a couple of

months and we are getting more people interested in carrying the message into that facility. Yuba City Detention Center from what I heard they are open for business however the volunteers reorganizing.

Region 160: Spanish North Coast, Jose Luis C. No report

Region 170: Spanish South Coast, OPEN.

Region 180: Spanish Central Interior, Jesus V. Jamestown is on lock down Covid so is the Federal Penitentiary in Atwater and San Joaquin County Jail. We are in the process of submitting new Applications for California Health Care Facility.

Region 190: Spanish South Interior, Martin L. No report

IVSS Coordinator Reports:

IVSS Coordinator, SQ San Quentin, Max V. Sponsorship communication vehicles: In person visits on Fridays, Saturdays, Sundays and holidays. This increases visits to 3 days a week. Video visits are decommissioned. They may be added later via the new tablets.

Anonymous phone calls from sponsee to sponsor. **Letters via snail mail.** Texting via inmates' tablets. Pictures and videos may be sent. Cost is \$0.05 per text or pic/vid. This is a huge boost to communication. Not only are texts permitted at any time and any number, but also phone calls may be made by the sponsee at any time... HUGE! **Metrics and Issues:** 1. How many completed matches at the institution? 76, no change. 2. How many pending matches? 15, a decrease of 15, no change. 3. Inmates pending parole hearings that are less than 1 year, 15, an increase of 8. 4. Permission to provide Spanish translation literature for H unit and Main Visiting has been requested. 5. Permission to add literature racks with literature has been requested for visiting rooms. 6. Requests have dropped off considerably due to a lack of application brochures in the H&I meetings. Jeff L provided the meeting contact information, and they will have brochures mailed to them. 7. New volunteers are needed. 14 inmates are waiting for sponsors, no change. 8. #1 NEED, Recruiting is needed to meet the requests.

Conducted 2 orientations. 2 have agreed to sponsor men. 3 men planned for orientation the week of July 24. IVSS Liaison will be requested for Area 22 in August. Ask all members to request volunteers at their meetings. Requirements: 5 years continuous sobriety and experience sponsoring men in our 12 Steps. Contact Maxie V, 510-461-6611, email: sanquentin.ivss@gmail.com or go online to: <https://www.handinorcal.org/>. Are there new recruiting ideas? Contact Maxie V, 510-461-6611 or sanquentin.ivss@gmail.com.

IVSS Coordinator, CTF Soledad, Bill S. No report.

IVSS Coordinator, Salinas Valley State Prison, Dave R. With short staffing and personnel turnovers at SVSP the process of establishing the IVSS program has been fairly painstakingly slow. We are continuing to recruit volunteers and attempting to process new requests and clearances, as we receive them, in order to serve AA's on the inside. With the success of the program at San Quentin, we are confident that once we are able to properly establish an effective communications channel with the prison staff the IVSS program at SVSP will be equally effective. Continuing to move forward with our best efforts.

IVSS Coordinator, Folsom, Joe A. No report

IVSS Coordinator, Spanish Coordinator, Ramiro A. No Report.

Bridging the Gap - Coastal: Alan C.

Bridging the Gap - Interior: Brad E.

Area 06, Panel 71 Delegate CNCA: Miguel H

NorCal H&I Committee 2024 Proposed Budget

	round to \$5	round to \$5	YTD Var		2024 budget		budget rationale
	Jan - Aug 23	over LY	Proj Year	end	2024 budget		
Ordinary Income/Expense							
Income							
Area Contributions							
Online Contributions	77,155.69	19.1%	127,370.00	140,107.00			
Area Contributions - Other	226,595.45	12.7%	327,960.00	360,765.00			
Total Area Contributions	<u>303,751.14</u>	12.5%	<u>455,330.00</u>	<u>500,872.00</u>			
Processor Fees	(2,492.69)		(4,114.05)	(4,525.46)			
Total Income	<u>301,258.45</u>	n/a	<u>451,215.95</u>	<u>496,346.54</u>			10% increase over projected income
Expense							
Gross Profit	<u>301,258.45</u>		<u>451,215.95</u>	<u>496,346.54</u>			**Area Chairs please encourage groups to pass Pink Cans
Accounting							
Accountant Fees	600.00	n/a	660.00	4,500.00			Tax Prep Inflation Increase + \$3,500 for audit
Taxes	100.00	n/a	100.00	100.00			Reignty of Charitable Trusts Fee
Total Accounting	<u>700.00</u>	-100.0%	<u>760.00</u>	<u>4,600.00</u>			Manage scanned deposits for no fees
Bank Charges							
Equipment, New	30.69		400.00	400.00			To purchase any needed equipment due to chair transition
Equipment & Fixed Assets	<u>30.69</u>		<u>400.00</u>	<u>400.00</u>			Calculated to encompass inflation change
Insurance	1,254.00	0.3%	1,260.00	1,260.00			
Total Equipment & Fixed Assets	<u>1,284.69</u>		<u>1,260.00</u>	<u>1,260.00</u>			
LITERATURE EXPENSE							
AAWS							
AAWS Books & Materials	246,000.00	69.7%	369,000.00	400,000.00			as of 8/31 increased 93% over 2022 inc 10% increase over projected
AAWS Lit Distrib. & Supplies							
Distribution-Packing Supplies	57.86	n/a	150.00	200.00			
H&I Lit Stamps	901.31	n/a	901.00	1,000.00			
Shipping & Freight	1,617.33	4.9%	2,805.00	2,800.00			
stamp pad & ink	241.06	n/a	240.00	300.00			minor increase due to rising costs
Total AAWS Lit Distrib. & Supplies	<u>2,817.56</u>		<u>4,096.00</u>	<u>4,300.00</u>			
Total AAWS	<u>248,817.56</u>		<u>373,096.00</u>	<u>404,300.00</u>			
GRAPEVINE & LA VINA							
1 Grapevine subscriptions	38,640.00	2.3%	58,190.00	52,000.00			Plan to verify subscriptions, discontinuing unresponsive subscribers.
2 LaVina subscriptions	8,387.75	-1.6%	12,540.00	11,500.00			Plan to verify subscriptions, discontinuing unresponsive subscribers.
3 GV/LV subscription freight	3,618.01	-15.7%	5,425.00	5,425.00			limiting back issue purchases (contained IVSS articles)
GV & LV other - books	30,413.07	n/a	31,000.00	10,000.00			
Total GRAPEVINE & LA VINA	<u>81,058.83</u>		<u>107,155.00</u>	<u>78,925.00</u>			
Meeting Directories	291.70	-53.9%	870.00	870.00			costs rising - use in all facilities
Storage Unit Rent Expense	2,713.00		3,995.00	3,852.00			new rate \$321/mo
Total LITERATURE EXPENSE	<u>332,881.09</u>		<u>485,116.00</u>	<u>487,947.00</u>			
NorCal Committee							
Archives Rental	2,816.00	n/a	3,180.00	3,000.00			new rate \$250/mo
Meeting Room Rental	250.00	n/a	750.00	1,200.00			\$300/meeting 4x yr - searching for less costly locations
NorCal - Lodging, meals, other	1,499.04	84.8%	3,000.00	4,000.00			Inc. SoCal Conf/INOC Conf for GC, Maj Inlet & IVSS Chairs
NorCal - Travel Mileage & Tolls	1,946.72	303.2%	3,000.00	4,000.00			Mileage at \$0.32/mile
Software	99.99	0.0%	100.00	400.00			Secretary Transcription / QB subscription if needed
Translation/Interpretation	920.67		1,900.00	1,800.00			4x/yr meeting translation & written transcription into Spanish
Total NorCal Committee	<u>7,532.42</u>		<u>11,930.00</u>	<u>14,400.00</u>			
NorCal IVSS Program							
IVSS supplies	214.22	n/a	320.00	400.00			continue to expand service - institutions & rehabs

NorCal H&I Committee
2024 Proposed Budget

	Jan - Aug 23	YTD Var over LY	Proj Year end	2024 budget	budget rationale
IVSS Zoom exp	111.04	n/a	300.00	400.00	
po box IVSS	664.00	n/a	885.00	1,200.00	
stamps IVSS	9.80	n/a	75.00	100.00	
Total NorCal IVSS Program	989.06		1,580.00	2,100.00	Increased due to adding Folsom - Possibly 2 additional
Office Supplies					
copy paper	44.08	-6.3%	75.00	100.00	
ink cartridges	60.00	-77.0%	150.00	200.00	
supplies other	9.99	-70.8%	150.00	200.00	
Office Supplies - Other	118.95	100.0%	-	-	
Total Office Supplies	233.02		375.00	500.00	minimal increase due to inflation (not certain all receipts turned in)
Postage					
misc committee shipping	48.74	-63.6%	110.00	110.00	
Post Office Box	464.00	6.4%	464.00	470.00	
Premium Forwarding Service	-	n/a	1,350.00	1,400.00	paid yearly in November
stamps	129.00	-8.5%	200.00	200.00	
Total Postage	641.74		2,124.00	2,180.00	minimal increase due to inflation PO Box and Forwarding pay yearly
Printing Costs					
20 Questions	277.17	n/a	275.00	-	no more needed
check printing	50.14	n/a	50.00	-	no more needed
donation receipt forms	84.98	n/a	85.00	-	no more needed
misc printing (incl Pink Cans)	223.54	n/a	225.00	-	as of May have 546 Pink Cans on hand, used 266 prior 12 mos
newsletters	9,546.50	n/a	12,725.00	8,000.00	Verify subscription by registration for paper or electronic copies of newsletter
Policy Manuals	452.76	n/a	7,600.00	7,600.00	Same as last year
Total Printing Costs	10,635.19		20,960.00	15,600.00	
Re-distributions - 5% to Areas	18,991.03		18,991.03	24,041.86	act distribts accepted = 4.8%
Virtual Meeting Expense	980.37	-61.0%	1,235.00	1,235.00	same as last year
Total Expense	374,887.61		544,721.03	554,263.86	
Net Ordinary Income	(73,629.16)		(93,505.08)	(57,917.31)	
Net Income	(73,629.16)		(93,505.08)	(57,917.31)	

NorCal H&I Committee
Financial Report
July 2023

INCOME & EXPENSE BREAKDOWN		
	<u>Jul 23</u>	<u>Jan - Jul 23</u>
Income		
Area Contributions	51,684.43	265,722.57
Processor Fees	-423.00	-2,184.77
Total Income	<u>51,261.43</u>	<u>263,537.80</u>
Expense		
Accounting	0.00	700.00
Equipment & Fixed Assets	0.00	30.69
Insurance	0.00	1,254.00
LITERATURE EXPENSE		
AAWS	25,230.84	216,727.10
GRAPEVINE & LA VINA	2,260.08	63,253.03
Meeting Directories	82.69	291.70
Storage Unit Rent Expense	598.00	2,392.00
Total LITERATURE EXPENSE	<u>28,171.61</u>	<u>282,663.83</u>
NorCal Committee	393.32	7,032.42
NorCal IVSS Program	108.00	852.60
Office Supplies	0.00	233.02
Postage	0.00	575.74
Printing Costs	3,535.08	10,635.19
Re-distributions - 5% to Areas	0.00	19,768.47
Virtual Meeting Expense	47.97	989.37
Total Expense	<u>32,255.98</u>	<u>324,735.33</u>
Net Ordinary Income	<u>19,005.45</u>	<u>-61,197.53</u>
Net Income	<u>19,005.45</u>	<u>-61,197.53</u>
OPERATING ACTIVITIES	<u>19,005.45</u>	<u>-61,196.95</u>
Net cash increase for period	19,005.45	-61,196.95
Cash at beginning of period	285,745.88	365,948.28
Cash at end of period	<u>304,751.33</u>	<u>304,751.33</u>
Cash in Prudent Reserve =	\$ 154,961.86	
Cash in Operating Acct =	\$ 149,789.47	
Total Cash on Hand =	<u>\$ 304,751.33</u>	
Value of Literature on hand =	20958.13	

CONTRIBUTIONS BY AREA		
	<u>Jul 23</u>	<u>Jan - Jul 23</u>
02, Del Norte	0.00	1,256.70
03, Siskiyou	131.09	347.48
04, Humboldt	326.57	2,425.03
11/12, Modoc/Lassen	0.00	558.69
140, Spanish North Int	239.10	504.37
16, Shasta	1,188.55	8,333.21
160, Spanish N Coast	424.50	2,088.00
17/18, Tehama/Trinity	0.00	517.40
170, Spanish S Coast	0.00	115.00
18, Trinity	0.00	179.00
180, Spanish Central Int	20.16	256.96
21, Mendocino	349.73	1,385.52
22, Sonoma	4,458.85	20,102.52
23, Lake	295.80	2,043.73
31, Butte/Glenn	519.97	7,868.86
32, Plumas	0.00	400.00
34, Placer	2,712.88	12,218.65
36, Sierra/Nevada	670.24	4,756.71
42, Sacramento/Yolo	2,351.21	16,688.33
43, El Dorado	979.63	6,108.37
44, Amador	211.48	2,456.16
45, Sutter/Colusa/Yuba	34.81	1,867.06
51, Napa	345.27	5,960.04
52, Contra Costa	4,514.81	16,778.45
53, Alameda	2,536.17	18,823.59
54, Solano	1,098.99	5,636.67
61, Marin	3,838.02	23,720.82
62, San Francisco	3,627.99	17,579.43
65, San Mateo	3,014.91	12,570.26
71, Santa Clara	3,002.50	21,477.70
72, Monterey	847.25	5,107.04
73, Santa Cruz	10,674.76	17,149.06
74, San Benito	104.05	1,213.07
81, Stanislaus	646.04	1,675.33
82, San Joaquin	466.54	5,028.51
83, Tuolumne	0.00	2,562.81
84, Calaveras	159.23	1,157.15
86, Merced	50.00	103.65
91, Mariposa/Madera	183.22	550.45
92, Fresno	1,421.61	12,342.76
93, Tulare	201.67	3,393.19
95, Kings	36.83	414.84
	<u>51,684.43</u>	<u>265,722.57</u>

NorCal H&I Committee
Financial Report
August 2023

<u>INCOME AND EXPENSE BREAKDOWN</u>			<u>CONTRIBUTIONS BY AREA</u>		
	<u>Aug 23</u>	<u>Jan - Aug 23</u>		<u>Aug 23</u>	<u>Jan - Aug 23</u>
Income			02, Del Norte	259.37	1,516.07
Area Contributions	38,028.57	303,751.14	03, Siskiyou	158.40	505.88
Processor Fees	-307.92	-2,492.69	04, Humboldt	540.25	2,965.28
Total Income	<u>37,720.65</u>	<u>301,258.45</u>	11/12, Modoc/Lassen	77.00	635.69
Expense			140, Spanish North Int	133.00	637.37
Accounting	0.00	700.00	16, Shasta	1,795.83	10,129.04
Equipment & Fixed Assets	0.00	30.69	160, Spanish N Coast	42.95	2,130.95
Insurance	0.00	1,254.00	17/18, Tehama/Trinity	200.00	717.40
LITERATURE EXPENSE			170, Spanish S Coast	48.00	163.00
AAWS	32,090.46	248,817.56	18, Trinity	0.00	179.00
GRAPEVINE & LA VINA	17,805.80	81,058.83	180, Spanish Central Int	0.00	256.96
Meeting Directories	0.00	291.70	21, Mendocino	791.41	2,176.93
Storage Unit Rent Expense	321.00	2,713.00	22, Sonoma	3,497.12	23,599.64
Total LITERATURE EXPENSE	<u>50,217.26</u>	<u>332,881.09</u>	23, Lake	233.81	2,277.54
NorCal Committee	500.00	7,532.42	31, Butte/Glenn	274.98	8,143.84
NorCal IVSS Program	146.46	999.06	32, Plumas	0.00	400.00
Office Supplies	0.00	233.02	34, Placer	2,458.51	14,677.16
Postage	66.00	641.74	36, Sierra/Nevada	664.35	5,421.06
Printing Costs	0.00	10,635.19	42, Sacramento/Yolo	4,255.81	20,944.14
Re-distributions - 5% to Areas	-777.44	18,991.03	44, El Dorado	351.37	6,459.74
Virtual Meeting Expense	0.00	989.37	43, Amador	40.36	2,496.52
Total Expense	<u>50,152.28</u>	<u>374,887.61</u>	45, Sutter/Colusa/Yuba	161.22	2,028.28
Net Ordinary Income	<u>-12,431.63</u>	<u>-73,629.16</u>	51, Napa	175.36	6,135.40
Other Income/Expense			52, Contra Costa	1,819.42	18,597.87
Other Income			53, Alameda	3,032.42	21,856.01
Interest Income	0.00	0.58	54, Solano	450.58	6,087.25
Total Other Income	<u>0.00</u>	<u>0.58</u>	61, Marin	2,700.84	26,421.66
Net Other Income	<u>0.00</u>	<u>0.58</u>	62, San Francisco	2,730.29	20,309.72
Net Income	<u><u>-12,431.63</u></u>	<u><u>-73,628.58</u></u>	65, San Mateo	2,277.24	14,847.50
			71, Santa Clara	2,979.48	24,457.18
OPERATING ACTIVITIES	<u>-12,431.63</u>	<u>-73,628.58</u>	72, Monterey	1,055.52	6,162.56
Net cash increase for period	-12,431.63	-73,628.58	73, Santa Cruz	266.00	17,415.06
Cash at beginning of period	304,751.33	365,948.28	74, San Benito	0.00	1,213.07
Cash at end of period	<u><u>292,319.70</u></u>	<u><u>292,319.70</u></u>	81, Stanislaus	468.97	2,144.30
			82, San Joaquin	452.14	5,480.65
Cash in Prudent Reserve =	154961.86		83, Tuolumne	375.74	2,938.55
Cash in Operating Acct =	137357.84		84, Calaveras	195.43	1,352.58
Total Cash on Hand	292319.7		86, Merced	0.00	103.65
			91, Mariposa/Madera	358.06	908.51
Value of Lit on hand =	21024.21		92, Fresno	1,617.49	13,960.25
			93, Tulare	1,124.85	4,518.04
			95, Kings	0.00	414.84
				<u><u>38,063.57</u></u>	<u><u>303,786.14</u></u>

NorCal H&I Committee
Financial Report
September 2023

INCOME & EXPENSE BREAKDOWN			CONTRIBUTIONS BY AREA		
	Sep 23	Jan - Sep 23		Sep 23	Jan - Sep 23
Income			02, Del Norte	195.68	1,711.75
Area Contributions	31,820.37	335,571.51	03, Siskiyou	52.59	558.47
Processor Fees	-310.54	-2,803.23	04, Humboldt	526.02	3,491.30
Total Income	31,509.83	332,768.28	11/12, Modoc/Lassen	25.00	660.69
Expense			140, Spanish North Int	0.00	637.37
Accounting	0.00	700.00	16, Shasta	925.14	11,054.18
Equipment & Fixed Assets	0.00	30.69	160, Spanish N Coast	49.30	2,180.25
Insurance	0.00	1,254.00	17/18, Tehama/Trinity	231.85	949.25
LITERATURE EXPENSE	42,417.34	375,298.43	170, Spanish S Coast	425.00	588.00
NorCal Committee	402.08	7,934.50	18, Trinity	0.00	179.00
NorCal IVSS Program	0.00	999.06	180, Spanish Central Int	26.55	283.51
Office Supplies	0.00	233.02	21, Mendocino	165.97	2,342.90
Postage	67.60	709.34	22, Sonoma	2,169.60	25,734.24
Printing Costs	0.00	10,635.19	23, Lake	275.57	2,553.11
Re-distributions - 5% to Areas	0.00	18,991.03	31, Butte/Glenn	1,441.67	9,585.51
Virtual Meeting Expense	191.98	1,181.35	32, Plumas	20.00	420.00
Total Expense	43,079.00	417,966.61	34, Placer	2,581.31	17,258.47
Net Ordinary Income	-11,569.17	-85,198.33	36, Sierra/Nevada	649.01	6,070.07
Other Income/Expense			42, Sacramento/Yolo	3,541.97	24,486.11
Other Income			43, El Dorado	317.04	6,776.78
Interest Income	0.00	0.58	44, Amador	573.51	3,070.03
Total Other Income	0.00	0.58	45, Sutter/Colusa/Yuba	114.15	2,142.43
Net Other Income	0.00	0.58	51, Napa	321.96	6,457.36
Net Income	-11,569.17	-85,197.75	52, Contra Costa	1,102.45	19,700.32
			53, Alameda	3,340.79	25,196.80
			54, Solano	636.57	6,723.82
			61, Marin	2,621.57	29,043.23
			62, San Francisco	1,171.66	21,481.38
			65, San Mateo	1,102.29	15,949.79
			71, Santa Clara	3,051.94	27,509.12
			72, Monterey	725.17	6,887.73
			73, Santa Cruz	234.96	17,650.02
			74, San Benito	94.15	1,307.22
			81, Stanislaus	151.90	2,296.20
			82, San Joaquin	583.01	6,063.66
			83, Tuolumne	135.49	3,074.04
			84, Calaveras	137.00	1,489.58
			86, Merced	0.00	103.65
			91, Mariposa/Madera	107.90	1,016.41
			92, Fresno	1,674.63	15,634.88
			93, Tulare	165.00	4,683.04
			95, Kings	155.00	569.84
				31,820.37	335,571.51
OPERATING ACTIVITIES	-11,569.17	-85,197.75			
Net cash increase for period	-11,569.17	-85,197.75			
Cash at beginning of period	292,319.70	365,948.28			
Cash at end of period	280,750.53	280,750.53			
Cash in Prudent Reserve =	\$ 154,961.86				
Cash in Operating Acct =	\$ 125,788.67				
Total Cash on Hand	\$ 280,750.53				
Literature on hand =	17052.88				

PINK CANS

The Pink Cans are passed at meetings in Northern CA to provide funds which enable this committee to carry our message. If your meeting doesn't have a Pink Can, please contact the Literature Chair at www.handinorcal.org (or your local Area Chair) to get one.

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You can also now make your group's contribution by credit or debit card directly on our website at www.handinorcal.org/contribute; you will receive an immediate email receipt documenting the transaction.

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